

Most headaches due to lack of internal cleanliness

WHEN you are constipated, poisons form in the accumulated food waste and are carried to all parts of the body.

Avoid Laxatives—Say Doctors

A noted authority says that laxatives and cathartics do not overcome constipation, but by their continued use tend only to aggravate the condition.

Medical science has found in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens the hard food waste and thus hastens its passage through and out of the body.

Nujol is used in leading hospitals and is prescribed by physicians throughout the world. Nujol is not a medicine or laxative, and cannot gripe. Like pure water, it is harmless.

Take Nujol regularly and adopt this habit of internal cleanliness. For sale by all druggists.



Insist on Nujol For Internal Cleanliness

Asthma Doesn't Wear Off Alone.—Do not make the mistake of waiting for asthma to wear away by itself.

Attacks, Dr. J. D. Kellogg's Asthma Remedy taken early will prevent incipient condition from becoming chronic and saves hours of awful suffering.

Milnard's Liniment for Colds.

Friday and Saturday DECEMBER 5th AND 6th For Bargains at QUIGLEY'S

We offer you the following reduced prices:—

- Raisins, 15 oz. Sun Maid 2 for 25c
Bulk Cocoa 2 lbs for 15c
Onions, 7 lbs. for 25c
Palmolive Soap, 2 cakes for 15c
Prunes, 3 lb. for 25c
Horse Rugs, best quality \$3.50
Cheaper quality at bargain prices.
Fleece lined Underwear, best quality 85c
Boys' Underwear 55c
Woolen Underwear \$1.45 to \$1.95
Better quality from \$2.00 to \$2.85

FLOUR AND FEED

- Maple Leaf Hard Wheat Flour \$4.75
Queen City, best blend \$4.25
Beechnut Blend \$4.00
Bran, per bag \$1.70

We offer our entire stock such reductions as quoted above. We have a nice line of Footwear, Sweaters, Bannockburn Suits, Harness, Paints, Oils and Varnishes.

QUIGLEY & SON ST. PETERS

1081-12-2M31.

FURS

HAVING TAKEN OVER THE SUMMERSIDE OFFICE OF A. AND E. PIERCE CO., LTD., WE ARE NOW OPEN TO BUY THE ENTIRE OUTPUT OF RANCHERS AND TRAPPERS.

WRITE FOR OUR PRICE LIST. References Bank of Nova Scotia G. R. MacQUARRIE

PHONE 16 CROCKETT & GALLANT BLDG. SUMMERSIDE Summer St.

817-11-19west.

THE WESTERN GUARDIAN

SHOP from Holman's Catalog. ROBIN HOOD FLOUR, Wholesale and Retail. Holman's Summerside. 771-11-17-1-mo. A GREAT LINE OF BOYS' overcoats specially priced at Sinclair's. 1072-12-2-m21. SEE THE MANNISH MODELS in boy's overcoats selling at close prices at Sinclair's. 1072-12-2-m21. IF YOU NEED AN OVERCOAT this is your store. Come in. SINCLAIR & STEWART, LIMITED. 1072-12-2-m21. FOX RANCH TO RENT—Up-to-date 4-pen fox ranch ideally situated in beautiful hardwood grove, just outside town limits, will rent for year or longer to J. B. Millman, Kensington. 1096-12-2-m-41. EXAMINE YOUR FOXES held for breeding and see they are free of Ear Mites, for the coming breeding season. Use our Ermolene and be sure.—J. G. Jamieson, Druggist, Charlottetown. 1110 12 3 mws61. GUARDIAN REPRESENTATIVE—The Guardian's Western representative has an office on Water street, Summerside, next to Laurence Gallant's Tailor Shop (and directly opposite the Gallant Crockett block)—his phone number is 233. He is an experienced newspaperman, capable of giving advertising counsel and service, etc., and will be pleased to receive news, subscriptions or advertising. POLICE COURT.—At the Summerside Police Court on Saturday before Stipendiary Wyatt, two men from Kensington were each fined \$100 and costs (or three months in jail) for illegally obtaining liquor from the local vendor. On Monday morning Stipendiary Wyatt delivered judgment against eighty-five defaulters of civic taxes. Executions will be prepared by the Town Clerk.

