

# Woman's Realm / Social and Personal / Fashions / Literature

## Happenings Of The Week

In celebration of the birthday of H.R.H. the Grand Duchess Charlotte of Luxembourg, which occurred on Sunday, January 29, a reception was held in the Oak Room of the Windsor Hotel, Montreal, on Saturday night. The guests of honor were the Grand Duchess and her family, who arrived in Montreal at half-past eleven o'clock in St. James' Cathedral. Invitations were issued by the minister of Luxembourg following the example of the minister of Luxembourg at Washington, D.C., and Madame Le Gallais for a reception of the birthday. This year the ruler of Luxembourg passed the day quietly at her residence in exile in London. In Washington the only event in commemoration of the day was the reception at the Luxembourg Legation.

Lady Evyn of Vimy, now a guest at the Oak Bay Beach Hotel in Victoria, B.C., will remain in the city until the end of April. When she returns at that time to Ottawa, where she makes her temporary home, since her residence in Montreal has been requisitioned by the Government, she will take up her residence at the Roxborough.

Congratulations are being forwarded to Mrs. (Dr.) Harry Butler of Brookline, Mass., the former Mrs. Nell Westway, who has just returned to her home in Brookline, Mass., where she has just taken up her residence at the home of her daughter.

Mrs. A. A. Poncey is the guest of Mrs. M. J. McKinnon on Wednesday afternoon. Mrs. McKinnon invited a number of her friends to meet her.

Leading When Jean Grant is being welcomed home on a visit to her parents, Mr. and Mrs. S. Grant.

Mr. and Mrs. W. A. Stewart have at their home in Cape Breton, where Mrs. Stewart is being cordially welcomed.

Mrs. W. A. Miller is home from Sackville, the guest of her son, Mr. and Mrs. Miller, Oakwood, for a few weeks.

Miss Jean MacLean of the C.N.R. Superintendent's office staff is being entertained at a luncheon at the Victoria Hotel prior to leaving for Red Cross duties on active service.

Miss Verma Darrach, Junior Red Cross member, is leaving Monday for Halifax to take up her work with the R.C.A.M.C. for overseas duties.

Mrs. J. A. Webster left yesterday by plane to spend two weeks with her sister in Montreal.

Mrs. H. R. Hilson is making a good recovery after her sudden severe attack of illness on Monday which caused her friends deep concern.

Scoti Ltd. B. M. Sears of the R.C.A.P. is in a letter home said that he recently had the honor with other officers of having tea at Buckingham Palace with King George and Queen Elizabeth and the Princesses Elizabeth and Margaret Rose. Lord Besborough, Gen. St. John, and Mr. Avery were among the guests in attendance at the function.

**VICTORY**

HEALTH LEAGUE OF CANADA

**NUTRITION**

Someone once said that a "touch of imagination" was one of the "two requirements of a good cook." After all, without a pinch of imagination and a desire to try something new or different once in a while meals are apt to become pretty monotonous. Especially in this time of rationing, when the variety of foods available is limited.

Vegetables suffer more than most other foods from lack of imagination on the part of the cook. Take cabbage for instance—how many ways do you serve it to your family?

Here are some ways it can be served with very little effort. First, we have Five Minute Cabbage. Shred the cabbage very fine, and cook covered for 5 to 7 minutes in a little, rapidly boiling water. Serve it in hot tomato sauce, hot cheese sauce, or just plain with a little butter. When you cook cabbage in this manner, quickly in a little water, it is not limp, tasteless or soggy; it's slightly crisp and delicious. Cabbage lends itself also to a scallop. Try it in alternate with cream sauce and if you add about 2 tablespoons of celery. Sprinkle with bread crumbs.

Or try alternating layers of cabbage and thinly sliced apple, sautéed with salt and pepper and if the apples are very tart, a teaspoon of sugar. Sprinkle the top layer of this scallop with crumbs, dot with tablespoon of butter, and bake in a moderately hot oven at 375 degrees for 30-40 minutes, or until tender.

It has a taste that is faintly reminiscent of saurkraut.

Miss Barbara Smith daughter of Dr. and Mrs. Howard H. Smith, 1000 St. John's Street, was the guest of honor Thursday at a farewell afternoon tea at the St. James' Cathedral, Monday. She is leaving for Montreal to take up new duties as nursing sister with the R.C.A.M.C. overseas. Miss Smith was presented with a very handsome Waterman's fountain pen set by the St. James' Cathedral staff accompanied by good wishes for her success and safety while in the King's Services.

