

# Woman's Realm / Social and Personal / Fashions / Literature

## Dorothy Dix Says—

### WHEN LOVE HAS WANED, BREAK THE ENGAGEMENT Loveless Marriage Is Just About The Saddest Plight That Young People Can Be Called Upon To Face

An engagement to marry should be regarded as merely a sentimental union which a man and woman take on each other's hands, and which they are free either to close or let lapse, without disparagement to either party. This would save endless misery and prevent many of the marriages that are doomed to be failures before they even start, being that they have to stick to bargains which they already regret. For it is only too sadly true that circumstances alter cases—as the old proverb put it—and that we make many commitments on the spur of the moment that we bitterly regret on sober second thought. The prospect that seems so alluring when presented to us by a good-looking spellbinder looks like a fool's risk when we mull over it alone and in full possession of our faculties. The pretty girl doesn't look so glamorous under the harsh light of the mid-day sun as she did in the moonlight, and on closer inspection the Fairy Prince doesn't seem so desirable, looking as ravishing out of the showcase as he does in it and, nine times out of 10, we would take it back to the bargain counter if we only had the nerve to do so. Time changes us all. It alters our tastes, our points of view, so that what was our heart's desire yesterday we would not take on a bet today, and that is why I think that a marriage engagement should be a flexible, take-it-or-leave-it arrangement, instead of a binding contract, which often costs a man money to break and causes him to be regarded as a weakling by his associates.

Of course, women, having the traditional right to change their minds, have little difficulty in breaking out of an engagement, when they discover that, after all, they prefer Percy, who has a new streamlined car, to Sam, who walks with his crutches.

But when a man finds out that what he mistook for a deathless passion was only a passing fancy; that the girl he has married is through paying the price of the engagement ring he put on her finger, and that she has turned her back on him with a look of horror to spending his life listening to her chatter, it is no easy matter to unite with his teeth the knot he tied with his tongue.

Better Not Act Quickly  
I get no more desperate letters than those I receive from men who ask for some nice, reliable, painless way for breaking an engagement and telling Mary they have transferred their affections to another. Well, they know there will be trouble, but Mary's hasn't given up all her other dates for this.

She hasn't assembled a hope chest to have it left on her hands unused. She hasn't flashed her diamond in the other girls' faces to give it up through paying the price of the engagement ring he put on her finger, and she has turned her back on him with a look of horror to spending his life listening to her chatter, it is no easy matter to unite with his teeth the knot he tied with his tongue.

The easy engagement would make for happier marriages because it would give the party of the first party and the party of the second party a chance to test out the attractions for each other. For they could be very sure that a love that isn't strong enough to endure an engagement wouldn't hold up under the stress of matrimony. And they

**HELP PREVENT COLDS** developing  
THIS QUICK, At first sneeze, sniffle, HANDY WAY to stop a cold, put a little Vicks Vapo-Rol up each nostril. Its stimulating action aids Nature's defenses against the cold. Keep it handy. Use it early.  
**VICKS VA-TRO-NOL**

CHILD'S EVENING PRAYER IN SIMPLE STITCHES

Now I lay me down to sleep  
I pray thee, Lord my soul to keep;  
If I should die before I wake  
I pray thee, Lord my soul to take

DESIGN NO. X 731

The favorite sampler of a child's evening prayer is done in outline or satin stitch and when completed, measures 9 by 12 inches. It is a twin sampler of the morning prayer. Hot iron transfer pattern No. X 731 contains complete instructions.

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

To Charlottetown Guardian Needlework Department  
Design No. X 731  
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## PRETTY BRIDAL GROUP



The above photograph of the DeBlois-Likely wedding party was taken at Riverhurst, the home of the bride's father, Hon. George D. DeBlois, following the wedding ceremony on Tuesday. Left to right are Groomsman Lieut. Robert Likely, the groom Mr. I. Andrew Likely, the bride, Miss Helen DeBlois. Back row, Lieut. Andrew deForest, Sub-Lieut. Arthur Crockett, Mr. Joseph Likely, Mr. Robert DeBlois. Front row, Miss Beryl DeBlois, Miss Anna MacKenzie, Miss Nora DeBlois.

