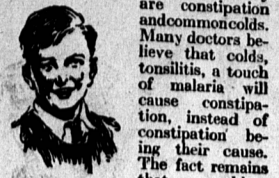


This Will Ward Off And Break Up Colds

Just a teaspoonful of Dr. Caldwell's Laxative Syrup Pepsin removes the congestion

THE two ailments that people generally regard as of the least importance are in reality the cause of most serious illness and of the greatest proportion of deaths. They are constipation and common colds. Many doctors believe that colds, tonsillitis, a touch of malaria will cause constipation, instead of constipation being their cause. The fact remains that you seldom have a cold without constipation, due to general congestion. The only way to avoid colds is to keep up your vitality. You usually catch cold in the winter if you are run down. Therefore in cold weather exercise more; eat more fatty foods; drink four to six glasses of water a day; keep the head cool, the feet warm, the bowels open.



You are also less liable to colds if your system is free from the intestinal poisons of constipation, so empty the bowels regularly with a plain vegetable laxative like Dr. Caldwell's Laxative Syrup Pepsin. At the first sign of a cold,

ANY FAMILY MAY TRY IT FREE

Thousands of parents are asking themselves, "Where can I find a trustworthy laxative that anyone in the family can use when constipated?" I urge you to try my Laxative Syrup Pepsin. I will gladly provide a liberal free sample bottle, sufficient for an adequate test. Write me where to send it. Address Dr. W. B. Caldwell, 23 Caldwell Building, Toronto, Ont. Do it now!

at the first few warning sneezes, take a teaspoonful of Laxative Syrup Pepsin and the congestion will be gone in a few hours. Don't wait until the cold has a grip on you. Mr. R. H. Powell, of Gilbert Plains, Man., considers Laxative Syrup Pepsin the best laxative he ever used, and Mrs. Chas. Lewis, of Winnipeg, Man., uses it effectively for all the small ills of her family, such as constipation, biliousness, headaches, dizziness, and to break up fevers and colds.

Dr. Caldwell's Laxative Syrup Pepsin is a scientifically-balanced compound of Egyptian senna with pleasant-tasting aromatics. It is safe to give to infants, and all children like it. Before you again resort to cold remedies containing narcotics try a teaspoonful of Syrup Pepsin. Any druggist will supply you, and the cost is less than a cent a dose.

DR. CALDWELL'S LAXATIVE SYRUP PEPSIN
LAXATIVE The family remedy

HAMILTON'S FAMILY PILOT

A big, crisp, satisfying biscuit for Dad's dinner pail

HAMILTON'S BISCUITS
The favorites Since 1840

"Morris" Flavoring Extracts

- LEMON ALMOND
- VANILLA ORANGE
- MAPLE CELERY

Three times as strong as ordinary, at same cost. Celery Extract for use in Soups, Stews, etc., takes place of the vegetable and more economical.

For sale by all first class grocers

WHOLESALE BY

DEBLOIS BROS., LTD.

Goff's Easter Footwear

IS UNEXCELLED IN

- SHAPE SNAP STYLE
- WEAR FIT VALUE

12 new lines of "Art" for ladies \$6.40 to \$10.00
15 new lines of "Classic" for ladies \$5.25 to \$9.00
And many others in great variety to suit all tastes and purses. We have many

REMARKABLE VALUES

- A ladies Brown Oxford, a good reliable Shoe, made specially for us of good leather, on a nice last for only \$3.00
- Black Kid, high cut boots, cuban heel \$3.00
- Brown Calf, high cut, cuban heel \$3.50
- Patent and Fawn Suede straps \$3.90

MEN'S

Oxfords Bala and Bluchers, Black and Brown leathers just received from Slater, Tetrault, Brandon, etc., at lowest prices.

Excellent combination of the serviceable, fashionable and inexpensive.

GOFF BROS. LTD.

Eastern Guardian

*EASTER MONDAY NIGHT dance at Carruthers Cabaret, all welcome.

*LADIES NEW spring coats and suits, get yours now at Ives & Murdoch Ltd.

*BIG DANCE Easter Monday night at Carruthers Cabaret. Special music.

