

# Woman's Realm / Social and Personal / Fashions / Literature

## Dorothy Dix Says—

### IT'S BEST TO BE SATISFIED WITH MATE YOU MARRIED

#### There Are No Paragons In Wives Or Husbands, So Don't Let Dreams Of Youth Obsess You

A woman writes to me that for 15 years she has been married to a good, kind, generous man who is devoted to her and who lavishes upon her all the luxuries that go to make life soft and easy. She has three fine children and should be as happy as the day is long, but she is miserable because she is constantly thinking of an old sweetheart of her girlhood days and regretting that she did not marry him. According to her story, when she had her choice between the two men, she preferred the present incumbent of her hearth and home, but as the years went by and she had the opportunity to observe his many imperfections at close range, she decided that she had made a mistake. At first she thought that she should have married the other man, whom she now sees as a creature of superhuman charms and virtues. At first she only toyed with the thought of what life might have been with this romantic hero, but now her day dream has grown into an obsession that has made her believe that he is the only man she ever loved, and she is not only tortured by vain regrets, but has her good husband going round in circles wondering what on earth is the matter with Maria. And the poor, foolish woman wants to know what to do about it. It doesn't take a Solomon to solve that riddle. It is to take a fast-flying plane and go to see the ex-love. The first plane is wanted to effect an instantaneous and permanent cure for in all the world there is no other human being so unglamorous as an old sweetheart.

### YOUTHFUL MEMORIES

For whatever time may do to us, it never touches the heroes of our youthful romances. They live in our memories in immortal youth and beauty, and when we meet them face to face, grown middle-aged and stout and grizzled, even as we are, we get a shock from which we never recover.

Probably there isn't a man in the world who doesn't at times have a nostalgic yearning for the starry-eyed, golden-haired little pretty he was in love with when he was 20 and think how delightful it would be to have such an eye to look at every day, instead of the fat, commonplace lady who sits across the breakfast table from him. Nor are there many women who do not beguile their dishwashing and baby-tending by conjuring up the vision of some girlhood sweetheart who was a million dollars in the green grocery trade instead of the higher things of life, and who came to her in a flash of inspiration, instead of taking them for granted and treating them as useful household gadgets as their prosaic husbands do.

But let the man be indiscreet enough to hunt up little Prettikins and find her what we call "settled woman," with glasses over her starchy eyes, a beauty-shop complexion and a permanent superseding the golden curls, and half a dozen kids; let the woman encounter her Fairy Prince with a paunch and a bald spot, and a conversational line that is centred on the green grocery trade instead of the higher things of life, and the dream is over. The romance finished. The longings ended. And the wife and husband they have look better to them than those they missed.

### LOOKING FOR PARAGONS

They realize the great truth that the only perfect husbands and wives, the only ones who come up to our ideals, are the women and men we did not marry. The dream will never, grow old nor lose its beauty nor her aura. She was never sick nor had any nerves that had to be side-stopped nor any poor head that had to be oiled. She had the disposition of an angel and the long-suffering patience of a martyr. She was always ready to step out when her husband wanted to go, or to stay at home if his feet hurt him and he wanted to sit by the fire.

She was intelligent, but never knew quite as much as her husband and looked up to him as an oracle. She could cook with one hand and play the piano with the other. She could look like a million dollars in a dressed in a basement bargain, and possessed the miraculous power of running a house without running up bills. And, above all, she remained devoted to her husband, no matter how he treated her, and never resented his philandering with other women.

And the man? A woman didn't marry was just as much a paragon as the lady her husband somehow missed leading to the altar. He, too, stayed young and slim and good to look at. He spent his evenings entertaining his wife instead of sitting up behind a newspaper, and he was weary of telling her how young and beautiful she was and how much he loved her.

He was always ready to go to parties, no matter how strenuous his day had been. He never criticized her cooking or threw his mother's pies in her teeth. He let her boss him and nag him as much as she pleased. And he had no old friends or relatives.

Of course, there are no such husbands and wives as the ones we didn't marry. They are only dreams. Pity we don't realize that. It would make us so much better satisfied with the ones we have.

### WASHED AT HOME

## HOW TO OPEN NOSE UP AT NIGHT

The small Oriental rugs can be washed very easily at home, and should not be allowed to harbor dirt and thus spoil their beauty. Rub the rugs with a lather of pure white soap. Then rub off as much soap as possible, and rinse with clean water. Dip in clean, cool water. Dry thoroughly.

