

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure —The Woman's Realm

GARDENERS

name seldom gets the man who sees Beauty in growing plants and trees Who keeps a garden, 'r'm and fair Has little time for sin 'o spare; Who loves to work among the flowers Has many a task for die hours.

Love lingers where the roses grow. The men and women who bestow Some time on poppies, pansies, phlox, And give their thought to holly-hocks, And learn to know them all by name, Will seldom blunder into shame.

Who loves a little garden place Can laugh temptation in the face. The flowers, which are his joy and pride, Will keep him gladly occupied, For he will give to beauty fair Whatever time he has 'o spare.

I never see a garden small, With morning glories on the wall, And little blooms, but what I say Here is a home that's built to stay: Here dwell, with fern and mignonette, Good people shame will never get.

—Edgar A. Guest.

Perfume dabbed on the clothes or behind the ear will not last as long as it will if sprayed on the hair.

There are 20,000 kinds of butterflies in South America, but only 700 kinds in North America.

A new method of treating wood has made it possible to mold oak and even to weld pieces together.

SHORT-CUTS TO CULTURE USUALLY LEAD NOWHERE

American women seem to have gone crazy over the club book review, writes Ruth Millet.

They have taken to his "short cuts to culture" as enthusiastically as they embraced all the electrical gadgets that make housekeeping easy.

The trouble is that while short-cuts to housekeeping are practical, short-cuts to culture aren't.

The club book review has done more to keep the woman with plenty of time for reading from actually doing it than any other one thing—bridge included.

Here's the way it works: Mrs. Jones and 39 other women belong to a club dedicated to keeping its members better informed than they would be if left to their own devices.

So they meet regularly to learn through book reviews. That means that each woman has to read one book a year and report on it.

No matter how good the book is, or how worthwhile, all that the other members get out of it is the reviewer's rehearsal of the story. Now it isn't likely that Mrs. Jones, whose main job is to run a house, can tell the story in her own words, as entertainingly or with as much feeling as did the author, whose job it is to write books.

But Mrs. Jones does put the author's message into her own words (Think how the author who may have spent years writing the book, is mentioned as a dinner party by thousands of good women all over the country.) The other members of the club listen half-heartedly, to hear.

They don't remember much about the book, but they do remember the title and author which permits them to say, "Oh yes, a very interesting book" when it is mentioned at a dinner party.

Of course, there is no way that the other women can go home and read the book themselves. Except, "What's the use?" They know the story, and they have their own book review, which they have to produce in another three or four months, to think about.

WHAT IS CHECK ACTION

In grand pianos a check wire is fixed in the back part of the key, behind the hammer, its duty being to catch the hammer when it falls a certain distance away from the string and hold it till released by the finger of the player, allowing the key to rise again. In upright pianos the check is placed before the hammer.

HAVE WELL DRAINED SITE WHEN BUILDING

A house built on damp soil is likely to become damp in the upper stories even though the superstructure is tightly constructed. The house as a whole may act as a fine drawing moisture from the cellar into the rooms above.

Early spring and late fall are the best seasons for choosing a site or examining a cellar because generally there is more water in the ground at these times and unfavorable conditions are more evident.

Formerly a site that is dry in the summer will prove surprisingly damp in the spring or fall.

It is difficult to keep ground water out of a cellar and failure to choose a dry site or to install drain lines to conduct underground water to a level lower than the

CROSS-STITCH SENTIMENT



DESIGN NO. 667
One of the most appealing of sentiments to serve as a gift for Mother's Day is this beautiful cross-stitch sampler. Hot iron transfer pattern No. 667 contains motif measuring 8 by 11 inches, and complete instructions.

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, To Charlottetown Guardian Needlework Department, Design No. 667

NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____



Choice YOUNG tea leaves in a new tea ball that FILTERS

At your grocer's—18 or 100 to the package—also Tender Leaf Tea in 7- and 12-oz. packages. Blended and packed in Canada.



