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RHEUMATIC PAINS RAISING A RUMPUS?

SLOAN'S LINIMENT, KEPT HANDY, TAKES THE FIGHT OUT OF THEM

Sloshing around in the wet and then—the dreaded rheumatic twinge! But not for long when Sloan's Liniment is kept handy.

Pains, strains, sprains—how soon this old family friend penetrates without rubbing and helps drive 'em away! And how cleanly, too—no muck, no bother, no staining, skin or clogged pores. Muscles limber up, lumbago, sciatica, neuralgia are promptly relieved. Keep a bottle handy all the time. Get one today if you're run out of Sloan's Liniment. All druggists—35c, 70c, \$1.40.

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LINIMENT KEEP IT HANDY

What's Wrong With Your Eyes?

Do you suffer from headache? Do your eyes tire? It is a signal of overwork. Perhaps, unconsciously, you strain your eyes. Good eyesight is not always strainless sight. Eye strain with good vision is a most common and dangerous form of eye trouble.

Don't tamper with the precious gift of eyesight. Heed Nature's call for help. Have your eyes examined. What you need is proper glasses. They work wonders for the eyes and usually tone up the whole physical system.

We have all the facilities for testing the eyes and fitting glasses.

Why not see us about it tomorrow?

H. J. Mabon

Optometrist & Prescription Druggist Montague, P. E. I. Next Door Bank of Commerce

MAKING OLD MEN YOUNG

Answering the question, "Is it possible to make an old man young again by engraving into him some of the organs of a young monkey?" Mr. Josiah Oldfield of the Lady Margaret Hospital Bromley, England, says that within certain limitations it would be quite possible, and points in parallel to the possibility of grafting on to the stem of an old crab tree scions from a young apple tree, which soon results in a vigorous growth. But while theoretically possible he holds that any human rejuvenation would be practically impossible save under very rare circumstances. He states the case as follows:

"Putting aside all the technical difficulties, which I think are surmountable, we have to remember that old age in the human being begins through the alimentary canal. An old tree is old because there is a gradually silting up of the sap fare way, beginning at the branch tips, while the main trunk is still young, in that its sap channels are open and its roots alive. An old man has no young trunk to graft upon and with an old stomach and an old liver I can see no rational ground for believing that the implanting of a young organ will have any real permanent effect upon his vitality or can rejuvenate him. From observations of the greater vitality of lower forms of life, I consider that there is no little danger that the young monkey cells will dominate the old human cells and that what would eventually be perpetuated whenever the grafting succeeded would be an increasingly simian dotard—not an attractive prospect."

Mr. Oldfield, however, holds that experiments at the fraternal hospital to which he is attached afford considerable encouragement to the belief that old age may be postponed.

ANIMALS SUSCEPTIBLE TO CHANGED ENVIRONMENT

Many otherwise profitable animals are ruined by a change of environment and management. All animals that dwell long under certain conditions become homesick when their home is changed. While time erases all outward sign of dissatisfaction and discontentment among such stock may never produce as liberally in their new situation. To obviate the possibilities of these occurrences, better treatment must be accorded the animals in their new home than was afforded them before the change.

Cows are very susceptible to these changes and when new stock is purchased give them much individual attention. Better quarters, more palatable foods, greater care and some of the luxuries of life will do much to overcome the detrimental effects to bring them back to liberal yielding again. Animals that are taken from congenial quarters and placed in a humble home among stock that is poorly kept seem to lose their pride and power of production. There is little difference between the feelings of man and animals, and the more humanely the animals are treated the greater will be the profits derived from them.

"We have an old family knocker on our front door." "We have one inside."

THE EASTERN GUARDIAN

..*IT PAYS to buy in this Province.

..*A BUSY PEOPLE.—The farmers of Launching are busily engaged preparing for the arrival of that king of Canadian winter, Jack Frost.

..*LAMBDA.—Wednesday was Lamb Day at St. Peter's Bay, the shipments amounted to several hundred. One man, Wm. K. Larkin, Fortune Road, had two team loads, 34 lambs.

EASTERN PERSONALS

..*Mr. Robert Jenkins, Mt. Albion, visited Dundas last week in the interests of Soldiers Civil Re-establishment.

..*Messrs Harold MacDonald, Malcolm MacDonald and Ernest Dingwell left Annandale on Monday for Boston.

SIGNS OF "BOTTOM" IN THE WORKHORSE

What makes some horses stand the heat of summer and hard work year after year so much better than others of the same breed and the same size? That is a question perennially bobbing up, the more so now when men are drawing the inevitable comparison between horses and tractors as efficient power producers. When the sun shines hot in harvest time a farmer chafes at time lost while suffering horses pant in the shade. When the work continues steadily throughout the season there is dissatisfaction with horses that lose flesh and strength. But there are in every collection of teams some animals whose comfort is not seriously disturbed by the heat or whose flesh is not reduced by long-continued work. In many cases the horses which endure the heat the best also maintain the best appearing condition.

