

# Woman's Realm - Social and Personal - Fashions - Literature



### JUST WHAT A MAN WANTS

Men like good coffee. That is why Maxwell House is so popular with men. It is a blend of rare, extra-flavor coffees, roasted by a special process that captures all the mellow goodness in every single bean.



## MAXWELL HOUSE COFFEE

A Product of General Foods

### A Morning Smile

An A. R. P. warden was giving his household an edifying lecture in case of air raids. "Is it all quite clear, Janet, what you have to do in case anything happens?" "Yes, sir," she replied, "but it's going to be a sticky business using that there syrup pump!"

**CONGO'S MINERALS**  
Copper, gold, ivory, tin, diamond and palm oil are all found in quantity in the Belgian Congo.

**TO ABOLISH LINE**  
LONDON, Feb. 21.—(AP)—The Vichy Radio said today Pierre Laval had announced that German occupation authorities would abolish the Demarcation Line between former occupied and unoccupied France on March 1, permitting free movement to all Frenchmen "except Jews and undesirable" and restoring normal postal and communications facilities.

## Living & Leisure

### The Woman's Realm

"What's in a name, that which we call a rose, By any other name would smell as sweet; So Romeo would, were he not Romeo called, Retain that dear perfection which he owes, Without that title."

### LILLY DACHE'S HATS FOR SPRING GAY

NEW YORK—Many persons have enjoyed the cartoon of two doughboys coming face to face suddenly beneath a tangle of barbed wire, viewing each other's steel helmets camouflaged in daisies, and asking "Who do you think you are, any way—Lilly Dache?" In spite of the cartoon's absurdity, this famous milliner sticks to her guns, and declares, "Hats this spring will be sentimental and gay! Because of the restrictions in clothes, hats will be depended on more than ever to brighten the mood of the costume." Dache believes the tailored hat will be much worn because of the importance of tailored suits, but for dressier occasions hats will be gay with feathers and flowers.

### BUTTERLESS SANDWICHES

The bakers and company lunch-room operators say that there are more sandwiches being eaten for lunch than at any time in Canada's history, and that's easy to believe. Sandwiches usually mean butter. But that's out.

To start with we improved the basic flavor of all our sandwiches by never using white bread; a sandwich made with whole wheat bread starts miles ahead of a white bread sandwich for flavor—and for the superior nutritional qualities for

### FLOWERED "WESKIT" WITH PLAIN SKIRT

NEW YORK—The vest or waist-skirt is one of the new wrinkles when it's a low-cut, sleeveless, white or otherwise, it's less full and some-how they go to express one as being skippy, and usually because there is a suggestion of a peg top or something of the sort. Pockets help in the line of fullness.

There are naturally all manner of names for these skirts, but they all look at and good to wear. Consequently there are all sorts of new names to learn, which distinguish synthetics from wool, cotton and linen.

### DETACHABLE JABOTS ON SOME BLOUSES

NEW YORK—If you want frills, but aren't sure you want one all ways, look into the blouse which has a detachable jabot. It might be fun to turn about and remove it when you're out with him, just to see if he notices the difference.

Clean-cut strips, tiny dots, bold plaids in crepe, tulle and cottons are other suggestions for variety in your blouse collection.

### HINTS ON ETIQUETTE

Cultivate a sense of fairness if you would be considered well-mannered. No one likes a chiseler no matter how charming otherwise.

To remove a milk-and-cream spot from washable fabrics, first soak the spot in cold water to remove the protein, then wash in hot soap suds to remove the fat.

### MARMALADE TURNOVERS

Roll pastry into thin sheets and cut into five-inch rounds with large cookie cutter. Spread half of each round with marmalade or jam, moisten edge of pastry, turn over marmalade, press edges together with time of fork. Prick tops of turnover with fork, brush with milk and bake in hot oven (450 degrees F.) about 15 minutes until lightly brown.

### BUT NONE TODAY

The banana grows either wild or under cultivation in almost every tropical region of the world.

### A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which are received the Wartime Prices and Control Board from housewives in this region. The answers are prepared by the Board. Readers who have intelligent questions to ask or want to know more about price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Control Board, Chappell Building, Charlottetown.

Q. My first ration book registered in my brother's name. I am a widow and have been keeping house for him but expect to move shortly. When I go for my new ration book can this be corrected so that my own name appears on my new book?

