Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure
—THE WOMAN'S REALM—

A bright new world is ushered in
Each morn at rise of sun;
Our yesterdays are past and gone,
A new life has begun.
Carleton Everett Knox.

GOOD EATING

When we compare our daily diets with those of people in the famine stricken countries, we realize that we eat very well. But we can help our hungry neighbors overseas to more food by using abundant foods here and releasing "critically" needed items for shipment abroad where they are vitally needed. Many fresh vegetables are coming to market now, so why not take advantage of some new potatoes and green beans for dinner this evening. With juicy hamburgers have mashed potatoes and snap beans garnished with butter. On the side have a grapefruit and orange salad on lettuce with no dressing. And for dessert make a chocolate bread pudding, with some bread that's past its prime. Give the adults their coffee and the children their milk.

At lunch today make use of abundant spinach and serve parsley potatoes along with cod fish cakes. For dessert have fluffy prune whip and give the grownups hot tea and the youngsters chocolate milk.

Begin breakfast with chilled glasses of grapefruit and follow with scrambled eggs and whole grain or enriched toast, spread with butter. Give the kiddies milk and their elders coffee.

Hints on Etiquette

If you never become rude, indifferent or demanding in your home, chances are your marriage will be a happy one.

Pewter is an alloy of various metals, with tin as the chief ingredient.

Great numbers of toads transform from tadpoles all at once, frequently near the time of heavy showers. It is this sudden appearance of tiny hopping toads that has given rise to the belief that they are rained from the clouds.

South African brides will not be deprived of their traditional wedding cakes. Confectioners have already solved the problem of baking flourless cakes using substitutes, such as cassava flour.

To simmer, cook in liquid just below the boiling point.

FACE TYPE INFLUENCES HAIR-DO

The style of your hairdo is as important to your good looks as anything that you do or wear! Your hair style sets the whole scene, so let's face your hair style problems. The new "short" look isn't for every face but it is a trend to follow if it is becoming.

The round face needs careful study. If it's a young round face, you can wear rather extreme upswept hairdos; the sleek, high rolls, the high-on-one-side and the exciting upsweep sides and back. If you are a bit on the mature side, the round face needs a bit of softening of the hairline; but up and off the face. This "upswing" tends to "lift" the heavy chin line.

The long face demands soft width across the front, a little width at the sides and low arrangements at the back. The big "bun" is the perfect style as the long neck. If your hair isn't long, wear an artificial "bun," caught in a net.

The square face needs a hair style with "broken" lines to soften the square look.

NOISE IN INDUSTRY

Noise always a nuisance has been branded by health authorities as a hazard in industry. Authorities recommends sound-proofing of walls proper machine maintenance and insulation of machinery with rubber pads at the base to reduce noise in the working environment. In certain types of plants, high noise intensity can cause damage to the hearing.

INFANT FEEDING

Babies are not exceptions to the common-sense rule that "enough is as good as a feast! "Over-feeding of infants may cause colic, constipation and a host of other ills. Mothers of young children should obtain guidance from their family physician or baby feeding as well as on all phases of infant care.

Methyl bromide is said to be the best delousing agent for clothing.

Zinc trichlorophenate is a relatively new product that will destroy fungi on seeds before they are planted.

The chemical weed killer, 2,4-D, is hardest on broad-leafed plants and easiest on grasses; it will kill dandelion and plantain in the lawn, and may attack clover.

All centipedes feed upon insects and other small animals, and all inject a poison into their victims as they bite which anesthetizes the prey so that it can be eaten at leisure.

World records of lifing heavy loads to great heights by aeroplanes have been recently broken by B-29 army planes; one lifted a 2,200-pound load to 45,000 feet altitude, and another 11,000 pounds to 42,780 feet.

NOW IS THE TIME TO PRESERVE EGGS FOR USE LATER ON

Eggs are most plentiful and consequently less expensive at this time each year. However, with the onset of warmer weather egg production falls off, and the result is that the price will increase. Therefore if you would like to take advantage of the present availability of eggs and preserve some of them for later use, it should be done soon.

There are quite a few methods that could be used to preserve eggs but we are going to concentrate on just one of these today. Before we go into this, however, we would like to discuss the choice of eggs for preserving.

Eggs For Preserving

Eggs should be as fresh as possible when they are to be preserved. They should have sound shells. Eggs with cracked shells will not keep. Then the shells should be clean. If the shells are soiled they should be cleaned off with a dry, stiff brush. The reason for this is should never be washed, but that if the shells are wiped with water, a protective covering is removed, which aids in the preservation.

