

Woman's Realm/Social and Personal/Fashions/Literature

Newfoundland, Canada's Newest Province, Chooses a Beauty Queen

Legends OF P. E. Island

By Uncle Joe
APAWINA

Centuries ago there lived in the land of Abegweit an Indian maiden so beautiful that the very winds of heaven came down to look upon her. She was the daughter of Sarkwood and his pretty squaw, Wampona.

Apawina was their only child, and before her birth her parents both dreamed the same dream on the evening of the night.

They dreamed that to them would be born a maiden fairer than the wild rose and so perfect that the very stars of heaven would come to gaze upon her. The beautiful name of Apawina, a name of the same origin as the name of the province of New Brunswick, was given her by the Great Spirit.

One day the dream of Sarkwood and Wampona understood, but the very day of the dream they could not find it. For could anyone in the land of Abegweit tell them the way?

So Sarkwood sought the advice of one Chief Morning Star, who dwelt across the waters of the Laughing Gull Stream. The old chief, over 100 years of age and as full of wisdom as he was of years, gave the young brave into his wigwam and smoke the pipe of peace while the chief listened to the words which had been spoken to Sarkwood by the person in the dream.

When Sarkwood had finished his tale, Chief Morning Star set his knees for the space of half an hour and then rousing himself, spoke as follows:

"This is a good omen, this dream of yours, brother. Many, for Apawina shall be born in the fairest clime of all the lands ruled by the Great Spirit. When she grows into womanhood her hair shall reach down to touch the red soil of the land of Apawina, and her eyes shall be like the dewdrops in the heart of the hills, her face fair as the June morning. Everywhere she goes people will turn about to gaze at her, and the women of her own time shall be very jealous of her exceeding beauty.

"Young braves and noble chiefs will look into her lovely eyes and yearn for the heart and hand of your daughter, but all in vain. Apawina must marry, and the Great Spirit has spoken and warned against Apawina ever entering the arms of a strange man.

"When our daughter reaches the age of sixteen, then will the Great Spirit come to Apawina and present Apawina with a set of mighty wings, upon which she shall fly high above the stars, never again to come to earth.

"This spoke Chief Morning Star, the old one of the Indians.

"The old one of the unborn child and the women of her own time shall be very jealous of her own country.

"When Sarkwood reached the shelter of his own wigwam, Wampona had given birth to her baby and there was great rejoicing in the land of Abegweit.

"The remarkable child could walk and talk at birth. And she was so

Ellen's Diary

By an Island Farmer's Wife

"And what does the day look like, Ellen?" James asked me from an extremely satisfying bed this morning, I chancing to be the first one of us to come to a window.—On more recent evenings there have been near and farther excursions for some members of the family at Alderley, and speaking of the delectable results incurred from such wanderings, James said: "Isn't it a curious thing Ellen, that when a person is later than usual retiring he seems to fall into a very sound sleep towards morning—and sort of finds it a task to get up?"

"Why, there's a lovely fog," I replied. "Fogs are such delights, dipping down mistily from the clouds by softening the contours of hill and dale, making of our surroundings a new and strange place.

Though not all concealing was this morning's dimness. I barely held the tips of Pat's maples in its folds and to eastward, where often is set the rosy light of dawn, it hid the sharp spires of the evergreen. "And the wind, Ellen?" "Yes, it's no use asking, it is queer that James should ask the like, when he maintains to Mr. C. from the house on the hill some times when they visit. "Well, you know, it's no use asking, Ellen anything in respect to direction. I verily believe she could be lost in our own back fields!" There was no sign of any then on the pond, but when we came to our clearing one had possessed it, a cool breeze that had come marching lightly over the fields from the North.

But there too all this day soft folds of grey descended to curtain our woodlands. It was there in the afternoon, when it was moving swiftly into the edge of evening that grand-daughter, fresh from her school, and I strolled up the rise from the buildings to admire in the distance the fire our wood-choppers had kindled. It burned bewitchingly bright, this clearing fire, against the dark background of misty dark woodland. Fed by the balsamy boughs of spruce and "war" the discards of their lumbering, the flames mounted prettily.

beautiful people from far and near came to see her. Among those who paid homage to her was the great and wise Chief Morning Star.

"It will be a great day," he told Sarkwood and Wampona, "when the fair one is carried away to the stars, where she will become a new star, a star that shall forever watch over the destinies of the red men."

As foreshadowed by the old chief, who by this time had gone to the Happy Hunting Grounds, the memorable day came when the Great Spirit entered the wigwam of the beautiful Indian maiden and placed upon her delicate shoulders the set of mighty wings.

