

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Gay Peasant Apron With Decorative Cross Stitch Trim by Mayfair



308

Mayfair Needle-art Design No. 308

Gay Tyroleans, dressed in colorful native costumes, hold hands and dance merrily across this pretty peasant apron. The instant you put it on you feel lighthearted and gay and ready to cope with any household task. The bright colors you will see for the apron itself and the brilliant threads you will use for the simple cross stitch and outline stitch embroidery, will rouse the doldrums from any day. "He" has a gay cockade in his hat and "She" wears a demure apron atop her colorful skirt. An ideal gift for bride or bazaar and a joy to any feminine heart. The pattern includes a tissue pattern of the apron, a transfer pattern of embroidery designs for bib and border, cutting chart, complete instructions for making and embroidery, as well as color chart and sample of thread used for embroidery in the original model.

For complete patterns and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

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DESIGN NO. 308

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Today's Short Wave Radio Program

(All Time is Eastern Standard)

WEDNESDAY, MARCH 10

BOSTON

5 p.m.—Rebroadcast of Selected Subjects. WJLX, 26.4 m., 11.79 meg.

PARIS

5:15 p.m.—Concert from Radio-Paris. IFA-4, 25.6 m., 11.72 meg.

ROME

6 p.m.—News in English. Folk Songs, "Events of Interest," a talk. Selections from operettas. Dance Music. 2RO, 31.1 m., 9.63 meg.

LONDON

6:30 p.m.—Students' Songs. Men's Chorus. GSD, 26.5 m., 77.75 meg.; GSC, 31.3 m., 9.58 meg.; GSB, 31.5 m., 9.51 meg.

MOSCOW

7 p.m.—Children's theatres, emmas and songs. Soviet Opinion and World Affairs. RAN, 31.2 m., 9.6 meg.

SCHENECTADY

8 p.m.—Latin American Concert. W2XAF, 31.4 m., 9.53 meg.

CARACAS

8:30 p.m.—Popular Orchestra. VVZRC, 51.7 m., 5.8 meg.

LONDON

9:22 p.m.—"Romantic Airs." The Otto Ferrari Players. GSD, 26.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.; GSB, 31.5 m., 9.51 meg.

BERLIN

9:30 p.m.—Tramps. Miscellaneous Hour. DJD, 25.4 m., 11.77 meg.

VANCOUVER

12 midnight—Ye Olde Medicine Show. CJRO, 48.7 m., 6.15 meg.; CJRX, 25.5 m., 11.72 meg.

TABLOID

A little dry flour or cornstarch sprinkled over the top of a cake before icing will prevent the icing from spreading and give it a smoother appearance.

A LIVE LIVER MEANS NEW "LIFE"

This biggest organ of your body must be completely alive for complete life.

Because your liver affects your kidneys, blood, digestion, nerves, glands, muscles, it must be in good health if you are to be in good health. If your liver does not work properly you feel rundown, half-sick, suffer indigestion, skin troubles, headaches, constipation, and other ills. So be sure your liver works properly by taking Fruit-a-tives. Containing extracts of fruits and herbs, Fruit-a-tives act to bring normal, healthy liver action; stimulate flow of bile; cleanse the elimination tract; tend to purify the blood of poisons and acids. Already thousands have found new health with this biggest selling remedy of its kind in Canada. You can, too. Give Fruit-a-tives a trial. On sale at all drug stores. Insist on genuine "Fruit-a-tives".

The HOUSEWIFE and HER ACTIVITIES

SLIPS THAT PASS IN THE NIGHT

The typographical error is a slippery thing and sly; You can hunt till you are dizzy, but it somehow will get by. Till the forms are off the presses it is strange how still it keeps; It shrinks down into a corner, and it never stirs or peeps. That typographical error, too small for human eyes. Till the ink is on the paper, when it grows to mountain size. The boss, he stares with horror, then he grabs his hair and groans; The copyreader drops his head upon his hands and moans—The remainder of the issue may be clean as clean can be. But that typographical error is the only thing you see. —Commerce and Finance.

GIVE YOUR EYES OCCASIONAL BATH

Get two bowls, one of hot water and the other of cold, with two pads of cotton wool, one in each bowl. Bathe the eyes alternatively, first hot then cold, six times each eye. Dry the eyes gently with soft tissue, then pat in some muscle oil, patting from the outside to the thin part of the nose. Cover the eyes again with two cotton wool pads, soaked in witch hazel or salt water, and relax for 15 minutes.