*GET OUR NEW wall paper catalogue, a post card will bring it. Ives & Murdoch, Ltd.

*CURTAINS, SCRIMS, cretonnes, chintzes, floor cloth, etc., at Ives & Murdoch, Ltd.

*COME AND ENJOY a good dance at Carruthers Cabaret Easter Monday night.

*WHAT ABOUT THAT new Easter coat or suit, we will have a special demonstrator with us Thursday and Friday March 29 and 30. Ladies we invite your inspection. Ives & Murdoch Ltd. 31

*DEATH REGRETTED—The death took place at Montague at the home of her daughter, Mrs. R. Campbell on Wednesday, Mar. 27th inst. of Mrs. Mary A. MacKinnon after a short illness from pneumonia. The late Mrs. MacKinnon was a woman of strong, robust constitution, and enjoyed in the fullest measure the greatest of all earthly blessings, good health, retaining all her faculties, unimpaired, almost to the hour of her death, being in the eighty-sixth year of her age, when she passed peacefully away. A much to be desired helpmate, she was of invaluable assistance to her husband the late Roderick MacKinnon of Albion, who predeceased her by eight years in building up one of the most comfortable homes in this province; the barn being in this prudent couple the potential of wealth. There are left to cherish the memory of one in whose bosom glowed the very essentials of a kind and loving mother, the following sons and daughters: Hugh in Boston; Nathaniel of Sturgeon; Mrs. Edward Nason of Springfield, Mass.; Mrs. Norman McLeod, St. John N.B.; Mrs. Edward Henderson, Murray Harbor; Mrs. E. R. Campbell, Montague, and Annie and Wilbert at home, one son Archibald predeceased her. The funeral took place from the church at Albion, adjoining the old homestead, a large number of her old friends and neighbors gathering to pay their last tribute of respect to a worthy woman. The Rev. Mr. Neilson conducted the service, interment taking place in the nearby cemetery, beside that of her husband.

*EASTERN NEWS—Mr. James E. Keays, Jr. of Souris, who spent several days visiting friends in Newport, P. E. Island, returned home Thursday last. He was accompanied by Mr. P. McCormack, Charlottetown. The people of Souris were delighted to hear once more the noise of a train whistle Thursday night, the first in two weeks, owing to bad condition of track. The electric lights on Souris streets are quite an improvement to the town, we are glad to relate also, that those in the houses are proving satisfactory. We are glad to see Miss Dell Garrett of the Canadian Bank of Commerce on duty again after her recent illness. The many friends of Mr. Lem Mellett, who left a short time ago for Boston to undergo a serious operation, are glad to hear that he is now on the mend. The operation proved successful, and he is now out of the hospital visiting friends and relatives.

TO ASSURE FARMERS FAIR LIVING WAGE WINNIPEG, March 27.—"Stabilization and standardization of Canada's grain production" through the fixing of a guaranteed minimum price for wheat was advocated by Hon. Robert Rogers here today as a solution of the Dominion's economic difficulties. Assurance to farmers of a fair living wage was a national problem, said Mr. Rogers, not provincial, and he urged that an effort should be made to secure co-operation between Canada and the United States in the matter of reaching an agreement for fixed wheat prices.

ASTHMA RAZ-MAH

Restores normal breathing, stops mucus gathering in the bronchial tubes, gives long nights of quiet sleep, contains no habit forming drug. \$1.00 at your druggists. Trial free at our agencies or write Templetons, 142 King W., Toronto.

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THE MODERN MOLOCH

By James Maxwell Murphy

The Life Story of Mau Revaid

A stinging frost wave its delicate tracings and finely etched patterns on the window panes of the Examiner's room of the Superior police station. Outside it was snowing heavily, laying a soft white carpet on the ground. Ever and anon the joyous clatter of passing sleigh bells drowned out the brisk dry tones of the gray-haired examiner's voice as he questioned the prisoner before him.

It is the day following the greatest narcotic raid ever made in the north-west, and eight human debris, their bodies racked by the craving and torment of the narcotic drug addict, lie in a garret, the log of their respective souls.

