

YES CERTAINLY

We have the very best coal for any purpose, and our prices are right.

When you want Coal or Wood send along your order.

A. Pickard & Co

Phone 240

INDIGESTION AND CONSTIPATION

Quickly Relieved By "Fruit-a-lives"

"I suffered for many years with terrible indigestion and constipation. A neighbor advised me to try "Fruit-a-lives". I did so and to the surprise of my doctor, I began to improve and he advised me to go on with "Fruit-a-lives". I consider that I owe my life to "Fruit-a-lives" and I want to say to those who suffer from indigestion, constipation or headaches—try "Fruit-a-lives" and you will get well!"

CORINE GAUDREAU.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Oh, I say CHEW HICKEY'S BLACK TWIST Hickey & Nicholson Tobacco Co. Ltd. CHARLOTTETOWN, P.E.I.

CANADIAN NATIONAL RAILWAYS PRINCE EDWARD ISLAND Time Table in Effect, June 2nd, 1919

Table with columns for Trains Outward and Trains Inward, listing routes like Charlottetown to Hunter River, Borden, and Summerside with departure and arrival times.

Except as noted all trains run daily, Sunday excepted. H. H. MELANSON, Passenger Traffic Manager, Toronto, Ont. W. T. HUGGAN, District Passenger Agent, Charlottetown, P. E. I.

SYDNEY COAL

When you buy SYDNEY COAL be certain that the coal supplied you is from the Mines of the Nova Scotia Steel and Coal Company, Limited at Sydney Mines. This is the only coal which can be sold as "SYDNEY" Coal. The name being protected as a Registered Trade Mark.

Ask your dealer for it. For car or cargo lots, apply to.

BENJAMIN ROGERS--Agent

Charlottetown

Or Nova Scotia Steel & Coal Co., Ltd New Glasgow, N. S.

FIRE INSURANCE A NECESSITY

Then insure in good strong stock companies, which never contest an honest claim such as is represented by

E. R. BROW

Charlottetown

THE CENTRAL GUARDIAN

IT PAYS to buy in this Province.

CALL at Carter's Bookstore for your reading matter, latest magazines, newspapers and books in great variety. 6811-7-7M21.

POLICE COURT.—One drunk was fined \$30 or ninety days at the Police Court on Saturday morning. A case against a man for insulting language was dismissed.

RECEIVED today direct from California car load oranges and lemons with result that we can quote exceptional prices. We have also just landed car load Allens apples in 10, 15, 20, 30 and 40 gallon packages. Make no mistake. Get our prices before ordering elsewhere. Wholesale only. R. E. Mutch & Co.

G. W. V. A.—At the regular meeting of the G. W. V. A. held Friday it was decided to hold a special meeting on Tuesday night next at 8 p.m. for the purpose of discussing plans for securing a building suitable for a home for the association. All members and all returned men are interested in this great project, and suggestions received will be cordially welcomed.

WEDDING BELLS.—The residence of Dr. and Mrs. Peter Hunter Thompson, Brookline, Mass., was the scene of a pretty home wedding, Saturday, June 28, when Miss Ann Hasseltine Macdonald, daughter of the late Mr. Samuel Macdonald, Dundas, was united in marriage to Mr. James G. McLaren, son of Mr. Nathaniel McLaren, Montague. The bride was given in marriage by her brother-in-law, Dr. Thompson, and was attended by her sister, Miss Ada Macdonald. Master Hunter Thompson, Jr., acted as ring bearer. The ceremony was performed by Rev. Dr. Hildre of the First Presbyterian church, Brookline. Immediately after the reception Mr. and Mrs. McLaren left on a wedding trip.