A submarine was built in Holland as early as 1620.

### OLD CROSS STITCH SAMPLER



Every needleworker should make one of these wall hangings. Easy to do and it is such a lovely, inexpensive gift. Hot iron transfer pattern No. 693 measures about 8 1/2 by 11 inches, color chart and complete instructions.

To order pattern, write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Newfoundland.

To Charlottetown Guardian Needlework Department  
 Design No. 693  
 NAME \_\_\_\_\_  
 STREET ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## BRITON'S WAR SACRIFICES OFFER LESSON IN "DOING WITHOUT"

### Tremendous Contributions Become Significant For Americans facing Great Production Program

BY PAUL MANNING  
NEA Service Staff, Correspondent

### STORES SELDOM STOCK POTS, KETTLES AND PANS

LONDON — Americans are being asked to finance a stupendous war production program price-tagged by President Roosevelt at \$56,000,000,000. They are told this will entail "sacrifices." So far Americans have no experience to give them any idea of what wartime sacrifices mean. A glance at what the British have given up may outline for them the "shape of things to come."

As the Empire enters its third year of war, British sacrifices have been tremendous, the end not yet in sight.

There is sufficient food, fuel and clothing to maintain 44,000,000 people in minimum comfort for another year, but that just about tells the story of life here today. Every commodity not essential to the war effort is being chopped off the available list as rapidly as possible can make the final shift into war.

Of one group of 4000 representative factories, which formerly produced hosiery, textiles, pottery, boots and shoes, 850 have been closed outright, 650 have been expanded and placed on government work, 1300 were considered too small for concentration, while 1000 have been permitted to continue supplying consumer needs.

### FUEL KEPT AT A BARE MINIMUM

Fuel for civilian use is being kept to a minimum. As the start in a campaign for voluntary restriction of fuel, the Government recently ordered that all hot water in its 18,000 buildings be cut off and office heat must never exceed 60 degrees Fahrenheit.

Britain's 1942 production of cars for civilian use will be 100 a week. One thousand was the 1938 norm. This is in contrast to the American output of 100,000 cars last year.

Radios sold to the public of the United Kingdom in 1939 totalled 1,500,000. That figure dropped to 124,000 in the past year.

It is in clothing that the greatest single mass restrictions have taken place during the past year. When the clothes-ration became law early last summer, it meant that every man, woman and child had to present coupons as well as money to make a purchase.

The maximum coupon allowance for adults is 66 per year. There are many instances throughout Britain today of easy living. Some men and women are living luxuriously because they have large capital fortunes and there is as yet only a tax on income. Gradually, however, that slack is being taken up and at some point during 1942 many of these inequalities may be leveled out.

### 25 per cent and whiskey 40 per cent

### SCOTCH SCORES

Two cups flour, 1 teaspoon salt, 1-2 teaspoon soda, 3-4 cup sour milk. Sift flour, salt and soda together. Add enough sour milk to make stiff dough. Shape dough into thin round cakes. Bake on grid-iron in moderately hot (375 deg.) oven. Serve with butter and gooseberry jam.

### LIVER AND VEGETABLES

One lb. ox liver; 3 rashers of bacon; 1 lb. carrots; 1 onion; margarine; flour; seasoning; dripping. Clean and slice the liver, spread it thickly with dripping and place it with the (fat) rashers in a saucepan. Add a piece of margarine and brown all together. Stir in a little flour, add the vegetables, prepared and sliced with one pint of either stock or water. Simmer slowly for two hours.

### PORK BALLS

These are delicious if you can manage to keep a few scraps from the weekly "joint." Have some scraps of cold cooked pork; 1 small onion; sage; 1 cup of breadcrumbs; 1 spoon meat extract; one teaspoon of egg powder. See the meat is free from any skin or bone, mince or chop the meat with the cooked onion then add the sage. Mix the breadcrumbs with the rest of the ingredients and fry in deep fat to a rich brown. Any bones left over can be stewed for a stock, and a teaspoon of meat extract added with a little corn meal to thicken it. This makes a good gravy to serve with the dish.

## BLACKHEADS

Blackheads go quickly by a simple method that dissolves them. Get two ounces of peroxide powder from your druggist, apply with a hot, wet cloth gently over the blackheads—and you will wonder where they have gone.