If eggs have not been candled before you get them, you should candle them yourself. To do this first cut an oval opening about the size of an egg in a piece of cardboard, then set this cardboard in front of an electric light and hold the eggs in front of the opening in the cardboard. The room in which this is done should be as dark as possible. Examine the air space at the top of the eggs and the condition of the yolk. Eggs for preserving should have a very small air cell and the yolks should be clear.

Now we come to the method for preserving eggs that we mentioned earlier. This consists of using mineral or Russian oil.

This method is an adoption of a commercial practice, which has been used very successfully in preserving shell eggs when they have been shipped overseas.

Eggs done in this manner have proven good for table use up to two months or more after being treated, and up to six months after being treated for cooking purposes.

Furthermore this a very inexpensive way in which to preserve eggs. You will find that about 3 cents worth of mineral oil will be enough to coat about 30 dozen eggs Even a small amount in the bottom of a tea cup is enough to coat 15 dozen eggs.

PRESERVING EGGS IN

If you have your own hens, gather the eggs two or three times a day. Then the eggs should be thoroughly cooled before applying the oil, which means that they should be allowed to stand for about 24 hours after they are laid

It is best to candle them then before applying the oil.

Clean the shells with a stiff brush if any of them are soiled.

Now dip a clean cloth in a little mineral or Russian oil and wipe the entire surface of each egg with this so that it is entirely oiled.

When oiled, merely place the the eggs in the egg case, having the small end of the eggs pointing down. Be sure that the flats and fillers in the case are clean. Soiled flats and fillers may cause spoilage.

Place the case in a dry, cool place. It is best not to place the case on the floor, because the air there may be damp, and this too may cause the eggs to spoil. Have the case sitting on a table or bench during the storage period.

June Horne in Winnipeg Free Press.

MUCH-TRAVELLED LIGHT

A light year is the distance traversed by light in one year, which is more than 63,000 times the distance between the earth and the moon.

Ellen's Diary
By an Island Farmer's Wife

Our grand-daughter came to the world in the early hours of the Sabbath. While those of us at Alderlea rested—if only lightly—deft-handed nurses and skillful doctors — and Jeanie, kept a morning vigil. The news of the birth reached us, when Jock returned that morning. At that time, the sun was setting his first amber streaks in the East to herald the coming of one of the rarest of June days. "Well, well!" James said with relief. I had come softly to a window as the car came to a stop and turned to find James at my heels. When I came indoors from carrying a handful of grass and a drink to Susie before we breakfasted, he wore a satisfied air. In his old armchair he was, and our guest who the night before had planned a much later rising sat near in the old rocking chair. She was fairly beaming while a tear dried on her cheek. "My prayers have been answered" she said "I hoped Jeanie's baby would be a girl—girls" she continued reflectively, "are a great comfort to folks as they grow old. Boys are good too-goodness knows I'm not belittling them. But they go and get married—which, of course is only perfectly natural and to be expected—and take on new responsibilities.

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It seems in a way to take them away from the old life. I think there's nothing sums the matter up so completely as the old rhyme: "Your son's your son 'till he gets a wife" I supplied "And your daughter's your daughter all her life" she added. "Yes, that seems to be the way of it—your daughter's your daughter all her life. And I guess she remarked "grand-daughters are listed in the same class." I had so many plans made before the meal was over that James had to as we say "set right down on" me. "But Ellen" he reminded me "you'd think she was your own baby. Jeanie may have a little to say, in the matter of her future". I think now that I was not offended at his words. All that mattered then, was that the two of them had weathered the journey and almost before we knew it would be back home to the house across the lane.

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At my earliest opportunity, I 'phoned the news to Karolyn and although there was a delighted tone in her voice there was no surprise. "Yes", she said "Jamie's grandfather told us awhile ago— you must have been out at the time" Jamie himself called up a little later. When I mentioned something about his new cousin, he said "that's just what me wanted to find out all about—me's going in to see her". "I, Jamie" I corrected. "No me, mineself" he replied. It was really no trouble at all for James to hurry the evening milking and other chorring and quickly don his very best suit to accompany Jock and me to the hospital. He even deserted important and most congenial company, who when they knew James was about to leave for town teasingly guessed "Sunday or not, we'll have to go up and have a look at the cattle pasturing on the other farm". A trip like this would be like one to a promised land for James and for a moment I feared the outcome. He grinned "You'll have to come again" he said "I guess I'll just have to go— you see grand-daughters don't happen along every day".

