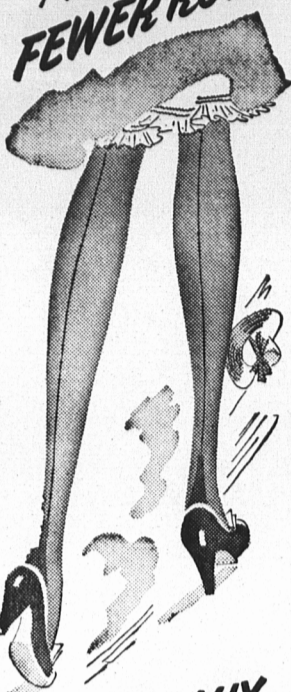


Woman's Realm Social and Personal Fashions Literature

FAR FEWER RUNS Living & Leisure The Woman's Realm



Join the LUX DAILY DIPPER

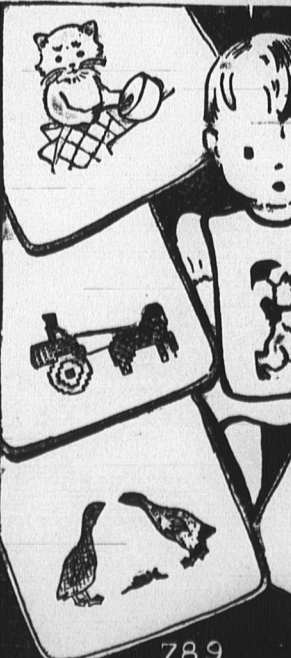
Some girls can save dollars on stockings—and so can you! Simply join the Lux Daily Dipper and you'll find you can prevent runs.

TONIGHT—dip your stockings in—LUX

A Morning Smile

As she eyed her small son more in anger than in sorrow, Mrs. Smith said: "Fighting again! You naughty boy! Look at the state you're in—holes in your stockings and your suit all tattered and torn. Now I'll have to buy you a new suit."

SEVERAL BIBS FOR THE BABY



Five different bibs may be made with this pattern. Two motifs may be embroidered and three are embroidered or appliqued.

NAME _____ STREET ADDRESS _____ PROVINCE _____

COOK

Here is a monarchy absolute, And all must bend to her demands; Here, Queen of fish and fowl and fruit, She holds our future in her hands.

KITCHEN AWNING

An unusual effect can be achieved by simulating an awning for the kitchen window.

SALAD DESSERT

Put this in your recipe file of dessert salads—huge heart cherries stuffed with cottage cheese to which chopped Brazil nuts have been added.

BAKED POTATOES

To prevent baked potatoes becoming soggy, cut a thin slice from each end to allow the steam to escape.

ALUMINUM

Never leave food in aluminum any longer than necessary. Pits or holes are liable to result.

INSULATING MATERIALS WILL RESIST MOISTURE

With the question of moisture penetration into the framing of structures becoming more acute with the advent of modern heating and air conditioning, many builders are advising the use of insulating fabric or materials which seal the walls against penetration of moisture vapor.

MIDDLE-AGE WOMEN (38-52) HEED THIS ADVICE!

If you're cross, restless, NERVOUS—suffer hot flashes, dizziness, "irregularities," caused by this period in a woman's life—try Lydia E. Pinkham's Vegetable Compound.

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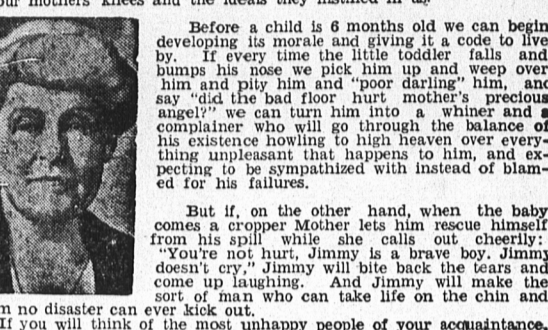
NAME _____ STREET ADDRESS _____ PROVINCE _____

Dorothy Dix Says—

CHILDREN'S ATTITUDE TOWARD LIFE DETERMINED BY PARENTS

Their Morale Can Be Developed Early; Unhappy Persons Are Cowards

A mother asks: "Can you teach children a philosophy of life?" Surely. As a matter of fact, whether parents realize it or not, they determine their children's attitude toward life and set the pattern of the kind of men and women they will make.



Before a child is 6 months old we can begin developing its morale and giving it a code to live by. If every time the little toddler falls and bumps his nose we pick him up and weep over him and pity him and "poor darling" him, and say "did the bad floor hurt mother's precious angel?" we can turn him into a whiner and a complainer who will go through the balance of his existence howling to high heaven over everything unpleasant that happens to him, and expecting to be sympathized with instead of blamed for his failures.

