

Woman's Realm / Social and Personal / Fashions / Literature

Missimo Greeted in Washington



American-educated Madame Chiang Kai-shek (left) sits in limousine with Mrs. George C. Marshall, wife of the Secretary of State, after completing 11,000-mile flight from China. She is here to plead for U. S. aid in China's struggle against Communism. Madame Chiang will be a guest at the Leesburg, Va., home of the Marshalls.

Legends Of P. E. Island

THE EAGLE AND THE BABY

By Uncle Joe

The curious legend of the eagle and the baby comes to us by word of mouth only, and the story which I shall now give to my readers had its setting in that part of the Island known today as Borden. So far as this writer has been able to gather, the tale ran something like this:

Once upon a time there lived near Cape Tormentine a half-breed Indian with his wife and three small sons. The third child, an infant of three months, was in its cradle outside the door, getting a sun bath. The parents, with the other two children were eating their noonday meal when all of a sudden the screams of the baby fell on their ears.

John Knockwood and his wife rushed from the house just in time to see a large eagle making off with their baby held fast in its talons. Knockwood rushed back into the house and came out with a loaded musket. His wife moved close to his side and laid a restraining hand on his arm.

"No shoot, John. Ye might keel the child," she said between sobs. Her husband threw down his weapon and wiped the perspiration from his brow.

"Wouldn't have done no good now," he said. "It was too far off to get a good shot. Then he had his hysterical wife back into the shack, where her lamentations were added to those of the children.

The following morning John Knockwood was on his feet early. His mission was to notify his neighbors of the awful happening of the previous day, so that every man among them might be prepared to shoot the bird, should it again visit the district.

Every day the settlers carried their weapons to work, but no trace of the bird came their way. The days passed; summer melted into autumn and then came the snow.

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Living & Leisure THE WOMAN'S REALM

Oh! that mine eyes might closed be To what concerns me not to see; That deafness might possess mine ear.

To what concerns me not to hear; That truth my tongue might always tie From ever speaking foolishly.

Thomas Elwood (1639).

Sprinkle grated yellow cheese over leftover pie dough, cut in strips, sprinkle lightly with paprika and bake. Serve as an accompaniment to tomato juice.

What's your favourite shape in handbags? This season the choice is yours alone, for the depths, widths and treatments in general are practically unlimited.

Polished calf makes a lot of good-value sense in addition to its good looks because it keeps its polished surface even with long wear.

Sheets you launder yourself should be hung up to dry by placing about one-third of the sheet over the line instead of centreing the fabric because sheets tend to wear out first along the centre line.

Turning the compliment that you receive into another channel is a social art which serves to save you and the giver embarrassment.

Before you change your hair style, reach for the hairbrush instead of the scissors. Study your profile carefully. If you like the short-cut look and don't want to cut your hair, try shining, round coils over each ear.

For Thursday, December 9 THE agitators are for the sudden precipitation of a difficult and disintegrating situation which could be aggravated and made more devastating by rash, erratic or impulsive emotions or feelings.

When Peggy returned from her first day at school she was asked how she liked it.

Mother—But what made you think you would get a present, dear?

Peggy—The teacher. She said sit there for the present, and I sat there all morning and I never got one.

"You have told me about some of your worst prisoners," said the re-

Those whose birthday it is may be prepared for a year of singular experiences, strange adventures, or some sort of radical or uprooting change sudden and possibly devastating.

ANSWER: Apparently parents are sold to the belief that a knowledge of how to be a good husband comes by Nature, as Dogberry thought reading and writing did, and that there isn't any necessity for wasting any time and effort in teaching a boy how to get along with his bride.

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Ellen's Diary

By an Island Farmer's Wife

Today, Jeanie was among those who believe in shopping early for Christmas though as she said, "It really takes the rush and excitement of the last days of it to have one catch the true spirit of the season. It's a bit early yet for that."

James who has been heard to say that he "don't believe too much in this here Santa Claus business" though only in the company of adults, exclaimed scornfully, "What! and have her find them there tomorrow?"

Granddaughter was snug in bed at the time, perhaps dreaming of our day together in the house across the lane, which passed most happily, or dreamless, repete with the satisfaction which comes when some cherished wish or fancy comes true.

Place a little ointment on the fingertips. Place the thumbs at the back of the head. Now, with your fingertips, massage the scalp for at least five minutes.

