

That Whiff of Fragrance



which never fails in its cheerful invitation to breakfast, comes more frequently, more invitingly, when it's

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that is used. The famous Seal Brand flavour, fragrance and delicacy are sealed right into the Tin.

In 1/2, 1 and 2-lb. tins. Never sold in bulk. Whole, ground, and Fine-ground, for Tricolours and ordinary percolators. At all good dealers. It's fine. "Perfect Coffee—Perfectly made" tells just how to make Coffee. It's fine. WRITE for it.

CHASE & SANBORN, MONTREAL.

Nova Scotia Lady Broke the Ice For Rotarians

OTTAWA, Feb. 18.—The Journal today publishes—"Ottawa Rotary Club yesterday held a luncheon at the Chateau Laurier and invited to it delegates to the Educational Convention at present in session here. When the luncheon had concluded, the secretary of the club, Mr. H. S. Blinks, quietly passed about and requested the members present to refrain from smoking owing to the fact that there were a number of ladies present who were interested in educational matters and who might be averse to sitting in the evil fumes of tobacco.

"Gallantly obeying this request the members felt a little at a loss without their usual after-eating 'gasp.' They were not quite at ease and happy, as is usual with Rotarians after a meal, when President Dan Johnson arose to launch the day's programme. He was suddenly interrupted by a gasp of astonishment, quickly followed by a sigh of relief. By the time the president had looked over the assemblage to discover the cause of the interruption he found every one hastily lighting up a cigar, cigarette or the old pipe.

There was a lady from Nova Scotia wife of one of the educational delegates, nonchalantly puffing away at a cigarette.

From that moment the party brightened up perceptibly and the Rotarians were quite tickled with the action of this worldly wise woman who had relieved the tense situation and put the men at their ease. There is some talk of the constitution being changed to allow the club to make her a member.

SAVINGS CERTIFICATES

OTTAWA, Feb. 23.—Particulars of the new issue of savings certificates to be put on sale by the finance department are now available. They will be issued in denominations of \$5, \$10, \$25, \$50, and \$100, and are payable three years from the date of purchase with interest at the rate of five and a half per cent compounded half yearly.

Thus an investment of \$55 now will bring \$100 three years hence.

SIR OLIVER LODGE ON CONTINUITY OF EXISTENCE

NEW YORK, Feb. 22.—Sir Oliver Lodge, who spoke at the Shubert theatre on "The Continuity of Existence," told what he thought the other world was like, what we look like after we go to it, and the power we retain to foresee and influence events on this planet.

He offered specific evidence for his views in three cases: The recollections of a man who nearly died while under an anaesthetic, and believed that his spirit for a while was detached from his body; indications that Mrs. Piper the medium, in her trances, saw the dead, with whom she communicated, and a report on conditions in the hereafter dictated by a dead father to a young woman who did automatic writing.

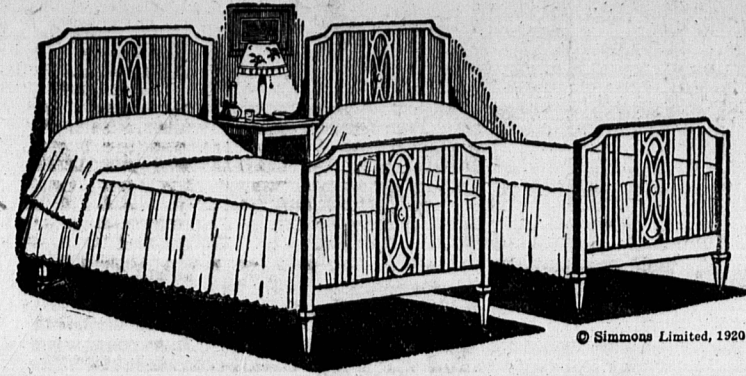
We have two bodies, the one that lives on food, catches the "flu" and finally returns to dust, and another one of ether, which is permanent, in the opinion of Sir Oliver. If we could see it, our ether form would look about the same as the other one. He reached this conclusion, he explained, because the fact that Mrs. Piper, in the transition stage after coming out of a trance, could pick out the photographs of the dead persons she had been talking to from among dozens of others. After she was quite herself, however, she could not recall anything about the person in the other world with whom she had been talking. While believing that this established that we retain our shape, size and general appearance in the other body, which we carry to the other world, Sir Oliver offered no opinion as to the manner to which the ether body is clad or any detail about its use or possible further development in the hereafter. From spirit messages, however, he concluded that the spirits found the body more useful and efficient than the machine of flesh which they formerly had.