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And what is our new babe like? When a smart, young "striped" nurse-in-training went ahead of us to the nursery last evening, that was the thought uppermost in my mind. When presently she brought her to a window for our inspection, I found her a miniature of Jeanie. Short, and rather plump, with features similiar to hers. The eyes, tightly closed at the time of our visit, will be likely very blue. "Funny isn't it Ellen" James spoke in a low tone as we retraced our steps along a quiet corridor "I don't think I would have know her. I picked Jamie out as ours from a long row of babies—he was a great big fellow". But I could have found her among a dozen, small and plump and as I told him "exactly like Jeanie".

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Three bright young lassies dressed in pretty and gay tartan skirts and dark jackets and "all going to school now" were among our holiday visitors on this the King's Birthday. Winsome girls, with lovely old names and a good heritage to uphold and every prospect of brilliant and worth-while futures. One of the trio "loves to read—and read"; one dainty lady is already "a good student" and a small one "intends to be a nurse". These three sisters are being reared in the ideal setting of a fine old country estate and are fast learning to be clever capable ladies. One day perhaps, now that women-kind are no longer regarded only as persons, to take an important part in the government of The Island as their forbears have for generations. They angled from a bridge but "never got a bite"; they fed Susie in her wire enclosure and because Jeanie is missing, I know she would welcome the attention, and they wondered about the strange color of the small golden willow."

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I holidayed myself this morning though the stern voice of duty and James' as well reminded me that in the season at hand I might have been gainfully employed, preferably at the set-cutting. This task has recently been left in a suspended state. Before noon, when Jock had to go across country on business, the invitation to accompany him was too good to disregard. We went right to the coast, and once again I saw the blue of the Strait waters, coming shoreward today in small white caps to wash the feet of the farms. Running in to the small bays or coves or lapping in a white spray at the base of the red cliffs. An odd fishing boat tossed restlessly at anchor in the strong wind that came over the water

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"Dear, it's windy here to what it is away back in our valley" I said to Jock and liked well the tang of the salt in its breath. It is a checker-board countryside now and the squares are green and red. The players use patient farm horses or busy red tractors in the red ones and often the green holds the comfortable and picturesque farm homes. Lilacs on lawns are commencing to display their royal colors and trees in apple orchards are bursting into bloom. I saw a lone gnarled one, sole survivor of what had once been the setting of a country home, pink now with its crowning glory. Bent and shapeless from variable winds and weathers, but now proudly clothed in a part of its young glory. The hands that had planted it and perhaps had eaten of the fruit were doubtless at rest now, in the quiet Churchyard yonder, the winds that sweep in from the sea playing lonely dirges there through the years. But oh dear! I clean forgot to shut up dem chickens and how I hear hoofbeats and the clanking of harness in the stillness—James homing from the fields.

Until tomorrow . . Diary
Good-night.

MOTHERS FEEL SAFER

One Mother writes: "With a family of children constantly getting scratches, cuts, or bruises, I have proved Mecca an invaluable healer. I cannot praise it too highly. I keep a tin of Mecca upstairs and another downstairs." 62

MECCA OINTMENT

CAPSULE BIOGRAPHY

Alexander the Great was born in Macedonia in Europe, died at Babylon in Asia, and was buried at Alexandria, in Egypt.

Solid Comfort

Finding his customers lined up day after day before his store, a Detroit grocer decided he could at least make them comfortable even if his shelves were short of the bread, butter and meat they wanted. So he set out folding chairs and served doughnuts.

For Goodness sake-Try Red Rose!

RED ROSE TEA "is good tea"

Dorothy Dix Says—

Paragon Father-In-Law

Woman Would Get Rid of Ideal Dad of Husband

DEAR MISS DIX: I have a wonderful father-in-law. They don't come any better. When his wife died, he came to live with us, as my husband was his only child. We figured it would be for only a short time and that he would adjust himself and go off by himself, or remarry. Now, it seems that he is permanently located with us and we can't shake him, for we can't say: "Get out. Can't you see what you are doing to us?" For my husband and I are getting farther and farther apart all the time.

There is nothing the matter with Dad. He has no unpleasant ways. He helps us financially and he even does the dishes. But we just want to be by ourselves. I don't want my husband to be more interested in talking business to his father of an evening than in making love to me. If something doesn't happen soon, my husband and I are

Why can't Dad see that he is causing trouble headed for trouble. I have held in until I can't stand any more. I get terrible crying spells. and get out?

