

Woman's Realm / Social and Personal / Fashions / Literature

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IF YOUR HANDS are chapped and red, your complexion roughened by winter weather—medicated Noxzema often brings overnight relief. It's made to smooth and whiten red, rough hands... heal tiny cuts... soothe a sensitive, windburned face.



25¢ JAR NOXZEMA only 19¢

ishes—keeps your skin looking its loveliest. It's preferred by 4 out of 5 models and 8 out of 10 Broadway actresses interviewed. See for yourself how it can aid you. Get a trial jar of Noxzema now—at any drug or department store. One trial will convince you!

Living & Leisure THE WOMAN'S REALM

A flower unbloomed; a book unread; A tree with fruit unharvested; A path untrod; a house whose rooms lack yet the hearth's divine perfume; A landscape whose wide border lies in silent shade 'neath silent skies; A wondrous fountain yet unsealed; A casket with its gift concealed; This is the year that for you waits Beyond tomorrow's mystic gates. —Horatio Nelson Powers.

Flared cooked tongue, cut Jeanne fashion in narrow stripes, makes an excellent accompaniment to spaghetti and tomato sauce.

PARENTS ARE ADVISED ABOUT JUVENILE JOBS

Sonny said he believed he would set laws during the summer and earn himself some spending money. "Okay," said his Dad, pleased at the show of ambition, "I'll set you up in business with a power lawn mower."

With a power mower his Dad figured he could do three or four lawns a day instead of one, and have a nice business for himself. But Sonny was just a kid and, no time at all, his business was too big for him to manage.

He would promise to mow a lawn on a certain day and then forget about it.

He had so many lawn-mowing jobs lined up at once, he began to get bored with the whole idea, and instead of doing a good job, he did a sloppy one.

So Sonny ended up his business career with a lot of dissatisfied customers, boredom with his work, and too much easy money.

Maybe there's a lesson there for parents whose youngsters decide to go into business for themselves warns a woman columnist. Don't force grown-up plans on them that will make the business too complicated for them to handle. Don't try to fix things so that they do a minimum amount of work for the pay they receive, if you want the money to mean something to them. Keep an eye on their projects so that they keep their promises to customers and work to the best of their ability.

BRIDES DON'T LIKE GIFT DRESSES

GLASGOW — Two Scottish brides have created a stir in the Highlands by saying out loud that they don't like their "Princess Elizabeth wedding gowns," which were gifts of American manufacturers to the Princess.

One bride said a dressmaker who must have been somewhat rattled had sewn the sleeves of her gift dress, "back to front." Another said that on opening the box sent her she thought friends had play-

ed a joke on her.

The dresses were part of a large consignment of garments sent to Princess Elizabeth by American manufacturers. Having more than she needed, the Princess instructed her surplus dresses should be given to United Kingdom girls married the same day as she. The Women's Voluntary Services attended to the actual shipments.

"And mine came rolled up like a ball," said Mrs. Elizabeth Scotland of Dundee, the bride who thought it was a joke. "Honestly, if the dress were offered coupon-free in a Dundee shop I wouldn't give it a second glance."

The bride, who didn't like her sleeves, Mrs. Grace Scott of Glasgow, said, "It looked just like something done in a hurry by a bad dressmaker. I can't believe the dress was intended for the Princess' trousseau. The waistline is too low for the length of the skirt, seams raw-edged, hem line uneven. It's far inferior to our cheapest utility garment."

But all Scottish brides were not so disappointed. Mary Patterson of Airth, who qualified for and got one of the gift gowns, said hers is a honey—"a three-piece suit in strawberry check, short jacket, pinched-in waistline, sloping shoulders." The skirt is longer than Scotland fancies, but Mrs. Patterson will fix that with scissors and needle.