Earlier in the week Miss Smith was given a surprise shower of lovely personal gifts by the members of the D.D. bridge club which was a very successful and well-attended affair. The club was being re-organized and Miss Smith was a very successful member.

Pilot Officer James George Wilson, R.C.A.F. of Charlottetown, is expected to arrive in the city today for his marriage to Mrs. Ruth Sinclair, scheduled for next Tuesday.

Miss Mildred Harrington entertained at an informal luncheon party on Saturday last at her apartment on Euston Street. Among the out-of-town guests included Mrs. J. Alvan Green of Trinidad. The out-of-town guests included Mrs. Green, former co-workers in the Mod. School, Mrs. Lee Allan of Carleton and Mrs. Lindsay Coles of Milton.

Mrs. W. F. Taylor who has been visiting her mother, Mrs. G. H. Holbrook, at her home in Kensington.

Mr. and Mrs. F. W. Williams and Mrs. (Dr.) A. A. Lockhart, Summerside, are guests at the Lord Nelson in Halifax this week.

Mr. J. Gordon Schwartz, who has been spending a week with Mrs. Schwartz, the wife of Mr. and Mrs. W. A. Huestis, left Thursday for return to Halifax. Mrs. Schwartz is now convalescing nicely after her recent illness but is remaining over with her parents until her health is fully restored.

Miss Bessie Seaman arrived in Saint John, N.B., on Monday to take over the duties of Supervisor of the Victorian Order Nurses of that city.

Mrs. J. Alvan Green of Trinidad was the guest of honor at a report given Saturday when Mr. W. R. Aldren entertained Mrs. Green at her lovely home 35 Lennox Avenue.

Miss Lilian MacKenzie was luncheon hostess for Mrs. Green.

Mrs. L. Sailer was among those entertaining for Mr. and Mrs. Green, inviting friends in for a mixed bridge at her home.

Mrs. H. P. Duchemin, accompanied by her daughter, Mrs. H. Chaplin, returned to Sydney on Monday from Toronto where they spent the past two weeks visiting Miss Gwen Duchemin.

Mr. L. and Mrs. W. Clayton Dren of Summerside, arrived in Charlottetown Monday evening to be the guests of the former's parents, Mr. and Mrs. Fraser Drum and Mr. and Mrs. J. H. Huestis, of Victoria, B.C., where they will live.

## THE COOK'S CORNER

**POP-OVERS**

1 cup once-sifted pastry flour or 7-8 cup once-sifted bread flour.  
1 1/2 cup milk.  
1 egg.  
1-2 teaspoon melted butter.  
Mix and sift flour and salt twice. Form a well in dry ingredients and add milk gradually. Add unbeaten egg and melted butter and beat batter vigorously preferably with a Dover beater for 2 or 3 minutes. Half fill well-greased muffin pans and bake in a very hot oven (450 degrees) for 10 minutes; then reduce oven temperature to 375 degrees. Baking time, all told, should be 30 to 40 minutes.

**CHOCOLATE PEPPERMINT SAUCE**

1-2 cups milk.  
1-4 cup cocoa.  
2 tablespoons corn starch.  
1-4 cup granulated sugar.  
Pinch of salt.  
Few drops peppermint extract.  
1 teaspoon butter.  
Scald milk in double boiler. Mix cocoa, corn-starch, sugar and salt and add scalded milk gradually. Return to double boiler and cook, stirring constantly until thick. Cover and continue to cook with occasional stirring until no starchiness remains. Add peppermint extract and butter just before serving.

**SAND TARTS**

1-2 c. shortening.  
1 egg.  
3-4 light brown sugar.  
2 c. sifted flour.  
1-2 tsp. baking powder.  
1-4 tsp. salt.  
1 tsp. cinnamon.  
3/4 cup granulated sugar.  
Halved almonds or pecans.  
Cream shortening, add sugar and cream until light and fluffy. Sift flour, salt again with baking powder and salt, and add to first mixture. Make a roll of dough about 3 inches in diameter on lightly floured board, wrap in waxed paper and let stand for several hours or overnight in a cool place. Slice water thin with sharp knife and sprinkle with mixture of almonds and granulated sugar. Press a nut in centre of each cookie and bake in 350 degrees F. oven for about 10 minutes or until lightly browned. Store in air-tight container.