SEWING GATHERS

Fine gathers are difficult to keep even. Run the material through your sewing-machine with the needle unthreaded then gather by hand, running the needle into each of the holes you have already made.

DRESS FLOWERS

The very newest dress flowers have "pinked" edges (says the Star). They are in pique, or crisp organdie, or stiffish mousseline de sole, and anyone with a little patience and leisure can, with a pair of small sharp scissors, do the pinking for herself.

ALLOW YOURSELF TIME TO DRESS FOR FORMAL PARTY

Your makeup when dressing for a formal evening is just as important as your coiffure and the gown you wear. Allow time enough to get it on perfectly before you start for any party or dance. If you can't possibly spend more than one hour dressing for a formal function, better budget your time so you won't have to powder face and neck at the last minute and apply lipstick as you rush down the stairs to greet your escort.

NEW SUITS

A New York house show a liking for "crashy" types of weaves, jackets with flecks of color worn with dark skirts, two-piece styles with brief jackets of boleros and endorsement of a "favorite" silhouette which tops a two-piece jacket suit with a full-length, fitted unfurled coat buttoned down the front.

VISITING THE SICK

Don't feel you are doing the sick friend a kindness by taking the children along when calling on her. They are much more apt to make her nervous than to cheer her up in her weakened condition. Let the children play outside while you make a short call.

BATHROOM SCALES

There is nothing quite so helpful in keeping the pounds from accumulating as a set of bathroom scales. The woman who finds she

has gained a pound the day before

will curb her appetite when she discovers it so that more pounds will not follow. Weight has a way of creeping up on those subject to it and before realized many pounds have been gained.

ATTENTION TO GRANDMA

When there is a grandma in the home it is not difficult to train the young children to take care of their own mother by the attention you pay to yours. The courtesy and thoughtfulness for the older person will soon be copied by the children and it will be installed in them all their lives. The deference that should be shown the parents who love and care for them. This is one place where parents are distinct models to their children—and for their own advantage.

KEEP THRIFT BANK

"In our family we have a thrift bank where small change is deposited from time to time by my husband, daughter, 14, and myself. This fund is reserved for some special pleasure or week-end trip that we can all enjoy," says a housewife.

FAVORITE SALAD

A favorite salad of Ann Southern, picture star, is made of almonds, dates, dried figs and maraschino cherries ground together. The mixture is moulded into the size of a peach pit and placed in the centre of half a canned peach. It looks exactly like a real peach pit, and when topped with a little mayonnaise makes a salad both lovely to look at and good to eat.

HOLDS 'EM STEADY

Flower vases will not topple over when holding a rather top-heavy bouquet if the bottom of the vase is loaded with small buckshot.

CASUAL COATS SHORTER AND MORE BOX-LIKE

The casual coats for spring will be shorter and boxier than last year's. In suits blues lead the color calendar and 22-inches is the best jacket length. The decided swing to casual rather than fitted silhouettes in early coats is not surprising, for it is pointed out that early coat customers are more inclined toward casual silhouettes because they can be worn over

WHITE BEACH WEAR

Much white is shown for beach wear in the south.

A NEW WAY TO COOK EGGPLANT

Eggplant is in the shops. Get some. They are good. Boil till soft and peel. Boil some carrots too, separately. Then put together into fireproof dish. Cover with plenty of chopped celery and onion. Season with salt, pepper, a little vinegar, a dash of Worcester sauce and plenty of pure olive oil. Bake in the oven with a cover until done, which will be at least an hour. Serve very hot.

MODERN GIRLS

(Windsor Star) "Modern girls," says a Georgia preacher, "are like bungalows—painted in the front, shingled in the back and nothing in the attic." Quite so, but they're popular everywhere.

DAISY TRIMMED TOQUE AND SCARF SET

Paris has produced a toque and scarf set trimmed with daisies to cheer up mid-winter days and make us feel that spring is not far behind. The toque is of black felt, with the flowers, of red, green, and white—what a pleasant color combination!—applied on the top. A fine nose-length mesh veil is tucked over it. The scarf is of double soft satin, with similar flowers making a riot of gay color at the ends.