A CLOSE CALL.—A double drowning fatality was only avoided on Monday last, says the Pioneer, by the gallantry and great presence of mind of Mr. Linus Lecky, of Miscouche. Two young men, Mr. Willis Perry, a returned soldier, and his brother Anthony went down to the Linkletter shore to go fishing. Their boat was anchored out in the stream but the flat they used to go out to it was gone, so they took another one from along the shore. It leaked so badly, however, that it filled and capsized in mid-stream. While clinging to it and managed to get on top, but Anthony floundered about for some time before he managed to get a grip on the stern. They had clung thus for an hour before Mr. Lecky chanced to drive down to dig clams. Seeing the situation, he unharnessed his horse, swam the animal out to another boat, climbed on board and then let the horse go. He got Willie of the flat and between them they managed to tow Anthony, who was unconscious, ashore. They laid him on the sand and applied artificial respiration for some considerable time before he came to.

BEER & GOFF SUMMER RESORTS

Commencing Saturday morning July 5th and continuing every Saturday throughout the summer we will send our delivery to Keppoch. Orders to be in on Friday afternoon.

ROCKY POINT.

Commencing Thursday July 3rd—1.30 p. m. boat and continuing every Thursday throughout the summer we will deliver as far as the Restaurant at Holland Cove. Kindly leave orders in before 12 p. m.

Advertisement for Dr. E. C. Harris, Eye Specialist, Office Royal Bank Building, Charlottetown, Office Hours 9.30-12.30, Phone 68-Y.

Advertisement for THE TWO MACS, Sparkling Water—Rightly Charged Pure Fruit Flavours, BRING YOUR THIRST TO US AND HAVE IT QUENCHED, JOHNSON & JOHNSON, The Quality Druggists, Corner Kent and Prince Streets.

DR. AYER'S new office telephone number is 786. 6799-7-5M21.

FURNISHED house in Charlottetown to rent. See advertisement in this issue. 6771-7-4M1f.

WOOL WILL BE RECEIVED at the Grading Station at Charlottetown up to Tuesday July 8th. 6691-7-1M61.

NOTICE.—The Bayer Photo Studio will close on Wednesday afternoon from June 18th to Sept. 3rd.

HAMMOCKS, HAMMOCKS.—A large stock just received, lowest prices in the city. Carter & Co., Ltd.

HAVE YOU A SPRAYING OUT-FIT? If not, write Poole & Thompson, Ltd., for prices and particulars. They have the goods in stock 6362-5-16M1f.

CHAUTAQUA.—Miss Davis, advance representative of Chautauqua, spent Saturday in Charlottetown completing arrangements for this summer's visit. The Rotarians, to whom the city was indebted last year for the Chautauqua visit, have again taken the matter in hand and with the delightful recollection of that visit still fresh in the memories of citizens the task this year will be an easy one. No one who attended the meetings last summer will willingly miss them this year. It was unquestionably the most inspiring, elevating and enjoyable aggregation of entertainers that ever visited the city and this year's programme will be up to the usual high Chautauqua standard. Miss Davis, whose charming personality made many friends for her in Charlottetown during her week end visit, leaves this morning for Halifax.

PERSONALS

Miss Annie McDonald, city, left Saturday on a visit to Boston.

Miss Millie Bevan has arrived home from Ottawa on a visit to her parents.

Mr. Roland McCarthy of Tignish spent the week end in Charlottetown.

Miss Alice Boreham, of Ottawa, is visiting in Charlottetown the guest of her cousin, Miss Elsie Crockett.

Major D. A. McKinnon has returned from Moncton where his horses made such a good showing in the recent races there.

Mr. Reuben R. Large, Wilmet and Mr. and Mrs. B. J. Simmons and Master Harold Simmons and Mrs. R. A. Stavert, Wilmet motored to the city Saturday.

Mr. Henry Huntley, city, left Saturday morning for Rexton, N. B., where he will superintend the finishing of a schooner of 750 tons, being built there.

Rev. D. Cook who is in Charlottetown in connection with the Church Forward Movement, preached yesterday morning in the Baptist Church and in the evening in the Methodist Church.

The many friends of Mrs. Roome who for the past eight years has been residing with her son Mr. Geo. Roome are welcoming her home from San Diego, California. Mrs. Roome has returned to Charlottetown to make her future home here, her son and his wife having moved to Vancouver, B. C.

