

FOR THE WOMAN READER

BY FLORENCE RIDDICK BOYS

What is the Mother Doing

"Oh, dear," complains the mother, "I don't get anything done."

"You've done the baby," replies the consoled father, "I think that is a good deal."

How does the mother spend her day? Feed the baby, get breakfast for the family, wash and dress the baby, do up her morning work, the day's wash for the baby, feed the baby, get dinner. In the afternoon it is much the same except that she perhaps, must lie down for a few minutes rest, as her strength is not yet normal, and from that she wheels the baby over for an airing. This she does both day and night. Then the day is gone. So it is day after day. By exerting herself she manages to do a little cleaning or sewing or check on the financial statement, but it is hard on her overstrain. She wonders what other women do who have no babies to consume their time, and she would like to feel to simply put on her hat and walk down town alone, for once, without getting the baby bundled with his infantile covering, and taking a cab to the shops. And she is not only a busy but almost always tired.

Oh, no, she is not asking for sympathy. She is not asking for help. She is the happiest woman on earth, and she knows she is the richest. But, if she cannot get any about so-called necessities, she is not only a busy but almost always tired.

Little coats and shirtings drying over the radiator on a misty day, or a crust of bread on the floor, or rattle things on the chandelier, and things a bit cluttered generally, do not judge her unfavorably. It is the sample of her ideas of tidiness. There are two things in her trade and must be accessible. One-hundred percent purity. To keep eyes, ears, nose and throat in good condition, and to mention stomach, to keep the system in good order, and to keep the little clothes white, and to show every particle of soil. Besides, there are the dressings for his and she and she and everybody believes a baby should be ever ready on an exhibition.

Mother is doing the biggest and best task of all of us—if she does it right—the most worth-while, and the most delightful. But, every so, there come days when the very application of it is depressing to her spirit. It is depressing to her spirit, and it is depressing to her mind. There is one sure way out of it. It is to be a good mother. Take care of the baby for awhile and give Mother a free hour.

Health is the basis of success. We cannot perform our best work with out clear brains and strong endurance. Many a woman is struggling along through life, living in the land between health and illness. If she applied her brain and will power to her health, she would be a different woman. There is one sure way out of it. It is to be a good mother. Take care of the baby for awhile and give Mother a free hour.

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Jack the Giant Killer

By Gregory Grin

A long time ago in the land of Ronat, Ber, inland ten Monocles and Drooped Hatches, there lived a fifteen-minute egg by the moniker of Jack.

Jack was so hard that he ate boiled hails instead of cabbage, and used poison ivy leaves in place of lettuce on his salads.

Jack lived during the heavy Belgin and Wind of King Arthur. Those of you who are hot-toy on your history will remember that King Art was the first Furniture Dealer to introduce a Round Table, but that an authentic record that he sold them for a buck down and a sheriff's week, is the big-hearted practice of this Day and Age.

Art and his gang of Parlor Ruffians used to sit around this Round Table and tell High Pressure yarns about the number of Dragons they had rub but out that day.

One of those bables if he had ever killed a dragon would be like Jack. He was a mother-in-law and a fooling around with this baby was as powerful as shooting sky rockets in any hard road on a Sunday afternoon.

So Jack picked out an Irishman's zoff set a pick and a shovel— to make doubly sure of getting the job done. He took a xaphone with a loud-sounding horn.

Arriving at the Giant's cave, Jack waited until he was sound asleep. Then Jack, who was a mother-in-law and a fooling around with this baby was as powerful as shooting sky rockets in any hard road on a Sunday afternoon.

When Jack heard of this Honore he said, "That Jack is just my dish. When Jack heard of this Honore he said, "That Jack is just my dish. When Jack heard of this Honore he said, "That Jack is just my dish."

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Vegetable Chop Suez

By Gregory Grin

This is a good luncheon or supper dish, or it makes a one-piece meal on a busy day.

Boil for ten minutes one quart of diced potatoes with two sliced onions, one teaspoon mustard, and a dash of pepper and boil for five minutes longer.

Use only a little water when you boil. Sprinkle with grated cheese, and pour over it a white sauce made with milk and salt, pepper and butter. Bake until a golden brown.

Boiled Salad Dressing. In a double boiler, send one cup milk. Blend three tablespoons flour, one teaspoon mustard, and two teaspoons of cayenne, and add to the slightly beaten yolks of two eggs.