Here are some tips on hair care: Place a little ointment on the fingertips. Place the thumbs at the back of the head.

A new bonnet was fetched her as well, in a pretty green shade. It was quickly tried on and then put aside and forgotten in the joy of finding her family circle once more complete.

Why is there such a demand for meat, a greater demand than ever before? The reason is that meat, because it is rich in protein, is a builder of the body structure, entering into the formation of every cell of every organ and tissue of the body.

James was at the choring then We could hear the restless then always preceded the feeding, and the fall of the shutters, as hay or grain was put in the mangers.

Every now and then it is good for you to change your hair style. If you have been wearing it up, put it down. If you always wear it down, put it up.

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Better English

D. C. Williams

- 1. What is wrong with this sentence? "He died at an old age." 2. What is the correct pronunciation of "area"? 3. Which one of these words is misspelled? Benefactor, benignly, beneficial.

ANSWERS 1. Say, "He died at an advanced age." 2. Pronounce a-r-e-a, first a as in ate, e as in me unstressed, accent first syllable. 3. Beneficial.

EATING YOUR WAY TO HEALTH Be sure you are getting the all-round daily diet for your type of build, occupation, etc. Send today for Dr. Barton's handy booklet on this subject entitled "Eating Your Way to Health." Just send 10 cents and a 3-cent stamp to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

Needlecraft FOR THE HOME

CHRISTMAS STARS

Easily-made rag dolls like these are delightful Christmas gifts for the younger members of the family. Both a girl and a boy rag doll are included in the pattern—plus a little skirt blouse and trousers to dress them in.

No. 205 is cut in one size. Each doll, 14 inches high, requires 1/4 yard 12-inch white fabric, 1/4 yard 35-inch flesh colored; skirt; 1/4 yard 35-inch; blouse, 1/4 yard 20-inch; trousers, 1/4 yard 27-inch.

Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlotte Guardian, P.O. Box 205

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That Body Of Yours

By James W. Barton, M. D.

WHY PROTEIN FOODS—MEAT, EGGS, FISH—ARE NECESSARY

It would seem that the higher the price of meat, the greater the demand for it—especially for what is known as the choice cuts.

Most of us, as we think of the composition of the body, remember that it is mostly water—65 to 70 per cent. If water is excluded and only tissue remains, will be found that more than half of this dry tissue is made up of protein.

I have spoken before of the 300 medical students from Scotland who flew to the starving people of Europe in order to feed them amino acids which really are the foundation blocks of protein foods, just as we think of morphine as the foundation or most valuable part of opium.

When not enough nitrogen is included in the daily food intake, the blood becomes thin, there is loss of weight, less resistance to infection, slow healing of wounds and the individual is always tired and exhausted. In these cases, because a poor appetite is present, it is not always possible for the patient to eat the necessary amount of meat, eggs or fish.

NEA-Acme staff correspondent.



205 14 IN. TALL

Cook's Corner

ORANGE CAKE

- 1 egg 1 cup white sugar 1/4 cup shortening 1 cup sour milk 1 teaspoon soda 2 cups flour with 1 teaspoon baking powder 1/2 cup dates or raisins 1/4 cup chopped nuts

Grated rind of 1 orange. Bake at 375 degrees. While cake is cooking dissolve 1/2 cup white sugar in juice of 1 orange and pour over cake when baked.

High Hat



This bonnet, representing the Eiffel Tower, won Parisienne Simone Robillard the title of Queen of the Catherinettes during St. Catherine's Day festivities, when all unmarried girls of 25 years or more pay homage to their patron saint—and hope she'll get them husbands. Photo by Rene Itean.

Modern Etiquette

By Roberta Lee

Q. When one has been invited to a wedding is it obligatory to call on the bride and bridegroom as soon as they return from their honeymoon?

A. Yes, soon after the date given on their announcement as the time when they will be "at home."

Q. What is the best way for a hostess to signify to her guests that she is ready to leave the dinner table?

A. Merely by pushing her chair back and rising.

Q. Should a girl wear a hat with an afternoon dress when going to an informal fraternity dance?

A. Yes; both, hat and gloves should be worn.

How Can I!!!

By Anne Ashley

Q. How can I make candles burn without trickling down the sides?

A. A few days before the candles are to be used, place them in the refrigerator and let them remain until the last minute before calling the guests to the table. The wax will not run down the sides; the flame will consume it.

