

# Woman's Realm / Social and Personal / Fashions / Literature

## Lenten Meditations

from The London Times

### AN INNER SANCTUARY

The preservation of an inner sanctuary which cannot be violated, in which God can be worshipped without distraction, need not be thought of as a form of spiritual isolationism, as individualistic piety, or as a denial of the essentially corporate character of the Christian religion. True religion must be both individual and corporate; the quality of the Church's life depends upon the quality of the life of each of its members.

To achieve spiritual detachment from outward circumstance, and the conquest of anxiety, is not an easy task, but, as many have discovered in these days of war, it is possible. There are obvious sources of help: corporate worship, where such is available, the devotional reading of the Bible, prayer, and meditation. By the use of these "means of grace" the inner life of the spirit can be strengthened and refreshed. There need be no attempt to escape from the disturbing realities of life, nor the shutting of one's eyes to the seriousness and challenge of the present situation. Truly, the Christian cannot always be conscious of God, but the knowledge of God's presence and power will always be the solid ground upon which He stands, the native air which He breathes. He must, indeed, concentrate his thought upon the task in hand, for not to do so would be to lessen his efficiency and to fail of his obvious duty. There is no necessary contradiction between saintliness and efficiency. Not only will such an inner sanctuary strengthen what is called morale, it will help to relieve the strain and exhaustion imposed by the "ills and accidents" of life; it will enable him who can preserve it to retain a certain serenity, and a confidence which outward events can never shatter.

### LINEN IMPORTANT IN SUMMER PICTURE

NEW YORK—Linen is the fabric which is shown "now" for the short trade and important because it is scheduled for the summer. Designing a dressmaker suit in black and white, a simple black linen skirt with a white jacket is framed at the neckline with a bow-job made of a polka dot print in black and white. Linen makes a bare-back sun dress with its own matching bolero. The dress is designed with narrow strap bodice so that without the bolero it can be worn for restaurant dining.

New, too is printed bengaline.

## CLAIRE WALLACE is in HALIFAX!

TUNE IN ON CANADA'S FAVORITE woman reporter broadcasting

### "THEY TELL ME"

from Halifax, with stories of special interest to the Maritimes.

FRIDAY, MARCH 16th—2.45 P.M.

CFCY—CHARLOTTETOWN and TRANS-CANADA NETWORK Presented by ROBIN HOOD FLOUR



### COOK'S CORNER

#### FRESH ORANGE SAUCE

Fresh orange juice, with grated rind to augment its flavor, gives this sauce its character.

1 1/2 cup granulated sugar  
1 1/2 tablespoons corn starch  
Few grains salt  
1/4 cup boiling water  
1/4 teaspoon grated orange rind  
1/4 teaspoon grated lemon rind  
1/2 cup orange juice  
2 tablespoons lemon juice  
1 to 2 tablespoons butter

Mix the sugar, corn starch and salt very thoroughly in the top of a double boiler; stir in the boiling water gradually.

Cook, stirring constantly, over direct heat until the sauce is smoothly thickened; place over hot water and cook, covered and with occasional stirring, until no raw flavor of starch remains.

Stir in the orange and lemon rinds and orange and lemon juices. Blend smooth. Heat thoroughly, then stir in the butter.

### MORNING SMILE

#### HADN'T A CHANCE

The woman was applying for a divorce. "Your Lordship," she said, "he broke every dish in the house over my head and treated me cruelly."

"Did your husband apologize or express regret over his actions at the time?" asked the Judge.

"No, your Lordship, the ambulance took him away before he could speak to me."

**EASY FOR HIM**

The Vicar was taking one of the young men of his parish to task. "William," he said gravely, "I hear that you have been raising false hopes in several maiden hearts. Rumor says that you're engaged to one girl in this village, another in Little Mudard, and a third in Ditchley. How can you do such a thing?"

With an uneasy grin, William replied: "Well, sir, I've got a bicycle."

### HOUSEHOLD SCRAPBOOK

By Roberta Lee

#### Onion Juice

To extract onion juice cut the onion in half and press in an ordinary lemon squeezer. The eyes and the juice will have a better flavor.

#### Sandwiches

To keep sandwiches fresh, wrap them in a dry napkin and then in a towel wrung out of cold water. Place them in the refrigerator.

#### Shoe Polish

White Vaseline jelly is a good dressing for russet or patent leather shoes. Then polish with absorbent cotton or a soft cloth.

### HOW CAN I!!!

By Anne Ashley

#### Q. How can I test potatoes?

A. Before buying the winter's supply of potatoes, test one to see its quality. Cut into halves and then press together, and if juicy enough to stick together the potato is good and can be bought in quantity.