in the Other World

The dead are surprised, he said, not by the strangeness of their new surroundings, but by the fact that they find their habitations a good deal like earth. They have, for instance, animals there, and flowers. They have other things which we have not, but these other objects, his conclusion was, are so different that they cannot be approximated to any of our conceptions, and spirits generally fall in seeking to describe them in the vocabulary of earth. Those who have died most recently, he said, are more apt to tell through mediums of the familiar things which they find where they are. Those who have long been in the other state develop more interest in what is strange and unearthly, and strive in their inter-world conversations to tell us inklings of them, but our speech generally proves to be a non-conductor for such ideas.

Sir Oliver guarded against being understood to deny heaven or hell, but said we proceed immediately to a local stop place which is neither. If we could get into communication with a saint or a spirit of evil, he said, we might find him in heaven or hell, but the run of men go to a place like earth, although more

Why do Some Folks Dream All Night



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IF you are one of those healthy individuals who "never" dream, be sure you are a deep sleeper. Your sleep does you lots of good.

You'll never get sound, refreshing sleep unless you relax. You can't relax in a bed that rattles or groans—on a spring that squeaks every time you move.

The least noise keeps the nerves on edge. You may not wake up—but your nerves will. That's one reason you dream.

WHAT you need for deep, dreamless sleep all night is a perfectly quiet bed and a spring that invites complete relaxation.

That is why folks sleep so much better on a Simmons Metal Bed and a Waldorf Box Spring.

The Simmons Bed is noiseless. It locks firm at the corners. The corner locks are made of pressed steel—have much longer bearing surfaces than the average—fit true and snug—not a creak, rattle, or feeling of unsteadiness.

The Simmons Pressed Steel Corner Locks are protected by

basic patents—exclusive with Simmons Limited, not to be duplicated or imitated.

And these patented corner locks have made possible the *Three-piece Bed*—the new Simmons idea—the spring forming a single unit with the side rails.

THE Waldorf Box Spring really does what you have always wanted a spring to do.

It invites complete relaxation. It supports the body at ease on fine resilient spring coils—each coil conforming freely to the contour, so that the spine is perfectly rested, whether one sleeps on the back or on the side.

Simmons Waldorf Box Spring is covered with ticking of the finest grade and great wearing quality, in new and attractive designs.

It fits firmly on the bed—never sags or humps, never loses its resiliency.

And Simmons Mattresses and Pillows are in every way worthy to go with Simmons Metal Beds and Waldorf Box Springs.

THE most advanced thought of the day about sleep is "a separate bed for each sleeper," either in a separate room or in a *Twin Bed*. Physicians have been urging Twin Beds for years—and Simmons Limited has long made a specialty of Twin Beds.

They are welcomed by people of nice feeling everywhere.

ALL leading merchants have Simmons Metal Beds, Waldorf Box Springs, Simmons Mattresses and Pillows.

Simmons Beds offers you a wonderful choice of brass, and enamel in colors and in beautiful natural wood effects to match your bedroom decorations.

And when you are selecting your Simmons Beds with an eye to their appearance in the room, you will see that Simmons has for the first time established beautiful and authoritative design in Metal Beds.

If you like, we will send you the names of merchants in this community who can give you Simmons Beds, Waldorf Box Springs, Mattresses and Pillows.*

Sleep is a big subject! Write us for the brochure, "What Leading Medical Journals and Health Magazines Say about Separate Beds and Sound Sleep." Free of charge.

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SIMMONS BEDS
Built for Sleep

elevated. The universe and our future states of existence, according to the lecturer, are organized on a basis of slow evolution. There are no "sudden jumps," he asserted.

"You don't feel as if you had come to a strange place, but as if you had come home," the dead father, who communicated with his automatic writing daughter, was quoted by Sir Oliver as saying "One of the things I have learned here in these months since I have come here is the immense power of thought. Every hard thing you say or feel for another makes your path and his harder. I had no notion how much effect we have upon each other. The living and the dead, your pain is ours; our joy may be yours.