The Stars Say—

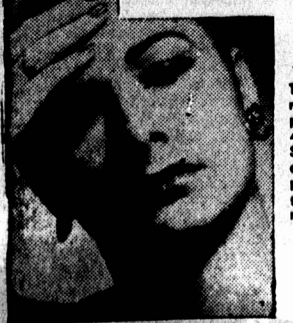
By Genevieve Kumble

For Friday, January 23

A GENERALLY adverse and in-harmonious range of planetary aspects make for a dangerous, unprofitable and hazardous day in which a tendency to impulsive, indulgent and extravagant tactics may exact excessive penalties. The emotions and impulses are likely to run away with good judgment or to swerve right action from sane and practical commitments. There may be agitation, error and loss through rash and erratic moves. There might be escape from disaster and regrets through pausing before any wild actions or emotions. In this there is some support from certain astral sources. Heed it.

Those whose birthday it is may encounter a hectic and perilous year in which riotous emotions, impulses and urges may be responsible for runaway thoughts, words, deeds and commitments. These extravagant, ungoverned and indulgent moods may create personal, domestic, social and financial hazard, with a radical upheaval or regrettable estrangement. Loss may be

HEADACHES-GRIPPE



need a remedy that ACTS FOUR WAYS

The next time you have an attack of neuralgia, a head cold or any nerve pain, even toothache or earache, try 4-way acting BUCKLEY'S CINNAMATED CAPSULES. This grand formula brings relief so quickly because it is a skillful combination of proven cold-dispelling, pain-relieving ingredients specially CYNAMATED for maximum cold relief and greater comfort.

HERE'S HOW THIS FORMULA WORKS: 1. Relieve pain and feverishness fast 2. Make relief longer lasting 3. Dispel feverish conditions 4. Give you the lift you may need

They contain no habit forming drugs. Get a tin of 4 way acting BUCKLEY'S CINNAMATED CAPSULES today. Sold everywhere—Only 35¢.

That Body Of Yours

By James W. Barton, M. D.

SOME FACTS ABOUT CATARACTS

We are reading much about patients with injuries which have rendered them blind being able to see again because some one has been equipped one of his eyes, the cornea, of a certain part of which, the cornea, restores the sight.

As a matter of fact, the cornea is just the transparent outer coat, or covering, of the eye which is like the glass or crystal of a watch. And just as a piece of glass can get scratched or clouded, so also can the cornea, so that no object can be seen by the eye. By attaching a new piece of this transparent tissue (obtained from another person) to the damaged membrane, a new "window" for the eye results.

However, it is not drainage to this outer window that causes most cases of blindness, but the clouding of the lens which is called a cataract. As we think of a cataract, we have a vision of a white substance in the eye that seems to cover or partly cover the little hole which allows light to enter the eye—the pupil as it is called. This white substance is growing on the lens of the eye, which is exactly like the lens of a camera. This lens lies behind the pupil or hole of the colored portion (gray, blue, brown) of the eye.

The lens is able to change its shape in the eye, thus permitting it to focus objects near or far away. And just as the cornea or window covering the eye can get clouded, so can the lens which also is transparent. It is this clouding of the lens that is called a cataract.

As there are many mistaken ideas about cataracts, Dr. James W. Barton in the health magazine, makes some helpful suggestions:

1. It is not necessary for an eye surgeon to wait until the cataract develops to a certain point, ripens, before removing it. The cataract is removed as soon as it interferes with vision.

2. Operation should be performed by an eye surgeon and consists of removal of the lens.

3. Operation is performed under local anaesthetic, with no discomfort or shock to the patient. The patient usually is unable to use the eye for a month after the operation, although the stay in the hospital is only from 12 to 14 days.

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Popular experience justifies the claim that you won't be disappointed with Cuticura—sold in 25¢, 50¢ packages by all druggists.

averted, and progress in minor degree, but by reasonable and cool judgment, putting the brakes on twisted and turbulent impulses. Shun all excesses. A child born on this day may be disposed to many forms of excess and self-indulgence, inciting strife, jealousy and revenge, personal and financial loss. It has, however, a fairly studious and introspective under-tone — to be cultivated.