But if, on the other hand, when the baby comes a cropper Mother lets him rescue himself from his spill while she calls out cheerily: "You're not hurt, Jimmy is a brave boy, Jimmy doesn't cry," Jimmy will bite back the tears and come up laughing. And Jimmy will make the sort of man who can take life on the chin and whom no disaster can ever kick out.

If you will think of the most unhappy people of your acquaintance, you will realize that they are all cowards. It is not that they have had more misfortunes to bear than the balance of us for, God help us, none of us escape drinking our cup of bitter tea. We have all been through the wariness of toil. We have known pain and sickness. Death has robbed us of our loved ones. But if we had the brave attitude toward life, as Stevenson says, we did not let our sorrows spoil our whole lives. We rose above them and found happiness in the good things that were left us.

A FOREDOOMED FAILURE

From the time he can walk somebody holds him by the hand. Somebody supervises his play. Somebody picks out the children he should know. Somebody protects him from making any mistakes, or getting into trouble.

And when this poor little mannikin, who has never learned to take care of himself, goes out into a hard-boiled world where the race is to the swift and the battle to the strong, he is a foredoomed failure. That is why the children of the poor going up the ladder so often meet the children of the rich coming down.

We can teach children to accept life as it comes to them and make the best of their bargain. A friend once came to visit me, bringing with her a frail little child who was forbidden to eat ice cream of which she was passionately fond.

"Oh, well," I said, "if Annie can't have ice cream, we won't have any more for dessert."

"Yes we will," replied the child's mother. "All her life Annie will have to see people having things she would like to have, and that she cannot have, and she must learn not to envy them, or make herself unhappy about it."

MUST WORK FOR SUCCESS

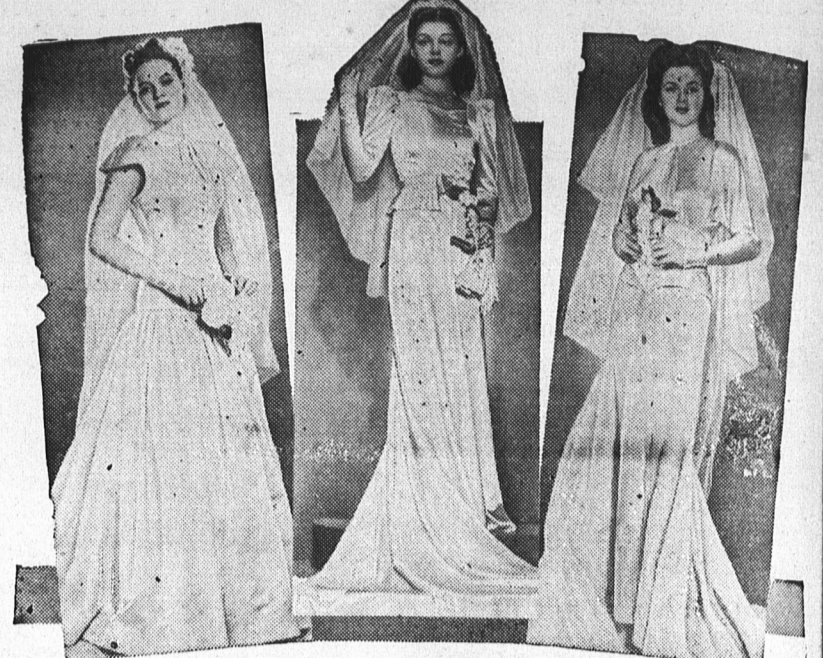
Translate that spirit into automobiles and fine clothes and jewels and furs and social prestige and you would rob life of half of its disappointments and stirrings and frustrations for women.

And, finally, we can teach children that as they grow they must reap. Make them face, from their infancy up, the cold, hard fact that there is no getting around that immutable law. If they want success, they must work for it. If they want health, they must keep their bodies fit. If they want the respect of those who know them they must deserve it. If they want to be loved, they must be lovable.

No miracle is going to hand the lazy loafer a fortune. No intervention of Providence is going to save the drunkard and the wastrel from wrecking his health. No tears of repentance, or regret, are going to wash clean the skirts of the girl who has dragged them through the gutter. Every one of us reap the harvest that we have sown.

So if you teach children to be brave, to be self-sufficient, to make the best of the hand that Fate has dealt them and to watch their steps, you have given them a pretty good philosophy of life.