**YOU CAN'T TAKE "SNAPS" OVER AGAIN!**

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**Film Rolls Developed & Printed ANY SIZE 25c**

From Newark, N.S., a customer writes: "I want you to know how pleased I am with your work and prompt service. I will be a regular customer of Star Snapshot Service from all over Canada. We can show such letters from all over Canada."

**ENLARGEMENTS**

3 Enlargements 4x6" in Easel mount 25c  
Framed 59¢—Colored 79¢

**STAR Snapshot SERVICE**

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**MAKE A GAY MEXICAN DRESS**



**DESIGN NO. 985**

This smiling Mexican doll may be made from scraps out of the scrap basket. It measures about 15 inches. Pattern No. 985 contains complete instructions for making the body of the doll and clothes.

**A Help to Those Who Are Past Middle Age**

When men and women get past middle age their energy and activity, in many instances, begin to decline, and their general vitality is on the wane. Little ailments and sickness seem harder to shake off than formerly, and here and there, evidences of a breakdown begin to appear.

Now is the time those wishing to help maintain their health and vigor should take a course of Milburn's Health and Nerve Pills. They help tone up and invigorate the patient by their tonic action on the system.

Price 60¢ a box, 65 pills, at all drug counters. Look for our trade mark a "Red Heart" on the package.

The T. Milburn Co., Limited, Toronto, Ont.

**"SALUDA" COFFEE**

"Now that's what I call good coffee!"

## Dorothy Dix Says—

### NOT EVERY WOMAN A HOMEMAKER

**Better For Failure To Hire House Work Done And Turn Talents To Job She Enjoys**

DEAR MISS DIX—What would you do if you had the kindest husband in the world and the most adorable baby, both of whom you loved dearly, but you just couldn't make a go of your married life? I am a college graduate and was successful with my work. I am well and healthy. I love my home and want to be successful with that, but I am a rank failure as a housekeeper. I never get through with my work. I haven't any real interest in housework and the kind of interest I try to create doesn't help me, and I feel that my spirit is dead within me.

I am just a machine that isn't functioning right, and I am tired and discouraged. I have tried to work out a system. I have tried to copy other women's budgets and plans. Nothing turns out right. I am a failure. My husband's people think so. Mine think so, too, yet I love my husband and want to work up with him. What can I do? DESPERATE.

**CHANGE VOCATION TO GAIN HAPPINESS**

ANSWER—Inasmuch as you have made an honest and conscientious effort to be a good housekeeper and have failed at it, why not just accept the fact that Nature did not endow you with domestic talents, and devote your energies to some other calling?

Not every woman is a born cook, any more than every man is a born carpenter or bookkeeper or mechanic. There are plenty of men who never acquire the art of driving a nail without smashing their fingers; who never find out what ails the automobile when it won't universally dream; couldn't add up a column of figures at sight to save their lives, but this does not keep them from being eminent physicians, or lawyers, or making good fortunes in the grocery trade.

The men who fall in the world are invariably those who stumbled into doing things for which they have no natural aptitude—the preachers who should have been bricklayers, the bricklayers who should have been mechanics, the mechanics who should have been doctors, the doctors who should have been mechanics, or actors, or farmers.

Whenever you find a man who is doing his job badly, who is discontented and forever talking about changing to something else; whenever you find a man who is working with his eye on the clock, with no interest in what he is doing except what he earns by it, you will always find that he is miserable. He has the other fellow's job. He is a round peg in a square hole and he doesn't fit.

And, on the other hand, when you find a man who has found his appointed place and who is doing it well, who is alert and happy and who will find a man who is on his toes, who is alert and happy and who works, and who is always thinking of new and better ways to do his work.

Strange that we never think that women have just this same sort of reaction toward their jobs as men have towards theirs when the job happens to be housework. We think of women as being universally dreamy, just naturally loving to cook and sew and clean and knowing by instinct how to do it.

But this isn't true. There are women who are born cooks and other women who are born seamstresses. There are women who measure by the eye and season by the taste, whose bread is light and whose angel food would win a blue ribbon anywhere. There are other women who never can cook anything that isn't a menace to life, but who know just how to keep them from being eminent physicians, or lawyers, or making good fortunes in the grocery trade.

So poor, tired, discouraged housewife, vainly trying to do the work you will never learn to do well, why not so back to your old job? Have your husband tell you to get out of the house and find a job where you could succeed in some calling for which he thinks that you are fitted. He would be happy to do something which he did not expect of him, in which he had no real heart interest and in which he always failed.