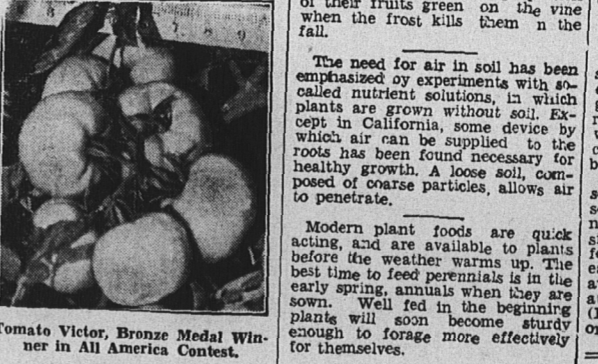
## Your Individual HOROSCOPE

By Frances Drake

**For Friday, April 18th.**  
MARCH 21 to APRIL 20 (Aries)—Not so general in new adventures as it is a day for hard work in familiar activities and other important work with which you are now occupied. Be careful in expenditures.  
APRIL 21 to MAY 20 (Taurus)—Very favorable for all lines of industry, scientific matter, organization work, recruiting, instructing and laying plans for achievement. You both have personal gain, especially in personal and general affairs.  
MAY 21 to JUNE 21 (Gemini)—All worthy activities and intentions should meet with reasonable success. Sacrifice some of the things you do to do for those with whom you are associated as well as spiritual and material benefits.  
JUNE 22 to JULY 23 (Cancer)—Top speed today! So many good influences at work for your interests that it behooves you not to waste time or energy on purposeless and unnecessary people or tasks.  
JULY 24 to AUGUST 22 (Leo)—Generous vibrations abound for you. Look for a well-planned program followed through intelligently by YOU will put you well out in front for benefits later, if not immediately.  
AUGUST 23 to SEPTEMBER 23 (Virgo)—Don't depend too much upon quick money returns today. Financial transactions may be slow developing but the day is splendid for general advancement, fruitful production.  
SEPTEMBER 24 to OCTOBER 23 (Libra)—Favorable for decisions, conferences, studying important projects, economy and production problems. Be sure before you act but be direct and determined when you know you are right.  
OCTOBER 24 to NOVEMBER 22 (Scorpio)—Excellent indications for hard business propositions and all interests now vital to the Government and public welfare. Be loyal, cooperative with the right forces.  
NOVEMBER 23 to DECEMBER 22 (Sagittarius)—If you give generously and cheerfully of your good efforts and talents this fine day you will find a ready response in those with whom you deal. Personal attainment can be yours.

## Early Tomato Wins Award With Its Heavy Yield

Early tomatoes are a must crop for the defense garden because they produce the season of food production; but as a rule they do not bear heavily, so late varieties are planted for the canning crop.  
Now comes the Michigan State Agricultural college, winning a bronze medal in the All America tests for 1941 with an early tomato which is a heavy yielder. Its fruits average three inches in diameter, smooth and red; the vine is short branching and foliage rather sparse. It may be planted closer together than most varieties, which is another good point for small gardens. Its name is Victor.  
Tomatoes are one of the most important food crops of the home garden. They are rich in vitamins A and C, and D. They have proteins 0.9%, fats 0.4%, carbohydrates 3.9% and many of the valuable minerals. Both red and yellow varieties are desirable.



Tomato Victor, Bronze Medal Winner in All America Contest.

**Simple Exercise**  
It's as silly to say, "But I can't do anything about my voice," as it would be to say, "But I can't be slender" or "I haven't time to get my hair done every week." Everyone has time to do some of the simple exercises that make for a softer, more pleasantly modulated voice.  
A jaw and tongue that are tense will cause speech to be nasal or, at best, slightly harsh. The remedy lies in learning to hold the tip of the tongue against the lower teeth instead of tightly against the roof of the mouth.  
To relax your jaw, do this exercise once or twice several times a day:  
**Loosening Your Jaw**  
Let your head fall backward as far as possible, relaxing jaw and opening mouth. Now bring head up to an upright position, opening mouth slowly. Open mouth slightly and swing lower jaw back and forth. Close it slowly—and not too tightly. Upper and lower teeth should touch, of course, but it's a mistake to hold them crushed together. A tense jaw makes hard lines around the mouth as well as ruining voice tones.

Remember that reading aloud is one of the quickest cures for bad pronunciation and unfamiliarity with words, which makes conversation difficult. Speech experts agree that the person who will read aloud for fifteen minutes every day will, rather quickly, not only improve his vocabulary but his enunciation and voice tones.

**NEW DOMINION SCHOOL**  
Report for the month of March:  
Grade IX—1. Charlotte Strang, 2. Genevieve Shaw, 3. B. Anthe Mason.  
Grade VIII—1. Cynthia Betts, 2. Grace Strang, 3. Inez Shaw.  
Grade VII—1. Florence MacLean, 2. Eleanor MacEwen, 3. Shirley MacDonald.  
Grade IV—(a) 1. Lois MacLean, 2. Jean Strang.  
Grade IV—(b) 1. Elizabeth Darach.  
Grade III—1. Clarence Mason, 2. Lois Shaw.  
Grade I—(a) Noreen Shaw, 2. Miriam Strang, 3. Phyllis Mason.  
Grade I—(b) 1. John MacEwen, Teacher: Eileen Shaw.