FOR SUPERIOR BAKING RESULTS USE MAGIC BAKING POWDER

TAKE PRECAUTION TO GUARD SIGHT

Eyes are worth all the care and protection you can give them because the eye is the most delicate organ in the body. Much of the blindness in the world today could have been prevented. Many accidents in the factory, office, home, school room and on the playground that result in injury to the eye could be avoided.

If you are doing dangerous work where chips, cinders, flame or rough-edged particles might fly in the eye, protect the eye by erecting a screen or by wearing goggles.

HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE ASSURANCE COMPANIES OF CANADA

Toronto—In connection with its campaign for increased health and efficiency as part of the Dominion's war effort, the Health League of Canada points to what has been effected in Britain by the added insistence on public health measures.

Official figures from London, says the League, show that the general health of the people is higher today than it has been for several years, despite the appalling conditions under which they are forced to live.

There had been fear that damage to drains, as a result of bombing, might produce epidemics of typhoid in the large British cities. Actually, there was less typhoid in Britain during the early months of 1941 than in corresponding periods in 1939 and 1938, though the incidence remained about the same as in 1940.

The crowding of air raid shelters has not resulted in epidemics of sickness, to the contrary, communicable disease has decreased. In part, this result is attributed to the production of medical services in the shelters, and to the avoidance of delay in the treatment of illness.

The Health League believes that greater attention to public health in Canada should be paid at this time, and that thousands of working hours now lost yearly could be saved by the elimination of preventable diseases.

CANADA HAS LARGEST

The largest buffalo herd in the world is in Elk Island National Park, near Edmonton.

Modern Methods

Hence when the young mother puts her babies to sleep on a hard mattress in a dark room and sends for a high-priced specialist if they have the colic, and grandma tells her she rocked hers to sleep and dosed them on castor oil, it doesn't need a psychologist to figure out why mother-in-law and daughters-in-law are best kept apart.

BRIDAL WREATH

The exquisite beauty of a Bridal Wreath Diamond ring makes it a worthy pledge to be proudly cherished through the years, and she will also appreciate the 4-point guarantee as a trusted pledge of diamonds which are completely perfect in coloring, cutting, brilliance and flawless quality.

YOUR INDIVIDUAL HOROSCOPE

By Frances Drake

For Friday, May 30th

MARCH 21 to APRIL 20 (Aries) — Today holds several favorable aspects auguring for success in progressive lines and in activities requiring an original and unusual touch. Be careful not to deviate from ethical standards and principles.

APRIL 21 to MAY 20 (Taurus) — If you lend your personal attention and deft touch to vital matters, today you will make good. Be as creative and ingenious as you can but avoid unnecessary changes that might slow up important work.

MAY 21 to JUNE 20 (Gemini) — A receptive period for Gemini's variety of talents and keen perception. You should be able to add new ideas and methods to your work and other interests to enhance their value. Private matters also highly favored.

JUNE 21 to JULY 20 (Cancer) — A personal and friendly day for advancement in substantial affairs, artistic and professional interests, matters concerning the home and private life. Finish up incomplete work so that you may enjoy the week-end.

JULY 21 to AUGUST 20 (Leo) — Salespeople, skilled workers in industry and mechanics you engaged in teaching, publicizing and promoting, artists of the stage and screen, among the many titles for benefits.

AUGUST 21 to SEPTEMBER 20 (Virgo) — You should be at your best today. Let your naturally analytical mind find the values and opportunities and go to work with and on them. Shop, factory office, home interests favored.

SEPTEMBER 21 to OCTOBER 20 (Libra) — Let your aspirations be concentrated on ideas and practical issues. The two are good team-mates when backed by enthusiasm and purposeful intentions. "Be what you say" is the motto today.

OCTOBER 21 to NOVEMBER 20 (Scorpio) — Today may lack the merits that lend themselves to popular success but delicacy of intuition, wise judgment and clever managerial ability will put you and your affairs in profitable running order. You are blessed with this equipment with which to work.

