Woman's Realm / Social and Personal / Fashions / Literature

The Housewife And Her Activities

A SEEKER

The man who seeks one thing in life, and but one.
May hope to achieve it before life is done;
But he who seeks all things, wherever he goes,
Only reaps from the hopes which around him sows
A harvest of barren regrets.
—O. Meredith.

CHARITIES

Our true acquisitions lie only in our charities. We gain only as we give. There is no beggar so destitute as he who can afford nothing to his neighbor.—Simms.

CONTENTMENT

Contentment is a pearl of great price and whosoever procures it at the expense of ten thousand desires makes a wise and happy purchase —Ancn.

HAPPINESS

Happiness is like a sunbeam, which the least shadow intercepts, while adversity is often as the rain of spring.—Chinese Proverb.

A GOOD FACE

A good face is a letter of recommendation, as a good heart is a letter of credit.—Bulwer.

Next time you want bread-crumbs, remove the crust from a stale loaf, put the bread in a muslin bag and rub briskly between the hands. This method will save a lot of time and will prevent the crumbs from being scattered all over the table.

TEACH YOUR DAUGHTER VALUE OF SOFT VOICE

It really is important for mothers to teach young daughters the value of a soft voice and perfect enunciation. Softness doesn't mean too low tones that are barely above a whisper. One should always speak loud enough to make oneself heard easily

ACCESSORIES ARE OF IMPORTANCE

In placing the furniture in the dining-room be sure to leave sufficient room between the sideboard or serving table and the backs of the chairs (when diners are seated) for service. This should be considered when the furniture is being bought, for often it is the fault of too large a dining table.

If you are wondering whether you need that extra leaf in, you do! Nothing is more uncomfortable than confined space at the dining table. That extra space will also help to show your table appointments to better advantage.

Nothing is nicer to decorate your sideboard than silver. But it must be used in moderation. For the average board of six feet use a pair of candlabra at either end perhaps an entree dish in the centre.

Many people use a mirror over the sideboard but it is usually more advisable to keep two pictures on the dining-room walls, if possible oil, rather than light water colors.

When the room is not in use do not keep too many chairs with the seats under the dining-room table Try to plan the room to have half of your chairs against the walls.

If you entertain frequently, and are tired of the eternal centre decoration with the host and hostess at either end of the table, than a happy and charming plan for your next dinner party can be in arranging a low vase of flowers at either end of the table with places set at the sides only.

An original effect in lighting can be with candles, providing they are in holders sufficiently high to cast enough light around the entire table. A pair of fine arm candleabra are excellent for such a purpose.

When arranging china, glass and silver on your table it is well to break up the flat surface with possible table vases in the centre, table condiment shakers or stemmed glasses.

A smart effect in a living-room can be created by using a plain pile or sheen material, such as satin or velvet for the draperies, and wiring two or three lights behind a wooden cornice. The soft indirect glow on such materials is most pleasing.

One rule to bear in mind is: Never place a piece of furniture across a corner. If you do, you destroy the lines of the room. Of course, a corner cupboard may be used, or a wedge shaped table, but never place a desk or a couch or a reading table across a corner.

Try to place floor lighting so that one may sit down to read, sew or adjust the radio without having to move a lamp or tilt a shade.

"I sure work better after a good lunch"

"WHEN I have to carry my lunch to work I am always thankful my wife bakes bread with REGAL Flour. No other bread I've ever tasted is so satisfying, and believe me that's very important when a man's doing heavy work. My wife says it's because REGAL has more solid nourishment in it than ordinary flour. Believe me, REGAL makes bread that tastes better, too."

REGAL FLOUR

PURE TEA IS GOOD FOR YOU!

Remember BECAUSE—It is the cosy social beverage for an afternoon chat.

King Cole

A Morning Smile

"I wish that you'd show a little more tact," said the restaurant manager to the leader of the orchestra. "Here we've got the Imperial Society of Umbrella and Raincoat Manufacturers having dinner and you go and play, 'It Aint Gonna Rain No More'."

Who, then, is free? The wise man who can govern himself.—Horace.

Your family is hungry for *crispness*. Everybody's tired of the winter routine—hot, heavy meals day after day. That's why Kellogg's Corn Flakes taste twice as good this time of year.