GREAT NEW REMEDY brings faster relief to SKIN, SCALP IRRITATIONS

New Cuticura Liquid stops itching, itching of eczema, rashes, pimples. Use anytime. Antiseptic—gentle—restores—cleans. Buy today at drugist. Satisfaction assured or money refunded.

CUTICURA LIQUID

Morning Smile

The night was dark and the hour was late as a solitary wayfarer passed along the deserted street. Suddenly three slinking figures emerged from the shadows, marked their prey, and then attacked him. Thus to one is possible, but the wayfarer held his own. One by one his assailants landed with a thud on the ground, battered and bruised, their clothing torn.

A policeman hurried up and surveyed the wreckage. "Fine work!" he said, addressing the hero, who was calmly lighting a cigarette. "Juggler?" "No," answered the hero, "Railway porter."

Employer — Youth has always called to youth.

Manager—Yes, and generally in office hours on the firms tele-phones

Dorothy Dix Says—

How To Hold Husbands

A young woman who is about to be married wants to know what are the things that wives do that get most on their husbands' nerves. She says that she does not wish to be just a good wife. She wants to be the kind of a wife who will keep her husband glad that he married her.

That is a hard question to answer because there is no infallible rule for making a good wife, as there is for making cupcakes. Different men have different tastes in women and what is one husband's sweetie pie in a wife may give another husband stomach ulcers. However, while every wife has to learn how to handle her husband by the old rule of trial and error, there are certain basic gripes common to all husbands, with the wife, who wishes to be popular with her mate, does well to bear in mind.

The first of these is not to be bossy. Leave your bridegroom his pants. If you have an uncontrollable yen to wear the britches, don't do it in public and don't flaunt them in your husband's face. You see, there is an old tradition in which men still believe that the husband is the head of the house. If he finds out that this isn't true and that his only authority is that of a billpayer, it gives him a shock from which he never recovers.

(Continued on Page 3)

Modern Etiquette

By Roberta Lee

Q. What are some points in etiquette that every child should be taught and remember when attending a party for children?

A. To arrive on time; to greet the little host and his mother; to present his gift if it is a birthday party; to enter all games willingly; to eat in a well-mannered way and never to forget to say "Good night" and "Thank you" to both his host and mother when leaving the party.

Q. Should a man always rise when being introduced?

A. Yes, always, regardless of whether the other person is a man or a woman, old or young.

Q. When a maid announces "Dinner is served," should she address the guests?

A. No. The announcement is directed to the hostess.

How Can I!!!

By Anne Ashley

Q. What are some simple helps for reducing?

A. Eat slowly. Masticate thoroughly. Take but one serving. Do not eat between meals. Avoid starchy vegetables, pastries, candy, salad oils, butter, cream, cake, and all things containing sugar. However, reducing should be done under the care of a competent physician.

Q. How can I avoid cracks or broken icing on the birthday cake, caused by inserting the candle holders?

A. Merely by inserting the candle holders in the cake before the icing has set.

Q. How can I make black stockings keep their good color?

A. By adding a little vinegar to the last rinsing water.

Not One, But Four, Great-Grandparents



Odds against a child having four living great-grandfathers are huge, statisticians agree, but Michael Durban, 1, of Sarnia, has them. Here he is with mother, Mrs. J. A. Durban.

Youngest great-grandad is Stephen Clark, 76, of Sarnia, seen holding Michael.

Other three great-grandfathers are, left to right: John Sedwick, 78, of Sarnia; Arthur Durban, 80, of London, Ont.; and Elliott Richmond, 80, of Unsworth Drive, Toronto.

