Yes! Sweeter, tastier bread

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● This *active* fresh yeast goes right to work, gives you *full value* because it's *full strength.* And bread made with Fleischmann's *active* fresh Yeast tastes sweeter, is lighter, more tender.

IF YOU BAKE AT HOME — Get Fleischmann's active fresh Yeast with the familiar yellow label — Canada's dependable yeast favorite for over three generations.

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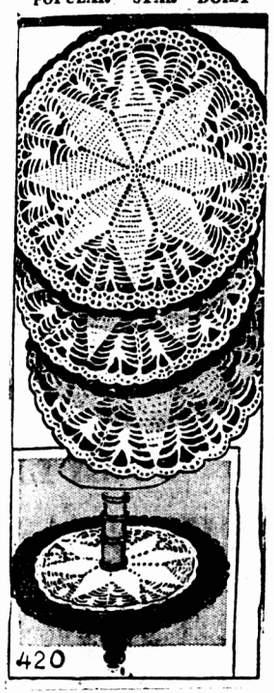

DESIGN NO. 420

Spider webs are work-between the points of this attractive doily. Easy to crochet. Pattern No. 420 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needlework Bureau Charlottetown Guardian.
Design No. 420

Name

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City Provines

MAGNIFY MEAT FLAVOURS

Don't waste an atom of your vitamin-rich meat drippings. Up to 15 per cent of the B vitamines are lost in roasting meats—and in the drippings some of these elements may be found. A bit of black crisp left in the roasting pan is but a poor relic of good food value. Low roasting temperatures and oodles of rich gravy will make meat go farther.

A DEODORANT OF DOUBLE ACTION

HELPS PREVENT PERSPIRATION SPOTS AND ODOR

WITHOUT IRRITATING THE SKIN

ARRID gives you double protection. It protects you from perspiration odor, and helps protect your clothes from perspiration spots. Arrid is an odorless deodorant, with the fine texture of a beauty cream. It vanishes instantly — giving immediate results. With Arrid, you are absolutely safe — can enjoy yourself wherever you are — regardless of the weather. Protect your daintiness and charm with Arrid. Start using it today. It is very economical.

15¢, 39¢ and 59¢.

ARRID

The Largest Selling Deodorant

ELLEN, DIARY—

(Continued from Page 2)

thirsty mare cantered down towards the pond to drink. I saw the maples above the hill slipping into other gayer gowns and far over the countryside the woodlands had a gleam of red among the darker green.

• • •

Jamie was at Alderlea today, spending his time impartially between this house and the one across the lane. He came with Jock, in the car in the morning and dined with them. For awhile in the afternoon he went with the men to fence the field across the creek. From the porch I could hear his voice, I suspected asking the eternal questions of childhood. "And why...? and what for?" and then a merry laugh at some silly reply of Jock's. Lured by the sight of a jar of honey, he had supper with us. And even before he left the table eyelids became unmanagable and very soon he slept. He still sleeps on the couch in the kitchen. James as well as I, must have a strain of Romany in his make up. This evening he it was, who took to the open road. Accompanying Karolyn and Rob to a distant community. "You may as well come, Ellen" James said "we won't be long". I had my doubts at the time. James means well. The hands of the old clock will soon be in the same place they were at mid-day and as yet there are no sign of my wanderers returning.

• • •

Jeanie came in a minute to ask if I had seen a queer light back in the stumps. I suppose I might have if I had not been occupied in sowing buttons on James' working trousers. Recently there have been mutterings about the weight of hardware he has been carrying "along with all my other work." The collection of nails I removed from the spots where buttons should have been brought a blush of shame to my wan cheeks. The variety of them would have added interest and quaintness if I had had the energy to commence an old time jumble jar.

• • •

It seems that the cows are to be allowed to roam amid the ferns and bracken in the stumps for a few days so that as Jeanie said: "the grain can be hauled home without opening and closing gates." But first all of a half dozen wasps' nests had to be destroyed. "I wondered if you would see us" she said "Jock went ahead with a torch on a long pole. In the darkness it reminded me of pictures of the long ago. Early settlers lighting their way with burning brands." Tomorrow then the grain-hauling begins again at Alderlea. "And Ellen," James said this evening in a suggestive tone "if we're stuck for a hand, would you be able to come out to help us" I suppose there is no work of more importance to farm folk than the harvest home. And now the stillness of our night is shattered by a thunderous sound. The yard beside the window is flooded with light. A sudden electrical storm on a harvest night? Oh no, only Rob's car-of-sorts and his versatile trailer. Jamie stirs in his sleep and rubs his nose. Karolyn's step is on the porch.