Fill the bowls with those perfectly toasted flakes, and pour on milk or cream. You'll smack your lips over their delicious flavor—their crunchy crispness, as refreshing as a spring breeze!

Kellogg's are ready to serve. Rich in energy. Quickly digested. Order several packages from your grocer today.

Kellogg's Corn Flakes are always oven-fresh in the patented WAXTITE inner bag. Matchless flavor and crispness. Many generous servings for a few cents. Made by Kellogg in London, Ont.

KELLOGG'S for EXTRA FLAVOR—EXTRA CONVENIENCE

THE COOK'S CORNER

IRISH MOSS DRINK

This moss is obtainable in packets from chemists. Have a quarter of an ounce of the moss to one and a half pints of milk. Wash the moss in cold water, then add to the milk just before it boils. Use either cinnamon stick lemon or ratafia for flavouring. Sugar to taste. Simmer for ten minutes then strain through a hair sieve. If liked this can be poured into small moulds, again when the stiffly whipped whites of two eggs are added, it makes an excellent "sponge jelly."

GRAPEFRUIT MARMALADE

Two medium-sized grapefruit, 6 level cups sugar, 1-2 cup pectin. Peel the skins off the grapefruit in eighths, then cut the peeled grapefruit crosswise in slices and remove seeds. Cut the slices up fine, discarding any white, hard parts. Lay the skins flat and using a sharp knife, cut away about half of the white part, next to the yellow skin, and discard this white part. Shred yellow skins very, very fine Place these in a kettle with 1 1-2 cups water and 1-4 teaspoon baking soda (no more), and cook, covered, for ten minutes. Then add the cut fruit, cover again, and cook slowly for twenty minutes. Measure three solid cups of this boiled mixture, place in pan together with the sugar, and boil hard for five minutes, stirring often. Remove from fire, add pectin, let stand for five minutes, stirring occasionally, then pour quickly and seal.

Dorothy Dix's Letter Box

Working Wives Deserve a Share of Rest and Ease in the Home Just as do the Husbands—Double Tasks Drive Women to Early Graves

Dear Miss Dix—My particular case is that of a 30-year-old wife with a 40-year-old husband, no children, married three years. My husband and I both work. Neither gets a large salary, but our combined income enables us to rent a five-room house in the suburbs, pay on a car and furniture and save money. I do all of the housework. My husband is of the moody type, has to be continually bolstered up and encouraged and flattered to hold him to his position, which he is always threatening to give up. To tell the truth, some days I am so tired myself I feel I should be the one to get the encouragement and the pat on the head. But I skip it and try not to be too out of patience. The lot of the wife who works outside of the home is not an easy one. How can she be a successful wife and keep a contented husband?

F. T.

Answer:

I'll say the lot of the woman who has not only to fry the bacon but also bring home her share of it is a hard one. She has not only to do two women's work, which is a burden the good Lord never intended to be laid on any wife's back, but she also has to contend with all the problems that the purely domestic woman has to solve in dealing with a husband, and then plenty more that rise out of the unnatural situation in which she is placed.

There is no denying that in the scheme of things it was designed that the husband should be the breadwinner and the wife should make and keep the home. That division of labor gave each one plenty to do. Unfortunately, however, under present economic conditions it is often necessary, as in your case, for the wife to help make the dough as well as bake it. So far very few men seem to be big enough and just enough to realize how hard this is on the wife and to help work out an equable adjustment of their problem.

There are, of course, exceptions to the rule, but the great majority of husbands do not seem to appreciate that for a woman to hold down two jobs puts her under a physical and nervous strain that only one with an iron constitution can stand. She must begin the day under high pressure. Rush through getting the breakfast and doing a little slapdash cleaning up. Hurry to the office or store. Give every ounce of strength and vitality to her work. Hasten home, stopping on the way to buy the food for the evening meal.

Then, tired and worn out by all she has been through, she must clean up the house, cook the dinner and do the thousand chores that it takes to make a comfortable home. She has no time for rest or relaxation or amusement, without which any woman is bound to go to pieces sooner or later.