Ask him, at least, to let you try the experiment of hiring a woman to put in your place. Let her do the cooking and washing and scrubbing while you earn the money with which to pay her. Outside of your home, doing the work you do so well. It will make for the good of the family. Your husband will have something fit to eat, a well-run home and a wife who will renew her youth and charm because she will be happy.

**GIRL WHO WALKED HOME STILL IN LOVE**

DEAR MISS DIX—I am a girl of 20 and have been going with a young man for the last two years. The other night we were riding together and on the way had a quarrel, and the young man got so angry that he made me get out and walk home, all of five miles.

Now he wants another date and says he will try to act better. I love him dearly and believe he loves me. We have been planning our marriage for quite a while and I would be very glad to see him come to me for quite a while. It is the first time we have ever quarreled and so far as I am concerned it will be the last. VIRGINIA R.

ANSWER—If you are going to marry a man you will have to yes-yes about everything to keep him from treating you brutally, you are certainly letting yourself in for domestic slavery at the worst sort. Many questions are bound to come up between a husband and wife on which the do not agree, and the wife is in a sad predicament if she does not dare express an opinion.

This young man has shown you that he is not a gentleman, that he has no idea of chivalry or tenderness or consideration toward a woman, and a wife is happy married to a man who lacks these qualities. Besides, a man who would put a girl out of his car and make her walk five miles back home because he gets angry with her will beat his wife when she provokes him.

Do not dream now, my dear, than a broken heart and a black eye later on.

**Sufferers of Painful SINUS—Get Quick Relief!**

Just a Few Drops Release Stiffness. Make Breathing Easier. Give You Comfort.

It's grand how Vicks Va-tro-nol clears congestion from nasal passages—gives sinuses a chance to drain. Results are so good because Va-tro-nol is specialized medication that works right where trouble is—to relieve painful congestion and make breathing easier. VICKS VA-TRO-NOL—put a few drops up each nostril—follow directions in folder.

## A Job Only You Can Do

Free Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Readers. Persons who have intelligent questions to ask or price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Times Prices and Trade Board.

Q. It seems to me that I am being overcharged for the coal that I buy nowadays, considering that it is composed 25 per cent of soft coal. How can I find out if this is or is not the case?

A. Please report the circumstances to the office of the Wartime Prices and Trade Board. Showing if the dealer's sales slip would be of assistance.

Q. For weeks and weeks I paid eight cents per pound for sugar but now it is ten cents. The price has been increased to nine cents. Is that permissible?

A. It all depends upon the selling price of the dealer during the basic period in 1941. If that selling price was nine cents or higher, he is at liberty to increase his price to ten cents.

Q. I understood that canned salmon was to be rationed on January 17 and yet I have been unable so far to obtain any supplies. What is the reason?

A. Distribution of canned salmon throughout the country on the basis of the Prices Board's policy of allocation has taken some time. Before long your dealer should have canned salmon on his shelves.

Q. A man I employ to remove my ashes wants to increase his charges. Can I refuse to do that? A. Cartage and bucketing charges cannot be increased above those made during the basic period 1941 for the same services.

## A Morning Smile

Sergeant (on the rifle range): "And remember, the new bullet will penetrate two feet of solid wood, so remember to keep your head down!"

**HAD SOME**

"And is the prince incognito?" asked the reporter referring to a titled suitor.

"Well, no, sir," replied the hotel porter. "I don't know as I'd say that. But he certainly 'ad a few."

## Home Service

Princess Henry of Pleiss, whom the British Home Secretary has released from internment, is the eldest son of the late Princess Daisy of Pleiss. He was given special leave to attend his mother's memorial service at St. Mark's, Audley street, London, last July. That very charming and attractive lady was serving and attractive lady was the older daughter of the late Colonel W. Cornwallis West, and her childhood home was Buthin Castle in Denbighshire, recalls a London correspondent.

**OLD-WORLD PERSONALITIES**

No London suburb is richer in old world personalities than Blackheath, itself London's oldest and most distinctive suburb, writes a London correspondent of the Ottawa Journal. One of them is Leonard Morgan May, who has passed away leaving £77,000 with small legacies to the cabmen who drove him home at night, and to a local elderly newspaperman, outside Blackheath station, to whom he chided every morning without buying a paper. This kindly old lawyer, with his ancient top hat, his faded overcoat with astrachan collar, his battered legal bag and his flat-footed shuffler, was tall and quite Dickensian figure to all.