Until tomorrow — Diary—Goodnight

WOULD IMPROVE MEALS IN LONDON HOSPITALS

LONDON, Sept. 19. — (CP) — A memorandum published by Kinz Edward's Hospital Fund for London stated that monotonous and unpalatable meals served in hospitals are not caused by war-time rations but by third-rate cooks and unimaginative menu-planning.

Here are some of the suggestions of the memorandum:

Patients should go home impressed by the quality of the food and by what they have learned of its importance to health.

Parsimony shoud not be tolerated.

Catering departments to be separate units, controlled by a senior officer and with a skilled dietitian to advise.

Hot meals for night nurses—not reheated remains of day meals.

Kitchen personnel to be medically examined.

Gifts from suppliers to hospital staffs, even at Christmas, to be banned under penalty of instant dismissal.

MAGNIFY MEAT FLAVOURS

Don't waste an atom of your vitamine-rich meat drippings. Up to 15 per cent of the B vitamines are lost in roasting meats—and in the drippings some of these elements may be found. A bit of black crisp left in the roasting pan is but a poor relic of good food value. Low roasting temperatures and oodles of rich gravy will make meat go farther.

CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word, strictly payable in advance.

CRASWELL for Photographs.

CONFEDERATION LIFE INSURANCE.

DR. ROBBINS' OFFICE closed during month of October. 9-20-2i.

NEWFOUNDLAND STEAMER expected to load general produce about the 24th September for St. John's. Buntain Bell & Co., Agents. 9-20-2i.

ENGAGEMENT. — Mr. and Mrs. C. L. Partridge wish to announce the engagement of their daughter Violet Patricia to John Archibald Ramsay of Charlotetown. Marriage to take place the latter part of October. 9-20-1i.

ENGAGEMENT ANNOUNCEMENT. — Mr. James Kelly, Ottawa, formerly of Halifax, wishes to announce the engagement of his daughter Margoe Marie to Wendall H. Beaton, Charlotetown. Marriage to take place in the near future. 9-20-1i.

THE ANNUAL MEETING of the Nurses Alumnae of the Prince Edward Island Hospital will be held at the Cundall Home, Friday evening, September 21st, at 8.15 P. M. Nursing Sister Mary MacNutt will speak. 9-20-2i.

THERE WILL BE service at Cross Roads on Sunday evening, September 23rd at 7:30 P. M. No service will be held at Hazelbrook or Alexandra. Rev. Sterling B. Stackhouse, Minister. 9-20-1i

FUNERAL TODAY—The funeral of the late Mrs. Patrick Murphy nee Margaret Mary McCloskey, will be held from Hennessey's Funeral Home this morning at 8:45 to St. Dunstan's Basilica, thence to the Roman Catholic cemetery.

MAGISTRATE'S COURT — Before Magistrate George J. Tweedy, K.C., yesterday a man charged with reckless driving was fined $5 and costs or 10 days. A man charged with being intoxicated in a public place was fined $5 and costs or five days.

ENGAGEMENT ANNOUNCEMENT. — Mrs. Margaret J. MacKinnon of 10 Haviland Street, Charlottetown, wishes to announce the engagement of her granddaughter Frances Eileen MacKinnon to Bandsman David Victor McFarlane, R.C.N.V.R., son of the late Mr. and Mrs. John McFarlane Charlotteown. Marriage to take place in the near future. 9-20-1i.

FAMED R.C.A.F. SQUADRON —A graphic story of the wartime achievements of the City of Vancouver squadron, R.C.A.F., has been released officially. Every Province was represented among the heroes of this squadron, Prince Edward Island by Wing Cmdr. J.A. MacLean, D.F.C. of Lewis, and Flt. Lieut. R.S. MacLean, D.F.C. Summerside.

