

Woman's Realm Social and Personal Fashions Literature

THE COOK'S CORNER

ORANGE RING CAKE

This is a nice type of cake to make during the fruit season. May I also suggest that a piece of it will travel well in a lunch-box if you wrap it in waxed paper.

1 1/2 cups once-sifted pastry flour
1 1/3 cups once-sifted bread flour
2 teaspoons baking powder
1/2 cup shortening or butter
1/2 cup mixture of the two
1/2 cup fine granulated sugar
1 teaspoon grated orange rind
1 egg
1/2 cup (each) milk and orange juice

Measure flour and sift twice with baking powder and salt. Cream fat and cream blend in the sugar; add orange rind. Add egg, beaten very light, and cream well.

Sift in the dry ingredient with alternate addition of milk, then with the orange juice; combine with each addition.

A Morning Smile

BEANFORD EXPOSITOR

A good expert, solicitous for the welfare and torn pants of postmen, milkmen, bakers' salesmen and others, has issued a leaflet containing hints for making friends with dogs. Among the suggestions are: "Always let a dog know you are approaching; speak in strange tones in a confident, friendly voice, not sharply or scoldingly; always give a dog something to eat; never let a dog follow you; if he does, give him a firm command; this is all very well, but do the dogs know about it?"

TOO LATE NOW

On a sentimental pilgrimage to the old home town a wedding pair had just returned to a street corner. "Do you remember John," the bride asked sentimentally, "we always used to meet here when we were courting?"

"Yes, dear," he replied, "but that time wasn't there then." She smiled, trying to pierce his aloofness. "I could say that the Senora, your grandmother needs you. But perhaps that would make you attention. So I'll say, instead, that I think you need her."

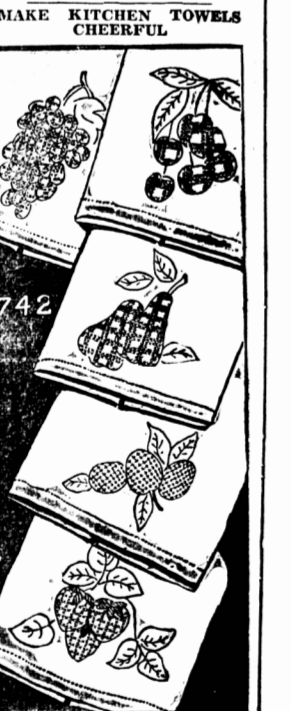
"Why do you mean by that?" Tracy gestured, indicating the shabby room. "This isn't exactly what I had in mind. I think you are down on your luck. I don't mean to offer a bribe, but the Garrison ranch is very rich. The Senora, your grandmother, is a very rich woman. Something like a warm glow spread through Tracy. It wasn't ridiculous any more. She was in love with Phil Garrison.

ARRID

ARRID is the largest selling deodorant

39¢ a jar
Also in 15¢ and 59¢ jars

MAKES KITCHEN TOWELS CHEERFUL



DESIGN NO. 742

These cross stitched motifs resemble checked gingham applique when they are embroidered on towels. Hot iron transfer pattern No. 742 contains five motifs measuring about 5 by 7 inches each with complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Charlottetown, P.E.I.

Design No. 742

NAME _____

STREET ADDRESS _____

Desert Destiny

Tracy was startled, but not afraid. After a surprised gasp, she was calm enough to attempt an understanding of the situation. She had found Phil Garrison—hiding behind a door with a gun in his hand and a cold grim look in his eyes. As though he were afraid of something or someone!

They stared at each other, letting a static silence build up in the dreary, unlighted room. Tracy found herself forgetting about the strangeness of the behavior, and the gun he held, and instead studied him carefully. He was, and he was not as she had imagined him. He had not the Spanish strain apparent in the other Garrisons. But he was tall and wide-shouldered and handsome and character was in his face. Tracy thought gladly: "He must be like his grandfather."

A Job Only You Can Do

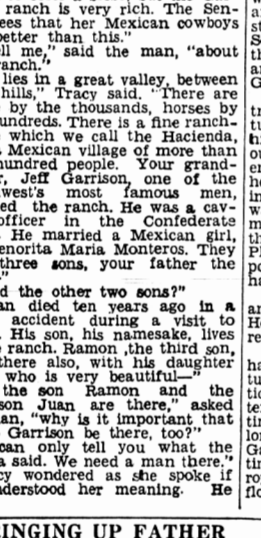
Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been asked by Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. I am having an awful time with my husband's socks which seem to shrink unduly. Has your price control any suggestions to offer?