Ellen's Diary

By an Island Farmer's Wife

Though fields and all are winter bound and the peace and quiet of the season enfolds us, the community rests not but continues to make progress keeping well abreast of the times. Very recently, lights have been supplied with electric power in the old Kirk at the corner. I suspect those who saw the lumber for the Church's building, Jamie's great-grandfather (he who in those pioneer days built the mills with their grey gables and now snowy roofs and who looks down at me from his oval frame sternly yet not unkindly such times as I come to dust the parlor, lifting and then setting back in place the old family Bible which contains the bare records of births, deaths, and marriages of the generations since his day, and then continue on to straighten the other pictures on the wall: Aunt Jamie, prim and attractive in bonnet and velvet gown; Uncle William whom James knows only by tradition, and, in the oak frame cousin James A. (to distinguish him from others of the same family name) so handsome, I'm certain he must have set many a feminine heart to fluttering before he went a young man to California to live—and die) and others of those who subsequently became staunch pillars of it, from this and neighboring communities and who must have contributed valiantly and with no uncertain vision to its erection could never even have dreamed that one day to come, by simply pressing a button on the office should be suddenly flooded with light.

Now that I think of olden days, I should like much to have seen those first lights, the ones which I suppose were duly dedicated at the opening. In my time the years have brought a succession of changes in lighting there. A far cry it is indeed from the days when homes were lit by tallow "dips" or candles fashioned in just such tin-like moulds as the two which I discovered in a bygone house-cleaning season. In a nook in a closet I found them, neighboring silently other forgotten things, and I claimed them as treasures. I suppose that before the benefit and elegance of the kerosene lamp appeared, candles were used to light even country churches. It is, I confess a subject, intriguing of course which I have failed to inquire. "I guess," I said, laughing to James and Mr. C. tonight when I spoke of the lights coming to the Kirk and the homes on and in the vicinity of the highway. "I'll soon be able to press James' Sunday shirt with an electric iron!" But James who really must see to believe advised me: "Don't you fool yourself, Ellen!" then added shyly, for changes are accepted only slowly by him since he must measure the costs for both present and future. "It would be all right to have them — I'm not saying it wouldn't. It's the stable to see for harnessing or unharnessing or to have light in the mows or on the lofts when a fellow has to put down feed by night—or early morning." And in the houses too, James' I reminded him "the barns depend on the weather of those in the houses."

And then we had an argument on our hands, in which Jack coming in then a lantern at heels, joined mildly. Enjoying a debate in the house though only rarely entering into one, I continued: "Remember it's the houses that shelter the help so their welfare is the first consideration. How I ask you could your horses or cattle survive except your health was well taken care of—in this instance your eyesight?" "Well!" James appealed to Mr. C. who invariably sees eye to eye with him on any subject if that isn't the simplest contention — it's—yes, it's positively absurd. "Can't you see, Ellen there would be nothing to take care of the help's, nor any place to shelter them if it were not for the stock in stables or sites!"

"Where does a farmer make his living? Not by sites in stables. No sir, nor by a long shot. But, I grant you a light or two indoors would come in right handy. And it would be great to have a powerful light in the piggery—when small ones are due and after, for a day or two." They all nodded in perfect accord. "And a good one on the dam" Mr. C. said to have steady light in time of a freeze—it's a dangerous place to be with only lanterns to depend on. "And good strong ones in the cellars" James offered to use at the Fall grading! "But dear me, now that Mr.

White Enamelware
White enamelware may be cleaned by dipping a wet cloth into baking soda and rubbing it on the ware. Do not scrub the soda. If food burns in a pan, put in a generous amount of soda with cold water and let the utensil stand on the back of the stove.

Water Spots on Velvet
Water spots may be removed from velvet if it is held over the steam escaping from a teakettle for a few minutes. Shake it in the air until thoroughly dried, then brush.

Retaining Flavors
In order to preserve the flavors of coffee, tea, and all spices, keep them in tightly closed receptacles.

Better English

D. C. Williams

1. What is wrong with this sentence: "The weather has been excessively cold."
2. What is the correct pronunciation of "constable"?
3. Which one of these words is misspelled? Despondent, dependant, deferment.