There is no joy in that small room—only the bitter angry despair of a drug fiend cornered—craving an injection and suffering while waiting.

A woman sat facing the questioner. Her face and form still disclosed traces of her former beauty. An exotic languorous beauty, suggesting tropical verdure, soft southern sky. A suggestion that contrasted oddly with the white marble of the Frost King outside.

She is a rather large woman with flashing great black eyes and abundant hair. Her half humorous, half sensual mouth twitches oddly as she talks. Momentarily her shoulders shake convulsively, and her long white slender hands are in continual motion with a nervousness brought on by the enforced foregoing of her drug for this short period.

With a soft southern accent she began a tale of her childhood days in New Orleans where she was born, of her life in the convent where she received her early education, and of her first acquiring of narcotics.

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dermic needle, and skillfully injected the contents into her arm above the elbow.

Almost immediately the woman's whole appearance and manner changed. A soft flush suffused her face. The pupils of her eyes dilated and shone brightly. Her nervous twitching stopped. She sat up calmly and recommenced her story.

"I left convent school when I was sixteen years old," she said. "Shortly after this while visiting a drug store near my home I met a man named Harry McMill, a clerk in the store. He began to pay me marked attention. I to seek excuses to be where he was. He was 26. I was 16, and fascinated by his attentions. A surreptitious courtship and romance ensued. And I child that I was, fell violently in love with him.

About three months later, he began to tell me of the wonderful dreams and perfect peace that Morphine lends. I was incredulous at first, but he spoke of it so often and so glowingly that I believed him—took the drug with him—and he became an addict.

"He pleaded with me to marry him. I know that my parents would never consent. After hasty preparations we eloped together to Kansas City. Shortly after our arrival there he deserted me and I have never seen him since. Witness my plight, stranded and ruined a thousand miles from home.

I tried to secure a position but without success. Finally desperate and on the verge of starvation, I joined a travelling carnival and became a dancing girl. Now followed many months of Gypsy life. Beautiful country, constant change, new scenes and new faces—but always with the bitter sting of the "Drug Monster's" whip hanging over me.

We traveled through Missouri, Oklahoma, Iowa and Texas and after many months returned to Kansas City.

Shortly after my return I met Roy Gordon, a young business man. He was attracted to me, wooed me passionately. I feeling only too bitterly my degrading servitude steeled my will to resist. Months of wonderful courtship followed. Finally I consented to be his wife, and on July 22, 1917, we were married.

My whole married life was one long nightmare of hiding from my beloved the secret of my degradation. He could not understand my strange actions at times, and my occasional horrible suffering. Actions and suffering induced—by the drug habit, in the month of July in 1922, after many troubles and disagreements, he discovered my habit, and divorced me.

Impoverished, broken and forlorn, my soul dead, my intellect fogged, my health shattered, I wandered northward to Superior—a human derelict—an abandoned woman.

"She rose, staggered, and attentively supported her across the room, and she disappeared through the low balze covered door.

"I will follow Toronto in street car fashions."

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FARM LABORERS IN ENGLAND ARE OUT ON STRIKE

NORWICH, England March 27.—All the farm laborers of Norfolk county were called out on strike today when the executive committee of the Farmers' Union rejected the proposal of the laborers for a three months' truce in order to place the entire agricultural problem before the government and also declined a suggestion made by Sir Robert A. Sanders, minister of agriculture, to submit the dispute to an independent arbitrator.

The laborers have been contending for an advance in wages. The strike has not yet become general, some laborers being reluctant to join the movement.

The laborers' union is insisting that all the farm workers must strike, whether union or non-union men and irrespective of what wages they are receiving.

The Earl of Kimberley, who sympathizes with the laborers, and who is vice-president of the laborers' union, declares he will resign his position in the union if the men working for him are called out.

The laborers on King George's Sandringham estate also are disobeying the strike call.

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ON THE DEFENSIVE!

During the aftermath of influenza or its debilitating complications, there is more than ordinary need that you nourish and protect every avenue of your strength.