## THE COOK'S CORNER

### COMMON BLUNDER

We fancied charms of earth and sky. Were distant joys and not near by. That sights familiar could not be. As far as those men roamed to see. He'd turn his back on friends he knew. Some stranger's friendship to pursue. He thought but common folk were they. He met and talked with day by day.

### Yet just beyond his window pane

Rod roses blossomed all in vain. Nor did he learn until too late. That friends and neighbors can be great.

### North Carolina Cherokee Indians

led only single feathers in their hair until the full headdress was introduced by tourists.

### Ammonia also is known as "hartshorn."

At one time it was made by beating the horns of stags, or harts, in closed vessels to draw out the gases.

### BELIEVE ANIMALS FALL ON KNEES

A superstitious notion prevails in the western part of Devonshire, England, that at 12 midnight Christmas eve, the oxen in the stables always fall on their knees.

### A GREAT MUSICIAN WHOSE NAME WAS FREDERIC CHOPIN

The little boy wore a fine lace collar. He sat on the high stool, his small legs dangling playing the piano, but his eyes were more often looking at the frilly collar than at the keys of the instrument. The scene was a hall in Warsaw; the year 1818; the boy's name—Frederic Chopin. (Do you know any of his music, Suneau?) It was Chopin's first public performance. His audience, composed of highly critical musical intellectuals, marvelled at the eight-year-old boy's fine playing. But the boy, unaware that his talent was extraordinary, was blushing with pride at the thought of so many people praising him wearing his new lace collar.

Frederic's father was a Frenchman who had settled in Poland. When the boy was five, Mr. Chopin started his first private school, and here Frederic was educated until he was 15.

It was here one day that this school master learned accidentally of his remarkable talent. His father was away that day, and the school was in charge of an assistant teacher. As the morning passed the boys began to get out of hand, and the teacher could not control them. At last, in despair, he appealed to Frederic.

Chopin, who was enjoying jokes as much as the other boys in the class, decided that he was responsible. He walked over to the piano, sat down and began to tell a story, illustrating it as he went along with music of his own composition. It was a story about bandits, and as his literary and musical invention progressed the classroom became silent. The teacher, too, was soon listening with interest.

After this "lesson" the teacher had no trouble with the boys.

### Among the Scientists

When he was 15, Frederic went to the Warsaw Lyceum for a general course of studies, but must soon occupy most of his time. He was well liked at the school, and two years later a professor took him on a trip to Berlin. Here Frederic had an amusing encounter at a scientific congress to which the professor took him.

### Seeing a nondescript, unassuming

### MILK FINE FOOD SERVED ANY WAY

Milk is known as the greatest protective food because it provides more of the essentials than any other single food. Every one in your family, old or young, should have milk every day. It is equally good as an aid to health whether in cooked foods, such as soups, puddings and desserts, or as a beverage.

### Wrong Way to Ask For Date

No wonder Jack's unpopular. It's crude of him to ask bluntly, "Got a date for the Saturday dance?" Suppose Helen has no date! It will hurt her pride for Jack to say "No." The correct thing for Jack to say is "Will you come to the Saturday dance with me?" That gives Helen a chance to answer without embarrassment "I'd love to" or "Sorry, but I'm busy."

Dates become smooth, thrilling when you know what's correct. What to do at the party when your beau says, "I'd like you to meet a friend of mine?" Say, "Do bring him over." Don't cross the room to meet him. And don't rise when introduced to a man unless he's ages older than you.

Time to go? You make the first move on leaving a party. And when you hop into the taxi, don't let your beau by piping "619 Main avenue." It's correct for him to give the driver your address.

More good times for you if your manners are smooth! Our 32-page booklet tells the correct thing to do at dances, dinners, dates, at the theatre. How to accept compliments gracefully, what to do about the boy who pets, pointers on polite in public.

Send 20c in coins for your copy of "Etiquette For Young Moderns" to The Guardian Home Service. Be sure to write plainly your Name and Address and the Name of booklet.

