

And Public Health

Articles on Child Welfare, and Public Health with Special Reference to the Local Red Cross Branch.

MEASLES

Department of Public Health, Saskatchewan, Bulletin No. 16

Measles is one of the most easily communicated of the infectious diseases...

The reason for the very great prevalence of this disease is that people take so little trouble to avoid what they consider a mild insignificant disease...

The disease when it does not prove fatal, often causes lessening of the resisting powers of the body...

The great difficulty in controlling epidemics of measles is due to the fact that the disease is contagious before the rash appears...

From two to five days before the rash comes out, Koplik's Spots appear on the inside of the cheek...

Another good sign is small white or greyish spots on the tonsils. These may not be larger than a pin head...

Water eyes are another good sign; an ordinary cold does not cause red watery eyes...

Whenever a case of measles exists in any house or household any member of which attends school...

Child or person residing upon the premises where measles exists or who has resided upon such premises within a week prior to the discovery of the disease...

Childhood Constipation

Constipated children can find prompt relief through the use of Baby's Own Tablets...

Accept this accompanying gift, which materially endorses what our sense of appreciation here displays...

In behalf of the many friends you have in Kensington...

Miss Cooke accepted the address and the presence, a beautiful club bag, with becoming grace and appropriate speech...

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DECEMBER 18

THE OMNISCIENT GUIDE—The steps of a good man are ordered by the Lord.—Psalm 37:23.

DECEMBER 17 SING FOR JOY.—Blessed my servants who sing for joy of the Lord.—Isaiah 68:14.

DECEMBER 18 POWER OF THE WORD.—For the word of God is quick and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit...

DECEMBER 19 WHEN GREAT THINGS SHALL OCCUR.—Then shall the same man leap as a hart, and the song of the dumb shall sing, in the wilderness shall waters break out, and streams in the desert.—Isaiah 35:6.

DECEMBER 20 AN END TO WORRY.—Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God...

DECEMBER 21 HOW TO GET ON.—Ask, and ye shall be given you; seek, and ye shall find.—Matthew 7:7.

DECEMBER 22 WEATHERS OVER.—God with thee, whithersoever thou goest.—Joshua 1:5.

The Cause of Sickness

Almost Always Due to Weak and Impoverished Blood

Apart from accident or illness due to infection, almost all ill health arises from one or two reasons. The mistake that people make is not in realizing that both of these have the same cause...

If your health is poor; if you are pale, nervous or dyspeptic, you should give Dr. Williams' Pink Pills a fair trial...

Dear Friend,—We, your friends and associates here in Kensington, have learned with mingled feelings that you are soon to depart from your home...

Whenever a case of measles exists in any house or household any member of which attends school, the household shall, within eight hours after the time such disease is known to exist, notify the teacher of such schools and also the Medical Health Officer of the existence of the disease...

Child or person residing upon the premises where measles exists or who has resided upon such premises within a week prior to the discovery of the disease, shall be permitted to attend school with out a certificate from the Medical Health Officer, attending physician or commissioner of public health authorizing him to do so.

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Institutes for P. E. Island

FREDERICTON.—On November 21st, thirteen members and one visitor met at the home of Mrs. Pheobe Stewart...

GEORGETOWN.—Twenty members were present in the Town Hall for the regular meeting of this Institute...

LINKLETTER.—The regular meeting of this club was held at the home of Mrs. Henry Clark on November 2nd...

East Bedford.—Twelve members and one visitor met at the home of Mrs. G. McKinnon on November 14th...

East Baltic.—There were nine members and two visitors at the regular meeting of this club held at the home of Mrs. Robert McGregor on November 20th...

Hazel Grove.—This Institute held its regular meeting on November 20th at the home of Mrs. Nelson Ganeister...

PLEASANT VALLEY.—On November 12th eight members and one visitor met at the school-house for the regular meeting of this club...

SHERBROOKE.—Eleven members and one visitor were present at the regular meeting of this club which was held at the home of Mrs. N. M. Woodside on November 20th...

Fairview.—Nine members and five visitors met at the home of Mrs. Edward Currie for the regular meeting of this club on November 7th...

Bore.—This Institute held its regular meeting on November 28th at the home of Mrs. Jack McIsaac...

HUNTER RIVER.—On November 16th the members of the club met at the home of Mrs. Wedlock for the regular meeting...

Lower Freetown.—On November 28th the members of the Lower Freetown Institute met at the home of Mrs. Alex Cairns...

St. Peter's South.—Ten members were present at the home of Mrs. (Dr) McLaughlin on November 21st...

BRINGING UP FATHER

LOOK! I'VE THAT GRAND OLD SOGLER YOU'RE GOING TO GET YOUR RIDING SADDLE TODAY! I'M CRAZY TO SEE YOU ON A HORSE.

YES, AND I'M CRAZY FOR GITTING FER GITTING ON ONE!

AH, NOW YOU LOOK LIKE SOME THING!

I KNOW THAT BUT KIN YOU TELL ME WHAT IT IS?

BYE BYE BE SURE TO GO IN THE PARK!

I'M GOIN DOWN THE FIRST ALLEY I COME TO!

HOW MUCH YOU GITTING FER HOLDIN THE NAG?

A QUARTER AN HOUR HE OWES ME A DOLLAR AN A HALF NOW!

DINTY MOORE

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BRITISH DOMESTIC SERVANTS FOR CANADA

A group of recently arrived British servants in Canada shows the high type of girl being attracted to this country...

meeting was opened with the Ode, followed by the reading of the minutes. A discussion was held on the best means of entertaining the children at Christmas...

SUCCESS.—Twelve members and seven visitors met at the home of Miss Mamie MacKay on November 20th for the regular meeting of this Institute...

ST. COLUMBIA.—On November 16th seven members and six visitors met at the home of Mrs. Thomas McMahon for the regular meeting of this club...

ACQUAINTANCES

If a man does not make new acquaintances as he advances through life, he will soon find himself left alone...

Between 1,000 and 1,500 negroes are reported to have left South Bend, Ind., in the last 24 hours, following the receipt of a threatening letter by a well-known member of the negro community there.

By GEORGE McMANUS

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Seven lean, grey warships sailed from Devonport, England, last month, on a tour of the Empire which is to occupy ten months...

The ships comprise the "Hood" and the "Repulse," the latest word in British warships...

Two of them, the "Dragon" and the "Dauntless," escorted the "Prince of Wales" when the Prince of Wales travelled to Canada in 1919.

The ships will visit the western, southern and eastern coasts of Africa, India, Singapore, skirt the coasts of Australia and New Zealand...

As it is the heritage of King Alfred and Queen Elizabeth moves on to greater glory in this new era of Empire history.



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