

THAT NIGHT COUGH

Could anything be more trying or more exhausting? Peps will end it! The Pine vapor breathed down the air passages when a Peps is dissolved in the mouth relieves the irritation, soothes the inflamed place and stops the cough.

Mr. John Dosssett of Little Current, Ont., says: "I was troubled with an irritating cough that kept me awake at nights. Nothing I took gave me relief until I used Peps. This wonderful breathe-able remedy, however, has entirely rid me of the cough."

For asthma, bronchitis, laryngitis, sore throat and colds use Peps. All dealers. 50c. bot.

PEPS

AN INSIDE BATH MAKES YOU LOOK AND FEEL FRESH

Says a glass of hot water with phosphate before breakfast keeps illness away.

Physicians the world over recommend the inside bath, declaring this is of vastly more importance than outside cleansing, because the skin pores do not absorb impurities into the blood, causing ill health, while the pores in the ten yards of bowels do. Men and women are urged to drink each morning, before breakfast, a glass of hot water with a teaspoonful of limestone phosphate in it, as a harmless means of helping to wash from the stomach, liver, kidneys and bowels the previous day's indigestible material, poisons, sour bile and toxins; thus, cleansing, sweetening and purifying the alimentary canal before eating more food.

Those who wake up with bad breath, coated tongue, nasty taste or have a dull aching head, sallow complexion, acid stomach; others who have bilious attacks or constipation, should obtain a quarter pound of limestone phosphate at the drug store. This will cost very little but is sufficient to show the value of inside bathing.

Dr. DeVan's French Pills
A reliable Regulating Pill for Women. \$5 a box. Sold at all Drug Stores, or mailed to any address on receipt of price. The Seobell Drug Co., St. Catharines, Ontario.

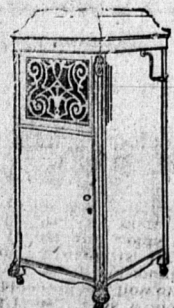
PHOSPHONOL FOR MEN
Restores Vim and Vitality; for Nerve and Brain; increases "gray matter;" a Tonic—will build you up. \$3 a box, or two for \$5. at drug stores, or by mail on receipt of price. The Seobell Drug Co., St. Catharines, Ontario.

"YE OLDE WILLOW"

This is a new stock pattern. Very neat and attractive. Moderately priced and of good quality.

Black & Co.
SUNNYSIDE

WE CARRY EDISON PHONOGRAPHS



Do you intend buying a phonograph this year? If so, call on us for demonstrations of the different models we have in stock.

OR

Write us for quotations, which will have our prompt attention. We sell them on the installment plan. Call or write today.

Carruthers & Parkman Limited

Wholesale and Retail Dealers in Drugs, Chemicals, Groceries, Boots and Shoes, Paints Etc. Montague, P. E. I.

THE WESTERN GUARDIAN

—IT PAYS to buy in this Province.

—GRAIN AND POTATO BAGS, WHOLESALE.—Big shipment just received at Brace's. 2431-11-20MThMonEThurs.

—CHURCH OF SCOTLAND.—Rev. Jas. MacDougall will preach (D.V.) as follows:—On Sabbath the 23rd at Coleman at 11 and 7.

—THE LADIES AID OF THE SACRED HEART CHURCH Alberton intend holding a Bean Supper, etc on November the 26th. 2439-11-20MTh

—CONTRADICTION.—The item in yesterday's Guardian regarding Miss Annie Gorham of Kensington returning to the west in the near future is false, in fact the entire item which was handed in good faith seems to be malicious. The Guardian regrets any unpleasantness its publication may have caused.

—WANTED — A maid at Clifton House, Summerside. 1468-10-9mtt

—THE GUARDIAN is on sale at Lafferty's, Summerside.

—HAY WIRE looped end, cut length—right quality, right prices at Brace's. 2431-11-20MThMonEThurs.