"The Month of Marriages"



ALEXIS SMITH, featured in Warner's "The Constant Nymph" wears a magnificent wedding gown, designed for her by Leah Rhodes. It is of ivory satin and has a hip-length fitted bodice cut with a dropped shoulder line. The long, tight sleeves are of lace, edged in a flower pattern. Bound button holes and pearl buttons mark the long front closing. The skirt is shirred on full at the hipline, and the wedding veil of tulle dips at the back and hangs in graceful folds.

ANN SHERIDAN — now starring in Warner's "Juke Girl" wears lustrous ivory satin which has been used for this lovely bridal gown. The bodice has a three-panel front, while the short peplum is cut into the narrow waist-line with a narrow belt of self fabric. The skirt is full, and finished with a long train. Her shower veil is a motif on the cover, with a loop of orange blossoms. She carries an ivory-bound prayer book that also has the orange blossom motif on the cover.

MARGUERITE CHAPMAN featured in Warner's "Yankee Doodle Dandy" looks charming in this wedding gown, a heavy slipper satin, designed by Milo Anderson. It has dolman sleeves and front fullness, caught into a high circular neck. The pointed peplum is edged with soutache braid which also borders the hem-line from front to back.

THE COOK'S CORNER

FRIED SWEET POTATOES

6 good sized sweet potatoes
Salt, pepper
1-2 cup brown sugar
Butter or drippings
Method: Scrub the potatoes, and cover with boiling water. Cook gently until they are just barely tender, then drain and cool. Remove the skin and cut each potato into thick slices crosswise. Melt the butter or drippings in a large skillet, using plenty to brown the potatoes evenly. Lay the slices flat on the bottom of the pan and sprinkle with salt, pepper and brown sugar.

HONEY JELLY CAKE

1-2 cup shortening
3-4 cup honey
3 eggs
1 teaspoon vanilla
2 1-4 cups sifted cake flour
2 1-2 teaspoons baking powder
1-2 teaspoon salt
2-3 cup milk

Weirdest, Most Puzzling Dreams May Be Warnings



"Subconscious" Wakes Up

Your other self is active when you sleep. It thinks things you are ashamed to recognize and does things you would never do. Even you don't want to know this other self.

And you can't get rid of it. It wakes when you sleep. It makes you dream of the weirdest, most puzzling things. Riding to work, your train whizzes past your station and the next one and the next! You're filled with panic! This is because your secret self, your "subconscious," is seething with problems, emotions you ignore. In dreams it tries to tell you about them, using its own strange symbolic language.

In the dream of the train it says: "Don't let your impulses run away with you!" If you've been attracted to someone else's beau, that is an obvious warning! So is a dream of wandering in an empty, dreary world—or a dream of a burning house.

Our 32-page booklet explains many such common dreams and dream symbols—according to psychoanalysis; including flying, falling off cliffs, being seen naked. Discusses sex dreams, nightmares, "prophetic" dreams.

Send 20c in coins for your copy of "The Meaning of Dreams" to the Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Needlecrafts For The Home

It's easy to trace the peasant feeling in the snug basque cut of the bodice of this jumper frock — it may even be front-laced if you wish. And of course the skirt is a dirndl.

Style No. 3524 is designed for sizes 14, 16, 18 and 20. Size 16 requires 3 1-8 yards 39-inch fabric for jumper and 2 yards 39-inch for blouse.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown, P.E.I.

To Charlottetown Guardian Needlecraft Department
Style No. 3524 Size
Name _____
Street Address _____
City _____ Province _____

3524 SIZES 14-20

BREVITY

A surgeon, man of few words, met his match—in a woman! She called at his surgery with her hand badly inflamed and swollen. The following dialogue, opened by the doctor, took place:

"Bruise."
"Well, Fee?"
"Poultice."
The next day the woman called I ever met."

FOR ALL YOUR SWEETENING

Wherever sweetening is necessary, you can use BEMA Molasses to advantage. In baking cakes, cookies, pies or puddings—as a sweetener on cereals or even in tea or coffee—for spreading on bread, pancakes, or waffles—BEMA is simply ideal.

That is because it is the pure juice of the sugar cane—put up in original containers with all its natural goodness intact.

Its rich iron content, too, makes a valuable addition to the daily menu.



THE ORIGINAL PRODUCT—NOT A BLEND



R.C.A.F. CALLS THIS PLAYSUIT A UNIFORM
The sports uniform of the R.C.A.F. (Women's Division) is light, practical and attractive, as these photographs of a shapely, young airwoman demonstrate. They show her at attention (left) and ready for a game of softball. The uniform is in a soft grey-blue shade, the shorts of fine cotton twill and the pullover of knitted cotton.

Name _____ Street Address _____ City _____ Province _____