


Woman's Realm Social and Personal Fashions Literature



THE "TYPE" THAT GETS THINGS DONE

Nemo foundations—on active duty all over Canada—make you look better, feel better and work better. For every figure type—at all good stores.

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For Efficient Beauty

P.S. CANADA needs every available ounce of metal, rubber and other scrap. Help us win—turn it in—today!

MOORE & McLEOD Limited
CHARLOTTETOWN Prince Edward Island

VICTORY

HEALTH LEAGUE OF CANADA

V. D. IN INDUSTRY

TORONTO, Ont. Syphilis is a costly but preventable source of inefficiency in industry, and it is time the Canadian employers appreciated this more fully, the Health League of Canada declared today.

It used both pre-employment and later blood tests for industrial workers.

Many employers are still unnecessarily diffident about introduction of the blood test, the League has found. Employees generally favour provision of health services.

A Job Only You Can Do
Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. Chuck roast or steak boneless is listed among the Group B meat on my chart. I ordered one and a half pounds and when it was delivered I cut out nine ounces of bone. I called my butcher but he claims he doesn't have to sell it boneless. Will you please tell me if he is correct?

A. Your butcher may sell it boned or boneless. But if it is sold as Group B, three-quarters of a pound to a coupon, it must be without bone. If chuck roast includes the bone, it is one of Group B with bone or without.

ices, including control of venereal disease, as assured that the traditional doctor-and-patient relationship will prevail, so that employment will not be prejudiced.

Executive should understand that syphilis is not necessarily dangerous workers, the League emphasized. Applicants for work who are found suffering from infectious syphilis should be rejected with promise of reconsideration on production of evidence that they are no longer infectious as a result of treatment and on signing an undertaking they will continue treatment. Workers with non-infectious syphilis should be employed on condition they will take treatment. There should be periodic re-examinations and any found infectious should be retained if willing to undergo treatment.

Employees suffering from disabling effects of syphilis should be transferred, if possible to non-hazardous work. Periodic treatment should be required to report periodically to the plant physician for examination and blood tests.

Medical records should not be available to lay executives, but remain a confidence between physician and patient, the League emphasized. In one Canadian war plant a departmental supervisor was notified by the plant physician that several employees had received positively to the Wassermann test. This was not only contrary to law, but left the employer open to possible action for damage.

A Morning Smile
ACKNOWLEDGED

A minister was very fond of cherry brandy, and one of his elders decided to play a joke on him. "I'll give you a bottle of cherry brandy," he said, "if you will promise to acknowledge it in the church magazine."

The minister undertook to do this, and in due course a paragraph appeared in the magazine, thanking the donor for his gift of fruit and the spirit in which it was given.

"They sat on the beach. Her hair caressed his face. Her head rested on his shoulder, and a paragraph appeared in the magazine, thanking the donor for his gift of fruit and the spirit in which it was given.

HINTS ON ETIQUETTE

When seated at the dining table and your hands are not in use, as a general thing keep them on your lap.

If You Suffer 'PERIODIC' FEMALE PAIN
Which Makes You Weak, Cranky, Nervous—

If you, like so many women and girls suffer from cramps, headaches, backache, "irregularities," periods of the blues—due to functional monthly disturbances—

Start at once—take Lydia E. Pinkham's Vegetable Compound. This effective liquid not only helps relieve monthly pain but also tired, weak, nervous feelings. This is because of its soothing effect on one of woman's most important organs.

Taken regularly—Lydia Pinkham's Compound helps build up resistance against such symptoms. Thousands upon thousands report help. Also a fine stomach tonic. Made in Canada.

THE COOK'S CORNER
DELICIOUS UNCOOKED PICKLE

8 cups white vinegar
1-2 cup salt
1 1/2 seasons ground mace
1 tablespoon mustard seed
1 ounce mixed pickling spices (set in cheesecloth)
1 3/4 cups granulated sugar
1 to 2 tablespoons dry mustard
1 tablespoon curry powder
2 teaspoons turmeric
1 medium-sized cauliflower
2 rather small onions
8 stalks celery (or 4 cups pickling cucumbers)

Trim cauliflower, soak for 1 hour in cold salted water, then drain and break in small flowerettes—add to mixture in crock. Peel and cut up the onions, then add these to the pickle also. Scrub and dice the celery or scrub cucumbers and cut up in rather large and add to the other vegetables. Mix thoroughly, cover closely and store in a cool place.