"Come!" said he, taking her by the hand and leading her to the outside of the wigwam. "Spread your wings and together we shall fly away to your new home."

Sadly Wampona and her man looked at the pair as they took off, flying higher and higher until they were lost to sight.

But that night when they gazed into the western sky, as they had been told to do, they saw the new star outshining all the others and they were happy.

—The Adventures of Nathan Clock.



Beauty queen of Newfoundland is Mary Dawe, 19, (above) from Bay Roberts. Sponsors of beauty contest think that there is a chance that Miss Canada of 1949 will be Newfoundland girl. Runner-up in beauty contest held by Canada's newest province was Peggy Ewing. Some of the girls did not like the idea of wearing bathing suits before judges.

Contest was held at a night club in St. John's with four girls competing in finals. Mrs. Barbara Heise (above) placed fourth after winning "Miss Grand Falls" sectional title. Hardest job of the sponsors was to find two judges. Nobody wanted the task so voting was finally done by ballot.

Modern Etiquette

By Roberta Lee

Q. Are two envelopes proper for a wedding invitation, and how are they used?

A. Yes; the first, or inner, envelope is used as a protection for the invitation, and remains unsealed and unwritten upon. The second or outer envelope is heavier and large enough to contain the invitation and inner envelope.

Q. When a man and a girl meet often, but have never been introduced, is it all right for the girl to begin speaking to him?

A. Yes, if she is interested, and is courteous enough to run the risk of making an undesirable acquaintance.

Q. When place cards are not used at an informal dinner, how should the guests be seated?

A. The hostess stands at her place at the foot of the table and designates the places.

Better English

D. C. Williams

1. What is wrong with this sentence: "I read a book where it explained these things."

2. What is the correct pronunciation of "advertisement"?

3. Which one of these words is misspelled? Manageable, incurable, interchangeable.

4. What does the word "inveigle" mean?

What is a word beginning with tra that means "a burlesque imitation"?

ANSWERS

1. Say, "in which it explained these things." 2. The preferred pronunciation places accent on second syllable, 3. Incurable. 4. To lead astray. Pronounce the et as e in "inveigle." 5. Travesty.

Cook's Corner

CAULMEAL COOKIES

1 cup shortening (half butter if desired)
1 teaspoon vanilla
1 cup brown sugar, firmly packed
1 1/2 cups sifted pastry flour
2 teaspoons baking powder
1 teaspoon salt (reduce to 1/2 teaspoon if butter is used)
1/2 cup wheat germ
1 1/2 cups quick cooking oats
1/4 cup milk.

Cream shortening, add vanilla and sugar and cream until light and fluffy. Measure sifted flour and add baking powder and salt and sift together. Mix with wheat germ and oats and half the shortening and sugar mixture and combine thoroughly. Add the milk and blend and then the remaining dry ingredients. Press 2" apart and bake in 350 degrees F oven for 10 minutes or until a golden brown. If desired, chill for an hour and form into balls and place on cookie sheet and flatten with the bottom of a small glass (about 1 1/2" in diameter) which has been pressed and kept in a tightly covered tin or jar

DOROTHY DIX SAYS—

Self-Pitying One-Legged Boy

Lad Urged To Stop Moping And Get Some Spunk

DEAR MISS DIX: I am a boy of 17 who has only one leg since a year ago when I was injured in a car accident. I sit at home all day and when I do go out everybody seems to be staring at me. I haven't an ugly face, but I can't seem to make any friends—either boys or girls. When I go near a girl she seems frightened of me and sometimes she even runs away.

I need your advice desperately, so please tell me what to do.

GEORGE

ANSWER: The best piece of advice that I can give you, George, is to snap out of the morbid state of mind into which you have gotten and face life with courage, instead of cowardice. No one will minimize the misfortune it is to lose a leg, but you lose something far more important to you than a limb when you lose your grit and spunk and the determination to succeed, no matter what blows Fate may deal you.

Cry-babies get nowhere, so quit being sorry for yourself. Don't let one bit of bad luck put you on the do-nothing stool for life. Don't ask anybody for sympathy. Just show them that you can take whatever happens to you and that you are not that fellow who whines and complains. They are the unsung heroes who make us want to take off our hats to them every time we see them. Imitate them, George.

DEAR MISS DIX: I go out to work at six every morning and return at 4:30 with a real appetite, but I never smell a good dinner cooking. Golly, how I would like to sit down to a good steak, well done, like Mother used to cook! My wife and baby go out in the afternoon and are always out when I get home, so I sit and wait for them and it is another hour before my wife slams a half-cooked meal on the table, with never a home-made pie to satisfy a man's appetite.