NOVEMBER 21 to DECEMBER 20 (Sagittarius) — A.M. especially favorable for financial transaction sound investments, sales, advertising. P.M. favors matters of a unique nature, daring ventures, private interests.

DECEMBER 21 to JANUARY 20 (Capricorn) — An excellent period for trying new ideas and inventions; making improvements on vehicles, machinery, tools, airplanes; consultations and cooperative work in progressive matters. Keep your views sane no matter how vexing the problems.

JANUARY 21 to FEBRUARY 20 (Aquarius) — If you don't waste valuable time probing unessential

Dorothy Dix Says—

MOTHER-IN-LAW CAN BECOME BEST FRIEND OF SON'S WIFE

They Should Cultivate Each Other And Learn To Submerge Those Things That Are Likely To Cause Dissension

If I write, often and long, about the in-law problem, it is because I know from the constant stream of tear-soaked letters from heartbroken mothers-in-law and miserable daughters-in-law that flow across my desk that it is one of the chief causes of unhappiness in the world. And if I invariably urge mothers-in-law and daughters-in-law never to try the hazardous experiment of living together, if it is humanly possible to avoid doing so, it is because neither religion, nor philosophy, nor expediency seem to enable them to dwell together in peace and harmony.

The lion and the lamb may lie down together, but not mothers and sons' wives. The Chinese proverb for a fight is two women under one roof. Of course, the reason that mothers-in-law and daughters-in-law are allergic to each other is easily explained. Both are women. Both are not only human, but superhuman in their possessiveness, their prejudices, their bossiness, and when these characteristics are brought into daily contact with each other, there is bound to be trouble.

Each one has her precious, darling boy and she feels that she has to protect him against the designing mixx who somehow managed to kidnap him and drag him to the altar when he wasn't looking. She doesn't think any girl in the world is worthy of him, and she is a millionaire and possessed of every charm and virtue. She feels that her daughter-in-law should spend half of her time on her knees thanking God for her luck in having gotten mama's son for a husband, and the other half in slaving for him and saving his money. Also, "other considerations" that her son's house is her house and that she has a perfect right to interfere in the way it is run. And, above all, she feels that it is her sacred duty to call her son's attention to all of his wife's faults and shortcomings.

Can't Boss Mama Home

On her part the daughter-in-law can't bear to think that her husband loved some other woman before he did her, and that makes her more jealous of his mother than she would be of the most beautiful siren and more determined to break the tie between them if she can.

Also, a mother-in-law in the house wrecks the dream that every woman has cherished since childhood of someday having her own home which she can decorate to suit her taste, which she can run according to her own theories and in which she can use her best china every day and another the steak in onions if she wants to.

Furthermore, between any two women who belong to different generations, even between mother and daughter, there are a thousand subjects of conflict brought about by the changed conditions of life, by altered viewpoints, by new standards and customs. Modern ideas and old ones fetched down from the hair trunk in the attic seldom combine harmoniously.

John may not think that Mamie needs a new hat or be taken out to dance often, but if mother backs Mamie up he gives in to the authority he has respected all of his life. And if mother-in-law loves daughter-in-law as she does her own daughters, she can look like a ministering angel instead of an enemy in times of trouble.

Both mothers-in-law and daughters-in-law miss their best bet when they do not cultivate each other.

—DOROTHY DIX.

THE COOK'S CORNER

SPRITZ

1 cup butter
3 egg yolks
2-3 cup sugar
2 1/2 cups pastry flour
1 1/2 tablespoons finely-grated almonds

Cream butter, gradually add sugar and cream thoroughly. Add egg yolks and beat well. Then add flour and almonds, mixed together. Press through a cookie press or pastry tube or form into long rolls, chill and slice. Bake in a slow oven (300°) until a delicate straw color.