"The more you realize you, nearness so much nearer we can come. Pray for us all, living and resurrected. There is a great bond between us. All my life on earth is so clear here. I can unroll it like a scroll."

Predictions of Spirits

Sir Oliver dealt with predictions supposed to be made by mediums by the departed, or what is generally called fortune telling. He said that the dead naturally had control over the same methods of prediction based on judgment or fore knowledge, that we have on earth, as

can change the outcome of a future event which seems most likely to the spirit because of the accumulation of probabilities visible to the ghostly faculties of the prophet. The interest of the dead in things on earth gradually lessens before engrossing developments in their new life except where a spirit threads his way back earthward on missionary work.

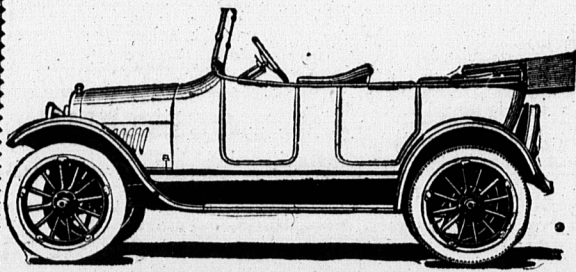
"What a lofty being may do," said the lecturer, "and what possibilities are open to him on missionary enterprise, and the different states to which such a being may go, are not for us scientific men to deal with at all. We must deal with the simple, the human, the tangible, the tractable, and leave supernal heights to theologians who make a study of them."

With disinterested and clearer views on human character and a greater understanding of human events, spirits could well have the power to make better predictions than the living. The clear eye of the spirit might diagnose a dangerous disease as yet unknown to the victim or foresee a combination of circumstances not apparent on earth, which would in all probability bring some event to pass. Further than that, they had to some extent the power to influence events so as to make good what they foretold. Sir Oliver said, however, that he was baffled by the accomplishment of predictions which went further than this. When a spirit said that on a given day and hour and at a certain place a train wreck would occur the subject presented difficulties. He said that he could not see how deductive reasoning could put a spirit into possession of such information in advance and that he did not believe a spirit would exercise what power it might have to cause such a catastrophe. All premonitions, even those of

the dead, he asserted, were subject to change, if unforeseen circumstances intervened. There is no such thing as predestination, according to the lecturer. Any person for whom evil things are predicted should remember according to Sir Oliver, that his will is free and that he can resist and often elude the blow which is prepared for him. Vigorous human action

can change the outcome of a future event which seems most likely to the spirit because of the accumulation of probabilities visible to the ghostly faculties of the prophet. The interest of the dead in things on earth gradually lessens before engrossing developments in their new life except where a spirit threads his way back earthward on missionary work.

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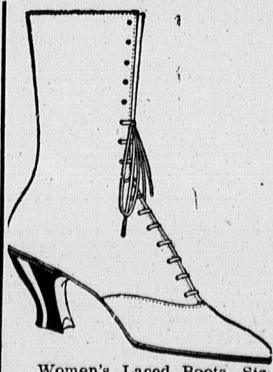
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Our buyer has just landed for this sale a number of very attractive lines which we can sell at less than wholesale prices, some of the lines are broken, that is we cannot supply all sizes, but there are great bargains here for many, many feet, come in and look them over.

Men's and Women's Rubbers 75c.
Women's are all sizes.
Men's are 9, 10, 11.



Women's Laced Boots, Sizes 2 1/2, 3, 3 1/2 and 4, only...\$2.95

Women's Patent Pumps, sizes 2 1/2 to 4, only\$1.98

Children's Kid Laced Boots, sizes 8 to 10 1/2\$1.98

- Women's Gun Metal Blucher Boots, now\$4.95
- Same with Neolin Waterproof soles, now\$4.95
- Women's Patent Vamp, 2 strap Slippers, now.....\$2.95
- Women's Kid one strap House Slippers, now.....\$2.95
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- Women's Brown Kid Boots, high or low heels.....\$5.95
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- Same with Neolin soles\$6.95
- Women's Buttoned Boots, small sizes, 2 1/2, 3, 3 1/2.....\$1.98
- Girls' Boots, sizes 11 to 2\$1.78 and \$2.48
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- Child's Patent Strap Pumps, 8 t o 10 1/2\$1.50

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