Put the scalded milk slowly over the mixture, stirring constantly. Cook for twenty minutes. Add a half cup vinegar and one tablespoon of butter.

Cost of Clothing. The female of the species spends more for clothing than the male, according to investigators among families. The average per person family of fifty-six dollars a year, while his wife spends about six hundred dollars a year.

Defendant: "What am I charged with stealing?" Officer: "A transport truck." Def.: "All right, your case."

Smiles. "My dear, these cakes are as hard as a rock." "Yes, didn't you hear the baker say, 'Take your pick'?"

WORLD'S POULTRY CONGRESS. The selection of Canada as the country in which the World's Poultry Congress will be held is being marked tribute to the prominence of this Dominion in the world.

She Found Them A Great Help. Ontario Lady Now Free From Kidney Trouble After Using Dodd's Kidney Pills.

Miss M. Dykeman Suffered With Pains in Her Back and Inflammation of the Bladder. Thameville, Ont. April 23.—(Special)—Once more Dodd's Kidney Pills have proved their inestimable value to suffering women.

His wife could see through the cloak of invisibility as easily as you could see Pike's Peak under a microscope

To pull "Red Hot Mama" out of it by these means he had on the Cloak of Invisibility. He could see him any more than you can your last wages. And with his Sword of Sharpness he cut through anything up to and including a brick wall.

Now it so happened that the Giant was a lover of music, consequently saxophone was a tooth-ache to him and a woman named Bargain Sale.

Thus he played into our hero's hand like a bar of Soap and as he went bumping into the pit, Jack smacked him with the pick, knocking him so flat that you could have played him on the Victrola.

Without even waiting for the Pathe New West man to arrive on the handle and shoved off for the address of the next Giant on his list.

Arriving at the door of the second Giant he asked for a place to sleep, saying that he was sleeping than a Seal on the Dog Watch.

He was as big as the National Debt, and he was as strong as a Section Foreman. Fooling around with this baby was as powerful as shooting sky rockets in any hard road on a Sunday afternoon.

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Scientific Facts

Newest Notes of Science

A Swiss inventor has patented a dry-cleaning cloth for glass and metal. A new baggage carrier for automobile running boards can be converted into a bed.

Of New Zealand's 61 electric generating stations 31 are operated by water power. Having the advantage of being unbreakable, new machine dropers are made entirely of rubber.

Fewer diamonds were mined in South Africa last year than in 1923 but their value was greater. A complete motorboat, easily detached when water is reached, forms the side car of a new motorcycle.

An Englishman has invented a crank-operated utensil to mix beverages more rapidly than hand shakers. Celluloid only about 15 one thousandths of an inch thick is being used in place of fabric in coming into use.

A clothing fabric is being woven from cotton down by a secret process invented by a Paris costume designer. An inventor has patented a typewriter which can be held on the lap of a person.

Entirely of duralumin, a new English seaplane has wings 30 feet across and two engines of 1000 horsepower each. By an executive order an area of more than 5000 acres has been added to the United States navy's helium reservation in Utah.

The population of the French Protectorate of Morocco has been estimated at 4,411,000, of whom only 25,000 are Europeans. What might be termed a silent alarm clock is fastened to the wrist of a sleeper, awakening him at a designated hour.

South Africa has been increasing its production of tobacco for several years and now has nearly 20,000 acres under cultivation. An air propeller driven by a gasoline engine has been designed to keep the air moving under orchard trees to prevent frost damage.

Success has attended experiments carried on upon a large scale in Germany with bristling lignite from southwestern Saskatchewan. For safe deposit boxes, keys have been made in two parts, to be carried by two persons and put together before the box will open.

Experimental telephone service between London and Stockholm has been so successful that a regular night service will be attempted. Two spiral knives, when revolved by the handle on which they are mounted, cut perfectly round pieces of dough.

For use by amateurs a motion picture film has been developed in France that is changed from negative to positive in its interior. To aid in the detection of automobile thieves there has been patented a frame to seal a photograph of the owner of a car in its interior.

Making a Rustic Seat

By Gregory Grin

Rustic seats for the garden can be quickly and satisfactorily constructed by the average handyman from material that is always readily available.

As shown in Fig. 1, a seat made from ordinary rough poles can be made quite attractive in appearance. If suitably proportioned these seats are always in demand for sport shacks, always in demand for sport shacks, always in demand for sport shacks.

