

Woman's Realm / Social and Personal / Fashions / Literature

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Living & Leisure THE WOMAN'S REALM

We live in deeds, not in years, in thoughts, not in breaths, in feelings, not in figures on a dial. We should count time by heartbeats. He most lives who thinks most, feels the noblest, acts the best.

—Philip James Bailey

KETTLE ON THE BOIL

Steaming is an easy home treatment to brighten the future prospects of those scuffed-looking rubber shoes. Brush the shoes thoroughly to remove all the dust, and then steam over the tea kettle for a few minutes... an efficient face lifter.

CRISP AND FRESH

It is a waste to have good rolls and up as dried bread crumbs! When there are stale rolls in the house freshen them up this way: Turn on the cold water tap, dash each roll through the stream of water, and then into a moderately hot oven.

Never store away a garment that is soiled with grease or food stains.

To remove rust from the corners of cake tins, dip a raw potato in cleaning powder and scour.

Edible mushrooms contain some nitrogenous foods and about 90 percent water.

It takes the entire milk production of two cows to supply dairy products for eleven soldiers.

Many injurious insects which pass the winter in protected situations in and around the garden may be easily destroyed by clean and burning all crop remnants and other debris in early spring.

A representative of the National Lin Board of Canada has gone to Australia to open a branch office.

In 1771 Karl Wilhelm Scheele, a Swedish chemist, discovered that etching could be done with hydrofluoric acid which eats away the outer surface of glass.

It is believed that primitive cultivation of barley wheat and millet was practised in many parts of the eastern hemisphere as early as 10,000 or 15,000 years before the Christian era.

Dorothy Dix Says—

THE VETERAN'S RETURN

Women Must Be Prepared To Find Men Changed

DEAR MISS DIX: There is no describing the joy a wife feels when the man she loves walks up the steps and into her arms after having been gone for many months. I have just experienced this, but from the minute my husband returned on his furlough, I made a series of unforfeitable mistakes. I had heard about the changes that the war made in the boys, but I thought it would be the same as ever with Lee.

The first mistake I made was asking him how long his leave was. The second mistake was when I tried to get him to tell about his experiences in the war. Now, when it is too late, I know that the boys don't want to talk about that and they don't like to remember that before long they will have to go back. These boys are leading double lives—their families and sweethearts on one side, their ship and shipmates on the other side. We can't intrude in their lives with their shipmates, but their shipmates can intrude in ours.

This is a hard thing to face and I couldn't take it. Jealousy came between us because I couldn't understand him and his shipmates could and it stayed me when I found out that he would rather be with his shipmates than with me.

Tell all women with men at the front to forget the past—all of it, be prepared to find their men changed and, above all, don't be jealous of their buddies.

MEET AS STRANGERS GREEN EYES

ANSWER: This letter contains words of wisdom which the wives of all servicemen should take to heart. It is one of the inevitable catastrophes of war that it brings about changes that makes the first furlough of a serviceman almost always a bitter disappointment both to him and to the wife or sweetheart he left behind him. For in both cases they practically meet as strangers and have to get acquainted with each other and adjust themselves to one another anew. Neither has suspected what would happen or is prepared for it.

The wife has been looking for the jolly, carefree boy who left her to come back as light-hearted as she went and she does not know what to make of the brooding, nervous, irritable man who resents her simplest question as if she were trying to pry into her affairs. She thought he would be thrilled to death over her little budget of household news and she is hurt when he doesn't seem to think that the baby having cut a new tooth is a world-shaking event.

And, most of all, she can't understand why he seems closer to any fighting man than he does to her. She doesn't realize that for the moment, danger and death and winning the war have put all other thoughts out of her husband's mind.

It is these changes for which every war wife should prepare herself. Nothing, either now or after the war, is going to be the same—not even husbands. They are going to need a lot more love, patience, and understanding than ever before.

DEAR DOROTHY DIX: A little over a year ago I married a very fine woman and we got along well except for one thing. I have a 12-year-old daughter by a previous marriage who lives with her mother. My wife thinks I should ignore her completely inasmuch as I have married again. She knew about the child before our marriage, but gave me no reason to believe that she would object to my seeing her. Now every time I mention going to see her or have her come to visit us for a few days, it results in a scene.

I don't feel that I can, or should, give my daughter up and I know it would break her heart as she depends on her dad a great deal. What can I do to convince my wife that she is wrong in the stand she is taking?