SHATTERED NERVES.

ACTING SILLY

ANSWER: And why can't you see that you are acting like a silly, selfish egotist and in a way that you hope and pray that no in-laws will do to you if the time ever comes when you are a lonely old widow, with just one child who is the only thing of real interest to you in the world?

According to your own story Dad is a paragon among old men, for he makes himself agreeable and helpful around the house; he makes it possible for you to live much better than you could if you did not have his financial help, and he isn't constantly under foot as another woman would be, nor telling you how to run your house as a mother-in-law couldn't keep from doing.

All that you want to do is just to monopolize your husband, and you can't bear for him to be part of any other person, even his own father. So you want to kick Dad out after all his kindness to you. Well, as long as you are built along those lines, I think you had better do it by just telling him he truth about how you feel.

But don't forget that you will be cutting off your nose to spite your face, for your father-in-law will be lonesome in a hotel or boarding house and some woman who knows a good thing when she sees him will snap him up and get all his money when he dies. And it will serve you right.

DEAR MISS DIX: Several months ago I met a young man to whom I am much attracted. He apparently finds me an agreeable companion and has shown me many attentions, but he has said nothing that gives me any inkling as to his feelings being serious.

What shall I do? Shall I allow our friendship to continue, even though I am afraid that I may like him too much, while he regards me as only a pleasant acquaintance?

MARY SUE.

ANSWER: Well, Mary Sue, you can't play safe in love. You have to take a chance on how the man feels until he pops the question. So if you like this chap, I would say risk it. You have to help the lame dog over the stile, you know, and many a man has to have the flame of liking fanned into the fire of passion.

It is bad tactics for a girl to throw herself at a man, but it is equally fatal for her to run away from one she would like to have. It is good technique to be Sally-on-the-spot and look willing.

DEAR MISS DIX: We want to name our baby after his father, but we do not like the idea of having Junior tacked onto the end of the name because we are afraid he will be called Junior all through life. Could we name the child after his father—Charles James Smith, I?

VIRGINIA.

ANSWER: Surely. It is done every day, but it doesn't get around the difficulty of distinguishing between the two members of he family who have the same name, unless you use one of the Christian names that father isn't using. Otherwise you will always be saying Little Charlie or Big Charlie, or Old Charlie or Young Charlie, or Little Jimmy or Big Jimmy.

Another Special Event—

Dorothy Gray

HOT WEATHER COLOGNE

Dorothy Gray offers Hot Weather Cologne for a limited time only at a substantially reduced price. Refreshing as a cool breeze . . . Dorothy Gray Hot Weather Cologne captures the essence of a summer garden.

Now available in Old Fashioned Pink, Jasmin, Rose Geranium, June Bouquet . . . scents to suit your moods, your costumes. At this special price, it's a good idea to order your season's supply!

BIG 12 OZ. SIZE
Reg. ~~$2.50~~
SPECIAL PRICE
$1.25

Moore & McLeod Ltd.
Charlottetown.

Household Scrapbook
By Roberta Lee

Putty

Make putty of pure linseed oil and a good grade of whiting in the proportions of about 17 per cent linseed oil and 83 per cent whiting. The wood should be primed with some oil paint before applying any putty, and the only treatment necessary for the glass is to see that it is clean and dry.

Cleaning Furniture

Try using a dampened chamois about once a month on the furniture, instead of a duster, and this will clean off some of the accumulated polish.

Odors from Fat

To avoid the disagreeable odor when rendering fat, place the vessel containing the fat in the oven. The process can be started on the top of the stove and when the contents are hot, place in the oven until finished.

CROCHETED SCARF

DESIGN NO. 362

A beautiful filet crochet scarf for a buffet or table is interesting to create. Pattern No. 362 contains complete instructions.

To order Pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needlework Bureau The Charlottetown Guardian.

Design No. 362

Name

Street Address

City Province

Modern Etiquette
By Roberta Lee

Q. Is a mere "thank you" sufficient when a man in a public conveyance gives his seat to a woman?

A. Yes, it is all necessary, though she should express genuine appreciation, and not accept the seat as though she were granting a favor by doing so, or that the courtesy was expected. A bright smile and a pleasant "thank you" will go a long way towards gratifying the donor of the seat.