Dorothy Dix Says—
WOMEN HAVE POWER TO ABATE MARRIAGE MISERY They Might Try To Lift It Out Of Risk Class But Trust To Luck Instead

No one will deny that unhappy marriages cause more sorrow and wreck more lives than any other one thing in the world, and it is a strange and sad fact that women—good, kind, noble, Christians—have it in their power to abate this potent source of misery, yet the great majority do nothing to stop it.

This is all the more inexplicable because practically all women have a passion for reforming things, and so many have endured the martyrdom of marriages that were veritable hells on earth. You would think they would get busy and do something that would lift marriage out of the foolhardy, risk class and put it on, at least, a reasonably safe investment base.

But they don't. They trust to luck as to how a marriage will turn out yet in their hearts they know that there is no luck about it. Everything depends on the kind of a wife or husband John and Mary are getting, and that hinges altogether and absolutely on the way their mothers reared them.

If every mother began from the cradle days to train her children for matrimony it would save many a heart from being wrecked, and many little children from being near-orphaned. For the only way you can stop divorce is to keep people from wanting it. You have to attack every evil at its source.

Yet knowing all this, desiring above everything for their own children to have happy and successful marriages, we see on every hand mothers who are rearing selfish, spoiled, undisciplined, good-for-nothing youngsters who are foredoomed to be burdens on those they marry. Nothing else is more ironic than that so many mothers pray God on their knees every night to save their children from marrying the kind of husbands and wives that they are going to wish off on some other woman's children.

When John gets married, for instance, mother hopes that he will get a wife who will be a helpmate. She trusts that he will get a girl with plenty of good, hard common sense, a sweet disposition, and enough diplomacy to know how to rub his fur the right way, for John needs a bit of managing to keep him pleasant to get along with. And she hopes that his bride will know how to cook and not give him dyspepsia for life before she learns how to boil an egg or make a cup of coffee. And she weaves Heaven with her importunities to send him a wife who will not keep his nose to the grindstone with her extravagance.

Mother went shabby so Angeline could go about arrayed like Mrs. Solomon in all her glory. She wore patches on Angeline could have a dozen pair of fancy slippers. Mother's hands were soaked in dishwater so the daughter's nails could continue to look as if they were dripping blood. And Angeline knows no more about cooking than she does about running an airplane.

Nor has mother fitted John any better to be a good husband than she has her girl to be a good wife. She has spoiled him. She brought him up to think that all the amenities of courtship stop at the altar, that a husband doesn't have to be even better to a mere wife, that one of the compensations of marriage is that it gives a man a steeper slope than he can climb. Many of the colleges now feature courses in "marriage. It is a fine idea, but how to be a good husband or a good wife is kindergarten stuff that boys and girls should learn at their mothers' knees.

Living & Leisure
The Woman's Realm

GOD'S SUNSHINE

Never—once—since the world began Has the sun ever stopped shining. His face very often we could not see, And we grumbled at his incon-

stancy: But the clouds were really to blame—not he. For behind them, he was shining. And so—behind life's darkest clouds, God's love is always shining. We veil it at times with our faithless fears, And darken our sight with our foolish tears, But in time the atmosphere always clears. For His love is always shining. John Oxenhan.

THE COOK'S CORNER

PREPARE THE SOIL WELL

Nothing lifts the spirits so as does the sight of bright, lovely flowers growing around your home. True, it may be too late in the year to plant flowers, but prepare now for next year and get your ground ready.

Decide now what you want. You might want to flank your steps with bush roses. Polyanthus are beautiful and hardy and bloom for you all summer long—in orange-scarlet, pink or white.

Though you can grow many roses from cuttings, those propagated by budding do better, particularly the two-year field grown.

A veritable little garden so easily created! Our 32-page booklet tells how to prepare soil, fertilize, for a thriving garden. Gives directions for making a rich green lawn, for growing trees, shrubs, bulbs, annuals, perennials, vines, herbs.