POLICE COURT — A man charged, at the City Police Court yesterday, with assaulting his wife and causing actual bodily harm was remanded until Saturday the 22nd. Bail was fixed at $100. The accused in a case of common assault was convicted and fined $10 and costs or 10 days. A woman charged with possession of liquor was fined $200 or three months. A drunk and disorderly was remanded.

BUY LUMBER BUSINESS—Mr. Roland G. Loughlin of Fredericton, who spent some time in this city on the staff of the Bank of Commerce, and another Fredericton man, Ashley Coulter, have purchased the wholesale and retail establishment of A. and R. Loggie of Loggieville, N.B. A CP story yesterday says that the rumored sale price was $750,000, but added that the price might well run close to a million. Mr. Loughlin is to be the secretary-treasurer of the firm with Mr. Coulter the president. Mrs. Loughlin is the former Helen Duchemin of this city, a daughter of A. Ernest Duchemin, Edward Street.

Personals

Miss Isabel Inman, Victoria has accepted a position in the T. Eaton Sales Audit office Moncton, N.B. and her friends wish her the best of luck.

Mr. B. Roy Holman has left on a business trip to Montreal, Toronto and Ottawa.

Miss Joan Lanigan has returned to Sydney, N.S., after spending a two weeks holiday with her parents at her home in Montague. She was accompanied by Mrs. George Powell, who was visiting her son and daughter-in-law, Mr. and Mrs. Edward Parnell.

Mr. Ernest J. Ready of the firm of Ready & McCabe of Lowell, Mass., is visiting in South Melville, guest of his sister, Mrs. J. D. Flood. He is accompanied by his niece Ruth Terry Comstack of Lowell. Joseph Chadwick and Eugene Hudzick of Dracut, Mass.

Tasks

Some days I find a task too hard
for me;
I stand confused, with fears, my
tho'ts incite,
Until a hand outstretched to help
I see—
He takes the heavy task and
makes it light!

Then, I, more wise and stronger, go
along—
To meet new tasks, more hard
than those before,
With Him I cope my problems with
a song
And find where walls stood high—
an open door!

And so I learn to leave each day
behind,
Nor bring tomorrow's task to present view;
Lord help me with the task that
now is mine
And fill today with wonders ever
new!

—F Hazel Fraser

SO NICE TO COME HOME TO!

WE ARE GLAD TO GIVE RETURNED MEN FIRST DELIVERY FOR THEIR "CIVVIES"

ONE of the things about returning home is getting into swell civilian clothes again, especially a brand new, tailored-to-measure Tip Top Tailors suit. To make the occasion doubly enjoyable *we are giving every discharged serviceman first delivery—weeks ahead of our present normal delivery schedule.**

You'll discover that Tip Top Tailors clothes are as good as when you last wore them—even better. Certainly the value is the greatest in our 35 years—for our clothes still sell at a remarkably low price. So come in, men, and feast your eyes on an array of fine-looking, long wearing woolens. Select the one you like and have it tailored to your exact measure and desires.

**To receive this special delivery priority at Tip Top Tailors please give the manager of the Tip Top Tailors store or dealer in which you order your clothes, YOUR PRIORITY SUIT PURCHASE CERTIFICATE. You will then automatically receive this priority.*

TAILORED TO YOUR PERSONAL MEASURE

HAVE YOUR CIVILIAN SUIT READY IMMEDIATELY UPON DISCHARGE BY ORDERING NOW AND ASSIGNING YOUR PRIORITY SUIT PURCHASE CERTIFICATE.

TIP TOP TAILORS Limited

99 Grafton Street, Sunnyside

AGED COUPLE LEARN SON SAFE IN EAST

LONDON, Sept. 19. — (CP) — Charles Heather, 72, of Lasbrook Grove, playing patience with his crippled wife, turned on the radio for the 9 o'clock news broadcast.

"Not much news tonight, mum," he said as he started to switch the radio off.

"... and the first British prisoner to be released from a Japanese camp is Sgt. Charles Heather," the announcer was saying.

"That's our boy, mum," said Charles senior.

And now the basement flat is decorated to welcome a son the couple have not seen for 29 years. Sgt. Heather, a regular soldier, was captured at Hong Kong in December, 1941. Two years later the War Office reported he had drowned when the Japanese prison ship Lisbon Maries was sunk by Allied warships. Six months later a card from their son told Mr. and Mrs. Heather he was alive and well after spending a week on a raft and then being recaptured.