4. What does the word "indisputable" mean?
5. What is a word beginning with "ab" that means "to pardon"?

ANSWERS
1. Say, "exceedingly cold." 2. Pronounce first syllable kun, u as in run. 3. Deferment. 4. Incapable of being disputed. (Accent second syllable, not the third). "He gave indisputable proof of his identity." 5. Absolve.

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Cook's Corner

LEMON MERINGUE PUDDING

Slice 1 lemon, very thin, into casserole; cover with 1 cup sugar; add 1 cup hot water; place in moderate oven 350 degrees F. while mixing batter. Cream 2 tablespoons shortening and 1 cup sugar; add three well beaten eggs. Sift 1 1/2 cups flour, 2 teaspoons baking powder, 1/2 teaspoon salt; add alternately with 1 1/2 cups milk; pour

C. is gone, I believe James' has fallen asleep! Until tomorrow — Diary — Good-night.

over lemon slices. Return to oven for 30 minutes. Top with meringue and return to oven to brown. Serve 8 to 10.

Address Pattern Department The Charlottetown Guardian.

BUYS AND WHYS BY Barbara Brent

A weekly advertising and information service for today's women

HAMILTON, Jan. 22nd.—I'd like to propose a toast to your good health with a health discovery I've just made. It's Vi-Tone—delicious, rich, chocolate flavour—such a delicious pick-me-up on a busy day and it makes me feel so good! Your youngsters will love their milk with Vi-Tone added. It tastes better and it is better—full to the brim with food elements that children need to help them grow strong and sturdy. Ask your grocer for a tin of VI-TONE to-morrow—it's a wise buy in so many ways—it's good food in concentrated form—a real health discovery!

Here's a "Wake Up and Smile" trick that will make it easy for your sleepy-head family to get up and out of that warm bed! Promise them a delicious "CREAM OF WHEAT" breakfast! Nourishing 5 Minute "Cream of Wheat" is quick and easy to prepare... and, while it's cooking, plan a special topping... raisins with brown sugar and cream, for instance. Delicious! So good and so good for you—5 Minute "Cream of Wheat" is brimming with blood-building Iron—and it provides important Calcium and Phosphorus for diets deficient in these elements. Truly, one wonderful way to start the day right!

You'll find enormous pleasure in growing your very own flowers, fruits and vegetables... enjoying them at their peak of garden freshness. And just think what that means too, for to-day's battered and over-worked budget. Plan your garden now. Let DUMMINGTON SEED HOUSE help you — theirs is a very special home gardener's service. For your free copy of their "Seed and Nursery Book" ... 132 pages — simply write to me, Barbara Brent, 1411 Crescent St., Montreal, P.Q.

You've heard them say it — She's a perfect house-keeper, yet not a perfectionist! A friend of mine who's just like this (and I'm not a house-keeper) has discovered, for instance, that keeping drains clear and free of clogging sediment saves both time and trouble and she does this the easy way with Gillett's Drain Cleaner. Two table-spoons a week of Gillett's Drain Cleaner work like magic to speed up "lazy" drains. Write your grocer to-morrow for GILLET'S DRAIN CLEANER—follow the instructions on the label and my friend's time-saving trick! It really works wonders—I've tried it!

Something substantially delicious is the mealtime "must" for cold-weather menus and what better than HEINZ OVEN-BAKED BEANS! There are so many tasty ways to serve them — too... one of my favourites... BAKED BEANS WITH BARBECUE SAUCE... Heat a 20 ounce tin Heinz Oven-Baked Beans and 1/2 cup chopped, cooked pork. Combine 1/2 cup Heinz Tomato Ketchup, 2 tablespoons Heinz Chili Sauce and 1/2 cup Heinz Worcestershire Sauce. Heat. Pour over Beans. Serves 4.

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