#### Q. How should faucets be cleaned?

A. Try using lemon rinds, after squeezing out the juice, for polishing nickel faucets. Rub thoroughly, then wash and polish with a dry cloth. The faucets will shine like new.

#### Q. How can I give a different flavor to home-made ice cream?

A. Homemade ice cream will be delicious if peppermint sticks are broken up and used as flavoring. It will also have a pretty color.

#### Q. We all make footprints in the sand of time. But some leave the imprint of a great soul—others just the marks of a heel.

### DAINTY HANDKERCHIEFS

DESIGN NO. 1097

Handkerchiefs with embroidered initials and dainty crocheted edgings are lovely. Pattern No. 1097 contains 3 sets of initials and complete instructions for making the 3 edgings.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Design No. 1097.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

## Dorothy Dix Says—

### AGED WARNED TO BE WARY

#### Old Folks Become Unwanted After Reverting Holdings To Children

There is an old saying that a mother can take care of ten children, but ten children cannot take care of one mother. The truth of this cynical proverb is proven by a pathetic letter that has just come to this column from an old woman who tells how she has been robbed of her property by her children who have put her into an Old Woman's Home to spend her last lonely days after they had taken her last cent from her.

Heartless and uncharitable as such a case is, it is not an uncommon one. All of us have known children who were so eager to get their grasping hands on the little fortune their parents had saved up, by hard work and pinching economies, for their old age that they could not wait for their fathers and mothers to die to get it.

"Darling Mother, you have worked so hard and this big house is too much for you since Father died. Just give it to me and I'll take care of you and love and cherish you, and you can take it easy the balance of your life," says daughter. And Mother signs on the dotted line of the deed to the home that she has almost built, brick by brick, by her labor and scrimping, thinking how happy she will be basking in the gratitude of her child and her grandchildren for providing them with a nice home, instead of the poor one in which they were living.

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### ELLEN'S DIARY

By An Island Farmer's Wife

Now that I sit down (alone) to write to-day's Diary, I find the most interesting recent happening seems to be on a personal note and really belongs to yesterday. Strange how some things seem so unimportant at the time and then looking back they are of amazing import. And then, now that I think of it perhaps, one of my reasons for not recording it before is because this old world has troubled enough without mine. However since I have Judy's permission granted, there can be no harm in writing off one of my perplexities here.

It has to do with the "crick" in my back, which has persisted for days not too uncomfortably at

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### BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "He indorse on the back of the envelope." "Indorse" is a misspelling of "endorse." "Indorse" is a verb, "endorse" is a noun.

2. What is the correct pronunciation of "aviation"? "Aviation" is pronounced "avi-ay-shun."

3. What does the word "volition" mean? "Volition" means "a gift."

### ANSWERS

1. Say, "He indorse the check." Indorse means to write on the back of a paper. 2. Pronounce both as in day. 3. Linguist. 4. The power of willing; exercise of the will. "In choice and volition." Hopkins. 5. Gravity.

## Living & Leisure

### THE WOMAN'S REALM

The written word should be hard as stone. Clear as light. Clean as bone. Two words as good as one.

### ANCIENT LONDON SCHOOLS

Only a few of London's big schools remained in town during the blitz. Among the number, however, was University College School, Westminster. School removed itself into a safer country area, but is looking forward to a return to its historic home behind Westminster Abbey in the coming spring. This is an event eagerly awaited in many homes, because Westminster, which while at its retreat in Hertfordshire has necessarily been a boarding school, is normally more a day school with over half its boys living at home. Some of its school premises have been damaged in air attacks, but there is ample accommodation available though there is a long list of intending day scholars waiting the school's home-coming. Westminster is one of the academic institutions which sticks to

old-fashioned sartorial tradition. Its boys all wear topers, a circumstance which, in view of vulgar juvenile cat-calls, perhaps encourages the boxing cut among its alumni.

### SOFT HANDS

One housewife gives her hands a beauty treatment each morning while waiting for her husband to come down for breakfast. She holds her hands above the steam of the coffee pot, high enough to dampen and steam her hands without burning. While the pores are all open she rubs some hand lotion into the hands until thoroughly absorbed. No matter how hard the days work her hands stay soft and smooth.

### SWAPS

"Lady will exchange peach bed linen and pure lingerie silk for honey."

The woman who ran that ad. in the paper lives in London, England, where shortages of essential goods have resulted in some weird forms of barter.

Newspaper "agony" columns carry fantastic offers trading luxuries for essentials. A cross-section of the London Daily Mail ads. over the past two years gives a true trend of the times.