PERSONALS

Senator P. C. Murphy, Tignish was in Summerside on Monday. Mr. George F. Riley, Clinton was among the visitors to Summerside on Saturday. Mr. Austin Scales who is an extensive potato grower was a passenger by morning train to Albany. Mr. Claire Campbell law student at the office of Gaudet & Hazard Charlottetown spent the week end at his home in Summerside. Dr. William of the Dominion veterinary service, returned to Ottawa on Monday, after spending a few days at his home in Summerside. Mr. and Mrs. Percy Landrigan and Mr. and Mrs. Fred Kelly and families made a pleasant visit by auto recently to friends in Kensington. Mr. Warren Lord, commercial traveller, was a passenger by morning train to Charlottetown on Monday. Mr. Philip Howatt, Lobster packer of Cape Traverse visited Charlottetown on Monday.

Gray Hair Becomes Dark And Beautiful

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Compound." You will get a large bottle of this old-time recipe improved by the addition of other ingredients, at very little cost. Everybody uses this preparation now, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly, just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger.

The Time Is Now

Delay may prove costly in more ways than one.

Upon your eyes and the eyes of your children rests a responsibility you cannot ignore. A little attention now will be repaid many times in comfort as well as a proven direct aid to success. I have recently equipped my office with "The De Zeng Diagnostic Unit." This instrument is absolutely the very latest on the market for Eye Examination.

Our Professional Experience and Facilities are at your immediate service.

H. J. MABON OPTOMETRIST Montague, P. E. Island Office Connected With Druggists

Eastern Guardian

EASTERN AGENT — Mr. J. W. Murdock is now Guardian Agent in Montague and will be pleased to receive news items, advertising, job printing, now and renewal subscriptions.

WHIST DRIVE.—At the weekly whist drive held in St. James Hall, Mrs. Henry Sampson won the ladies prize and Mr. Stillman Johnson the men's.

COUNCILLOR WITHDRAWS.—Your correspondent teams since reporting the nominations of the Georgetown civic election that the nomination of Mr. S. C. Knight as councillor, through some little technicality has been declared void and hence will not appear on the ballot, this leaves but 7 councillors running.

PROGRESS CLUB CONCERT.—The people of Cardigan and surrounding districts were afforded a real treat on the night of November 27, when the progress club of the Cardigan High School put on this concert. The chairman, Inspector L. W. Shaw, spoke in fitting terms of the beautiful new school building which Cardigan now has, and of the importance of such functions as the one now being held in the training of the children on behalf of the management he expressed his heartiest thanks to Father McFicar, Miss Gordon, Miss McLaren, Miss McDonald, Mr. Harris, Mr. Webster and Mr. Scrimgeour for the great assistance they had given. The following is the programme.—Chorus O Canada, school. Recitation—Little Maiden, Teresa Donahoe. Recitation—by junior boys "I want to be a soldier. Piano—Solo—Miss Gordon. Dialogue—"Matrimonial Advertisements," Club. Recitation—"Our Flag," Junior Girls. Solo—Mr. Harris. Step Dancing—Master Thoddeus Shephard. Drill—"Doll" Junior Girls. Recitation—"Grandpa and Grandma" John McDonald. Piano solo—Miss McDonald. Drill—"Hoop" Senior Girls. Scotch Song—Adeline Webster. Dialogue—Taking the Census. Club. Drill—Dominion of Canada, Senior Boys. Vocal Solo—Rev. Father Gillis. Recitation—The Tadpole, Herbert McDonald. Instrumental Music—Partomine—"Never My God to Thee." Tableau National Anthem. Pies were sold after the concert. Mr. John Scrimgeour very capably calling the bids.