A. Yes, if you will explain the particulars to the person who writes up your new ration book, the error will be corrected.

Q. We have a small house on our farm property and rent it to a man who works in town. Do we come under the rent control regulations?

A. Yes. The only property exempt from the regulations is that used strictly for farming purposes.

## Dorothy Dix Says—

### SECRETARY LOVES YOU, GET HER NEW JOB OR GOOD HUSBAND

### Happy Wedlock Possible Despite Different Religions If Couple Broad-Minded

DEAR MISS DIX—Most men, including myself, prefer women secretaries and as office helpers, for the reason that women are more easily controlled. They do not talk back to their bosses and they strive to please. Now I am happily married and my wife and I are as thrilled to be together as though we were on our first date. However, my secretary is apparently in love with me. She turns her charms on me daily and makes every effort to attract me, but my wife is so beautiful it does not affect me.

My secretary is very competent, a college girl, and I am just sorry that she has not found a single man who would give her all the love she wants. What shall I do? Shall I help her to find a suitable mate?

### THIS GIRL KNITS HEARTACHES

ANSWER—Either find her a husband or another job, because you are in danger that you little wot of. No man is safe, no matter how much he loves his wife, or even if his middle name is Joseph, from any woman who is determined to get him and who stands in the strategic position that his secretary "woop"

If this girl really loves you, as you think she does, you do her no kindness in keeping her near you. Every woman is a wishful thinker who believes that what she wants is bound to happen to her and as long as you have not definitely broken with her and sent her about her business, she will keep deluding herself that you are cherishing a secret passion for her that will keep love alive.

She will read meanings in your every word and look that you never dreamed of. You won't even be able to say "Miss Pothooks, take this letter" without her seeing in your eyes that your wife doesn't understand you and that you are breaking your heart for love of her. Every time you look hungry, she will think that the pailor of despair is manning your cheeks.

Keeping a girl who is in love with you as a secretary is playing with fire. You will get burnt if you don't watch out. Naturally you wouldn't find her a good job. That should not be difficult in these days when good secretaries are at a premium.

### DEAR DOROTHY DIX—We are two boys who wish to know what the matter with a girl who doesn't want her mother to know where she goes, or whom she is with, or when she is coming back? We are afraid of that kind of a girl. Are we right?

### PROPER YARDSTICK FOR MEASURING GIRLS

ANSWER—That you are, boys, and it is certainly heartening to find that there are two youngsters who are intelligent enough to know that there is no better yardstick by which to measure a girl than by her relationship with her mother.

If she is the right sort of a girl and has the right sort of a mother, who has brought her up in the right kind of way, she doesn't want to do anything that she would be afraid to tell her mother about. Nor does she want to go anywhere that her mother would not approve of her going, nor with any boys whom her mother did not know to be gentlemen with whom she could trust her.

For deep in her heart every girl knows that her mother knows far more about life than she does, and so she is willing to take her mother's advice and be guided by it. She knows that her mother wants her to have a good time and to have nice friends, so she does not object to talking over her plans with her mother and asking the boys she dates to her own house so Mother can give them the once-over.

Just remember, boys, that every girl's mother is a prospective mother-in-law of yours or some other lad, and that it is a good idea to pick out your mother-in-law first and when you find one who suits you to marry your daughter. Because the girl is going to be pretty much what her mother is and what her mother has made her.

If mother has been so tyrannical and cranky and unsympathetic that the girl has not been able to confide in her, it is a good idea to sleep high, wide and handsome around the girl, because you don't want to have that sort of a mother-in-law to live with you. And if the girl is so wild and unmanageable that she defies her mother and goes to places she should not and with boys she ought not to know, also pass her up, because you don't want that sort of a wife.

DEAR MISS DIX—In spite of all advice to the contrary and even my better judgment, I am going to marry a boy whose religion is just about as different from mine as it is possible to be. But I love him very much and am going to marry him, anyway.

Can you make any suggestion on how to make this marriage, with its decided differences in religious background, as happy and successful as it is humanly possible?

### HAPPY MARRIAGES WITH CONFLICTING RELIGIONS

ANSWER—Inasmuch as the people of a whole nation, that was founded on the principle that every human being has the inalienable right to worship God according to the dictates of his own conscience, are able to live together peaceably and happily, I cannot see why a man and woman who love each other cannot make a success of their marriage, even though they have different creeds, if they will stick to the same formula.