One ad reads: "Victorian cheese dish offered for a dozen new handkerchiefs. Another appeals for 'fryingpans, second-hand suits to cut down for a schoolboy and men's shirts for making into women's blouses."

### MOTHER! RELIEVE YOUR CHILD'S CONSTIPATION

Without Nasty-Tasting Laxatives or Harsh Purgatives that Cramp

Children's Own Tablets, the new corrective made especially for needs of growing youngsters from 3 to 12 years are so pleasant to take—as to sweets, and normally without violent upsetting reactions. Their use, as our child won't object to their use, will help your child to reestablish regularity in his bowels. At drugstores 25¢

### MODERN ETIQUETTE

By Roberta Lee

Q. When interrupted in the middle of a business conversation by the telephone, is it all right to ask the person to "hold the line" for a few minutes?

A. It is better to explain and ask if you may call again in a few minutes.

Q. When a man takes a woman to dinner, should he give her order to the waiter before giving her his own?

A. Yes, always.

Q. Who should act as hostess when a woman's club is giving a luncheon?

## WHY IS YOUR APRON SO MUCH WHITER THAN MINE?



SEE FOR YOURSELF HOW DAZZLING WHITE RINSO WASHES TOWELS, SHEETS AND SHIRTS. IT'S A JOY TO WASH WITH WORK-SAVING RINSO

RINSO'S GRAND FOR GRIMY WORK CLOTHES BECAUSE IT GETS OUT MORE DIRT AND MY FINEST WASHABLE PRINTS ARE SAFE IN RINSO'S RICHER SUDS, TOO

YOU'LL NEVER BE SATISFIED WITH ANYTHING ELSE ONCE YOU SEE RINSO WHITENESS

AND I CAN SEE THAT RINSO'S MARVELOUS FOR DISHWASHING, TOO

Change to Rinso Rinso and Whistle While you wash RINSO GIVES THE WHITEST WASH!

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## Appointment with Beauty..



EVERY MORNING... EVERY NIGHT

Keep two beauty dates... morning and night... with my special Cleansing Cream to help your skin retain its smooth, youthful loveliness.

Complete your cleansing treatment... always... with Barbara Gould Skin Freshener

## Barbara Gould

Complete range of Barbara Gould preparations available in Prince Edward Island at

REDDIN BROTHERS CHARLOTTETOWN

## Needlecraft FOR THE HOME

STYLED FOR ECONOMY

An apron that's gay in spirit, attractively trimmed. Easily made from one yard 36-inch fabric. Applique included in pattern.

No. 288 is cut in one size, requiring only one yard 36-inch fabric with 3 yards edging. Tea-pot applique included.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to attach the coupon for the Charlottetown Guardian.

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### A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been referred to the Board of Trade and the Wartime Prices and Trade Board from consumers in this region. The answers are prepared by the Board's Readers. Persons who have submitted questions to ask on price control are invited to send them in writing to the Women's Section, Attention: Price Control, The War Time Prices and Trade Board.

Q. I have lived in my own home for ten years. I am now moving out and wish to rent the house. Is there some regulation of the Board in regard to the rent I may charge?

A. An owner-occupied house such as yours, which has not been rented on the basis date, cannot be rented without the rent being fixed by the Wartime Prices and Trade Board. You make application to the nearest appraiser of your nearest Wartime Prices and Trade Board office. He will fix the maximum rent that you may charge for this house.

Q. Is it necessary to collect coupons for jams and jellies sold at a church tea?

A. No. churches may receive casual gifts of jams and jellies from consumers and may sell or dispose of such gifts without coupons if authorized by their Local Section Board or the Section Administration. Application for such authority should be made in writing stating number and sizes of jars to be sold.

### HELPS PREVENT PERSPIRATION SPOTS AND ODOR

ARRID gives you double protection. It protects you from perspiration odor, and helps protect your clothes from perspiration spots. Arrid is an odorless deodorant with the fine texture of a beauty cream. It vanishes instantly—giving immediate results. With Arrid, you are absolutely safe—can enjoy yourself wherever you are—regardless of the weather. Protect your daintiness and charm with Arrid. Start using it today. It is very economical. 15¢, 39¢ and 59¢.

### Here's a SENSIBLE way to relieve MONTHLY FEMALE PAIN

Lydia E. Pinkham's Vegetable Compound not only helps relieve periodic pain but ALSO accompanying nervous, tired, disagreeable feelings—when due to functional monthly disturbances. It's one of the most effective medicines for this purpose. Pinkham's Compound helps relieve! Follow label directions. Try it!

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ARRID The Largest Selling Deodorant