—BEWILDERED MAN

(Continued on page 8)

ELLEN'S DIARY

By An Island Farmer's Wife

We completed the grain-cleaning this morning with James as O. C. and also substituting in various capacities when others of his help were not used, than he to spacking in morning and weakened somewhat by the loss of sleep. I, however, failed to be sure for James at any farm labor is one to enthrone or displace the wheat—most indolent to his best efforts. The rows of sacks of cleaned grain against a wall doubled more than once as the morning waned. We watched the lines deepen with every satisfaction. At exactly the correct time Jeanie was relieved of her duties to see about the dinner. I was glad when the former had returned to work on the matter of a dessert or indeed of taking time to even plan any belated dinner. I was glad to see her in the kitchen. In the limited minutes one followed a hap-hazard menu or went without. I was glad when the former had returned to work on the matter of a dessert or indeed of taking time to even plan any belated dinner. I was glad to see her in the kitchen. In the limited minutes one followed a hap-hazard menu or went without.

MORNING SMILE

Foreman—"Now, Murphy, what about carrying some bricks?"

Murphy—"I ain't feelin' well, guv-nor. I'm tremblin' all over."

Foreman—"Well, then, get busy with the sieve."

After inspecting the whole stock of potatoes the customer shook his head.

"I want a really good one for a long holiday in the country," he said. "I want to see some real cowhide in it."

"Sorry, sir," replied the assistant dejectedly; "but I'm afraid we haven't one big enough for that."

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "I didn't see no dogs."

2. What is the correct pronunciation of "just?"

3. Which one of these words is misspelled? Super, superior, superce.

4. What does the word "distorted" mean?

5. What is a word beginning with fu that means "wealthy, sly?"

ANSWERS:

1. This is a double negative. Say, "I didn't see any dogs."

2. Pronounced as spelled, just, not jost, j. Suppose, 4. Twisted out of regular shape. "He has a distorted view of life."

5. Furtive.

HOW CAN I !!

By Anne Ashley

HOUSEHOLD CRACKBOOK

By Roberta Lee

Butter

When butter is too strong for table use it can be used for frying or any place where dripping is required. Do not use for baking. The strong flavor will ruin the delicacy of the cake.

Mildew

Soak a mildewed garment in buttermilk, then rinse in warm water and wash lightly with soap and water. Rinse again in clear water and hang out to dry.

Stockings

Never iron colored stockings, as the dry heat will cause the colors to fade.

MODERN ETIQUETTE

By Roberta Lee

Q. Would it be rude for a bride to exchange a wedding gift, if she has received three or four duplicates, for something she really needs?

A. No; it would really indicate good sense. But it would be better to consult a member of her or her husband's families before doing so.

Q. Why is it necessary for one to repeat a person's name when being introduced?

A. This is not really necessary, but it is done to show that one has heard the name correctly.

Q. How should the invitations be extended when giving an informal dinner at a club?

A. By informal note, or by telephone.

A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Readers. For those who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. I wanted to buy a couple of cups and saucers today and was told I could not have them unless I bought two dollars worth of other dishes. Is a store allowed to do this?

A. A store is not allowed to make conditional sales such as you describe unless they did so during the basic period, which was from September 15th to October 11th, 1941. However, stores may sell dishes in sets and may limit the purchases of any one customer.

Q. I rent a house by the month. My landlord refuses to allow me to keep a dog there. Is he allowed to do this?

A. There is no Price Board regulation which deals with keeping dogs, this is a matter you and the landlord would have to settle between yourselves.

Q. Now that the war in Europe is over, will stores be able to increase their prices?

A. The period we are about to go through in the immediate future will see shortages of many things we will be wanting to buy. Some merchants would take advantage of this state of affairs to raise prices and thereby start the machinery of inflation working. While the regulations of the W. P. T. B. are still in effect, ceilings must be maintained as they have been for the last 3½ years.

VEGETABLES

Vegetables are a good source of vitamins and minerals. They are also low in calories and fat. Try to eat a variety of vegetables every day.

FRUIT

Fruit is a good source of vitamins and minerals. They are also low in calories and fat. Try to eat a variety of fruit every day.

GRAIN

Grain is a good source of carbohydrates and fiber. They are also low in calories and fat. Try to eat a variety of grain every day.

MEAT

Meat is a good source of protein and iron. They are also low in calories and fat. Try to eat a variety of meat every day.

DAIRY

Dairy products are a good source of calcium and protein. They are also low in calories and fat. Try to eat a variety of dairy products every day.