Q. When one sends flowers to a friend who is ill, and writes a few lies on his card, should it also bear his signature?

A. No; this is not necessary, as the name on the card is sufficient.

Q. If one receives special service, should he give more than the regular tip?

A. Yes.

How Can I!!!
By Anne Ashley

Q. How can I prevent the shoe tongue from slipping to one side?

A. Cut two short tilts near the top of the tongue, about a quarter of an inch apart, and slip the lace through these slits before inserting through the top holes.

Q. How can I paper whitewashed walls satisfactorily?

A. Wash the walls with strong vinegar before applying the paper. This will make the paper stick.

Q. How can I give handkerchiefs a faint, lasting scent of violets?

A. Break up one-fourth ounce of orris root in a muslin bag and put it in the boiler for a short time when boiling the handkerchiefs.

Morning Smile

MODEEN ENGLISH

Five minutes after an American had introduced his English bride to his family in New York, his young sister said to his wife:

"Say, Sis, did you go to school?"

"Certainly. Why do you ask that?"

"Waal, how come you don't speak English properly like we Americans do?"

SENSE AND NONSENSE

"How did your wife like the diamond ring you gave her for her birthday?

"Delighted. She was awfully nice for a couple of days. But she's herself again now."

Better English
D. C. Williams

1. What is wrong with this sentence? "He raised five children."
2. What is the correct pronunciation of "apparatus"?
3. Which one of these words is misspelled? Savannah, banarna, hosanna.
4. What does the word "affectation" mean?
5. What is a word beginning with ind that means "untiring"?

ANSWERS

1. Say, "He reared five children." "He raised five hogs." 2. Pronounce ap-a-ra-tus, first a as in at, third a as in ray, accent third syllable. 3. Banana. 4. An attempt to assume what is not natural or real. "The affectation of sanctity is a blotch on the face of piety."—Lavater. 5. Indefatigable.

HOUSEWIVES SEEK KITCHEN GADGETS

NEW YORK, June 14 —(CP)— Pent-up demand for equipment and accent on the kitchen as a livable part of the home have caused a boom in kitchen planning services. Utilities, manufacturers and dealers all are co-operating in working out complete kitchen plans of every type from efficiency budget installations to the most elaborate de luxe arrangements.

Public response to the program has been greater than the most optimistic anticipated, industry sources said. Surveys show that 65 per cent of women plan some alteration of their kitchens as soon as possible.

The new merchandising trend stresses replacement of worn or inconvenient equipment according to a complete plan. Complete efficiency installations for the small kitchen or the limited budget have been developed by some planning groups for as little as about $400.

Healthy Attractive

There is nothing so destructive to beauty and attractiveness as chronic fatigue.

When you can't rest and sleep well —when you have indigestion—when you feel tired out and run down in health, start in at once with Dr. Chase's NERVE FOOD and you will soon know why this Vitamin B1 tonic is so popular.

Ask for the new economy size bottle of

Dr. Chase's Nerve Food

60 pills—60cts.
180 pills—$1.50

Cook's Corner

CABBAGE SALAD

The basic point in making any slaw-type salad is to shred the cabbage finely.

In this mixture the carrot, celery, green pepper and raisins combine to produce a thoroughly interesting flavor . . . assuming, of course, that your dressing will do its part.

3 cups finely shredded raw cabbage
1½ cups finely shredded raw carrot
½ cup diced celery
¼ to 1/3 cup finely chopped green pepper
¼ to 1/3 cup raisins, washed and dried
Finely chopped onion, optional
Salt
Mayonnaise or thick salad dressing.

Measure the cabbage, carrot and celery into a large bowl; add green pepper and raisins to your liking, and a little chopped onion if it is liked.

Sprinkle with salt.

Toss lightly together, using two forks, and adding sufficient mayonnaise or thick salad dressing to moisten.

Serve on a bed of crisp watercress or in lettuce cups.

Stop Sniffling

BREATHE FREELY AGAIN

● Sniffling, sneezing... sore, irritated nostrils... get relief with Mentholatum. Jars and tubes, 30c.

MENTHOLATUM
Gives COMFORT Daily

Fashion Horoscope
by Colette

If sun tanned—

Do point up with white jewelry

Don't overlook this flattering contrast

Chicago Sun Syndicate

White jewelry makes a big splash in summer jewelry, and is a super accent to a sun tanned complexion, and marvellous for vivid colors or pastels in your summer things.

Lace-like white earrings, resembling giant snowflakes with matching pins, are stunning with summer sheers and prints too.

Don't wear your heavy, more formal gold jewelry. It looks hot in summer.