

Blame The Nerves

When you cannot sleep and are easily irritated and worried you have reason to suspect that the nerves are below normal. They are not getting proper nourishment from the food you eat, and need a little special help. A few weeks' treatment with Dr. Chase's Nerve Food will do wonders for anyone in this condition. Note your increase in weight while using this food cure.

WHEN PEELING TOMATOES AND BEETS

The easiest way to peel tomatoes is to pour scalding water on them, let them stand for a moment, then drain the water off, when it will be found to be a simple matter to remove the skin almost in a sheet. When hot beets are to be peeled, however, the opposite treatment will be found to be the best that is, the hot beets should be held under the cold water faucet for a moment or two letting the cold water run all over them. Then the skins may be removed with ease, merely rubbed off. In the case of tomatoes, they may be quickly chilled while with the beets, it is a simple matter to heat them again; merely cooling the surface does not cool them all the way through.

Dollar Day

AT Carter's Grain and Feed Warehouse (Thursday, June 27th Only)

1000 Bushels White and Black Feed Oats good quality the regular price is \$1.05 and \$1.10 bush. We will sell on DOLLAR DAY the above quantity for One Dollar per Bushel, in large or small quantities

Hay Hay

Ten Tons best Island Grown Hay regular price \$1.10 per hundred pounds DOLLAR DAY One Dollar per one hundred pounds, in any quantity.

Lowest prices on all kinds of Feeds and Poultry Supplies. All for spot cash.

Carter & Co Ltd.

Queen Street Warehouse

9053-4-25M31.

Lemonade and Water Sets

You will find some excellent values in lemonade and water sets here—pitcher, glasses and tray—good grade—plain and fancy patterns. Call in and see them.

BLACK'S SUNNYSIDE

The Western Guardian

—IT PAYS to buy in this Province.

—MAID WANTED. Apply to Mrs. A. S. MacKay, Box 163 Summerside, P. E. I. 9031-6-24M61.

—TEACHERS' SUPPLEMENT.—The ratepayers of the Springfield west district have decided to raise the supplement to \$60.00, making an increase of \$20.00. W

—TEACHER RESIGNS.—Much regret is being felt at the coming departure of Miss Olive Jelly the well-respected teacher of Springfield West. Although she has only been with the school one year a vast improvement all round has taken place.

—SERVICES CANCELLED.—On account of the smallpox no services were held at Millburn, Knutsford or Cape Wolfe on Sunday. It is hoped, however, that they will be held at Millburn and Knutsford and O'Leary on Sunday first. W

—MINISTER'S LAST YEAR.—The Rev. R. Brodie, of Cape Wolfe and O'Leary circuit, of the Methodist church, has informed his people that this will be his last year with them subject to the consent of conference. W

—WEDDING BELLS.—The home of Mr. and Mrs. George Wright, Central Bedouque, was the scene of a very pretty wedding on Tuesday evening, June 18th, when their eldest daughter, Tryphena Black was united in marriage to Mr. Thomas Elliot Wright, of Kinkora. The ceremony was performed by the Rev. George Ayers, in the presence of relatives and friends. Miss Helen Clark of Summerside was brides-maid, while Mr. Claire Wright, brother of the bride, supported the groom. The wedding march was beautifully rendered by Miss Louise Wright of Charlottetown. Mr. and Mrs. Wright were the recipients of many beautiful and costly gifts which testified to the popularity of both. After refreshments and a very pleasant evening Mr. and Mrs. Wright drove to their future home in Kinkora followed by the very best wishes of a host of friends and acquaintances.