Mr. and Mrs. Oliver MacNeill and wife, of Tular, South Dakota, who have been guests of Mr. and Mrs. C. C. MacNeill, left Monday for Prince Edward Island. Mrs. Lee, Summerside, (P. E. I.), mother of Mrs. MacNeill, who has spent the last twelve months in South Dakota, accompanied her daughter.—Ottawa Journal.

Minard's Liniment Co., Limited. Dear Sirs.—This fall I got thrown on a fence and hurt my chest very bad, so I could not work and it hurt me to breathe. I tried all kinds of Liniments and they did me no good. One bottle of MINARD'S LINIMENT, warmed on flannels and applied on my breast, cured me completely. C. H. COSSABOOM, Rossway, Digby Co., N. S.

SODA PURE, SPARKLING, COLD and WHOLESOME

The Soda served at our fountain is all that money, experience, skill and our hobby of purity can make it.

SPARKLING WATER—RIGHTLY CHARGED PURE FRUIT FLAVOURS,—plenty of ice-cream glasses—these are some of the features that account for its excellence.

BRING YOUR THIRST TO US AND HAVE IT QUENCHED

JOHNSON & JOHNSON The Quality Druggists Corner Kent and Prince Streets

Ask for Minard's and take no other 6408-6-18M1Mo.

Says She Was Almost Helpless Couldn't Get Up or Down Without Assistance—Tanlac Brings Relief

Thousands of people, both men and women, throughout the United States and Canada, are now taking Tanlac with the most astonishing and gratifying results, and numbers have testified to the benefits they have derived from its use. Among the number is Mrs. Marguerite Wimpee, wife of S. P. Wimpee, residing in the Santelmo Apartments, Stewart and Minor avenue, Seattle, Wash. Mr. Wimpee is an expert mechanic, employed by Slickney & Montague, in the Crary Building. In relating her experience with Tanlac, Mrs. Wimpee said: "Tanlac is the most wonderful medicine I ever heard of, and I want everybody to know what it has done for me. For many years I have suffered from stomach trouble and other complications, and had become almost a nervous and physical wreck. My appetite was very poor, and my stomach was so upset and out of order that I couldn't digest anything. I was often so affected by gas pressing up around my heart that I could hardly breathe, and the pain was so severe that I could hardly stand it. I was constipated all the time, and so very nervous that I could hardly sleep at all. There was a continual pain in my right side and my back—just over the kidneys—that hurt me fearfully. I also had rheumatism in my finger joints and left knee, and got in such a bad condition that I could not get up or down without assistance, and I was almost helpless. In my efforts to get well, I have undergone several operations, and goodness only knows how much medicine of different kinds I have taken, but nothing ever gave me more than passing relief, and it just seemed that I was destined to be a sufferer all my days. "But things have changed right about for me now, thanks to Tanlac. I have taken only two bottles so far, and am still taking it, but I have already been almost entirely relieved of all my ailments. Why, I have gained seven pounds on these two bottles—actually I weigh more than I ever did before—and I am still gaining. My appetite is just splendid, and I can eat most anything I want without feeling a sign of indigestion. My sleep is now sound and restful, and I am getting back my strength right along. Tanlac certainly is a real medicine, for nothing but a real medicine could do what it has done and is still doing for me. My husband and several other people in the same apartment are now taking it on account of what it has done for me, and I feel that everybody ought to know a medicine that does so much for suffering people. "There is not a single portion of the body that is not benefited by the helpful action of Tanlac, which begins its work by stimulating the digestive and assimilative systems, thereby enriching the blood and invigorating the whole body. In other words, it relieves rheumatism and other constitutional troubles by removing the cause. Tanlac is a powerful reconstructive tonic, and contains certain ingredients which purify the blood and renovate the entire system. Next, it enables the stomach to thoroughly digest its food, thereby permitting the assimilable products to be converted into blood, bone and muscle, thus bringing back the normal state of health through its effect on the appetite and nutrition of the body. "Tanlac is sold in Charlottetown by Reddin Bros.—adv.



