

# Woman's Realm / Social and Personal / Fashions / Literature

**NOW ONLY 5¢ PER CAKE**

The world-famous soap made with gentle Olive and Palm Oils.



**PALMOLIVE**

**NEW IMPROVED PALMOLIVE**

**A Morning Smile**

Part of the cottage had been destroyed by a bomb and the householder, an old lady, told the rescue squad her false teeth were somewhere in the wreckage.

"That's a 'real missus' they assured her. 'We'll find them.'"

When she returned a little later they were still at work and still confident of finding the teeth — some time.

"En, it isn't my teeth Ah'm bothering about," said the old lady, mournfully. "It's my breakfast!"

First Student — I wonder how old Miss Jones is?

Second Student — Quite old, I imagine. They say she used to teach Caesar.



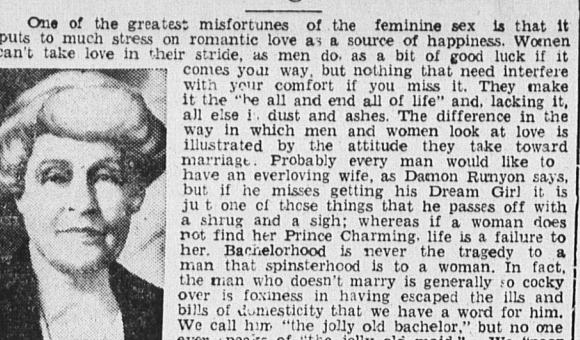
**WHO'S UNHAPPY**

That's triumph on the face of Champion Beta, Clint Frank, Stafffordshire terrier owned by Allen Betts of Long Island. He was judged best of breed at the Westminster Kennel club show in New York.

## Dorothy Dix Says

### WOMEN PLACE TOO MUCH IMPORTANCE ON ROMANCE

**It Is Desirable, But Husbands Have More To Do Than Just Play Romeo Continuously After The Marriage Vows Are Said**



One of the greatest misfortunes of the feminine sex is that it puts too much stress on romantic love as a source of happiness. Women can't take love in their stride, as men do, as a bit of good luck if it comes your way, but nothing that need interfere with your comfort if you miss it. They make it the "be all and end all of life" and, lacking it, all else is dust and ashes. The difference in the way in which men and women look at love is illustrated by the attitude they take toward marriage. Probably every man would like to have an ever-loving wife, as Damon Rumyon says, but if he misses getting his Dream Girl it is just one of those things that he passes off with a shrug and a sigh, whereas if a woman does not find her Prince Charming life is a failure to her. Bachelorhood is never the tragedy to a man that spinsterhood is to a woman. In fact, the man who doesn't marry is generally so cocky over his having escaped the his and hers and bills of domesticity that we have a word for him. We call him "the jolly old bachelor," but no one ever speaks of "the jolly old maid." We "poor Mary" her. And that is because she plies her self, for in reality, marriage is a burden on the man. It is she who has to go through the agony of child-bearing and the

slavery of baby-tending. It is she who must lay her personal freedom and economic independence, her ambitions and her career as a sacrifice on the domestic altar. You would think that the business or professional woman, with her own paycheck and her own pocketbook and her own interesting work, would think that she was an object of congratulation rather than a subject for sympathy, even if she didn't have a husband.

But she doesn't. She wants somebody to love and somebody to love her. She wants sentiment. Romance. Soft talk. And if she hasn't got these things, she beats upon her breast and sobs out that she is of all women the most miserable.

**They Fall for Romance**

It is this craving for romantic love, this credulous belief that only in romantic love is there any happiness, that makes even the most hard-boiled business woman a pushover for any man who will make cinema love to her.

Another illustration of how women are oversold on this romantic love business as a source of happiness is that three-fourths of the wives that you know are eating their hearts out in despair and frustration because their husbands take them for granted, and have turned from Romeos into tired business men.

These women are married to just ordinary, prosaic, run-of-the-mill men who think their wives the greatest little women in the world, who are kind and generous and good providers; but, having once told their wives they love them, and married them to prove it, they see no necessity for harping on the subject.

**Wives Never Satisfied**

Also, love-making was always a chore to them, and they were glad to get it over with by marrying and being able to say it with breakfast instead of orchid.