Send 15c in coins for your copy of How to Plant and Care For Your Garden to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
City _____ Province _____

Home Service
Prepare Now for Your Garden Next Year

CORNER CLEANING

If you are washing intricately designed wood-work, dented furniture, venetian blinds or in any way anything which requires digging into crevices or corners to get it thoroughly clean, it's a good idea to wear an old fabric glove. Put the glove on your hand, wet it, and then rub it over lightly with a cake of soap. Preso, you have a very easily malleable instrument for getting into the cat's paw of staining, inaccessible places.

LAMPS ADD HOMEY TOUCH TO ROOMS

Living is a temporary war home? Don't give up! No matter how drab or commonplace your quarters may be, a jaunty remnant that costs mere pennies can something give a nice lift to any room. Lamps, for instance! Fresh frocks for lamp shades—yours or your landlady's—are easier to change than a handkerchief. White organdy will fit any color scheme. Or use handkerchief linen or print, plaid terylon long enough to fit loosely around the lamp shade, hem it on both sides, sew it into a circle, run a ribbon through one hem for the drawingstring and tie a saucy fat bow.

Needlecraft
For The Home

EAQUE-DIRNDL FROCK
For The School-Girl Age

A little girl wears a dress to be as bright and full of fun as she is. This frock has gay ric rac trimmings and a dirndl skirt that will give her lots of room at play. Make it up for her in some cheerily printed cotton and see if it isn't her favorite and yours too.

Style No. 3546 is designed for sizes 4 to 12. Size 8 requires 2 yds. 35-in. fabric with 1-4 yd. contrasting 3 1/4 yds. ric rac.

Pattern is hand-cut to United States Standard Measurements and includes chart with step by step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name _____
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MY HUSBAND AGREES WITH YOU, MRS. BROWN...

LIPTON'S NOODLE SOUP MIX
IS LIKE THE BEST SLOW-SIMMERED SOUP!

The soup sensation of the nation! Every package gives you 4 big servings of delicious, golden, chicken-flavoured soup.

You'll welcome its new standard of speed and convenience. Just add contents of package to 4 cups of boiling water... and cook for 7 minutes... and you're all set to enjoy a delicious, appetizing soup. Women everywhere agree that Lipton's Noodle Soup Mix is just like the best slow-simmered soup ever made at home.

Remember, there is no shortage of Lipton's Noodle Soup Mix. You can buy it in many packages as you like. Ask your grocer for several packages today!

2 PACKAGES FOR 25c

A PRODUCT OF **LIPTON'S**
The Packers of LIPTON'S FULL-FLAVOURED (Small Leaf) TEA

SULTANA
STOVE POLISH
Liquid or Paste

"I never lack admirers now. Sultana smooths my troubled brow."

Your stove's appearance deserves

GREY FAVORED FOR CAMPUS DATE DRESS

NEW YORK—Grey is the cool, pretty color recommended for college dates. It was shown at one fall opening in a princess-fitted velvet frock, a crepe with slightly harem draped skirt and a grey flannel trimmed with loops of bright red yarn.

At night girls will want to be dressed, think these experts. So they offer (them) altering, vampish black. Black plus—as, for example, a black velvet basque with a full plaid taffeta skirt and a black crepe top on a pedestal or full rose net. Tops in sophistication was a black taffeta decorated with pale pink lacings.

TURNED DOWN FLAT

"B.O." BARRIER

"B.O." ROBBED HER OF CHANCE

A moment before she had been so confident, so hopeful. This was the job she had always wanted and she knew how perfectly she was qualified to fill it.

But now—a turnaround, complete and final. One fault had defeated her—"B.O."

You never know, yourself, about "B.O."—but it may shatter your dreams. It can happen to anyone, except to those millions who take a simple daily precaution. Follow their lead. Bathe with Lifebuoy—the one popular soap especially made to stop "B.O."

Lifebuoy's rich, caressing suds are marvelously cleansing—yet gentle to your skin. That extra-clean Lifebuoy scent invigorates you, then disappears before you're dressed. But its protection remains!

NEW ADDED INGREDIENT
NEW WHITENING SCENT
SAME PROTECTIVE LATHER

LIFEBUOY HEALTH SOAP
A LEVER PRODUCT

FROM HEAD TO TOE—IT STOPS "B.O."

Home Service
Prepare Now for Your Garden Next Year

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Canadian Women Buy More FRY'S COCOA Than Any Other Kind