—WON THE CASSEROLE.—Great interest was manifested in the guessing contest for the beautiful casserole offered by Brace, McKay and Co., for the correct or nearest guess to the amount raised in Summerside district for the Victory Loan Campaign, as was evidenced by the many guesses that came close to the correct figure. Among the several hundred contestants, one guess, for instance, was 749,450; another was 752,500. The prize, however, went to Mrs. Robert H. Morrison, Spring St., Summerside, whose guess was 750,000. Mrs. Morrison is receiving numerous congratulations on her lucky win.



The above illustration shows R. T. Holman, Ltd., Summerside in the act of unloading a large C. P. R. carload of gramophones. Needless to say this is a record shipment for a P. E. Island firm; indeed few other firms besides Holman's in all Canada handle the same immense quantities of Gramophones. Besides the above, substantial shipments were received by express and a number of small shipments by freight. 2425-11-20ME11.

WAYS OF BREAKING A BOTTLE

Completely fill a fairly large bottle with water, and place it in a sink or in some other good-sized receptacle. Find a stopper that exactly fits the mouth of the bottle; put it lightly in position and strike it an easy, quick blow with your hand. Repeat the blow several times if necessary, until the bottle breaks.

Another way is to use a rubber stopper with a hole in it, into which you can fit a glass rod tightly. Moisten the rod with water or with light oil, so that it will slip easily through the stopper. Fill the bottle full of water as before, and with a twisting motion securely fix the stopper in place. Now, if any water has been spilled out, pour in enough through the hole in the stopper to fill the bottle again. Then place the glass rod in the stopper, and with a quick, light blow force it into the bottle. The bottle will break as easily as it did in the first experiment.

As early as 1648, a Frenchman of science, named Pascal, experimented with pressures thus applied to liquids, and discovered the following law: A pressure applied to any part of the surface of a liquid is transmitted unchanged in amount in every direction through the liquid.

Perhaps the most familiar of all applications of Pascal's law is the hydraulic press. In that machine a pump having a small piston drives water into a large cylinder, and thereby forces upwards a large piston, which compresses whatever is placed between the platform of the piston and the fixed crossbeam at the top of the press. If the area of the larger piston is one hundred times that of the smaller, a downward force of one pound exerted on the smaller piston will create an upward force of one hundred pounds upon the large piston. If the bottle that you use in the experiment has an inside area of fifty-four square inches, and the end of the stopper an area of one-half a square inch, a pressure of one pound on the stopper will give a pressure of one hundred and eight pounds on the bottle. If water could be compressed like air, of course the bottle would not break.—Selected.

TRY THIS ON THE OTHER BOYS

A Frenchman, boasting in company that he had thoroughly mastered the English language, was asked to write the following from dictation: "As Huga Hughes was hewing a yule-log from a yew-tree, a man dressed in clothes of a dark hue came up to Huga and said: 'Have you seen my ewes?' 'If you will wait until I hew this yew, I will go with you anywhere in Europe to look for your ewes,' said Huga."—"The Bits."

THE SIN OF BEING SICKLY

Health is a necessary condition of almost all successful work, whether in war or peace. "Your duty cannot be done," said Lord Kitchener, in a letter addressed to his troops, "unless your health is sound."

Health is by no means always an inheritance: Theodore Roosevelt for instance, fought hard before he won his superb constitution. But whether inherited or earned, it is a priceless possession to be vigilantly guarded. To preserve health is a duty, while being sickly is, often, a sin. Constantly recurring colds, to cite a simple instance, frequently owe their unwelcome coming to nothing more mysterious than lack of sufficient fresh air, over-eating, or lack of proper bathing; and neglect of regular exercise frequently leads to evils no less unpleasant. Mind and soul, to be at their best, should have beneath them the sound foundation of physical health.