MILLVIEW W. I.

The regular monthly meeting of Millview Women's Institute was held at the home of Mrs. George MacEachern on Wednesday evening, Sept. 5, with an attendance of 10 members and two visitors. Meeting opened with the Ode, Creed, and roll call followed with last meeting's minutes which were approved as read. Sick committee reported three visits and bill for fruit was paid. School committee reported several articles needed for school and it was decided to purchase dictionary and six window shades. Letters of thanks for fruit received were read by secretary and one member in person thanked the Institute for gifts received. It was moved and seconded that a dance and sale of ice cream be held. Secretary reported a profit of $40.08 from last entertainment. One new member was welcomed. Collection amounted to 85c. A dainty lunch was served and meeting closed with the National Anthem.

CREED - FECK WEDDING

A quiet but pretty wedding was solemnized at St. Charles R.C. Church on Wednesday, Sept. 12 at 7.30 a.m. when Agnes Mary, daughter of Mrs. Peck and the late C. H. Peck of Amherst, and James Vincent, son of Thomas Creed of Sturgeon, P.E.I. were united in marriage.

The bride, given in marriage by her eldest brothers, Harold, took her place beside the groom to the strains of the wedding march played by Miss Audrey Patriquin. Miss Julia Gould beautifully rendered appropriate solos during the mass.

The bride looked lovely in a floor-length wedding gown of white net over taffeta. Her shoulder veil was of embroidered net. She carried an arm bouquet of American Beauty roses. Her only ornament was a string of pearls, the gift of the groom. She was attended by her niece, Miss Ruth Estabrooks, who wore a floor length gown of blue sheer. She carried a bouquet of pink gladioli. Mr. George Creed brother of the groom was best man.

A wedding breakfast was served to the members of the family and immediate friends at the home of the bride following the ceremony. The bride's table was decorated in pink and white and adorned with a three tier wedding cake.

Later the bride and groom left for a honeymoon trip through the Annapolis Valley, the bride travelling in a navy blue suit with powder blue accessories. She wore a corsage of pink gladioli. On their return Mr. and Mrs. Creed will reside in Charlottetown, P.E.I. — Amherst News.

MacGREGOR - BRUCE WEDDING

On Aug. 30 a very pretty wedding was solemnized at the home of Mr. and Mrs. Ray Bruce of Red Point, when their daughter Laura Lavina, was united in marriage to Kenneth Arnold MacGregor, son of the late Robert and Mrs. MacGregor, of East Baltic.

The ceremony was performed by the Rev. H. R. Bell, in the presence of the immediate relatives of the contracting parties.

The bride was becomingly attired in powder blue with accessories to match and carried a bouquet of sweetpeas. She was attended by her sister, Mrs. Stanley Dingwell, while the groom was supported by Mr. Stanley Dingwell.

The bridal party entered the living-room to the strains of "Lohengrin's Bridal Chorus" played by Mrs. Clinton Stewart and marriage vows were given in front of an evergreen arch laden with white, pink, and gold summer flowers.

Immediately after the ceremony the wedding supper was served to those present.

A jolly crowd of serenaders arrived to extend their congratulations to the happy couple.

Mr. and Mrs. MacGregor will reside in Kingsboro where the groom is an enterprising blacksmith.

WHAT IS SHORTENING?

According to the experts any mild-flavoured fat, including butter, lard, vegetable fat or blended shortening, which is a combination of vegetable and animal fats, is called shortening. There is, of course, a difference in these fats—butter contains about 15 per cent water and is salted, while lard is 100 per cent fat, and vegetable fats are usually hydrogenated and whipped to incorporate some air to make them fluffy. The two latter fats are unsalted. Generally speaking, any of these mild-flavored fats may be used interchangeably in recipes, without making adjustments in the amounts of any of the ingredients.

OTTAWA, Sept. 18 — (CP) — Defence Headquarters tonight announced the retirement at her own request of Lt.-Col. Alice Sorby of Winnipeg, deputy director of the Canadian Women's Army Corps, who returned to Canada last March after more than two and a half years of service overseas.