But this doesn't satisfy the wives. They want their husbands to tell them every day how beautiful and wonderful they are. They want the kisses that burn with passion instead of those that are flavoured with ham and eggs. And because their husbands don't supply

## "Of Course We're Going to Win"



Hundreds of thousands of mill-workers cheered themselves hoarse when the King and Queen toured bombed areas in Lancashire Feb. 13. The minister for home security, Herbert Morrison, who accompanied them, said: "Their majesties have taken away with them memories they will not forget of the grim determination of Lancashire people. One woman called out to the Queen: 'Are we going to win?'" And the Queen replied: "Yes, of course we are."

## Your Individual HOROSCOPE

By Frances Drake

**For Wednesday, February 14th**

**MARCH 21 to APRIL 20 (Aries)** — The outcome of today's endeavors will be determined by the kind and amount of effort you put into your program. Mental work, study, good contacts, personal achievements, are first order.

**APRIL 21 to MAY 20 (Taurus)** — Friendly on whole, especially for advancement in your particular line of work, or for concentrating energy and talents to take care of emergencies and to free you from all hampering agencies.

**MAY 21 to JUNE 21 (Gemini)** — The sort of day on which to get acquainted with yourself, your possibilities and limitations. Then plan and help out over that which is of utmost importance. The lighter, less weighty affairs can follow.

**JUNE 22 to JULY 23 (Cancer)** — Make the most of your wonderful memory, gift for recollection and debating and innate kindness to young folks and their activities. You can gain benefits through all of these.

**JULY 24 to AUGUST 22 (Leo)** — If you are in a corner today and want the quickest, yet safest and best way out, maintain a cool attitude, be observing and try new ideas or value. Thus double the value of your output.

**AUGUST 23 to SEPTEMBER 23 (Virgo)** — Stars favor originality, intuitive matters, analytical power, reporting, investigating, testing and experimenting in laboratories, study, literary efforts.

**SEPTEMBER 24 to OCTOBER 23 (Libra)** — Pine rays emanating from the stars augur for an all-round favorable day. Maintain an even tempo and consistent effort. Don't be swayed by deceiving propaganda prevalent which attempts to undermine and shake your faith in prevalent which attempts to undermine and shake your faith in democracy.

**OCTOBER 24 to NOVEMBER 22 (Scorpio)** — Pack up your troubles and toss them to the winds. Clear your mental deck for a major engagement and a battle of wits with some worthy opposition. "Don't give up the ship" — the fruits of victory are sweet.

**NOVEMBER 23 to DECEMBER 22 (Sagittarius)** — A day for gain, particularly in monetary matters. Be sure to couch up deceiving propaganda and the "punch" phrase that gets results. At the same time be diplomatic, cheerful. Maintain adequate

## THE COOK'S CORNER

**RICH WAFFLES**

1-4 cups sifted flour  
1-3 teaspoon soda  
1-3 teaspoon salt  
2-3 tablespoons sugar  
2-3 cup sour milk  
1-4 cup melted shortening or butter

3 eggs, separated

Method: Sift the flour, then measure and sift again with the soda, salt and sugar. Combine the milk, melted shortening or butter, and the egg yolks which have been well beaten. Add this to the flour mixture and beat until very smooth. Beat the egg whites until stiff, but not dry and fold into the batter. Bake on a hot waffle iron and serve with butter and syrup or honey.

**BANANA WAFFLES**

1 cup flour  
2 tablespoons sugar  
1-4 teaspoon salt  
1-4 teaspoon baking powder  
2 eggs, separated  
1-2 cup rich milk  
2 tablespoons melted shortening  
2 finely chopped bananas

Method: Sift together the flour, sugar, salt, and baking powder. Separate the eggs and beat the yolks thoroughly, then add them to the milk. Stir this into the dry ingredients and beat smooth with a rotary beater. Add the melted shortening and finely chopped ripe bananas. When well blended, fold in the stiffly beaten egg whites. Bake at once on a hot waffle iron and serve with the following sauce.

**LEMON SAUCE**

1-2 cup sugar  
1 tablespoon cornstarch  
1 cup boiling water  
1-8 teaspoon salt  
2 tablespoons butter  
2 tablespoons lemon juice  
1 egg yolk

Method: Mix the sugar, cornstarch and salt. Add the boiling water slowly, stirring constantly. Boil for 5 minutes, then remove from the fire and add the lemon juice, butter and beaten egg yolk. Serve hot.