That nice tea! Old English Blend King Cole

A Morning Smile

Mother (teaching her son arithmetic)—Now take the Smith family—there's mummy, daddy, and the baby. How many does that make? Bright Son—Two and one to carry. NOT SO BAD

PRECAUTIONS AGAINST ILLNESS IN THE FAMILY

Your family will benefit if you see to it that they drink plenty of water. This is a habit to be encouraged, for it ensures complete flushing of the various organs which deal with waste. In winter, clothes should be warm, porous and loose-fitting. When things are handed down from one member of the family to another, no harm will result if you make certain that the garments are not too tight and do not cramp the lungs, the toes, or, in fact, any part of the body. Clean clothes are essential if trouble is to be avoided. Particular attention should be paid to the washing of articles which have been used during an illness.

MIND YOUR MANNERS

1. In making an introduction is a woman's name spoken before a man's?
 2. Does a man always rise for an introduction?
 3. Is it correct to say, "Miss Black, meet Mr. White?"
 4. Should a man offer his hand to a woman when the two meet?
 5. What would be a proper reply to a person who says, "I am glad to have met you?"
- You are talking to someone whose name you cannot for the moment remember? Another acquaintance joins you. (a) Include the newcomer in the conversation, but make no attempt at an introduction. (b) Say, "I am sorry, but for the moment I cannot think of your name."
- (c) Begin the introduction hoping that the other person will supply his name when you pause.

ANSWERS

1. Yes.
 2. Yes.
 3. No. Using the imperative "meet" is bad form. Say, "May I present" or "This is."
 4. No. That is the woman's privilege.
 5. "Thank you."
- Best "What Would You Do" solution—"b"—Some people will let you flounder if you try 'c'.

Fish And War

During the World War an "Eat More Fish" campaign was launched in the United States in which women in all walks of life assisted by serving fish oftener, studying modes of preparation, marketing, etc. Today, Canadians are waging war on "Old Man Depression" and one of our best weapons is the present "Eat More Fish" campaign. Food prices are advancing but because our supply of Canadian fish is so abundant and high in quality we

Stomach Upsets, Dizzy?

If you're troubled with stomach distress, gas, and have no appetite, there's nothing better than Dr. Pierce's Golden Medical Discovery. Mrs. John Blackmon, 5 Victoria St., Stratford, Ont., said: "Some years ago my health failed. I had weak and dizzy spells, would feel faint, had an all-gone feeling most of the time, my digestion was poor and I was constipated. A neighbor recommended Dr. Pierce's Golden Medical Discovery and after taking it a short time the stomach upsets and constipation were corrected and I had no more dizzy or faint spells. My appetite improved and I gained in weight and in every other way." New size, tabs. 50c.



FIVE SNOWBIRDS LEAVE THEIR NEST FOR A WHIRL IN THE OPEN



Out on the porch of their nursery to catch a few breaths of crisp, winter air, the Dionne quintuplets look over the railing at a white snow-Cecile, left, and Marie seem to be in a huddle over just how the attack should start. Next is Annette, armed with a snow shovel. Emilie keen survey of the scene, while Yvonne, at right, apparently is puzzled by the decoration of her bucket. Prospecting is fun, but wait until world challenging their invasion. purses her lip as she makes a tomorrow! Then the quins will

Women Still Crave "Brutes" **Dorothy Dix** "Strong" Men Are Desired as Husbands

Despite Her So-Called Modern Freedom, Down in Her Heart Nearly Every Woman Prefers a Husband Who Will Boss Her

Do American women, for all their boast of freedom, still crave over-man husbands? A speaker at the American Sociological Association Convention declares that they do. As he put it: "Super-ordination of the husband and subordination of the wife appear still to be the accepted status of most marriages and what the majority of wives still want and expect."



Of course, all the married women in the length and breadth of the land will rise up and with one voice deny this allegation. They will say: "Haven't you got the very word 'obey' expunged from the marriage ceremony? Don't a lot of us even keep our own names after we get married and go on calling ourselves Miss Jones or Miss Perkins even after we have a houseful of children? And we would like to see any mere husband telling us where we get on and where we get off! The nerve of them!"