—ENTERTAINMENT AT TYNE VALLEY.—On Wednesday evening June 13th, the people of the Tyne Valley school gave an excellent entertainment in the hall at Tyne Valley which reflected great credit to their teacher, Miss Grace McArthur, for her untiring efforts and skill in training them as well as to themselves for the very efficient manner in which they responded to her careful training. The programme consisted of choruses, drill, readings, tableaux etc and each number being from the finest top upwards acquitted them selves in a manner worthy of more experienced performers. Mr. Ephraim Phillips very capably fulfilled the duties of chairman and called off the numbers in the order given.—Opening chorus "For the Glory of the Grand Old Flag." Reading, Olive I. Ellis. Song, "Baby's Boat." Jean G. Ellis. Pantomime, "Home Sweet Home," three girls. Recitation by Hilton and Beatrice McNeill. Duet The Quarrel, May Sherry and Delmount Yeo. Monologue, The Queen, Estelle Stewart. Motion song "Little Mothers" (three little girls). Solo "Joan of Arc," Roy Phillips. Waits by two little tots, Georgie Phillips and Marjorie Boates. Reading, Belle Williams. Motion song Evelyn, Ruth and Lloyd Ellis. Mother Goose drill and dance. Song Reading, Miss Dennis, recorded. Flag song and drill by four boys. After this number came a brief in earnest for the sale of baskets from which a snug sum was realized. Then the meeting was again called to order and the comic drama "The Rough Diamond" was staged by the Tyne Valley Dramatic Club in such a manner that it would be unfair to particularize each member taking their part like a professional, and the abundant applause from the audience testifying to the happy manner in which their efforts were being received. The entertainment was brought to a close by singing the National Anthem and God Save our Splendid Men.

The proceeds, which amounted to \$54 go towards the improvement and beautifying of the exterior of the school building and it is with genuine regret that it is learned that Miss McArthur does not intend to remain longer than this term to enjoy the fruits of her labors. She has possessed a wonderful art in the training of children under her care and the true secret of her success has been the deep bond of sympathy existing between teacher and pupil and the genuine affection which they have all felt for her.—Com.

"Have you ever thought seriously of marriage, sir?" "Indeed I have; ever since the ceremony." W

—TWO CENTS PER WORD EACH insertion for advertising in this column. Cash must accompany order. Minimum charge twenty-five cents.

—ICE CREAM SOCIAL.—There will be an ice-cream social held in North Carleton Hall on Friday evening, June 30th, in aid of Red Cross. 9079-6-26M31

WESTERN PERSONALS

—Mrs. John MacLeod of Bradalbane was in Summerside on Saturday.—L.

—Miss Mille Cousins of Park Corner spent Saturday in Summerside.—L.

—Miss Mildred Grady, Borden Point, spent Sunday with friends in Summerside.—H.

—Miss Sadie Love of Summerside spent the week end visiting at Cape Traverse.—L.

—Mr. Ambrose Monahan, Kinkora, paid a business trip to Summerside on Saturday.—H.

—Mr. Baloni Gaudet of Miscouche is spending a few days in Georgetown and Souris.—L.

—Mrs. E. C. LePage and son Blois of North Rustico were in Summerside on Monday.—L.

—Messrs. Emmet Duffy and Ernest Connolly, of Emyvale, spent the week end in the city.

—Mrs. R. McArthur has returned to Northam after spending the past two months visiting in Boston.—L.

—Miss Jean Johnson returned to Summerside on Monday after spending the week end at her home in Long River.—L.

—Misses Kate Milligan and Annie Clark motored to Summerside on Monday after spending Sunday in Charlottetown.—L.

—Mr. W. A. Smith of the Petre Manufacturing Company, Sussex was in Summerside on Tuesday on business in the interest of the firm.—L.

—Mr. H. Horne of the Gordon, McKay Co. Toronto was in Summerside on Tuesday on business in the interest of the firm.—L.

—Rev. E. Lochard of Montrose passed through Summerside on Monday on his way to Truro to attend a Presbyterian conference there.—L.

—Mrs. Hartford Ellis and daughter of Port Arthur passed through Summerside on Tuesday on their way to Northam where they will spend the summer.—L.

—DUBLIN, June 24.—Via Reuters (Ld.)—Viscount French, the Lord Lieutenant, has extended his best wishes for the progress of the recruiting campaign to be undertaken by the recruiting council of four prominent Irishmen, A. M. Sullivan, Sir Maurice Dockrell, Capt. Stephen Gwynn and Henry McLaughlin. In a message to the council, he says:

"The readiness and good will with which you have responded to my invitation to act as recruiting council assures me that I do not stand alone in my unflinching belief in my countryman's sympathy with the cause for which the allied nations are fighting. The task you have undertaken will bring joy to the hearts of many old comrades in the field who, in the early period of the war, were sustained in the days of trial that made our nation famous by the promises of help from the manhood of the old land."