Crushed pineapple and juice are used in another dessert waffle.

**PINEAPPLE WAFFLES**

2 cups flour  
3 teaspoons baking powder  
2 tablespoons sugar  
1-2 teaspoon salt  
1 cup milk  
1-2 cup drained, crushed pineapple, separated  
1-3 cup melted shortening  
2 eggs, separated  
1-2 cup pineapple juice

Method: Sift together the flour, baking powder, sugar and salt. Beat the egg yolks and add the milk. Stir the liquid mixture into the dry ingredients. Add the melted shortening and the drained, crushed pineapple. Fold in the egg whites which have been beaten until stiff, but not dry. Bake on a hot waffle iron. Serve with a sauce made by boiling together the 1-2 cup pineapple juice and the cup of sugar.

**DESSERT PANCAKES**

1-3-4 cups prepared pancake flour  
2 tablespoons sugar  
2 cups milk  
2 tablespoons melted shortening or butter  
Jam or conserve  
Powdered sugar

Method: Mix the 2 tablespoons

**Jumpy Nerves Calm Down**

When Given Proper Care



**Worry Poisons The System**

Those dreadful days when everything seems to go wrong! Your nerves taut, you could simply scream.

If you're having many such days, it's time to ask yourself seriously, "Is something wrong with me? Is my health going to pieces?"

Often nervous tension comes from worry over a problem you hate to think about, but which persistently gnaws at you. Try to bring it out in the open, separate facts from fears. Then get your mind on something amusing—plan a gay party, see a funny movie!

Wise to watch your general health, too. Wrong diet, lack of sleep and insufficient exercise can play havoc with nerves.

Just to see how grand you feel going to bed at nine for the next few nights. Take a brisk walk first, then a warm bath and a warm glass of milk.

Or you may find perhaps your nerves are caused by anemia or other physical disorder. Our 32-page booklet explains the various causes of nerves, physical and psychological. Tells what you can do to overcome them, become radiant and vital. Also advises on diet, body care.

Send 20c in coins for your copy of Overcoming "Nerves" and Every-Day Health Problems to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

## Living & Leisure

### The Woman's Realm

**SURELY NOT**

Must laughter die because the skies are grey, And eyes hold tears and every brow a frown? Must you and I, because the sun-beams hide; Pret so and sigh and keep our eyes cast down? Because the sun hides is that the reason why That you and I should its dull m. od reflect? Oh, surely not! If so, then pity us Because the sun hides is that the reason why When we shall view life through its retrospect.

**FIRST AID FOR STAINS**

The trouble one can save oneself by treating a stain at once. You've an idea? But this paragraph out and save it; it will save you lots of time. Soak bloodstains at once in cold water; then wash in cold, soapy water. Tea, coffee, or wine stains on the carpet can be removed entirely by rubbing very hard at once with cold water, then in hot, containing a little soda.

**TIPS GIVEN ON HEATING**

In selecting heating equipment for a new house or for the modernization of an old house, the homeowner should remember that there are two costs—original cost and operating cost—to be considered. The cheapest heating system from the standpoint of original cost is very likely to be the most expensive to operate, the Bureau points out.

The few dollars difference between dependable well-made equipment and something which will have to be replaced in a few years is very small when compared with the annual expense of fuel. Therefore, the only prudent way to select heating equipment is to consider carefully your own individual requirements and then purchase only that equipment which will meet them exactly.

A heating plant, something which should last at least a generation. Yet there are many heating units being offered today which could not possibly fulfill this requirement. Hence the homeowner should get the advice of an experienced heating and piping contractor as to which materials will stand up best and which manufacturers have proved that they can be depended upon to offer only the most durable products.

When the collars and cuffs of men's shirts become worn and threadbare, aprons may be made of the back of the shirt, all in one piece, may be cut from the back of the shirt and the ash or ties made from the sleeves or the front.

Are your sheets wearing thin? Then, cut them in half lengthwise and stitch the selvages together to make another sheet. When the center of the sheet wears through there will no doubt be enough material left to make a pillowcase.