PERSONALS

Mr. Samuel Wood Stratheona, was a visitor to the Eastern Capital on Friday last. Mr. William Nicholson, of Bridgetown is visiting friends in Georgetown.

Beats the Stomach Pump

Many an old-time dyspeptic who suffered all kinds of torture after eating, when the stomach rolls with gas, souring, made life miserable and all sorts of distresses made food a bugbear, learned the best lesson of their lives by trying

STUART'S Dyspepsia Tablets

The reason is they give the stomach the alkaline effect to sweeten it, aid digestion and enable you to eat pie, cheese, pickles, milk, fried eggs, bacon, onions, sausage and buckwheats and yet save you from stomach distress.

AT ALL DRUGGISTS

High Quality Rubber Footwear Famous Dominion Make--Best by Test



Durable Rubber Boots

Men's Storm King, rubber boots, a favorite for fishing or any heavy work. Thigh length red rubber soles, this is a boot that is a favorite and will give extra satisfaction. Price per pair \$5.85

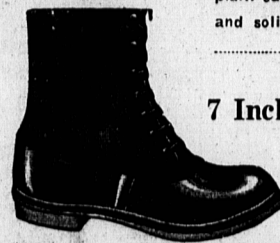
Superior Values in Lumberman's Rubbers

Men's "Sea" quality 5 eyelet Hi-Cut pure gum cyelet Hi-Cut pure gum white sole and foxing with rolled edge and solid heel. Sizes 6 to 12. Per pair \$4.50

Men's "Byng" quality Hi-Cut 5 eyelet laced, all duck with white foxing, plain edge with red sole and solid heel. 6 to 12. \$4.50

Men's all white "Rock Proof" 4 eyelet blucher cut style, plain edge with solid heel. Sizes 6 to 11.

Men's "Byng" quality, 3 eyelet, blucher style, all duck with white foxing, plain edge with red sole and solid heel. Per pair \$3.85



7 Inch Top

Men's 7 inch Tan Leather Top, with black duck bottom, tuff foot, red sole and solid heel. Sizes 6 to 12. Per pair \$3.75

Men's 4 eyelet pure gum straight laced style, plain edge with black rubber sole, solid heel. Per pair \$2.85

Men's 4 eyelet straight laced style, all duck tuff foot, red rubber soles and heels. Per pair \$3.15



Men's "Sea" quality, 3 eyelet, blucher cut style, pure gum with sole and foxing, rolled edge and solid heel. 6 to 12. Per pair \$3.85



Men's two buckle duck Lumberman's plain edge. Red Rubber soles and heels. Price \$3.15

Men's Hi-Cut 5 eyelet laced all duck (plain edge, tuff foot, red rubber sole and solid heel. Sizes 6 to 12. Per pair \$3.95

Men's "Moccasin" style Hi-Cut pure gum rubber, rolled edge with black rubber sole and solid heel. Sizes 6 to 11. Per pair \$2.65



Knee Boots

Men's plain first quality rubber boots, knee length with red rubber soles and heels strongly reinforced in vital points. Tuff foot Brand, sizes 6 to 11. Per pair \$4.25

Men's Medium Weight Rubber Boots, knee length with black corrugated sole and solid heel, any sizes \$3.95



Men's 3 eyelet blucher cut style, all duck, plain edge with Tuff Foot red rubber sole and solid heel. Price \$3.40

Lumber Rubbers for Youths and Boy's

Boy's Hi-Cut 5 eyelet laced, all duck, plain edge with tuff foot, red rubber sole and solid heel. Sizes 1 to 5. Per pair \$3.25

Boy's "Byng" quality 4 eyelet straight laced style, all duck with white foxing and plain edge, with red rubber sole, solid heels, sizes 1 to 5. Per pair \$2.95

Boy's 4 eyelet straight laced style, plain edge, tuff foot red rubber sole, sizes 1 to 5. Per pair \$2.45