Now and then, as I have said, there is a husband who helps his wife with the housework as she helps him with supporting the home, but most men just take all of the wife's extra work as they take her extra help for granted. They sit and read the paper while she stews over the stove. They step out for a game of pool after dinner while she washes the dishes, makes the beds and sweeps the floors. They scorn woman's work, and it never occurs to them that she is doing a man's work as well as a woman's work. What a rotten deal they are giving her.

All husbands have to be handled with care, but the woman who works outside of the home must use velvet gloves when she deals with hers, because the very fact that he isn't making enough to support the family makes him supersensitive. He is always looking for a slight and ready to take offense at any criticism, and he is determined to keep his wife in her place and make her cook, clean and wait on him just as much as if he paid all the bills.

Personally, I do not think that any woman who works outside of the house should work in it. I think that those couples where both husband and wife are money earners should live in some comfortable boarding house or hotel. It would save many a working wife from wrecked health and a premature death, it would give her a chance to enjoy life and she would find it easier to get along with her husband if she was not always a bundle of nerves from overwork.

Dear Miss Dix—I have a daughter of 17 who will graduate soon from high school. Her girl friends are all planning to go to college and, of course, she also wants to go, and has been looking forward to doing so. But she has never been a student or shown any especial ability or talent in any line. Neither has she ever shown any affection for us or her brother, but rather the lack of it, to such an extent that her father and I have been very much hurt. We are people in moderate circumstances and her father feels that she does not deserve any further sacrifice from us and should be made to go out and earn her living. What should we do?

A WORRIED MOTHER.

Answer:

For the last few years the presidents of a number of the large universities have been urging parents not to send their children to college who are not college material. They say that it is not only a waste of time and money to send boys and girls to college who are not students by nature, who has no love of learning, no desire for culture, no interest in intellectual pursuits; that it is a positive detriment to them, because they acquire idle and extravagant habits, waste the years in which they might be learning some useful trade and fitting themselves to be self-supporting.

I think there are no more pathetic tragedies than those of the parents who have worked their fingers to the bone and gone without the food and medical attention they needed to send boys and girls to college who loafed their way through it and came home with nothing but a college yell and a feeling of superiority to their old fathers and mothers.

I think your husband is exactly right in refusing to make a martyr of himself for this girl, who only wants to go to college because all the other girls are doing it and she thinks it is the smart thing to do. Spend what money you can afford in having her taught some way to make a living and put her on her own.

Dear Miss Dix—I am a boy of 18, in love with love. I can be crazy about one girl one day and another one the next, and I can change from one to another without a heartbreak. There must be a remedy for this. What is it?

TROUBLED.

Answer:

Time.

Home Service

Look Your Joyous Best on Your Wedding Day

Two Lovely Possibilities

How to have the wedding you've always dreamed of? Budget expenses, settle etiquette questions ahead to be radiantly carefree when the great day comes.

First thought is your costume. If the ceremony's formal, you can be dramatic in gleaming satin or softly-draped crepe with a train of tulle or starched chiffon. Or look exquisitely fragile in misty clouds of marquisette over white taffeta. Wear a fascinating little hat made entirely of flowers. The groom always wears a black or oxford gray cutaway for a formal daytime ceremony.

For a lovely informal wedding in your own garden or living-room, why not return to an enchanting style of your grandmother's day? Close-fitting bodice, tiny puffed sleeves, bouffant organdy skirt. Carry an armload of old-fashioned flowers. And the groom? He wears an all-white linen suit with white shoes.

Our 32-page booklet tells you how to plan your wedding smoothly, happily, economically. Formal and informal, daytime and evening ceremonies.

Send 20c in coins for your copy of Planning And Budgeting Your Wedding to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City

"My dear—I forgot to tell you—I got a lovely tooth-brush today, FREE, for Surprise Soap coupons."

How Can I ??

(By ANNE ASHLEY)

Q. How can I press ties without leaving marks of seams?

A. Cut a piece of cardboard the shape of the necktie, slip it inside the tie, cover with a cloth, and press. This will avoid marks left by hems and seams.

Q. How can I prevent rust on pipes of the furnace and range when putting them away for the summer.

A. Rub them thoroughly with kerosene befort storing, and they will not rust.

How can I avoid scorching when baking a cake?

