

The Eastern Guardian

IT PAYS to buy in this Province

MR. T. G. IVES is Guardian agent in Montague.

TWO CENTS per word each insertion for advertising in this column. Cash must accompany order. Minimum charge twenty-five cents.

ROLLO BAY AND VICINITY.—The many friends of Mr. Daniel Burke, will regret to learn of his continued illness. Mr. Wm. Burke has returned home after having spent the winter in Boston, Mass. It is pleasing to note that Miss Ella McLaren, St. Peter's Bay, who was engaged in teaching in Rollo Bay Centre, and who was so seriously ill, is slowly recuperating. Among those who attended the Seed Fair in Souris Friday the 3rd inst., were Misses Irene Dingwell, Maud McKie, Winnie

McGee, Stella Keefe and Annie Campbell. Gunners Berg Campbell, Carr Wood and Everett McKay spent Sunday in Rollo Bay. Mr. Charlie Nowdale has returned home from New Glasgow. Gunner Norman Richards, has returned to the Barracks, Souris, after having being quarantined for measles for the last month. It is pleasing to note that Mr. Hector Campbell, who has been so sick with La grippe, has almost completely recovered.

shall or shall not eat for breakfast, or what they should clothe themselves with, as these matters will be readily adjusted by each family as soon as they commence to think along this line. A few suggestions may not be out of place, however. For instance, let every person who is burning coal go to the woods and procure fuel there if at all possible. Coal is a necessity in all of our essential industries. The supply is seriously reduced owing to heavy enlistments from the ranks of the miners. If every man who can do so would substitute wood for coal in domestic use the demand would be lightened materially. In this connection let me ask this Commission to give special attention just now to the question of fuel for fuel. Many people claim that we have peat bogs equal to those of Ireland or Scotland, and if so it should be utilized. Then we can always postpone the purchase of that new set of harness, or the new buggy, and many other articles which we contemplate buying. Let us always keep in mind that at the close of this conflict a serious change in conditions may take place suddenly. Governments everywhere are today pouring out hundreds of millions of dollars of borrowed money. Does it require any great stretch of the imagination to see what may happen tomorrow if the war should cease over night? Some day it will cease, and instead of borrowing and freely spending huge sums our governments will be obliged to resort to every expedient of taxation in order to pay interest on our colossal war debt. Let us look to the future squarely in the face, and let us by thrift and economy now prepare to meet whatever conditions may develop.

Much may be done in preparing for after war conditions. It should be able to develop and foster industries which will give employment to large numbers of returned soldiers. This work should be regarded from a patriotic as well as from a purely developmental standpoint. Already considerable has been accomplished. We have an actual brick and tile manufacturing plant at Richmond in Prince County. We hope to have a glass manufacturing plant in operation in Kings County this year. We should help to plan for several other new industries, and we should more than all else, assist in formulating plans for placing additional people on our lands, and in our unsurpassed fishing industry. We should look out for the trade of the province, and regarding this I would mention particularly the importance of statistics. We are hopelessly behind the United States on this point, and representations might well be made to our Trade and Commerce Department at Ottawa with a view to improvement. Another very important item which we lack entirely is trade agents who have any special interest in this province. Some of those appointed should be from here, and be accredited in a special manner to the service of P. E. Island. We should use much more advertising space also. There is scarcely anything we cannot accomplish if our efforts are well lubricated with printers' ink.

Now, Mr. Chairman, these suggestions are from a very general viewpoint, but I hope they may be of some value in the endeavour to have the country, in the endeavour to have the

Women Once Invalids

Now in Good Health Through Use of Lydia E. Pinkham's Vegetable Compound. Say it is Household Necessity. Doctor Called it a Miracle.

All women ought to know the wonderful effects of taking Lydia E. Pinkham's Vegetable Compound even on those who seem hopelessly ill. Here are three actual cases:



Harrisburg, Penn.—"When I was single I suffered a great deal from female weakness because my work compelled me to stand all day. I took Lydia E. Pinkham's Vegetable Compound for that and was made stronger by its use. After I was married I took the Compound again for a female trouble and after three months I passed what the doctor called a growth. He said it was a miracle that it came away as one generally goes under the knife to have them removed. I never want to be without your Compound in the house."—Mrs. FRANK KNOWL, 1642 Fulton St., Harrisburg, Penn.

Hardly Able to Move.

Albert Lea, Minn.—"For about a year I had sharp pains across my back and hips and was hardly able to move around the house. My head would ache and I was dizzy and had no appetite. After taking Lydia E. Pinkham's Vegetable Compound and Liver Pills, I am feeling stronger than for years. I have a little boy eight months old and am doing my work all alone. I would not be without your medicines in the house as there are none like them."—Mrs. F. E. Yost, 611 Water St., Albert Lea, Minn.

Three Doctors Gave Her Up.