Boy's Hi-Cut Moccasin Style, pure gum rolled edge with black rubber sole and heel. Sizes 1 to 5. Per pair \$2.20

Youth's "Byng" quality 3 eyelet as above described, sizes 10 to 13. Per pair \$2.65

Boy's 4 eyelet straight laced, pure gum plain edge, with black rubber sole. Sizes 1 to 5. Per pair \$2.30

Youths as above, sizes 10 to 13. Per pair \$1.85

Boy's "Sea" quality eyelet straight laced style with sole and foxing, with rolled edge and solid heel. Sizes 1 to 5. Per pair \$2.95

Youth's 3 eyelet laced style, plain edge with tuff foot red rubber soles and heels, sizes 10 to 13. Per pair \$2.15

Lumbermans Leggings

Men's Brown Heather Mixture Leggings, warmly tufted inside, has cord fastener at top. Per pair \$1.20

Men's Heavy Grey Knit Leggings, a warm serviceable Sox, cord fastener at top. Price \$1.15

Men's Black Knit Leggings, good weight and quality inside, tufted and cord fastener. Special value at 95c

Men's Grey Knit Sox as above. Extra value 75c

Men's Heavy Black Pure Wool Knit Leggings, warmly tufted, has cord fastener. Priced at \$1.45

Boys' Leggings

Boy's Heavy Grey and Green Knit Lumber Sox, warmly fleeced inside, with strong fastener. Per pair 85c

Boy's Heavy Black Knit Sox, warm and comfortable, for good wearing qualities. Per pair 65c

Boy's Knitted Leggings of cotton and wool mixtures in brown and grey, or black and white. Assorted sizes at 50c

Men's Leather Leggings

Men's Tan Leather Military Leggings, easily adjusted with steel, spring and strap and buckle at top, a splendid protection against snow or mud. Sizes 14 to 16. Per pair \$3.00

Mail Orders Receive Our Prompt Attention

Sinclair and Stewart Limited Summerside

1075-12-2M31.

Capt. A. A. McDonald, Mayor of Georgetown, was a recent visitor to the city.

Mr. George Currie of Georgetown has left for the Western part of the Island where a position awaited him.

Mr. William McLeod has returned to his home in Georgetown after having spent the summer and fall working for parties in Nova Scotia.

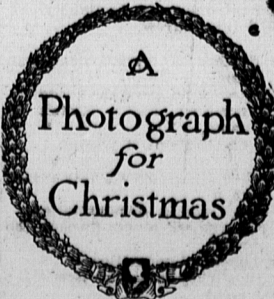
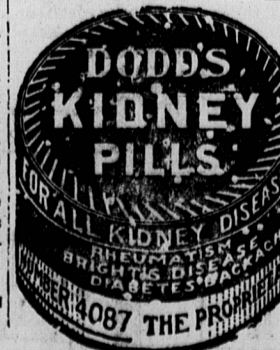
Dr. John Beaton, Veteran Surgeon of Dundas, paid a professional call to Georgetown during the week.

Notes By The Way

(Continued from Page 4)

Ottawa was an important factor. Premier Veniot and his colleagues from the first have made common cause with the King Government. In successive federal by-elections, in Kent and Northumberland he was as active and officious as any one of the Dominion ministers. He threw the whole weight of his Government, its power and patronage, into those contests.

Moncton has been badly treated by the King Government. Hundreds of railway officials and employees



A GIFT INSPIRED BY SENTIMENT Make Your Appointment Now BAYER STUDIO

CANADIAN PACIFIC SAILINGS

Table with columns for destination (LIVERPOOL, GLASGOW, ANTWERP) and dates (Dec 5, 12, 19, 26, 31)

CRUISES FOR 1925 ROUND THE WORLD Empress of France... TO THE MEDITERRANEAN Empress of Scotland... TO THE WEST INDIES Montreal... Jan. 20, Feb. 21

Apply to Local Agents G. BRUCE BURPEE C. P. S. Agent 49 King Street St. John, N.B.