Name \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ Province \_\_\_\_\_



## 66 Clothing Coupons A Year Will Buy For a Man

- COUPONS
- 26 2 collars
  - 7 1 pair slacks
  - 6 1 pair gloves
  - 14 2 handkerchiefs
  - 1 tie

- COUPONS
- 18 2 pairs stockings
  - 11 1 girdle
  - 7 2 under-garments
  - 7 1 petticoat
  - 5 1 pair gloves

### A Woman Can Buy.

- COUPONS
- 1 long coat
  - 11 1 woolen dress
  - 1 non-woolen
  - 7 1 pair shoes
  - 1 blouse

### Income Taxes Britons Pay

TOTAL INCOME	SINGLE PERSONS	NO CHILDREN	MARRIED COUPLES WITH: ONE CHILD	TWO CHILDREN
\$1000	\$188.50	\$110.50	\$ 45.50	Nothing
\$2000	\$504.50	\$504.50	\$ 404.50	\$ 304.50
\$4000	\$1524.50	\$1404.50	\$1304.50	\$1204.50

## A Morning Smile

### THANKFUL

The small boy had just started school, and after a week he said: "Mummy, the teacher asked me all about you and daddy, and if I had any brothers and sisters."

"I am glad to see her taking so much interest," replied the mother. "What did you tell her?" "I said I was an only child."

"And what did she say to that?" asked the mother. "Oh, just 'Thank heaven!'"

Unstragglant One (to unwelcome Christmas visitor): "A'm over glad tae see ye. But, moon, it's an awfu' night for a call."

Hopeful Visitor (hanging up dripping coat): "Ye're richt. But aye, it's a grand night for findin' folk at home."

## COPY-CAT FAILS IN BEAUTY CARE

Every woman who has a care for her appearance should have a good sound reason for every beauty routine she does.

It is a waste of energy, not to mention money, to do elaborate rituals which never were intended for your particular type of face or complexion or figure.

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And know why you select the particular rouge and nail polish you like? Also the face powder and foundation cream. Remember that what's wonderful for blonde Mrs. So-and-So, whom you so admire and wish to be like, is pretty sure to be a bane to brunettes you.

Study the fashion and beauty news with the spirit of the colonist—the free, inquiring, critical spirit of a reasoning creature—and do study! The "latest" thing from Hollywood may be the ultimate glorification of the actress before the camera, but only a booby-trap for you.

It's not a bad idea to derive

**Ganong's**  
 Ganong's Best  
**CHOCOLATES**  
 DELECTO  
 THE FINEST IN THE LAND

## BABY'S TEETHING UPSETS QUICKLY CHECKED

YOUR BABY must "get a tooth." But he need not get a fever with it—if baby's mother is wise he won't.

Here is what one wise mother, Mrs. Archie Bebie, of Coconino, has to say: "We have not lost one night's rest through teething as I always use my old standby, Baby's Own Tablets. They are worth their weight in gold."

And Mrs. B. A. Sebne, of Gal, Ok., says: "I have given Baby's Own Tablets to my baby girl since she was three weeks old, and although she cut her teeth rapidly all four molars, she once she has never yet wakened us at night. I would not be without these tablets."

Give these safe, sweet-tasting tablets at the first sign of teething fever. Easy to take, prompt in action, yet safe. Analyst's certificate in every package.

Also effective in Constipation, Simple Fever, Diarrhoea, Open Stomach, Colic, Simple Croup and Whooping Cough. Get a box today. Send no money back if you are not satisfied.

### Dating Manners You Want to Know

COUPONS

- 2 8
- 2 2
- 1 1
- 1 1

### COUPONS

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- 3 3
- 4 4
- 6 6
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- 1 1

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## Living & Leisure

## The Woman's Realm

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Like some other great artists, Chopin died young—at the age of 39.

### SINGS IN RHYME

The postman brings a parcel to the wrong house? Then if you shows you'll steal someone's love, and this may be some who knows? To break a plate's unlucky, and to give an empty purse as present, foretells the end of our national dress, our songs and our poets were all forbidden us. And yet in him we could still find the living breath of all that was prohibited. He was a smuggler, who in harmless rolls of music carried contraband Polish patriotism to his brothers across the border.

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You put your vest on inside-out then just you'll have all day. You come across a viper as you upon your way? This is not good, it means you'll meet a woman who will be no real friend to you, with her you'll surely disagree. To find wistaria in bloom means that he loves you well. A wasp sting is a warning, dear, for often it will tell of danger coming near. You soon, a waspel may denote some worry and a quarrel with a friend on whom you dole.