The fellow who says that they demand a good dinner already prepared and ready to sit down to when they get home from work. Should I demand that my wife feed me on the food I like, or should I eat what is set before me and make no comments?

HUNGRY HUSBAND

ANSWER: The time-honored recipe for retaining a husband's affections has always been "feed the brute," and it still works in spite of the efforts that so many modern wives have made to convert their husbands to plain living and high-thinking diets. Which probably accounts for the increase in the number of divorces.

But what a man is to do about it when he has a good appetite and a wife who is allergic to the kitchen, and who never sets before him a meal that is fit for a civilized human being to eat, is a problem that is not only hard to solve, but that wrecks many a home. For, no matter how hum a cook a woman is, she won't stand for any criticism of the tasteless messes on which she feeds her family. And rather than start a row at the table, most husbands gulp it down in silence.

The remedy for the situation seems to be for prospective husbands to be forehanded enough to sample a girl's cooking before they marry her.

DEAR DOROTHY DIX: I want to get married. My fiance wants to put off our marriage until he is making enough to support a wife. I feel that he is being very old-fashioned. Which one of us do you think is right?

J. B. M.

ANSWER: Your fiance is right, and if waiting to marry until you can afford it is old-fashioned, let's pray God to make it the vague. No marriage can be happy that has not a stable background. Nobody can stay in love when he is tormented with anxiety about how he can live. Anything that is worth having is worth waiting for.

carefully for so youthful a person, answered: "Caution is when you're afraid and cowardice is when the other fellow's afraid."

COLD AIR

The air at high levels is cold because it doesn't absorb much heat and doesn't easily retain it.

Morning Smile

"What is the difference," asked the teacher, "between caution and cowardice?"

Johnny, who observed things

That Body Of Yours

By James W. Barton, M. D.

SCIATICA—NO INFECTION OR INJURY PRESENT

When a patient consults his physician because of sciatica, the latter remembers that most cases of the disease are caused by infection, large intestine—and the next commonest cause is injury. Even where there is a history of injury the physician usually sends the patient to a dentist or nose and throat specialist. If, on the other hand, with a history of injury present, the patient can assume a position in bed and keep free from pain the physician believes injury to be the sole cause of the sciatica.

What will the physician consider to be the cause of sciatica where no infection is present and where there is no history of any injury? His first thought naturally will be to think the patient has hurt himself, first the patient had hurt himself, and then perhaps a protruding abdomen was drawing forward the small of the back, causing pressure on the roots of the nerve supplying the sciatic nerve.

It will come as a surprise to many physicians to learn that a rupture of the disks—the cushions between the bones of the spine—can occur without apparent injury.

A few years ago a patient consulted me about a "weak back." The X-ray revealed that, although she was 30 years of age, the spine bone between the bones (wings) of the hips did not form a solid wedge and allowed a certain amount of movement in the upper part of the joint—hence, the feeling of weakness. Wearing a snug belt gave relief.

Similarly, that some individuals do not have solid or well set disks between the spine bones is reported by Dr. J. M. Steredith in "Southern Surgeon," Atlanta, Ga. He describes a family in which a father and five of his six children had or have sciatica. Six operations for the removal of protruded disks had been necessary to date on this sciatica—at filled family. None of the six patients had a history of injury. All were between 30 and 50 years of age when the operation was performed.

In all cases of sciatica an X-ray film should be made.

How Can I!!!

By Anne Ashley

Q. How can I remove kalsomine?

A. Dampen the surface thoroughly with water, and then brush off the kalsomine with a stiff brush. If the water does not soften the kalsomine sufficiently, add a very small amount of hydrochloric acid to it, but in that case, the walls must be washed afterwards with clear water to remove the acid.

Q. How can I waterproof a pair of everyday outdoor shoes?

Make one or make all for yourself, or for gifts, you can't go wrong to a season when separates do so much to snap up a wardrobe.

No. 2561 is cut in sizes 10, 12, 14, 16, 18 and 20. Size requires 2 1/2 yards 54-inch skirt and blouse; 1 yard 54-inch waist.

Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address: Pattern Department, The Charlotteville Guardian, Pattern No. 2561

Name _____
Address _____
City _____ Province _____

A. Apply a dressing made by melting together two parts of beeswax to one part of mutton fat. Apply at night, and remove the next morning with a piece of flannel.

Q. How can I freshen wilted string beans, or other green vegetables?

A. By soaking for an hour in cold water, to which two tablespoons of vinegar have been added

Living & Leisure

THE WOMAN'S REALM

FROM THE GOLDEN BOOKS

From Ulysses

Tho' much is taken, much abides; and tho' We are not now that strength which in old days Moved earth and heaven, that One equal temper of heroic hearts, Made weak by time and fate, but strong in will To strive, to seek, to find and not to yield.