Useful Information On Evergreen Hedge

When a hedge is to be a permanent feature, the ground where it has to be planted should be carefully prepared by digging out a trench about 18 inches deep and wider than the spread of the roots of the younger plants which are to be used, says Isabella Preston, Division of Horticulture, Central Experimental Farm. A liberal dressing of thoroughly rotted manure should be dug into the bottom of this trench and covered with a few inches of finely pulverized rich loam soil. The roots of the plants are spread out and some fine loam scattered over them before replacing the ordinary soil. Tramp the soil down firmly and water well.

The plants are planted in a single row and about 18 inches apart in the row. Evergreen hedges should be planted in early September or in early May. Plants as nearly uniform as possible should be chosen as it is not advisable to cut back evergreens severely as they do not readily make new growth from old wood. When planting, the tops of the branches should be cut back. Each year after planting, the hedge should be trimmed and carefully shaped so that it is broadest at the bottom and narrows gradually towards the top. A hedge of this shape is not easily damaged by snow as it slips off instead of pressing the hedge down in the centre, when it may be damaged by the weight of snow and ice. When the hedge is narrower at the top the plants are not so likely to die out at the base from lack of light, which frequently happens if the top is wide enough to shade the base.

The best time to trim evergreens is at the end of August if only one trimming can be given during the year but the date varies a little according to the season and climate. The height of the hedge is controlled by trimming.

Following are the best evergreen hedges for Eastern Canada:

American Arborvitae or Common Cedar (Thuja occidentalis) is the best evergreen hedge for general purposes. It will do well in most climates. Height 3 feet and up.

Hemlock (Tsuga canadensis) does well in partial shade. Height 4 feet and up.

Japanese Yew (Taxus cuspidata) does well in partial shade. Height 1 to 3 feet.

White Pine (Pinus strobus) will grow in sand and under dry conditions. It should be trimmed in mid June. Height 4 feet and up.

Norway Spruce (Picea Abies) is a rapid grower. Height 4 feet and up.

White Spruce (Picea glauca) has blueish-green foliage. Height 4 feet and up.

OUT OF MISCHIEF

Psychologists talk about "active" play for small children. This doesn't mean swinging the cat by the tail but instead drawing with crayons on a large sheet of paper pinned to the wall. Or give the children sheets of newsprint, scissors, pieces of colored paper cut as old shape, flour and water paste and let them go to it, using the fingers as a brush.

COCHRANE, Ont., Sept. 18 (CP) — The grand jury at the fall assizes today returned a true bill in the murder indictment against Winnifred Mildred Donalds, charged from the death by stabbing of her husband at South Porcupine on July 31.

The innocent-looking Jap officer above is Captain Hisikichi, and he isn't as harmless as he appears. As head doctor of the filthy, ram-shackle Shinagawa prison hospital he refused to let doctors among Allied prisoners give medical care to suffering comrades, although the Jap medical staff was wholly inadequate.

THE STORY OF THE ATOM

NO. 15: THE FIRST TEST IS A SUCCESS

(1) When the smoke, dust, and debris had cleared away after the explosion of the atomic bomb in the New Mexico desert, the scientists rolled over on the ground where they lay and exchanged handshakes. The greatest and most spectacular experiment in the history of science had been a success. They cautiously ventured to where the steel tower with the bomb had stood. It had been completely vaporized. The explosion left a crater nearly two city blocks across.

(2) The scientists gazed with amazement into the great pit. Then when the crater appeared safe enough, the scientists conducted an expedition into it. Making their way cautiously, they used specially adapted Army tanks to see what the outburst of atomic power had done to the earth.

(3) The tremendous heat had melted rocks. Even though "the height of the explosion was necessarily "low," they found that only "a very small fraction of the radioactivity" released by the explosion was deposited immediately below the bomb, the official report says. From the effect of the bomb on the rocks beneath it, the scientists estimated the enormous power which they had released.

(4) How in July, 1945, had scientists found enough material to create such an explosion? In 1940 they did not have enough of the chief ingredient of the bomb—U-235—to see under an ordinary microscope and had only a few grams of pure uranium metal out of which to make U-235. The answer is that the bomb was produced by one of the most remarkable examples of scientific co-operation in history. In 1942, the scientists found a cheap process for making uranium on a large scale. From uranium they produced an entirely new chemical element — plutonium. It was comparatively easy to turn plutonium into U-235.

Tomorrow: A New Weapon of War is Used.

BINDING