## Needlecraft

### For The Home

### SMART SHIRTTWAIST FROCK

It Suits All Types of Figure

One dress that never lets you down is the dependable shirrtwaist frock. And when it's styled as stylishly as this one is, it's truly a joy forever, because it will look both soft and flattering and do the best for your figure. It's really a comfort to choose a style now that you know will do you faithful service all season long, and when you've made it, you'll wonder how you ever lived without it.

Style No. 2073 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 3-7-8 yards 39-inch fabric.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

### YOU WOMEN WHO SUFFER HOT FLASHES

If you suffer hot flashes, dizziness, distress of "irregularities," blue spells, are weak nervous or irritable due to the "middle aged" period in a woman's life—take Lydia E. Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. It's made in Canada. Pinkham's Compound is worth trying!

## WEEKLY WARTIME NUTRITION HINTS

Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday



## Spaghetti with Meat

An appetizing way of making meat leftovers go further

Besides milk, cereals and bread, tomatoes or citrus fruit and other fruit and vegetables, Canada's Official Food Rules tell us to serve meat, fish or poultry at least once a day. But, in wartime, we will sometimes have to use our ingenuity to make a little meat go a long way. This Savoury Spaghetti is a wonderful way of extending a cup or two of meat trimmings or leftovers into a hearty meal for a hungry family.

Cut the raw meat in cubes, dredge with seasoned flour and brown in a little hot fat, in frying pan. Fry with the meat (or alone, if only cooked meat is used), 1 minced clove of garlic (or a chopped onion, if you don't use garlic). On the basis of about a pound of meat, add a tin of tomatoes (some of the juice drained off for other use), 2 tablespoons tomato sauce, salt and pepper to taste. (If raw meat is included, simmer about one hour—otherwise, just make hot.) Add diced cooked meat, make very briefly, and turn over a platter of hot, well-drained cooked spaghetti. Sprinkle with grated cheese, if desired. A green leafy vegetable and a fruit salad or fresh fruit for dessert, completes a fine meal.

Martha Logan's fascinating 54-page meat cookbook, "Meat Complete," is the housewife's complete guide to wartime shopping. Yours for only 10¢. Write to Swift Canadian Co., Limited, Dept. M-13 Toronto.

### EAT THESE FOODS EACH DAY

MEAT, Fish or Poultry daily—live, heart or kidney once a week. Eggs: 3 or 4 a week.  
FRUIT: Tomatoes or citrus fruits or other juices and one other fruit.  
VEGETABLES: Two servings, preferably leafy green or yellow, frequently raw, besides potatoes.  
BREAD: 4-6 slices Canada Approved and a serving of whole grain cereal.  
MILK: Adults 1/2 pint. Children more than one pint. Cheese as available.

## SWIFT CANADIAN CO., LIMITED

### Makers of Premium Quality Products; Brookfield Butter, Eggs and Cheese; Jewel Shortening and Silverleaf Lard.

It is the love of bossing, not the love of God, that makes husband and wife fight and argue and make each other miserable. Each is determined to make the other give up his or her creed and join his or her church, and in the struggle over this they lose sight of everything that religion really means and teaches.

If you will let your husband go to his own church without making a scene over his not going with you; if you will never argue with him over his beliefs, or criticize them; and if he will show the same respect and tolerance for your creed, there will be no friction between you on the subject of religion.

I have known many "mixed" marriages, where the husband and wife were big enough and broad enough and loved each other enough to give each other this freedom, and no marriages were ever happier.