"Hardships and trials have come again, and our Irish regiments are looking to the boys at home to maintain the great traditions of our fighting race. As an Irish soldier, I desire to express my appreciation of the service you have undertaken for our native country and I heartily wish you all success."

THE WHOLE BODY NEEDS PURE BLOOD

The bones, the muscles, and all the organs of the body depend for their strength and tone and healthy action on pure blood. Hood's Sarsaparilla makes pure blood. It is positively unequalled in the treatment of scrofula, catarrh, rheumatism, dyspepsia, loss of appetite, that tired feeling. There is no other medicine like it. Be sure to get Hood's and get it today. It is sold by all druggists.

SUMMERSIDE HORSE RACES

\$550.00 in Purses for the Horse Races at the SUMMERSIDE DRIVING PARK

Dominion Day, Monday, July 1st, 1918

The following horse races will be held at the Summerside Driving Park on Monday, July 1st:

Free-for-all Trot and Pace, mile heats : : : Purse \$200.00
2.19 Trot, 2.22 Pace, mile heats : : : Purse \$200.00
2.35 Trot, half mile heats : : : Purse \$150.00

FREE-FOR-ALL CLASS:

Colorado L, King Oakley, Brenton H., Sister Patch and Corwin Hal.

2.19 CLASS TROT, 2.22 PACE:

Queen Catherine, Dunholm, Casey Cresceus, Lilian Patch, Shrub, Arkola and Devilish Dorothy.

2.35 CLASS TROT:

Maizie, Syble Fee, Admiral Euceta, Baby George, Aquiri Boy, Upton Prince, Picton S, Jellicoe.

Admission to horse races, Adults 25c, Children 15c. Automobiles admitted to center field at 50 cents each. Horses and carriages 25c each.

THE SUMMERSIDE DRIVING PARK
J. T. ARNETT, Secretary

9114-6-27M21.

CENTRAL GUARDIAN

SCHOOLS CLOSE.—The public schools of the city close today for the summer holidays.

CHURCH OF SCOTLAND.—Rev. Ewen McDougall will preach Sabbath 30th at Dundas at 11 a. m. and Bangor at 7 p. m.

KINDERGARTEN CLOSED.—Miss Barrett's Kindergarten, after a very successful year's work, closed yesterday for the summer holidays with bright exercises by the little people.

NORTHUMBERLAND SERVICE.—Guardian readers will note the S. S. Northumberland takes up the Summerside-Point du Chene service on Friday, the 28th, without fail. 9128

TWO NEW ADOPTIONS.—St. George's Branch of Red Cross, Newport, P. E. I. and the Long Creek B. Church have adopted prisoners of war. This brings our adoptions to 286, but the society hopes to have 300 by Dominion Day.

J-BASEBALL.—The score of the base ball game played by the "Independents" and the "Pioneers" on the High School grounds, Summerside, Monday evening, was 12-4 in favor of the Independents. A game will be played by the Independents and Red Sox this evening.—L.

WAR SOUVENIRS.—Mr. Bruce Stewart, City, received two very artistic souvenirs from the front yesterday in the shape of a paper-knife, engraved with the word, "Ypres," and a napkin ring engraved "Yimy." They were both made from portions of a brass shell-case. Mr. Stewart does not know who sent these gifts but they came no doubt from Island soldier grateful for the good things which Mr. Stewart is constantly sending overseas to the fighting men.

A GOOD BEGINNING.—It will be remembered a request is being made through the press for furniture for the proposed Y. W. C. A. Home on the Cundall estate. Mrs. R. M. Johnson has made a commendable beginning in this campaign, in as much as she has donated the following articles: Two large steel engravings, two pillows, two footstools. It is urgently hoped that many more will follow in Mrs. Johnson's footsteps and that furniture in abundance will be received to aid in this great work.