**FAVORITE AT SMART PLACES**

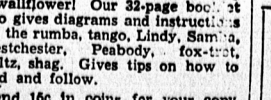
To exotic music at a fashionable hotel, to the bands at army post-dances, everywhere they Conga! Which means that if you don't learn the step (you can, from diagrams) you'll be standing on the sidelines, while girls who know how become as popular as the Conga itself. Come, try it from our diagram of the Conga Side Step!

Counting one-two-three-FOUR, on count 1, step to side on left foot, hips away left. 2—Cross right foot over left, hips away right. 3—Step to side on left foot, hips away left. 4—Sideward thrust of hips, with a slight kicking movement of right foot; turn body slightly to right.

A popular way to Conga is to take the first three steps forward instead of sideways. Or dance in criss-cross fashion, each partner travelling in opposite directions. There's really no excuse for being a wallflower! Our 22-page booklet also gives diagrams and instructions for the rumba, tango, Lindy, Samba, Westchester, Peabody, fox-trot, waltz, shag. Gives tips on how to lead and follow.

Send 15¢ in coins for your copy of HOW TO DO THE NEWEST DANCE Steps and Variations to the Charlottetown Guardian Home Service, address. Be sure to write plainly your name, address and name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_



1944 JANUARY 1944

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## Living & Leisure

### The Woman's Realm

Whether we climb, whether we plod, space for one task the scant years lend. To choose some path that leads to God and keep it to the end. —Reese.

**ANTI-MOUSE**

Entomologists say mice dislike the smell of moth balls or flakes, a few flakes scattered around stored goods or in clothes, being sufficient to keep them away.

**ORDER EARLY**

Farmers and city gardeners are warned to order spraying and dusting supplies early this year in order to avoid a rush at garden time.

**WRINGER STORY**

When pillow cases are being put through the washing machine wringer, they should be run through steam first. This will save the force of water tearing out the seam, and will make the pillow case last longer.

**PASTEL TRIMMING ON BLACK FROCKS**

NEW YORK—Among the date dresses, slim and sleek, are many in black crepe with a touch of pastel green—green in a simulated yoke effect or a banded collar—the long ends of which may be tied at the waist. Most women have a definite liking for black with flesh color, black with blue being next choice, and black with gold.

That novelty yoke and shoulder treatments continue to challenge the ingenuity of designers. Clothes that novelty yokes and shoulder treatments continue to challenge the ingenuity of designers. Clothes that novelty yokes and shoulder treatments continue to challenge the ingenuity of designers. Clothes that novelty yokes and shoulder treatments continue to challenge the ingenuity of designers.

**COURSE FOR NURSES**

British and American nurses are training hard in Great Britain for their most important and dangerous duty—second aid in the front lines. When the British armies cross the Channel for the great invasion, they will be followed closely by skilled nursing staffs.

**EDWARDIAN ECHOES**

Princess Henry of Pleiss, whom the British Home Secretary has released from internment, is the eldest son of the late Princess Daisy of Pleiss. He was given special leave to attend his mother's memorial service at St. Mark's, Audley street, London, last July. That very charming and attractive lady was serving and attractive lady was the older daughter of the late Colonel W. Cornwallis West, and her childhood home was Buthin Castle in Denbighshire, recalls a London correspondent.

**How Are Your Eyes?**

If you are having symptoms of strain—headaches, sore eyes or dizziness—consult a specialist.

At your service with years of experience and a thorough refracting service. Can in and discuss your difficulties in writing or phone for appointments.

**G. F. HUTCHESON AND SON**

G. F. HUTCHESON

**Needlecraft For The Home**

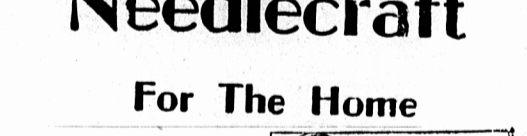
**SOFT BASIC**

This charming flatterer is perfection for all types of figures—and is a most attractive background for your most beautiful clip or an unusual belt.

No. 2075 in size 36 requires 3-5-8 yds. 39-inch fabric.

Send 20¢ for pattern, which includes complete sewing guide. Print number plainly. Be sure to state size you wish.

Address, Pattern Department, the Charlottetown Guardian.



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2075 SIZES 14 TO 50

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Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_