## Living & Leisure —The Woman's Realm

**JUST TO BE TENDER**  
Just to be tender, just to be true, Just to be glad the whole day through,  
Just to be merciful, just to be mild, Just to be gentle as a child,  
Just to be chery when things go sweet,  
Just to be helpful with willing feet,  
Just to drive sadness away with a song,  
Whether the hour is dark or bright, Just to let love be our daily key,  
Just to believe that God knows best,  
Just in His promises even to rest— Just to let love be our daily key,  
That is God's will for you and me.

**BOILERS NEED PROPER CARE TO FUNCTION**  
Despite the intense heat generated by automatically stoked coal fires there is no danger of the boiler burning out when there is sufficient water in it.  
Regardless of the intensity of the fire, the boiler will be only as hot as the water in it, engineers say. The heat given off by the boiler plates and absorbed by cooler water within.  
There is danger of damaging the boiler, however, when water is allowed to get too low. Home owners with hot water heating systems should check the water level frequently to guard against boiler damage, the engineers advise.

**NEW MATERIAL**  
A new type of stainless steel board and tile for interior work and store fronts has recently been placed on the market. It is a 32-gauge sheet of stainless steel with a backing of asbestos fibre, volcanic clay and calcined magnesite. The tile has a backing of felt treated with emulsified asphalt. The material is applied with an adhesive.

**HOURS OF SLEEP**  
We are all concerned about sleep. How much should we have?  
"Eight hours' sleep for a man, nine for a woman, ten for a fool!" The famous Dr. John Hunter, Surgeon—Extraordinary to King George III, gave that advice.  
Is there any truth in it? No. Men sleep more restlessly than women, and therefore need more sleep.  
How do we know men sleep restlessly?  
Dr. Giennville Giddings, famous research scientist, made tests with a "hypnograph." This is an instrument for recording automatically the movements of a sleeping person.  
A plunger is attached to the bedsprings. The sleeper moves and makes the sleeper moves and makes or breaks an electric contact. These electric "on and off's" are conveyed by wire to the next room where another instrument records them.  
Dr. Giddings found that "females are sound sleepers" than males. They not only get to sleep more quickly but sleep more quietly through the night.

**HOME-MADE CLOTHES BASKET**  
An excellent clothes basket can be made economically at home by lining a new bushel basket with oilcloth. Turn down over the rim and fasten on the outside with glue. Then cut a circle of heavy canvas, cover with oilcloth and place in bottom of the basket. An easily kept, clean basket that will last a number of years.

**Carrot Soup**  
1 cup cooked carrots  
1 tablespoon flour  
1-2 teaspoons salt  
2 cups milk  
Press carrots through a sieve. Mix with flour and salt. Gradually add heated milk. Re-heat.

**John Wesley**  
John Wesley thought too much sleep was a waste of time, especially in the morning. He had been used to going to bed at ten o'clock and rising at eight. But he then woke around midnight and concluded this was due to "lying in bed longer than nature required."  
So he set an alarm clock for seven o'clock. He woke for some time in the middle of the night. He then set his alarm for six. Then for five. At last for four o'clock. This proved to be early enough; he ceased to lie awake. And the old stalwart arose at 4 a.m. for the next sixty years! (But he often dozed when someone was talking to him).  
The truth is that nobody knows.

**Needlecraft—For The Home**

You can't beat this trim shirtwaist dress for all-round usefulness. Its tailored lines are as becoming as they are smart, and the button-front is as simple as it is practical. The skirt is pleated to give plenty of room for action and the shoulder yokes make for freedom of movement. Choose a washable fabric, for this dress will lead a busy life. Colorful checks are both gay and appropriate.

Style No. 3442 is designed for sizes 6, 8, 10, 12 and 14. Size 8 requires 2 3/4 yards of 30-inch fabric.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.  
Style No. 3442 Size \_\_\_\_\_

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

**MIDDLE-AGE WOMEN**  
NEED THIS ADVICE!!  
Thousands of women are being "left behind" in the "fashion times" with Lydia Pinkham's Vegetable Compound—known for over 60 years as the most reliable functional trouble-maker in Canada.

**Flavorful YOUNG tea leaves in a new tea ball that FILTERS**

At your grocery store, look for the package also TENDER LEAF Tea Balls in 7- and 12-oz. packages.

**TENDER LEAF Tea Balls**

Blended and packed in Canada