Next cut and fit the diagonal braces from the lower parts of the seat. The under poles should be about 2 inches in diameter and their ends, in diameter, of the proper bevel or angle to cut either a corner-toothed farmer's saw or a hand saw.

The "latter" is preferable handling it. Nail these braces to the position shown in Fig. 1. These should be about 3 inches wide, and add 1-2 inch which should be simply cut to length so as to fit through the top bar and through the small corner bar and the back of the seat.

Proceed now to prepare the front posts which should be 2 1/2 inches in diameter. The two top posts should be next to be considered. These are cut 1 1/2 inches in diameter, split lengthwise to form a diamond shape, and fitted to the front of the seat.

The side seat rails can then be prepared, beveled at the ends and beveled at the corners. The posts for their firmly nailed together can then be fitted to the front seat rail, similar to the posts which have been fitted to the back seat rail.

Construct your chair of any good hardwood in diameter for 2 1/2 inches. The back top bar, a piece of wood, is naturally curved or bent, and slightly less in diameter than the seat rail. The simplest method of selecting the wood is to make the back first, somewhat as shown in Fig. 2. Cut the two side pieces to suitable length, say 3 ft 6 inches.

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To aid in the detection of automobile thieves there has been patented a frame to seal a photograph of the owner of a car in its interior. A structure erected near Berlin for an aerodrome has been converted into what is claimed to be the world's largest picture studio.

A wire finger guard for carving forks and a spring that can be attached to a guard when its own spring has become broken have been patented. An Egyptian government concession for the education of natives in towns and villages in the Sudan has been granted.

The Handy Man's Corner

By Gregory Grin

Favorite Hymns and Their Writers. The author did not enjoy good health, and although little past middle life, he was prematurely old. He seems to have fore his death he penned some verses on his general physical condition. One verse runs: "And now in age and grief The name of God is my support and stay."

Other verse hymns earlier than do some of those of the hymn book. A list of these is given, and for that returns pure to a variety which is well adapted. If the variety of hymns should be insisted upon, the variety of hymns should be insisted upon.

All experimental work as well as observation emphasizes the importance of the individual farmer of repeatedly adding a few of the most highly recommended varieties. In order that he may not suffer unnecessarily from losses through the continued use of a variety which is so far as the "scrapped" farm is concerned, the seed of the variety should be accumulated quite easily in following seasons.

German engineers are planning to impound the waters of the Danube and the Luxembourg Frontiers to create a lake for hydroelectric power 13 miles long and a mile wide. The value of "pollage" in livestock is only recognized for countries. It is only in comparatively recent times however, that the value of "pollage" in seed grain has also been recognized, and even now many farmers are not as careful as they should be in their choice of seed.

A study of the reports of the Expert-Commission to South African mental farms reveals the extent to which certain varieties excel others in yield as well as in other respects. Thus it will be noted that some varieties stand up better than others on an account of their "strength" of which they possess, while

Doesn't that one hit! Drop a little "Freezone" on an aching foot, instantly the corn stops hurting, then shortly you'll feel it right off with fingers. Your drugstore sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or callus between the toes, and the allusion, without soreness or irritation.

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REPORTS OF WOMEN'S INSTITUTES OF P. E. ISLAND

HAZEL GROVE Eleven members and four visitors attended the March meeting of this Institute held at the home of Mrs. J. H. MacKenzie.

ALMA LOT 3 The first Annual meeting of this Institute was held at the home of Mrs. R. B. Barbour on April 12th.

TRUE BLUE Eleven members and three visitors met at the home of Mrs. E. W. Henderson on the 23rd of March.

SOUTH BEDEQUE The Annual meeting of this Institute was held at the home of Mrs. Charles Henderson on the 23rd of March.

VICTORIA WEDDING The Annual meeting of this Institute was held at the home of Mrs. J. H. MacKenzie on the 23rd of March.

ROCKY POINT Seven members and three visitors met at the home of Mrs. J. H. MacKenzie on the 23rd of March.

GOWAN BRAE Eleven members and three visitors attended the March meeting of this Institute held at the home of Mrs. J. H. MacKenzie.

GREENWICH Nine members and one visitor attended the April meeting of this Institute held at the home of Mrs. J. H. MacKenzie.

Middleton Ten members and three visitors attended the Annual meeting of this Institute held at the home of Mrs. J. H. MacKenzie.

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