What is termed constitution is at the bottom of this endurance. The anxiety for more work from teams will drive horsemen to greater appreciation of the horse with enduring make-up. So far as indications of long wear are concerned chief interest in the past has been directed to correct underpinning and hardness of bone. In a considerable measure the fine hair, cordy canons and smooth joints denoting hard bone also indicate durability of the entire organism. Furthermore, the organs which cope with the heat and those which maintain the supply of energy must be capacious. A deep chest is of greater importance than a deep flank.

Practically all horses which work well in hot weather have long ribs. The depth of chest is equal to half or more than half the height of the horse. When these long ribs are spread in breathing there is room for a great supply of air. There is also room for a powerful heart. Such a horse in thin flesh appears tucked up in the flank because of the removal of fat from its storage place in the tissue about the intestines. The spread of hind rib, the shallower the flank is likely to appear in this condition. The deep chest and wide spring of rib determine the capacity of lungs and to a large extent indicate the capacity of the digestive tract.

When one studies horses with these thoughts in mind he notices that most of the good old horses which have done an immense amount of work the year around and can be depended on to keep up their part through a hot harvest are of the deep-chested type. Their organs which support the life processes are large. Like a tractor with an extra big fuel tank and a large radiator they can go a long time without stopping.—Breeder's Gazette.

Although some of the stallion owners in what are recognized as some of our best breeding districts, reported a poor breeding season this year, those who had the very best of heavy stallions standing for service were well satisfied with the patronage they received. It is to be hoped that this can be taken as an indication that not merely pure-breds but the best of pure-breds only are appealing to the horse breeders of the Province of Ontario.

"Ma, I just hate this bread with holes in it."

"Don't be so fussy! You needn't eat the holes—leave 'em on your plate."

Minadr's Liniment Relieves Neuralgia

..*TWO CENTS PER WORD each insertion for advertising in this column. Cash must accompany order minimum charge twenty five cents.

..*EXTENSIVE REPAIRS.—The residence of Mr. Allan McCormack of Little Pond, has undergone some extensive repairs and remodeling at the hands of Mr. Edmund Jeffery the energetic carpenter of Glenside.

..*ALL IS NOT GOLD THAT GLITTERS.—The big stories of \$70 to \$80 a month in the Nova Scotia lumber woods does not always materialize. Three young men who went to this Klondike recently writes home of their disappointment.

..*RIGHT-OF-WAY TO NAUFRAGE HARBOR.—A new right of way to Naufrage Harbour from the West, has been opened up. The road has not yet been surveyed, but it is the line between Brien and McKinnon's and extends northwards from Naufrage Bridge. The new road will be a great convenience to the public.

Best Influence Is Family Life

A ideal for social service of maintaining family life as the best influence in the community, was the conclusion reached by Dr. Edward T. Devine, of the New York School of Social Work, in the public lecture given at the University last week before the department of Social Service of Toronto University. Dr. Devine, who spoke on the subject of "Social Work in America," delivered the first in a series of lectures open to the public, to be given at the University during the coming Winter, and his lecture was a comprehensive review of the history of social service work on this continent, and a discussion of the problem before social workers for the future. His audience, which included, in addition to members of the University staff, several of the public officials engaged in social service work in Toronto, overflowed the room in which it was held, and many present had to stand during the lecture.

Sir Robert Falconer, who presided at the meeting, in introducing Dr. Devine, referred to his valuable work in connection with the Red Cross in Europe during the war, and the debt which Toronto University owes to the school of which Dr. Devine is the head in New York. He also spoke of the growth of the Department of Social Service in Toronto University during the six years of its organization as being highly satisfactory.

"Social Service" Defined.

Declaring that social work today has little meaning unless interpreted in the light of the past and future, Dr. Devine pointed out that the early settlers of this continent came to meet hardships with fair traditions of culture behind them. In considering what is meant by social work, we must exclude such things done for the mutual benefit of persons, as the activities of trades unions, chambers of commerce, or social clubs, as well as such permanent establishments for social welfare as schools, churches, courts, factories and the like. Social work must be defined as those activities for the benefit of others which would remove obstacles either in persons themselves or their environment; or that would allow them to take advantage of opportunities not pressing. Thus social work is parasitic vivously within their standard of living on the more permanent social organizations, and in an ideal society there would be no place for it.

Duty of the Press

If the daily press really performed its entire function as a news gatherer, Dr. Devine asserted, there would be no longer any need for social work. Basing his criticism on the press of the United States, the speaker described the disproportionate publicity given to sensational stories, and felt that if the papers consistently reported all that the social services workers meet with, society would speedily put a stop to

Advertisement for Imperial Royalite Coal Oil. Text: "You can get it anywhere". Includes images of a lamp and a stove. Text: "IMPERIAL ROYALITE COAL OIL LIMITED Power Heat Light Lubrication Branches in all Cities".

Advertisement for Parkman Eye Aid. Text: "Just how much is required must be accurately measured. Too little would only partly relieve the trouble. Too much would injure the eyes. We use the best modern optical appliances, absolutely correcting optical defects and guarantee satisfaction." Includes image of an eye and a person. Text: "E. E. Parkman Jeweler & Graduate Optometrist Montague, P. F. I."

Large advertisement for Dr. Chase's Nerve Food. Text: "Be master of your health". Includes image of a man's face and a bottle of the product. Text: "Dr. Chase's Nerve Food".