DESIGN NO. 504

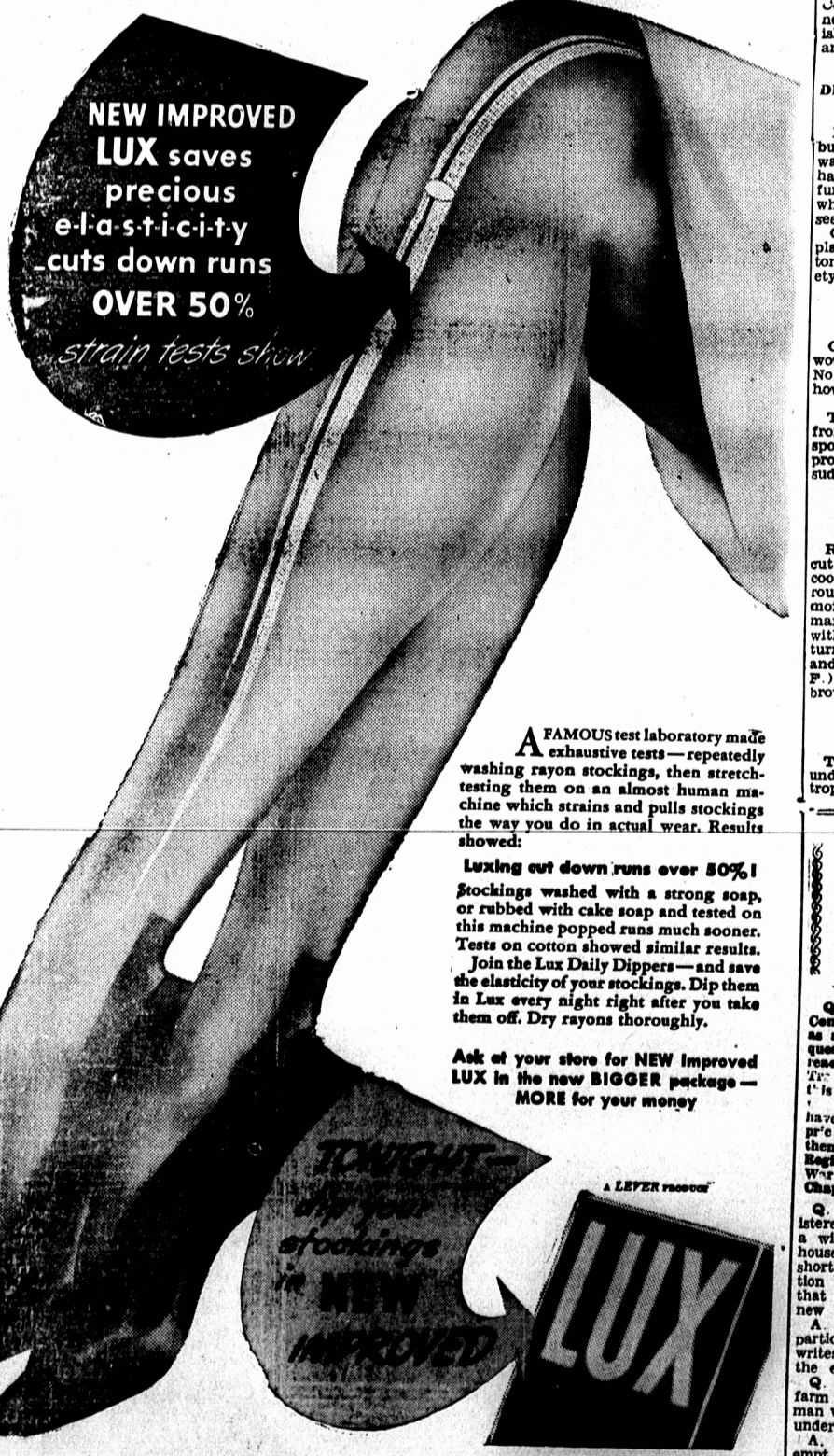
Old fashioned figures make a grand embroidery for tea towels, curtains, etc. Done in cross stitch. Hot iron transfer pattern No. 504 contains 11 motifs measuring from 1 1/4 x 1 1/4 to 3 x 4 1/4 inches with complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

Needlework Department, Charlottetown Guardian

Design No. 504  
NAME \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

# News! RUNS cut down over 50% in RAYONS!



NEW IMPROVED LUX saves precious elasticity cuts down runs OVER 50% strain tests show

A FAMOUS test laboratory made exhaustive tests—repeatedly washing rayon stockings, then stretching them on an almost human machine which strains and pulls stockings the way you do in actual wear. Results showed:  
Luxing cut down runs over 50%! Stockings washed with a strong soap, or rubbed with cake soap and tested on this machine popped runs much sooner. Tests on cotton showed similar results. Join the Lux Daily Dippers—and save the elasticity of your stockings. Dip them in Lux every night right after you take them off. Dry rayons thoroughly.

Ask of your store for NEW Improved LUX in the new BIGGER package—MORE for your money