Had you ever thought of making tea napkins from linen handkerchiefs? A nickel or a dime will buy a handkerchief, and for five cents a yard you can buy a fifteen cent store, tating to whip

sugar with the prepared pancake flour. Combine the milk and melted shortening or butter and add to the dry mixture a small amount of time, and stir until smooth. Dr p by spoonfuls into a greased pan, spreading the cakes rather thin, having each about 4 inches across. When bubbles appear and break on the upper side, turn the pancakes and brown on the second side. Spread with your favorite jam or conserve and roll up like a jelly roll. Sprinkle with powdered sugar and serve very hot, with butter, if desired.

## Needlecraft—For The Home

This crisp cotton frock is so easy to slip into in the morning and smart enough to wear all day long about the house and to market. Because it wraps it is comfortable to wear and very easy to launder. The snowy white collar edged with dainty ruffing adds the feminine touch that is so becoming and so well liked by your family. This is a dress that the amateur seamstress can make for herself at very little expense and with no trouble at all.

Style No. 2694 is designed for sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 4 1-4 yards of 35-inch fabric; 5-8 yard of contrasting; 3 yards of ruffling.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2694 Size \_\_\_\_\_



Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

**"MIDDLE-AGE" WOMEN**

HEED THIS ADVICE!

Thousands of women are helped thru "Tiring Times" with Lydia E. Pinkham's Vegetable Compound—known for over 60 years in relieving female functional troubles. Made in Canada.

## To Relieve Bad Cough Quickly, Mix This at Home

Does the Work in a Hurry. Saves Money. Easily Mixed.

Here's an old home remedy your mother probably used, and, for real results, it is still a very dependable thing for distressing coughs. Try it once, and you'll swear by it.

It's no trouble at all. Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments until dissolved. No cooking is needed—a child could do it.

Now put 2 1/2 ounces of Pinex into a 16 oz. bottle, and add your syrup. This gives you 16 ounces of really splendid

cough remedy—more than you could buy for four times the money. It keeps perfectly, tastes fine, and lasts a family a long time.

This splendid home mixture has a three-fold action. You can feel it take hold at once. It loosens the phlegm, soothes the irritated membranes, and helps clear the air passages. This explains why it gives such prompt, pleasing results.

Pinex is a compound containing Norway Pine and palatable guaiacol, in concentrated form, well known for its prompt action on throat membranes. Money refunded if it doesn't please you in every way.



**BOUTONNIERES IN CROCHET**

Design No. X417

Crocheted Canterbury bells and colorful field flowers are quickly made. A complete bunch may be made in about an hour. Pattern No. X417 contains list of materials needed, illustration of stitches and complete instructions for making both bells and field flowers.

To order this pattern send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, 250 Charlotte Street, Charlottetown, P.E.I.

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

PROVINCE \_\_\_\_\_ CITY \_\_\_\_\_

**BABY'S GOLDS**

Relieve misery fast

**VICKS VAPORUB**

**YES, TURNSTONES TURN STONES**

There was a large migration of ruddy turnstones last summer north of Big Point on the west shore of Lake Manitoba, according to Canadian National trainmen passing by the lake. In case the reader might think this smacks of politics, it is pointed out that this is the name for a shorebird associated with far off prairie regions and this of particular interest to ornithologists. The ruddy turnstone gets its name from its habit of turning over small stones and pebbles on the beach in search of food, and it is surprising what comparatively large stones the bird moves with its bill, according to the Natural Resources Department of the Canadian National Railways.

Glass thread which can be drawn as fine as silk and spun into fibres of great thickness, promises to be one of the newest developments in surgery. It is smooth, easy to handle, easily sterilized, and is absorbed slowly by the body when used to close deep incisions.

Use your kitchen scissors for trimming crusts from bread, shredding lettuce, cutting cooked vegetables, into fancy shapes, removing browned edges from cakes or cookies, shaping slices of meat, fish or poultry, and scoring cords from baked meats.



**MAY SOME TO CANADA**

Sheila MacDonald, younger sister and close companion of Rt. Hon. Malcolm MacDonald, may go to Ottawa to serve as hostess for the new British high commissioner, Miss MacDonald, who has been housekeeper for her bachelor brother in suburban Hampstead, has also been acting as voluntary head mistress of 80 children evacuated from a poorer section of London.

## NEW...a CREAM DEODORANT

which safely

**STOPS under-arm PERSPIRATION**

1. Does not rot dresses, does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly checks perspiration — 1 to 3 days. Removes odor from perspiration, keeps armpits dry.
4. A pure, white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of The American Institute of Laundering for being harmless to fabric.