Pittsburg, Penn.—"Your medicine has helped me wonderfully. When I was a girl 18 years old I was always sickly and delicate and suffered from irregularities. Three doctors gave me up and I would go into consumption. I took Lydia E. Pinkham's Vegetable Compound and with the third bottle began to feel better. I soon became regular and I got strong and shortly after I was married. Now I have two nice stout healthy children and am able to work hard every day."—Mrs. CLEMENS, Dawson, 34 Gardner St., Troy Hill, Pittsburg, Penn.



All women are invited to write to Lydia E. Pinkham Medicine Co., Lynn, Mass., for special advice. It will be confidential.

Not only ever before on the perfidious and to cooperate in every reasonable nature of the times through which we way, and cheerfully make any sacrifice are passing, and the great necessity need, in order that conditions may be of looking beyond these days, to a smoothed to such an extent for our time when lack of foresight and prudence returning soldiers as to compensate their preparation may result in the most tragic conditions. The opportunity is with us now, not only to provide for our individual future, but above have endured.

Continued on Page Five

NATIONAL SERVICE

Interesting Address By Hon J. A. Macdonald.

At the supper given by the President, (Mr. F. R. Heartz), to the members of the Development Commission on Wednesday night, Hon. J. A. Macdonald, Director of National Service, delivered an interesting address on the subject of service, saving, and economy.

Mr. Macdonald said:—In the strenuous days through which our country has been fighting its way during the past thirty one months, one finds some difficulty in concentrating on the objects for which the Prince Edward Island Development Commission was called into being, yet there never was a time in the history of this Province when the pressing necessity for development in every possible direction was so apparent. This applies to resources of every kind which we have at hand, our sand hills, our clay deposits, our peat bogs, our fisheries, and above all our greatest staple, agriculture. Let us glance for a moment at the present position of the British Empire, and consider in a very general way what our responsibilities are as patriotic subjects of that Empire.

In the third year of the war we find the demand for men, money, food, and munitions greater than ever before in the history of the world, so much so that the best efforts of every man, woman and child capable of doing effective work, is an urgent necessity. The importance of this is so overwhelming at this time that I am taking the liberty of giving special attention to it rather than to the general objects of our commissions work. I do not think it out of place to do so, as we all feel that the full cooperation of every public body, as well as every individual, should be made available for those things which are essential in pressing the war to a successful issue, regardless of the sacrifice involved in doing so.

A few days ago Mr. Lloyd George, the Premier of Britain, made a speech in the Imperial House of Commons, in which he dwelt on the paramount importance of developing to the utmost extent production of every kind, and appealing especially for a speeding up, in every possible way, of the production of food-stuffs. The Dominion Department of Agriculture during the past two years has insistently urged this question upon the people of Canada with excellent results, and with your permission, Mr. Chairman, I shall read the best appeal of Hon. Martin Barrall, Minister of Agriculture, along this line:—

"TO THE PEOPLE OF CANADA"

"Two years ago in a message to the farmers of Canada special emphasis was laid on the important part food production and distribution would play in this world war. It was pointed out that the drafting of twenty millions of men into European battlefields and the destructive process of war itself must inevitably be followed by diminishing production and enhanced cost of food. Today Roumania, Poland, Belgium are conspicuous and tragic examples of what these things mean. The German food production is now half the normal requirement and under the steady pressure of British sea power the Hun is daily tightening his belt. But though the great straits is on the Central Powers other nations are feeling the strain. The smaller neutral countries are confronted with food shortages and high prices. Switzerland and Holland, in arms for defence, feed from their own scanty supply thousands of refugees who, homeless and destitute, have fled thither for sanctuary. England, menaced by an ever-increasing submarine warfare is organizing her agriculture on a new basis, enlisting for her farms the services of women and disabled soldiers, and putting her beautiful and historical parks under the plough. France sows her grain and reaps her harvest even within the sound of the guns, by the heroic and unceasing labours of her old men, women and children.

Such is the picture of Europe at this hour. Facing the fearful days which lie before us in this third and sternest year of the war we realize with increasing clearness how vital a factor in the final decision the food supply must be. The Government of this country fully appreciates what the farmers have done during the past two years. In urging them to maintain their efforts, though confronted with more difficult conditions, I do it, not because of the high prices which will doubtless hold for nearly all food products, but because of the important special service which Canadian agriculture can render the Empire at this juncture. All who assist in this work render a great service to the State. I do not say the greatest, for that is done by those who, facing death, daily serve their country at the battle front. Thousands of us cannot so serve but we, who are mercifully free from the iron heel of the invader, we who know nothing of the terrors by sea and the privations on land which others suffer, may well redouble our efforts to supply what they may sorely need.

I especially appeal in this critical year to those in our cities and towns who hitherto have not felt the neces-



A Wonderful Tonic for Women

A tonic that drives away that distressing feeling of tiredness and nervousness. A tonic that brings strength and vigor—that stops Headaches, Biliousness and attacks of Indigestion—that purifies the blood and clears the complexion of pimples and blotches. This is Dr. Wilson's HERBINE BITTERS

The best of tonics for women especially because it is prepared of Nature's healing herbs—and used by the women of Canada for more than half a century. 25c a bottle. Family size, five times as large, \$1. At most stores. 25 The Brayley Drug Co., Limited, St. John, N.B.