A. Try placing a dish of water in the oven when baking the cake.

Modern Etiquette

(By ROBERTA LEE)

Q. Among the people in an office is it all right to call one another, Brown, Wilson, Morgan, etc.?

A. It is much better to say, Mr. Brown, Mr. Wilson, and Mr. Morgan; and never should the prefix Miss be omitted when speaking or referring to a woman employee.

Q. Is it proper for one to tilt or rock in a straight chair at the dinner table?

A. Never; such acrobatics at the dinner table are extremely bad taste.

Q. How can undersirable members be kept out of a club?

A. By careful investigation by the membership committee.

Household Scrapbook

(By ROBERTA LEE)

Bleaching

To bleach table linen, muslin, and other unbleached goods, prepare a boiler of bluing water as for rinsing clothes. Then place the articles in the boiler and allow them to boil well. Hang on the line without further rinsing, and at their next washing these articles will be perfectly white.

Doughnuts

One can avoid having to sugar each doughnut separately by putting the powdered sugar into a paper bag, then shaking the doughnuts in the bag until they are coated with sugar.

Window Sills

Refinished window sills will be kept in perfect condition if a fine floor wax is rubbed on them periodically.

KILLED IN NIGHTMARE

(By The Canadian Press)

LONDON—A coroner's jury advanced the theory that Mrs. Charlotte Warren, 90, died after falling out of bed during a nightmare dream. Death from shock was the verdict.

Minard's liniment removes stains.

Youthful Knit Dress by Mayfair

MAYFAIR NO. 178

Designed in a youthful mood, you will love this classic, two-piece knit dress which uses wide ribbing in an interesting and slenderizing manner. Extra "ribs" are added below the knees to give swing and freedom to the skirt. Narrow ribbing is used for the fitted peplum while the wide ribs of the skirts are repeated in the bodice. The charmingly young neckline is finished at the left shoulder with small buttons. Use tweed crepe yarns or one-color yarn in soft tones of beige, green, blue, etc. Made in all white and worn with a vivid tie sash, it would be a stunning country club costume. This pattern is available in sizes 12, 14, 16, 18 and 20.

The pattern includes a tissue pattern for blocking the garment after it is knit, easy-to-follow working instructions without abbreviations and an assembling chart.

For complete pattern and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

Print your name and address plainly. Use this coupon

To The Charlottetown Guardian
Needlework Dept.

DESIGN NO. 178

Name

Street Address

City Province

FASHION GUIDES FOR THE HOME DRESSMAKER

Two Important Blouses.....One Pattern.... Tailored Waistcoat or Frankly Feminine.....

Vary your wardrobe with these two entirely different blouses. They are made with a single pattern..... at a small cost that will permit you to have both without straining your budget. You'll enjoy sewing them for they take just the minimum of effort. The tailored waistcoat blouse may be made of sturdy cottons, in monotones or prints linen, flannel and washable crepe silks. The more feminine soft shirtmaker blouse is exquisitely lovely of plain or embroidered organdy or silk mousseline Edge the pretty collar and the frothy jabot with dainty lace. Sheer cotton peasant prints are also adorable for it.

Style No. 3122 is designed for sizes 14, 16, 18, 20 years, 32, 34, 36, 38, 40 and 42-inches bust.

Size 36 requires 1 5-8 yards of 39 inch material for shirt blouse; and 2 1-8 yds. of 39-inch material with 3 1-2 yards of lace edging for feminine blouse.

Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Style No. 3122 Size.... ... .

Name

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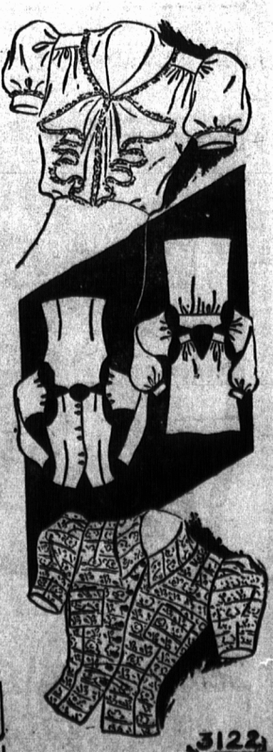

LEARNED IN YOUTH

(By The Canadian Press)

WAKEFIELD, England—An 86-year-old man, first convicted 70 years ago, was sentenced again the other day for housebreaking.