PEANUT HONEY SANDWICHES

1-2 cup peanut butter
1 banana crushed
2 tablespoons strained honey
Shredded lettuce

Method: Mix the peanut butter with the banana which has been crushed very fine. Mix in with the honey and spread between slices of thin brown bread, covering the filling with shredded lettuce before putting on top slice of bread. Remove the crusts and cut the bread diagonally across. Wrap each sandwich in waxed paper to prevent drying out.

If you are going out where a campfire is possible, there isn't anything more popular than the well known hamburger sandwiches. These are best served on those soft round buns, and while the recipe is really needed, still the method of doing them leaves them juicy and full flavored.

CHOCOLATE DROP COOKIES

1-2 cup butter
1 cup brown sugar
1 egg, beaten
1-2 cup milk
1 3/4 cups flour
1 teaspoon soda
2 squares melted chocolate
1 cup chopped nuts

Method: Cream the butter and sugar and add the well-beaten egg. Sift the flour and soda and alternate with the milk. Add the melted chocolate and nuts. If the mixture is too thin, add a very little more flour. Drop by spoonful on to a well-greased cookie sheet, allowing them room to spread slightly.

Bake in a moderate 375 deg. F. oven for about 10 minutes.

BOTTLE NEED NOT BOTHER BABY

IF IT DOES Mrs. Robert E. Brandon, of Markham, Ontario, has this message for you: "As so often happens to bottled babies, stomach trouble and constipation were so troublesome we despaired of ever raising our first baby. A neighbour recommended Baby's Own Tablets and they proved so satisfactory we have never been without them for over thirteen years, with the result we have five sturdy children. So far they have missed all the so-called children's diseases and four of the five were bottle fed."

And Mrs. M. Butcher, of Toronto, says: "Baby's Own Tablets are excellent for bottled babies as they assist in digesting foods which cause indigestion."

Baby's Own Tablets are equally effective in diarrhoea, simple colic, colds, simple fever and teething troubles, sweet-tasting to take, safe. Analyst's certificate in every box.

Never be without Baby's Own Tablets—sickness so often strikes in the night. 25 cents. Your money back if you are not satisfied.

"Feet-Watchers" at Dance

Should Practise at Home

Diagram Shows Change Step

Watching your partner's feet, as if that would help at this point! Even the simple Westchester Change Step needs a little home practice — and how a man hates a partner who does her "learning" on the dance floor.

So you girls who yearn to be popular at dances, practise beforehand. Clever footprint diagrams show you just where to put your feet.

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Send 25c in coins or your copy of How To Do The Newest Dance Steps And Variations To The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

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CARE OF MACHINERY

Farm machinery should never be permitted to remain in the fields for a longer time than is necessary for the active of oxidation that will cause rust does more damage on machines that are permitted to remain in the open. Implements such as corn binders, mowers and those with excessive wear on parts of the machine can be made to last much longer if particular care is taken to prevent rusting. A layer of motor oil left out will do much to prevent rust from forming.

Marrow and Squash Are Delicious Summer Treats

The gardener who neglects the summer squashes and marrows is missing one of summer's most delicious offerings. This is no doubt due to the imperfect knowledge of preparing these delicious vegetables. One is so accustomed to finding them cooked in such a "soupy," unattractive manner that it is the natural thing to ignore them, whereas they can be made a dish fit for the most discriminating epicure.

Bolling the squash is the most ordinary method of preparation, and it is true that this manner permits of a mushy texture. It may be eliminated to a large extent however, by draining well before serving. A better way is to bake the squash, or it may be fried in much the same manner as eggplants. Marrows are best fried.

Follow this procedure for frying squashes and marrows: slice vegetables into slabs about one-half inch thick, dip them in milk in which an egg has been beaten, and then after breading them with crumbs, fry in deep fat. An ordinary skillet may be used in place of deep frying provided that adequate grease is used to prevent burning. They may be turned like pancakes. If you forget your aversion to these two vegetables until you have tried this new recipe, you will be surprised to find that they represent a delicious addition to your summer table.