—By Tennyson.

NOBODY LIKES UNRULY CHILD

There's no getting around the fact the welcome mat just lay out for today's children. For the most part, nobody but their parents and doting grandparents want them around.

Perhaps, most of the fault lies with modern parents. Children might be more welcome if all parents would: See that their children don't annoy the neighbors by hanging around at mealtime, going into their houses without knocking, meddling with their possessions, refusing to obey their requests, etc. See that their children are quiet and well-behaved in public places. See that when the children are visiting they don't go hog-wild, racing around the house leaving destruction in their wake.

See that the children show some respect for adults, since few grown-ups enjoy an encounter with a smart-alecky child.

Know where their children are all of the time. The kids who are a nuisance are usually the ones whose parents never know and never care where they are and what they are doing just as they aren't underfoot.

Make certain that any damage their children do to others' property is taken care of.

It is rather sad that today's children are so often unwelcome. But they won't be welcome until their parents wake up and do their duty. A poorly trained child is as much of an annoyance to others as a poorly trained pet.

REMOVING STAINS

The most frequent stains in the summer months are those in the list below, with the means of removing them. Cut this out and keep it in a handy spot, preferably a box in which you keep the stain removers.

Rub chewing gum with ice or gasoline.

Four boiling water through the material on which there is a fresh fruit stain. If the stain is set and the material is white cotton, you may use hydrogen peroxide.

Soften grease stains with lard or oil (this includes milk stains) and then wash with a solution of ammonia and water.

Treat grass stains with denatured alcohol or coal oil, then wash with soapy water.

Paint or varnish can be removed with equal parts of ammonia and turpentine.

And Javelle water will work wonders with mildew.

The Stars Say—

By Genevieve Kemble

For Tuesday, January 18

A MOST propitious arrangement of planetary aspects hold expansive influence on the affairs, personal, business, romantic and financial, which every promise of broadened scope and opportunity. It is a time for summoning all resources and influences for attainment of ambitious plans, projects and professional aspirations. Superiors and those in high places are disposed to be friendly and there may be an inclination to celebrate excessively.

For the Birthday

Those whose birthday it is are urged to summon all resources, assets, influences and abilities for the purpose of attaining their soundest objectives and highest aspirations. A broad, generous and friendly feeling, with a liberal and warm disposition to celebrate special occasions. Lady Luck may likewise enhance stimulating effort.

A child born on this day is encouraged to use its splendid talents, emotions and cordial disposition to combine to push to advanced and expansive goals, with dependable assistance premises.

Household Scrapbook

By Roberta Lee

Potatoes

If potatoes are frozen or get old and wrinkled, try soaking them in cold water for about a half hour before using. If they are frozen the water will thaw them and they will swell up if old and wrinkled.

Wet Shoes

Shoe trees should not be placed in shoes that are very wet, or they are liable to dry stiff. Stuff them with crumpled newspaper. The paper will absorb the moisture and keep the shoes in shape.

Ferns

Do not water the ferns during the winter with real cold water from the faucet. It is much better to use room temperature water, especially if the house is rather warm.

Needlecraft FOR THE HOME

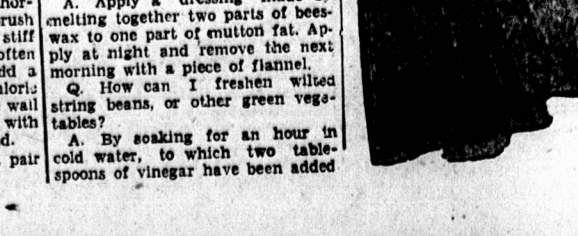
2561 SIZES 10-20

Make one or make all for yourself, or for gifts, you can't go wrong to a season when separates do so much to snap up a wardrobe.

No. 2561 is cut in sizes 10, 12, 14, 16, 18 and 20. Size requires 2 1/2 yards 54-inch skirt and blouse; 1 yard 54-inch waist.

Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address: Pattern Department, The Charlotteville Guardian, Pattern No. 2561



Loses Longest Tresses in Canada



BARBARA LEWIS DISPLAYS HER BRAIDS

Barbara Lewis, 11, of Fort Erie, Ont., is just becoming accustomed to her new short hair-do. Recently she had what she believed were the longest tresses in Canada or possibly the U. S., too. But a visit to Toronto and to a beauty salon and her 51 1/2-inch braids were snipped off. They were not drawn away through. She's sorry to see them so "when I'm a bit older, I can wind them around my head again if I want to do it." While the scissors were snipping, she was told she was close to the verge of tears, but managed to hold them back although she said she was sorry to see the long hair being cut off.