

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of...

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance...

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

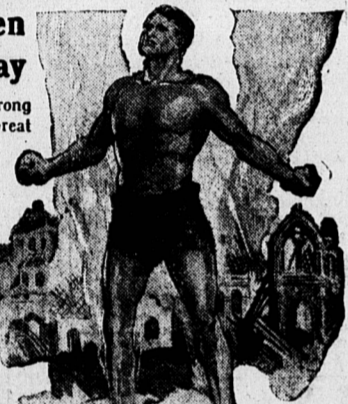
THE CENTAUR COMPANY, NEW YORK CITY

What Makes Men of Blood and Iron? Men of Stamina, Force and Success—Men Who Lead The Way

Physician Explains Secret of Strong Nerves, Keen Active Brains and Great Physical Energy—says

Nuxated Iron Helps Put Strength and Energy into The Veins of Men

It is the men of blood and iron—on a par with the war-hardened fellows returning from camp and field—who will forge ahead in the business and political life of the country...



Will War Help Make New Race of Super-men With Strength and Endurance Like Athletes of Old?

Results. The fact that Nuxated Iron is today being used by over three million people annually as a tonic, strength and blood-builder...

See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks...

Caution: Beware of cheap imitations. Nuxated Iron which is prescribed and recommended above is not a secret remedy but one which is well known to druggists everywhere...

Sold in this city by Geo. E. Hughes, Apothecaries Hall, E. A. Foster, Central Drugstore, H. J. Mabon, (Montague)

IN MEMORIAM

MR. JOHN E. P. AYLWARD.

There passed away at the City Hospital on March 12th, 1919, a highly respected resident of Southport in the person of John E. P. Aylward, the eldest son of the late Capt. John Aylward at the age of 69 years.

A man of quiet unassuming manner ever ready to extend the helping hand to any one in need and a devoted member of his Church, his name will ever find a warm place in the hearts of all who had the pleasure of his acquaintance.

MISS LUCY MITCHELL.

On March 2nd, the Angel of death visited the home of Mr. and Mrs. Bannerman Mitchell, Coleman, and claimed for its own their youngest daughter, Lucy, at the early age of 16 years and 10 months.

The service at the house and the grave was conducted by the Rev. Mr. Wood, Alberton.

IN MEMORIAM

The people of Mermaid and adjoining settlements were very much surprised to hear of the death of Mrs. Even MacEachern, which took place at the residence of her son on the 4th of March.

Nature's Healing Herbs for Headache



Practically all headaches come from two causes—Biliousness and Nervousness. Bilious headache means upset stomach and constipation with severe throbbing pains all over the head.

Dr. Wilson's HERBINE BITTERS insures quick and lasting relief from these headaches. The simple addition of herbs to the stomach, regulate the kidneys and bowels, purify the blood, and build up the whole system.

Smallwood. A member of the Christian Church, Cross Roads, yet rarely absent from the Kirk, Lot 48. Gentle and loving, always ready to assist in time of trouble.

MRS. ALBERT CRAIG

The following is from the Winnipeg Telegram of March 10th. The death occurred on Sunday morning of Emmeline Craig, widow of the late Albert Craig, at her home, 122 Chestnut Street, of pneumonia, after a brief illness.

ARCHIBALD MacDOUGALL.

Much sympathy is felt for Mr. and Mrs. Allen MacDougall and family in the loss of their eldest son and brother. Only about six weeks since he left home, having been drafted for Halifax.

The funeral services were conducted by the Rev. D. MacLean and Messrs Fletcher MacEachern, Nell MacEachern, Hugh MacDonald, John MacDonald, Adelbert MacDonald and Daniel Livingstone acting as pall-bearers.

FOR P. E. I. ORPHANAGE

Contributions received for P. E. I. Orphanage in Jan & Feb, 1919. Alberton \$10.00, T. MacDonald Covehead \$2.00, S. F. Hardy \$2.00, Stanley, Shaw & Pearson \$5.00.



"It's dood for me"

SMOKE BEN BEY THEY ARE GOOD

Table with Canadian National Railways Prince Edward Island Time Table in Effect, January 6th, 1919. Columns include P.M., A.M., Dep., Arr., and various station names like Charlottetown, Hunter River, Emerald Jct., Borden, etc.

Get the Habit of Drinking Hot Water Before Breakfast. Says we can't look or feel right with the system full of poisons.

Millions of folks bathe internally now instead of leading their system with drugs. 'What's an inside bath?' you say. Well, it is guaranteed to perform miracles if you could believe those hot water enthusiasts.