Weak, Anaemic, Nervous Run-down

WHEN your system is undermined by worry or overwork—when your vitality is lowered—when you feel "anyhow"—when your nerves are "on edge"—when the least exertion tires you—you are in a run-down condition. Your system is like a plant that is drooping for the want of water. And just as water revives a drooping plant—so Wincarnis gives new life and new vitality to a "run-down" constitution. Because Wincarnis possesses a four-fold power. It is a tonic, a restorative, a blood-builder and a nerve food—all in one. Therefore Wincarnis promotes new strength, new blood, new nerve force and new vitality.

That is why over 10,000 doctors recommend Wincarnis. Wincarnis quickly brings back your old-time vigor—gives a sparkle to your eyes—and coaxes the roses back to your cheeks. You look well—feel well—eat well—sleep well—and can revel in the new health and new life Wincarnis creates. But, remember, that only Wincarnis can give you this new and vigorous health. Imitations only waste your money and disappoint you.



ASK YOUR DOCTOR

GET IT AT YOUR DRUGGISTS

Pints 90c. Quarts \$1.50

FRANK S. BALL, Resident Director, 67 PORTLAND ST., TORONTO 30

COWAN'S Milk Chocolate MEDALLIONS

Dainty chocolate pieces, out of the run of ordinary milk chocolate, containing a real flavor of rich, creamy milk and the finest cocoa beans well blended.

Sold everywhere. Made in Canada.

YOUR FRIENDS can buy anything you can give them—except your photograph. Make an appointment today.

The Cook's Studio New DesPrisay Stock

Photographs The business man who will spare a few minutes of his time to the photographer of today will please his entire family. His portrait produced by present day methods of photography will be an agreeable surprise—its done so quickly and clearly. Make your appointment today. THE BAYER STUDIO.

RUBBERS are the best protection you have Safety First Wear rubbers and have good health. We can fit any shoe neatly, with the best rubbers made, our Royal and Dainty made brands are Canada's Best Keep the kiddies dry and warm. Try a pair of Royal Rubber Boots. Alley & Co Agents

SCHOOL WORK.—The following is the standing of the pupils of Eglinton School for the month of February. Grade VI.—1, Emily Underhay; Grade V.—1, Pearl McDonald; Grade IV.—1, Mac Dingwell; 2, Gusie McDonald; 3, Blanche Stead; Grade III.—(Sr.)—1, Ed and Jessie Burke, (equal); win Wood; 2, Myra Lutz; 3, Harold Stead. Grade III.—(Jr.)—1, Myrtle Dingwell; 2, Orrin Dingwell; 3, Brent Stead. Grade II.—1, Jennie Burke; 2, Fulton Underhay. Grade I.—1, Wesley Dingwell; 2, John J. McDonald; 3, William Burke.

Orange Marmalade Toast Prepare as for cinnamon toast and spread with orange marmalade. Raisin Gems

Make a baking powder biscuit dough but sufficiently thin to be dropped from a spoon. Add a cupful of raisins each raisin cut in three or four pieces, then drop from teaspoon in very small patty pans, a heaping spoonful to a pan. Bake in a quick oven, split, butter and serve hot. These are delicious and great favorites.—Ex.

A CHILD DOESN'T LAUGH AND PLAY IF CONSTIPATED If peevish, feverish and sick, give "California Syrup of Figs."

Mother! Your child isn't naturally cross and peevish. See if tongue is coated; this is a sure sign its little stomach, liver and bowels need a cleansing at once. When listless, pale, feverish full of cold, breath bad, throat sore, doesn't eat, sleep or act naturally, has stomach-ache, diarrhoea, remember, a gentle liver and bowel cleansing should always be the first treatment given. Nothing equals "California Syrup of Figs" for children's ills; give a teaspoonful, and in a few hours all the foul waste, sour bile and fermenting food which is clogged in the bowels passes out of the system, and you have a well and playful child again. All children love this harmless, delicious "fruit laxative," and it never fails to effect a good "inside" cleansing. Directions for babies, children of all ages and grown-ups are plainly on the bottle. Keep it handy in your home. A little given today saves a sick child tomorrow, but get the genuine. Ask your druggist for a 50 cent bottle of "California Syrup of Figs," then look and see that it is made by the "California Fig Syrup Company."

Important Announcement

We take very great pleasure in announcing to our many customers and the general public that we are adding another large Department to our business.

This New Department

will be opened in a few days, when the carpenter and painters complete their work. We intend to carry a good assortment of

Dry Goods, Gents' Furnishing

and other lines. We have a large stock ready to put on the shelves, this Stock was purchased some time ago. Markets have rapidly advanced and still advancing and we will put on the whole Stock at most attractive prices.

We have not selected a name for our new Department, as we intend handling several lines but we are Satisfied when the public see our extra Values they will call it

The Bargain Department

We have Thousands of Dollars worth to sell at Bargain prices. CAREFUL BUYING, SMALL PROFITS and LARGE SALES will be our MOTTO. Watch for date of our opening sale.

F. J. Holman & Co Ltd Charlottetown

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