It is thus that a young French soldier, later killed in battle, writes to a group of Boy Scouts which he has founded:

"For you to live means to be as well and as vigorous as possible, to be as straightforward, as loyal, as faithful as devoted to others and as pure as lies within your power."

RATIO—AS TWO IS TO FOUR

"How old is your baby brother?" asked little Tommy of a playmate. "One year old," replied Johnny. "Ah!" exclaimed Tommy. "I've got a dog a year old and he can walk twice as well as your brother." "Well, so he ought to," replied Johnny; he's got twice as many legs."—Christian Advocate.

CATARRH DOES HARM

Whether it is of the Nose, Throat, or Other Organs, Get Rid of it.

Catarrh of the nose or throat when it becomes chronic weakens the delicate lung tissues, deranges the digestive organs, and may lead to consumption. It impairs the taste, smell and hearing, and affects the voice. It is a constitutional disease and requires a constitutional remedy.

Take Hood's Sarsaparilla, which by purifying the blood removes the cause of the disease and gives permanent relief. This alternative and satisfactory to thousands of families in three generations.

If there is biliousness or constipation, take Hood's Pills—they are thorough cathartics, a gentle laxative.

CURIOUS TELEGRAPH SYSTEM

In these days of wireless telegraphy it may be interesting to learn that as long ago as July, 1898, there were recorded the discovery of a wireless telegraphic apparatus in use among the Catuquinari, an Indian tribe of the Amazon Valley in South America. The apparatus, called cambarasu, consists of a hole in the ground about half filled with coarse sand; above this layers of fine sand, fragments of wood and bone, and powdered mica fill it almost to the surface of the ground. These materials are surrounded by a case of hard palm wood, which extends above the surface. The upper part of the apparatus consists of layers of hide, wood and hard rubber. Between the upper layers and the lower layers there is a hollow space. With a club, much like the natives strike the layer of rubber that forms the top of the instrument. One of these instruments is con-

cealed in each hamlet of the tribe. The villages are not more than a mile apart, and are placed in a direct north-and-south line. Although a person standing outside the building in which the apparatus is kept cannot hear a blow of the stick on the rubber top, it is quite distinct in a similar building a mile distant. When one of these instruments is struck, the neighboring ones to the north and south echo the blow. The Indian stationed at each one of the posts answers the signal, and by means of code messages a long conversation may be carried on.

TESTING SEEDS FOR FARMERS AND MERCHANTS

The Dominion Seed Branch with laboratories at Ottawa, Winnipeg and Calgary reported over 35,000 seed tests for the year ending June 30th. The growth of seed testing in Canada is indicated from the fact that only 5,775 samples were reported in 1909.

The great bulk of the work in our seed laboratories is done between September and June when each laboratory may handle up to 200 samples per day. Only ten samples are tested free of charge for any farmer or seed merchant during the season. Over this number, the service is charged for at cost.

Official seed testing is the basis of Government seed control, which in older European countries is rated as a leading Government service to Agriculture. Any country without an efficient system of seed control soon becomes the dumping ground for inferior seeds from other countries, and low-grade home grown seeds may be sold to unsuspecting farmers. Our system is frequently referred to in other countries as being the most practical and efficient. Its importance is now being better appreciated when it is required that imported seeds are not realized from bond until they are approved at the seed laboratories, and when cereal grains, flax, corn, as

well as clover and grass seeds, are marketed on the basis of fixed quality and grade standards.

SOMETIMES HAPPENS

A well-known preacher was giving one of his stirring discourses, when he remarked: "Ah, that reminds me of something I shall never forget." Then he stopped and thought; and, after thinking and waiting a long time, greatly to the astonishment of the congregation, he said: "Dear me, I can't think what it is!"

PILES

Do not suffer another day with itching, bleeding, or protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and as certainly cure you. See a box; all dealers, or Edmondson, Bates & Co., Limited, Toronto. Sample box free if you mention this ad and enclose 1¢ stamp to pay postage.

BRINGING UP FATHER