A. It is a good idea to buy woolen socks a size larger than necessary and wash them in lukewarm water and put on stretchers to prevent shrinkage.

Q. Why is it that there is a ceiling on the selling-price of eggs such as, if you suspect that this has been violated please report the circumstances immediately to your nearest office of this Board.

BRINGING UP FATHER



TILLIE THE TOILER



TIPPY AND "CAP" STUBBS



Living & Leisure

BEYOND THE HORIZON

We only see a little of the ocean, a few miles distance from the rocky shore; But, ah, out there beyond, beyond the eye's horizon—there's more.

We only see a little of God's love, A few rich treasures from His mighty store; But, ah, out there beyond, beyond our life's horizon—there's more.

HINTS ON ETIQUETTE

Don't scold the waitress if she cannot give you a cup of coffee or pat of butter. It is the ration rule, and she cannot help it. It is patriotic to observe the rule cheerfully.

SUPPLY OWN TOWELS

Hotel guests in Britain must supply their own towels.

BASIC SUBSTITUTIONS

The following list of substitutes will be handy to have for reference in war time.

1 square chocolate, 1/4 cup cocoa plus 1/2 tablespoon shortening.

1 cup pastry flour, 1 cup bread flour, less 2 tablespoons.

1 tablespoon cornstarch, 2 tablespoons flour (for thickening).

1 teaspoon baking powder, 1/4 teaspoon soda, and 1/2 teaspoon cream of tartar.

1 cup sugar, 3/4 to 1 cup molasses plus 1/4 to 1/2 teaspoon soda.

1 cup sugar, 1 cup honey plus 1/4 to 1/2 teaspoon soda.

1 cup sugar, 1/2 cup maple syrup and 1/4 cup corn syrup.

1 cup molasses, 1 cup honey.

1 cup milk, 1/2 cup evaporated milk and 1/2 cup water.

1 cup milk and 1 cup water.

1 cup butter, 4/3 cup bacon fat, clarified.

1 cup butter, 2/3 cup chicken fat, clarified.

1/2 cup butter, 7/8 cup cottonseed oil, nut oil (solid or liquid).

1 cup butter, 7/8 cup lard, plus salt.

1 cup butter, 1/2 cup suet, plus salt.

1 cup tapioca, 3/4 cup quick-cooking tapioca.

*Reduce the liquid 1/4 cup.

*Increase the liquid 1/4 cup or more.

Dorothy Dix Says—

GIRLS, DON'T PAY HIGH PRICE FOR SUMMER'S FUN WITH BOYS

Good Conduct Code As Vital In August As December, In War As In Peace Times

The good old summer time in which our manners melt down with our collars, and in which we do things we would be incapable of doing at other times of the year, is upon us and it behooves us to watch our steps if we want to save ourselves a lot of grief.

Especially do girls seem to think that the dog days are the open season when they are free to swat Mrs. Grundy in the face, and to go about with no more clothes on than Mother Eve had before she got enlightened. So to the little lasses I offer a few DON'TS that may possibly prevent them from going soft and mushy just because the weather is that way.

The first and most important DON'T of all is: Don't park your code of decency with your fur coat and put it in cold storage. You will need it just as badly in August as you do in December. Maybe more so, and more than ever before there were so many wolves dressed up in sheep's clothing, seeking little lambs whom they may devour. They look so handsome and nice, but after they are done with you there will be nothing left of you but your bones and a few shreds of a damaged reputation.

WEEKLY TIPS FOR MEAT RATIONING

Meat Rationing From far-off South Africa, via the testing kitchen of the Dominion Department of Agriculture, comes today's meat rationing recipe.

"Boontje Breder" is an old recipe favorite of the Boers who serve a number of variations of it. Meat, potatoes and vegetables are cooked together giving a one dish meal that is different and well-adapted to meat rationing. In South Africa vegetable marrow, cauliflower or tomatoes are sometimes substituted for the beans. When quinces are in season thin slices are parboiled with a little sugar and added to the vegetables. The original recipe calls for lamb but it was tested using beef as well and found to be excellent with either meat.

South African Bean Stew

(2 coupons = 6 servings)

Use:—Stewing beef, boneless stewing beef, chuck, flank or round.