All of which is, of course, more or less true. No one can deny that in this land of free and emancipated ladies that the head of the household oftener wears skirts than breeches. It is the wife who decides where the family shall live and what they shall spend; how the children shall be reared; whether they shall attempt to climb the social ladder or sit contentedly at its foot; who even buys her husband's clothes and dictates his politics and religion.

All of us know plenty of men who abroad speak with the voice of authority to which millions listen, but who sing small in their own homes with no one to lend them an ear. We have seen heroes with their chests covered with medals for bravery in battle, but who tremble before little two-by-four wives. And we could point to any number of men who are autocrats in their business or professions, but who wipe their feet on the mat before they enter their own doors and say "ye ma'am" to the women to whom they are married.

Human nature being what it is and all of us, both male and female, having a streak of the tyrant in it, it follows inevitably that a wife will dominate her husband if she can. But, curiously enough, while she can't resist the temptation to boss him, it doesn't make her happy to do it. In her secret heart she wishes that he had backbone enough to stand up for his rights.

For, in reality, women are still primitive creatures emotionally and so far as their relations with men are concerned they haven't got a yard away from their cave mother's point of view. They still admire strength, whether it be physical or mental, more than any other quality in the male. They still want some man to tell them what to do and make them do it. They still want to be a little afraid of the august godling to whom they are united. For all their swaggering and bragging about equality no wife really wants to be on her husband's level. She wants to look up to him.

If every woman had her heart's desire she would be wooed by a brute with a blub and dragged by the hair of her head to his lair, instead of getting a namby-pamby written proposal from a timid lover who didn't have even enough spunk to come and do it in person. If you don't believe this just look at the stage and screen lovers over whom the fair sex go crazy. Big, burly fellows who treat 'em rough and knock 'em down and marry 'em in spite of themselves and who waste no time on silly soft talk in getting what they want.

As I remarked in the beginning, virtually every woman will henpeck her husband if he will stand for it, but even while she is doing it she isn't enjoying it because it tinges her love for him with a certain contempt. It makes her feel that she is stronger than he is, that she has better judgment, that he recognizes his inferiority to her and the picture of the clinging vine husband is not one that ravishes any woman's fancy.

Invariably you will find that the happy and contented wives are those who are married to men whom they admire and respect and to whom they willingly defer. No slavish obedience is theirs to a tyrant, but a glad submission to husbands whom they believe to be wiser than themselves with more experience of life and better fitted to deal with the problems of their mutual lives. Whenever you hear a woman begin every sentence with "John says" you have the strongest possible proof that she is happily married.

And if this be caveman stuff it is the stuff out of which successful marriages are made.

DOROTHY DIX.

need not sacrifice health to obtain a cheap protein food. We may serve fish, gain health, and spend little. The "Eat More Fish" campaign is therefore a weapon too, in the war against ill health, a weapon also against weakness of home consumption of our Canadian seafoods, a weapon to make us "nor sit, nor stand" but advance in appreciation of the wealth from our seas, and in our ability to use it to our families' physical and economic well being.

Fashions' Latest For Chic Dressers

Here are two little aprons borrowed from the peasant fashion. They're very comfortable besides being new and smart. They're becoming to youthful and larger figures.

You'll note both of them have the non-slip shoulders, which are so important for home tasks. The basque bodice apron has a flattering flared collar that extends over the shoulders and down the back to the waist. This gay apron combines a peasant cotton print with plain cotton. The deep armholes and the edge of the flared skirt are finished with bias binds of the plain cotton.

The one-piece Tyrolean apron is exceedingly fascinating in plain yellow cotton with red bias binds and green print hand trim. You'll receive compliments galore in these new looking peasant aprons.

Both aprons are made with the same pattern which also includes an illustrated Sewing Chart. It shows step-by-step how to cut and stitch them.

Style No. 2826 is designed for size Small Medium and Large. Medium size requires 1 7-8 yards of 35-inch material with 1-2 yard of 35-inch contrasting and 2 yards of binding for the basque apron; tyrolean apron requires 2 1-4 yards of 35 inch material with 5-8 yard of 35 inch contrasting and 5 3-4 yards of binding.

Price of pattern 15 cents in stamps or coin (coin preferred) wrap coin carefully address 1 Charlottetown Guardian giving—

Style No. 2826 Size.....

Name _____

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