SCOTT'S EMULSION

because of its efficient tonic-nutrient properties, daily helps tens of thousands to renewed strength. Those who are fearful or rundown in vitality should use the means that help build up a healthy resistance. What SCOTT'S does for others it will do for you.—Try it!

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Paint the Lily—and it Dies!

But wash it with gentle rain and it lives, re-beautified. Clog the pores and they cease to breathe. But cleanse them, pore-deep, with gentle Fairy Lather and they bring renewed health and vigor to the skin.

MADE IN CANADA
FAIRY SOAP
HELPS THE BODY BREATHE
THE H. FAIRBANK COMPANY

ANNOUNCING THE DAILY ARRIVAL OF New Spring Merchandise

NEW COATS, DRESSES, BLOUSES, SKIRTS, MILLINERY, BOOTS AND SHOES. MEN'S FURNISHINGS, CLOTHING, ETC. ALSO STAPLE AND FANCY DRY GOODS.

Ladies' Spring Coats

Fascinating indeed, are the new Spring Coats and there is a style just suited to any particular type of dress. The materials are all first class quality and are beautifully trimmed to blend with each particular garment. Our showing this season surpasses all others.



Men's and Young Men's New Spring Suits, \$17.50 to \$35.

Made of fine Tweeds and Worsted in light and dark Greys, mixed and plain Browns, Blues and Black; very neatly tailored, smart styles and beautifully trimmed—Satisfaction Guaranteed. SEE THEM.

Silk Hosiery For Spring

A very important accessory! We have anticipated every Silk Hosiery need of your Spring Wardrobe, either Ladies or Gents, in the predominating colors.

Easter Millinery

A wonderful array, all exquisite in style with beautifully blended colorings in the latest Spring models. A comparison will convince you that our Millinery Department excels all other seasons; better styles, excellent workmanship are the predominant features of every hat.

Charming New Footwear

It is worth your while to note the exceptional array of Shoes for Ladies, Misses and Children, also Men and Boys, which are now on display in our Shoe Department.



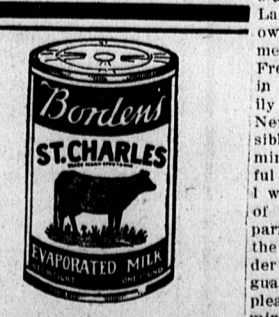
We Invite You to Call
Sinclair & Stewart, Ltd.
Summerside



NONA RIVARD
Arrested in Narcotic Raid at Superior, Wis., Dope Addict

"My name is Nona Rivard," she began, "I am twenty-seven years old. I was born in New Orleans, La. My father the curator and part owner of an art gallery, was a member of a distinguished old French family and quite prominent in New Orleans society. My family was one of the first families of New Orleans. No one could possibly have had better parents than mine, tender care, or more careful supervision. At the age of nine, I was placed in the convent school of the Sacred Heart in Orleans parish, and for several years lived the sheltered life of a recluse under the wise and affectionate guardianship of the good sisters. A pleasant life with healthy intermingling of work and play.

While there I made my first communion and was confirmed." The woman whose mental and physical agitation were obviously increasing every moment—paused—shuddered violently—and cried—"For God's sake let me have a shot now, please—please—just one little shot—Oh God! If you only knew how terribly I suffer. The Examiner motioned to an attendant who disappeared through the low balze covered door, to reappear a moment later accompanied by a tall kind looking man—the police surgeon. The woman's eyes lighted up. Followed moments of suspense while the physician took three small white tablets out of a long tube like bottle carefully dissolved them in a teaspoonful of warm water,



If you would like to be sure of always having a supply of fresh pure country milk from choicest dairy cows keep a few tins of St. Charles milk in the house all the time. Use it for every milk need. All grocers have it—our sizes.
Send for Free Recipe Book.
The Borden Co. Limited
MONTREAL

Borden's ST. CHARLES MILK

WRY TO-NIGHT Tomorrow Alright

It's a mild, vegetable laxative to relieve Constipation and Biliousness and keep the digestive and eliminative functions normal.

Used For over 40 years

Chips off the Old Block

MR JUNIORS—Little M's

One-third the regular dose. Made of 100% ingredients, then candy coated. For children and adults.