EGG

Eggs are a good source of protein and vitamins. They are also low in calories and fat. Try to eat a variety of eggs every day.

WATER

Water is essential for life. It is also low in calories and fat. Try to drink a variety of water every day.

SALT

Salt is essential for life. It is also low in calories and fat. Try to eat a variety of salt every day.

SUGAR

Sugar is a good source of energy. It is also low in calories and fat. Try to eat a variety of sugar every day.

ALCOHOL

Alcohol is a good source of energy. It is also low in calories and fat. Try to eat a variety of alcohol every day.

SMOKING

Smoking is a bad habit. It is also low in calories and fat. Try to eat a variety of smoking every day.

DRUGS

Drugs are a good source of energy. They are also low in calories and fat. Try to eat a variety of drugs every day.

HERBS

Herbs are a good source of vitamins and minerals. They are also low in calories and fat. Try to eat a variety of herbs every day.

TEA

Tea is a good source of energy. It is also low in calories and fat. Try to eat a variety of tea every day.

COFFEE

Coffee is a good source of energy. It is also low in calories and fat. Try to eat a variety of coffee every day.

SERVE 'EM UP!

Kellogg's Rice Krispies are fun at breakfast every time.

That crispness and flavour together—you can't mistake 'em!

Kellogg's Rice Krispies? Yes, Ma'am—it's the crispier cereal that sings Snap—Crackle—Pop when you pour on milk or cream. A treat anytime!

...they STAY Crisp!

"Rice Krispies" is a registered trade mark of the Kellogg Company of Canada Limited, for its brand of oven-popped rice.

Information

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VACATION FAVORITE

Plan your summer wardrobe early this year and be sure to include this model. Alone or with the bolero, you'll find innumerable occasions for using it.

No. 3770 is cut in sizes 12, 14, 16, 18, 20 and 22. Size 16 requires 3½ yards 36-inch, ¼ yard contrasting for dress; 1½ yards 36-inch for bolero.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department The Charlottetown Guardian.

COOK'S CORNER

RAISIN BRAN MUFFINS

1 teaspoon soda
½ teaspoon salt
1 cup flour
2 cups ready-to-serve bran cereal
1 cup raisins
1 egg
6 tablespoons corn or golden syrup
1½ cups sour milk or buttermilk
3 tablespoons shortening, melted.

Method: Sift together the flour, salt and soda. Add the ready-to-serve bran cereal and the raisins and stir until well blended. Beat the egg until foamy and then add the corn or golden syrup and the sour milk or buttermilk. Add the melted shortening. Now add the liquid mixture to the dry mixture and stir fast until blended—do not beat. Place the batter in greased muffin pans, filling them two-thirds full. Bake in a hot oven (425 deg. F.) for about 20 minutes. Bran is also used in the rest of these muffin recipes. The sweetening in this case consists of molasses, and don't use the dry heavy kind for this, but the light syrup variety. The flavor is much better when the latter is used. These are flavored with cranberry juice.

SAVE BUTTER... MAKE BETTER CAKES!

CAKES made with little butter—or with shortening instead—are outstandingly moist, soft-textured and delicious, when you use Swans Down. For Swans Down's tender gluten and remarkable fineness make every cake velvety-crumbed and meltingly delicious—help it stay moist and fresh for days.

Swans Down is made expressly to make better cakes. Milled from the choice inner portions of good Canadian wheat, Swans Down is sifted again and again through silk, until 27 times as fine as ordinary flour. Gives *swan* success every time. See tested recipes on the package.

If a cake's worth making it's worth making with **SWANS DOWN CAKE FLOUR**

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Lovely star of Universal Pictures "LADY ON A TRAIN"

"YES!" say DEANNA DURBIN'S fans

"Goodness, no!" says this lovely young star modestly. But her enthusiastic admirers insist her smooth, exquisite complexion is the most romantic in the world.

To guard its million-dollar beauty, the lovely Deanna Durbin depends on whipped cream lather facials. "Lux Soap care really makes skin lovelier!" she says. "I cover my face generously with the creamy lather, work it in thoroughly. Then I rinse with warm water, a dash of cold. Pat gently with a soft towel to dry." You try this gentle care.

RECENT TESTS of Lux Toilet Soap facials actually prove that most complexions become Romance Complexions in a short time.



This Beauty Care really makes skin lovelier... no wonder 9 out of 10 screen stars use it!