Still another method of serving squashes is peculiarly available to the home gardener. The boiling of fruits which are just a few days old, boiling briefly with the skin on and serving them with melted butter like asparagus. The Italian method is especially suited to this treatment. Pick it when it is about 1 inch thick; when cold it may be sliced and served with mayonnaise. All summer squashes may be served the same way in the baby stage.

The squashes like a rich, loamy soil. Plant them in rows from 3 to 4 feet apart, and in hills about 12 inches apart. The same cultural instructions apply in the case of the marrows, except when planting the vining

types where 8 to 10 feet should be allowed between the rows, as well as the hills. Succession planting every two weeks is a good plan. It will assure a constant fresh supply of young vegetables for the summer months.

Lettuce seed germinates best in a soil temperature of 60 to 65 degrees. If necessary to sow when temperatures are higher, place the seed between moist cloths and store for several days on ice, on the surface of the seed before sowing.

All legumes, including lupins and sweet peas as well as garden peas, do better when inoculated with one of the preparations which help them secure nitrogen from the soil.

Annual poppies should be sown where they are to grow, and the seed may be broadcast whenever the soil can be loosened an inch or so deep with a rake. They stand freezing weather without injury.

Spraying to protect your garden should begin before insect fungus damage is apparent. After the damage is done, it is too late. You can count on the same remedies that attacked the garden last year.

until the seedlings come up, the place in a bright window in a cool room.

EXPERT GIVES ADVICE ON RAISING "ANNUALS"

There are several methods which may be used depending on the facilities one has and the quantity and size of plants desired at setting-out time. The method of Mr. W. Walker, in Macdonald College Magazine.

1. To produce a large number of plants of good size, a small hot-bed would be necessary to raise the seedlings, and another mild hotbed to transplant seedlings into.

2. Where a lesser quantity is required, the seedlings may be raised in convenient sized boxes and grown in the window until large enough to transplant.

3. Those who are not concerned about earliness may sow the seeds as in No. 2, and either transplant to a cold frame or to boxes and set boxes in the cold frame.

In each case the soil in which the seed is sown should be of a sandy texture and free from fresh or half decayed organic matter.

In preparing the soil, whether in a box or bed, firm thoroughly so that there will be no sinking when applying water, and make the surface firm secondarily in the same way. Cover with soil, firm down with flat piece of wood and water thoroughly with a fine spray on the water can.

If sown in hotbed, shade from sun until the seedlings come up, then remove the shading and commence giving ventilation to keep down high temperatures and attendant high humidity which would quickly ruin the plants. Leave a little air on also at night as long as there is heat in the manure, and if the weather is cold place some form of covering on the glass overnight.

If sown in boxes, the boxes may be set anywhere.

For those who have not the time to handle plants in this way, seedlings may be raised somewhat thinly in a cold frame and transplanting direct to the garden. Seeds of many of the quickest growing kinds as alyssum and nasturtium and late ones as ageratum and zinnias may be sown direct to the garden. If the general run of annuals have been sown the first or second week in April and the soil is well cultivated, they will be quite large enough at setting out time the end of May.

BLACKHEADS

Don't squeeze blackheads — dissolve them. Get two ounces of peroxide powder from any drug store and apply to the affected area. Wash gently with wet, hot cloth over blackheads. They simply dissolve and disappear by this safe simple method.

Needlecraft—

—For The Home

You'll welcome the chic and economy of this jumper frock in your Spring wardrobe. It is neat and practical, and the blouse should be made of a sheer cotton that will launder well and it is a wise idea to have several on hand so that you will always have a fresh one. Denim is a very smart and practical fabric for play time clothes and is especially good for this button-back style that can also be worn as a sunback frock.

Style No. 2902 is designed for sizes 11, 13, 15, 17 and 19 years. Size 15 requires 2 3/4 yards of 39-inch fabric for jumper; 3 1/2 yards for blouse.

Send Twenty (20c) coin in preference for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2902 Size _____
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Italian Marrows Are Delicious from Babyhood to Maturity

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