HOTEL ARRIVALS

VICTORIA HOTEL

Lt. Col. McKelvey Bell, Ottawa. Major Dugald Stewart, Halifax. E. M. Bruce, New York. S. M. Fulton, Sydney. Andrew Halkett, Ottawa. Joseph Reid, Summerside. P. E. Huckvale, Toronto. A. A. Deverell, Toronto. G. R. Loggie, Toronto. A. M. Piper, Toronto. J. P. Lewis, Montreal. M. A. Pierce, Montreal. F. H. Sexton, Halifax. W. L. Lenford, Halifax. N. Callaghan, St. John. J. A. Cullen, Montreal. Mrs. H. H. Cox, Morell. Lew E. Wickham, Boston. Blanche Wickham, Montague. Alfred Grant, Summerside. Myrtle Pratt, St. Peter's. W. A. Stewart, St. John. M. L. Bradshaw, Summerside. L. R. Romcke, St. John. B. W. Tanton, St. John. Wm. Stewart, St. John. G. G. Church, St. John. Mrs. R. C. Clarke, Mt. Stewart. Russel C. Clarke, Mt. Stewart.

QUEEN HOTEL

T. W. Bell, Moncton. Alex. Martin, Valleyfield. D. W. McPherson, Hill View. R. H. McDonald, Summerside. E. Boswell, Victoria. Byron Bonness, Summerside. Mrs. John W. Duff, Newtonville, Mass. Marion Duff, Newtonville, Mass. Owen W. Duff, Newtonville, Mass. Mrs. G. H. Walker, Quincy, Mass. Miss Ethel Walker, Quincy, Mass. Master A. Walker, Quincy, Mass. L. M. McKinnon, Montague. Wm. Stewart, Montague.

REVERE HOTEL

Mr. and Mrs. F. Reeves, Freetown. Mrs. J. M. Clark, Summerside. Thos. A. Cobb, Crapaud. F. A. O'Brien, Morell. A. J. Martin, Montague. T. M. Doyle, Victoria. D. McLean, Crapaud. C. H. Poole, Montague. A. A. Macdonald, Georgetown. M. C. Macdonald, City. W. Wayne, Springfield. J. R. Douglas, Norboro. Geo. H. McCallum, Summerside.

J. S. Ramsay, Summerside.

C. Palmer, Summerside. G. S. Sharp, Bedouque. J. E. Milligan, Northam. D. S. McQuarrie, Crapaud. A. E. Fyfe, Stanley Bridge. D. W. McKay, Stanley Bridge. N. Nicholson, Stanley Bridge. H. J. Hewly, St. John. J. H. Lawson, Montreal.

P. J. Freeman, Montreal.

H. B. Webb, Portland, Me. Alex. Watt, Montreal. P. C. Murphy, Jr., Tignish. H. E. Hays, St. John. A. B. Macdonald, Moncton. A. W. Down, Halifax. C. W. Harshman, St. John. A. F. McQuaid, Souris. H. A. Barnett, Moncton. E. Parkman, Montague.

Wm. Macdonald, Montague.

Robt. McMillan, Montague. Dr. C. B. Green, Montague. Wm. McCormack, Montreal. D. Sutherland, Stanley Bridge. D. R. Henderson, Truro. Robert Agnew, Wilmet. J. Scott Jardine, Freetown. Mr. and Mrs. C. Reeves, Freetown.

ALL LADIES' NEW SUITS

In all the latest shades, green, brown, navy, taupe, grey shepherd checks and black and navy serges, poplin and gabedene. Also silk suits in navy and black taffeta, all the latest styles, worth up to \$45.00. Special \$25.00. Nothing reserved or on approval. PATON'S LIMITED 9125.

COAL COAL

Arriving daily cargoes of Sydney Reserve Runmine and Screened Coal, fresh from the mines. This coal is very suitable for domestic and steam purposes.

We have also on hand and to arrive a quantity of Albion Nut, Runmine and Round Coal.

As prices are liable to advance in the near future, and Coal may be more difficult to get at the Mines, we strongly recommend all households getting in their winter supply now.

Also on hand a quantity of Soft Wood, in blocks—stove lengths—which we are selling at one dollar per load.

We will have our usual quantity of Anthracite Coal, in stove and Chestnut sizes, arriving here in July and August.

If you require Coal, call and see us or phone 404, and we will guarantee satisfactory delivery.

Buntain, Bell & Co.

Selling Agents Dominion Coal Co., Ltd.

BRINGING UP FATHER