MOIR'S CHOCOLATES PLEASSED? What girl wouldn't be pleased with a box of Moir's Chocolates? Moir's Chocolates have long been famous for the smoothness, richness and thickness of their chocolate coating, and for the wide variety of their delicious centers. MOIR'S LIMITED, HALIFAX, N. S. MOIR'S CHOCOLATES

THE DISTINCTION of the engineers who testified was asked how he designated the three men of the same name. His reply made everyone, including the judge, laugh. "I called them Grandpa, Pap and father and son—were concerned. One Papoose," he said.

Calendar for May 1919 and an advertisement for Carnation Milk. The calendar shows dates from Sunday to Saturday. The milk advertisement features an image of a Carnation Milk can and text: "Fresh, Rich Milk Always on Hand SURELY, you'll be interested in Carnation Milk—milk that you can keep in any quantity on your pantry shelves. For weeks or months. Against any unexpected need. Again, you can use Carnation Milk for everything. For everything—in every way you can—ordinarily use milk and cream. It is the only milk supply your home needs. Carnation Milk—'from Contented Cows' is fresh whole milk. Part of the water—and water only—is evaporated. Then it is sealed safe in airtight cans and sterilized. Begin to-day to get your milk supply in this convenient, safe, economical form. Order three or four trial cans (16 oz. tall size) from your grocer. NOW! Directions on every can. Try Carnation Milk—for a week or a month—and you'll never go back to ordinary milk. Write for 'The Story of Carnation Milk'—a splendid booklet which is just what the title says. It contains 100 tested recipes—you'll like every one. Sent free for the asking. Write us at Aylmer, Ont. Made in Canada by Carnation Milk Products Co., Limited Aylmer, Ont. Seattle and Chicago, U.S.A. Condenseries at Aylmer and Springfield, Ont. Canada Food Board Licenses 14-96 and 14-97. Carnation Milk 'from Contented Cows.' Ask your grocer for it.

Fresh, Rich Milk Always on Hand

SURELY, you'll be interested in Carnation Milk—milk that you can keep in any quantity on your pantry shelves. For weeks or months. Against any unexpected need. Again, you can use Carnation Milk for everything. For everything—in every way you can—ordinarily use milk and cream. It is the only milk supply your home needs. Carnation Milk—'from Contented Cows' is fresh whole milk. Part of the water—and water only—is evaporated. Then it is sealed safe in airtight cans and sterilized. Begin to-day to get your milk supply in this convenient, safe, economical form. Order three or four trial cans (16 oz. tall size) from your grocer. NOW! Directions on every can. Try Carnation Milk—for a week or a month—and you'll never go back to ordinary milk. Write for 'The Story of Carnation Milk'—a splendid booklet which is just what the title says. It contains 100 tested recipes—you'll like every one. Sent free for the asking. Write us at Aylmer, Ont. Made in Canada by Carnation Milk Products Co., Limited Aylmer, Ont. Seattle and Chicago, U.S.A. Condenseries at Aylmer and Springfield, Ont. Canada Food Board Licenses 14-96 and 14-97. Carnation Milk 'from Contented Cows.' Ask your grocer for it.

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Carnation Milk 'from Contented Cows.' Ask your grocer for it.

FOX MEN

I am in a position to impart to you after experimenting for three years how to prevent diarrhoea and dysentery trouble in young fox pups, thus minimizing your losses and reducing the mortality. It is in the art of feeding. I have been using for a period of three years Shredded Wheat and found without a doubt the best food obtainable giving best results and minimizing the cost of feeding. I have a shipment due to arrive any day of about three tons and will be glad to receive applications in lots of 100 lbs. and over. The Shredded Wheat is packed in bags, accurate weight; fully 35 per cent cheaper than any biscuit on the market, easy digestible, no trouble and an absolute saving. Some of the largest ranches are using same on my recommendation and each and every statement made can be corroborated. For your own good drop me a line or call and see me I will tell you more about it.

DR. LEO FRANK 88 Great George Street, or P. O. Box 133, Charlottetown.