Q. How can I remove flakes of wool from a light felt hat?

A. Do not try to rub them off, nor wet the spots. Merely cover the spots with some dry salt then remove with a stiff brush.

Q. How many drops of water or similar liquid, will a teaspoonful hold?

A. Approximately sixty drops.

Household Scrapbook

By Roberta Lee

French Dressing Put in a bottle 1/2 teaspoon of salt, 1/4 teaspoon of pepper or paprika, 4 tablespoons of olive oil, 1 tablespoon of lemon juice or vinegar. Mix thoroughly by shaking, and always shake thoroughly before using.

Cleaning Leather The shabby leather brief-case or other such article, will take on a rejuvenated appearance if it is rubbed thoroughly with a well-beaten white of an egg.

Suede Shoes Try cleaning the suede shoes with a steel brush, but be careful to rub gently and not injure the surface.

Morning Smile

NO PRESENT GIVEN

When Peggy returned from her first day at school she was asked how she liked it.

Peggy—I liked it all right, but I didn't get any present.

Mother—But what made you think you would get a present, dear?

Peggy—The teacher. She said sit there for the present, and I sat there all morning and I never got one.

A POLITE PRISONER "You have told me about some of your worst prisoners," said the re-

Practical Santas Take Note--- "LINGERIE"



LUXITE NYLON JERSEY LINGERIE the slip 5.50 the panties 1.98

Nylon is so wonderful to wear—comfortable, lightweight and long-wearing; and everybody knows nylon is so easy to wash and so quick to dry. This is Luxite's lovely, stylishly styled with tailored lines in white.

Sizes 32 to 44 and panties S, M, L. Other slips priced from \$2.00 to \$5.98.

"The GLORIA"

"WHERE SMARTER WOMEN SHOP"

The Stars Say--

By Genevieve Kemble

For Thursday, December 9 THE agitators are for the sudden precipitation of a difficult and disintegrating situation which could be aggravated and made more devastating by rash, erratic or impulsive emotions or feelings.

Pinex is a special compound of proven ingredients, in concentrated form, well known as a soothing agent for winter coughs. Money refunded if not pleased in every way.

Pinex is Fast Relief!

For Bad Cough, Mix This Splendid Recipe, at Home

You'll be pleasantly surprised when you make up this easily prepared mixture and try it for a distressing cough. It is no trouble to mix, and costs but a trifle, yet it can be depended upon to give quick relief.

Make a syrup by stirring 2 cups of granulated sugar and one cup of water for a few moments until dissolved. No cooking needed. (Or you can use corn syrup or liquid honey instead of sugar syrup.) Get a 2 1/2 ounce bottle of Pinex from any drug store, put it in a 16 ounce bottle and fill it up with your syrup. The 16 ounces thus made gives you four times as much cough medicine for your money, and is a very effective relief for coughs. Keeps perfectly and tastes fine.

This splendid mixture soothes the irritated membranes, loosens the phlegm and helps to clear the air passages. Thus it makes breathing easy, and lets you get restful sleep.

Pinex is Fast Relief!

DOROTHY DIX SAYS--

Training Husbands

Mothers Prepare Girls For Marriage But Neglect Their Boys

DEAR MISS DIX: We are always being told about it being the duty of mothers to train their daughters to be good wives. Inasmuch as marriage is a fifty-fifty proposition, why isn't it the duty of fathers to prepare their sons to be good husbands? Yet nobody pipes about to prepare their sons to be good husbands? It is a two-handed job, or one can do it alone and unaided. It is a two-handed job.

So why don't parents feel that they should train their sons for marriage as well as their daughters? A READER

ANSWER: Apparently parents are sold to the belief that a knowledge of how to be a good husband comes by Nature, as Dogberry thought reading and writing did, and that there isn't any necessity for wasting any time and effort in teaching a boy how to get along with his bride. Mothers don't prepare their sons to be good

Want-Ad Wedding Guests



With their friends and relatives 3000-miles away in the East, Lucile Cefalu and Carl Martineau (above) visualized a virtually empty church for their wedding in San Francisco. But Lucile ran a personal ad in a local newspaper inviting the general public to attend. Result: Some 200 perfect strangers came to the wedding.

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