1/2 lbs. boneless lamb (front quarter)

3 tablespoons flour

1/2 cup salt

Dash pepper

2 onions, sliced thin

4 cups boiling water

1/2 cup butter

6 medium potatoes, cut in half. Cut meat into 1 inch pieces. Mix flour, salt and pepper and roll meat in the mixture, coating it well. Brown the onion lightly in a little hot fat in a heavy skillet. Add meat and any flour which has not clung to the meat, brown well. Add boiling water, cover closely and simmer about 45 minutes. Add beans, cook 10 minutes longer then add potatoes and continue cooking until meat and vegetables are tender.

FRILLY NECKWEAR GOOD THIS YEAR

The woman who likes something soft at her throat is in clover this season, what with shirred, or peasant necklines, the big pussy cat-bow or the men's wear bow. There are also many number of frilly neckwear neckties ranging from little ruffles that stand straight up from the dress to collars that are either very frilly or very flat. Ruffles of pastel, or white net, are being worn by women who match them to soft fabric gloves and sometimes to their hats. Splashy bows are matched to hats and are usually either polka dotted, striped or plaid or check. These are useful for changing the appearance of the same dress. Such bows are also matched to gloves, in fact gloves of the same fabric are an interesting possibility.

GOBBELS BLITZED

LONDON (CP)—Reuters reports from Stockholm that the Goebbels villa in the fashionable Berlin suburb of Dahlem has been considerably damaged by bombs.

Home Service

SPEAK ON THE RADIO

Have you always wanted to be a radio personality? Is this your secret ambition? You must have a good voice, of course, and above all you must be able to speak in public.

Do you tremble at the thought of standing up and making a speech, or even a little talk in front of people? You must overcome this feeling if you want to succeed as a speaker, either in public or over the radio.

So many people get stage-fright at the sight of an audience waiting to hear them. Others lose courage when they get in front of a microphone.

No need to be in the background! Practice will soon give you the confidence and self-reliance you need to appear before people.

Our 32-page booklet will help you to make a friend of your voice, to develop it and put your character in it. The booklet tells you how to make your audience like you as well as how to prepare and deliver your speech.

If you're toastmaster at a function, don't worry about it—read our booklet with instructions.

Parliamentary order is also included.

Send 15 cents in coins for your copy of Public Speaking Self-Taught to the Charlottetown Guardian, Home Service, 100 Front Street East, Charlottetown, P.E.I. Be sure to write plainly your name, address and the name of booklet.

Name _____

Street Address _____

City _____ Province _____

JUNIOR RED CROSS WORK

The Juniors of Kilmuir School feel that they have had a very successful year's work in their Junior Red Cross organization.

Last August they organized for the year with 100 percent membership and chose for the name of their group "War Winners."

The officers were: Pres. Joan McGowan; Vice-pres. Jessie Stewart; Secretary, Sidney McGowan; Treasurer, June Beaton.

During the year twenty meetings were held. Every second Friday after the afternoon recess.

In the year \$3147 was raised. Of this amount \$1250 was donated to the War Fund of the Junior Red Cross and \$250 to the Crippled Children's Fund.

For the school the Juniors bought a new First Aid kit costing \$400 and containing everything necessary in dealing with any school accident. Various other supplies were bought for the school including individual towels, etc.

The sick in the district were remembered with fruit.

To the Crippled Children of the Island who are helped through the Junior Red Cross, they sent a Christmas gift box, and boxes of handkerchiefs, valentines and Easter cards, which would help cheer those who can't run and play and enjoy life as other children may.

For the bombed out babies of Britain the Juniors made and donated 14 pairs of feet slippers.

For the men of the navy the teacher and pupils knit three navy scarves.

The Branch bought one five dollar war saving certificate.

War saving stamp sales for the school during the year amounted to \$278.00.

On the whole the Juniors feel that they have done a year's work of which they may be proud.

NO THIRD CHANCE

BURY ST. EDMONDS, England. (CP)—Capt. William Harry Coombs president of the Marching Navy Officer's Federation says that because Germany has abused the chivalry of the sea twice in a generation the ships be barred from it until she learns better.

Needlecraft For The Home

THE TWO-PIECE COTTON Makes the Perfect City-Country Costume

It's a bigger and better fashion than ever. If such a thing is possible—a pair of washable cotton. The perfect answer to the call for the smart, trim look in down-to-earth fashion, the clever soap-suds way of keeping cool and fresh in summer temperatures. You'll like the comfort of the open neckline, the tip-control of the pleum.

Style No. 2797 is designed for sizes 12 to 20, 36 to 45. Size 36 requires 4 yards 35-inch fabric. Pattern is hand-cut to United States Standard measurements and includes charts with step-by-step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 2797

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Drive out ACHES

