

THE CHARLOTTETOWN GUARDIAN

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"The Strongest Memory is Weaker than the Weakest Ink"

FRIDAY, APRIL 29, 1938.

Flagrant Partisan Appeal

There seems no doubt, from the revelations made in the House of Commons on April 25, that the Federal Defense Minister, Hon. Ian Mackenzie, was guilty of making a partisan appeal in discussing the national defense issue in the Victoria, B.C. by-election campaign.

"He charged that the Conservative regime had wrecked the air force and had crippled the training of the militia, whose appropriation had been cut from 11 million dollars to 8.3 million dollars, a reduction of 25 per cent. while the air force had been cut from 7.4 million dollars to 1.7 million dollars, a decrease of 75 per cent."

Thereafter Mr. Mackenzie pointed out that the expenditure on Pacific coast defenses under the regime of Mr. Bennett in 1935-36 totalled \$1,916,116, while the appropriation for 1937-38 under the Liberal administration amounts to \$8,163,180.

"This is an expenditure for defence," he declared, "which has not been equalled from the time of confederation. It must be borne in mind that the coast defence program cannot be completed until 1940. I ask you to remember what we are endeavouring to do, and I am taking this opportunity of requesting the electors of Victoria to approve the policy of defence of this coast when they go to the polls, November 29."

The objection to this flagrant appeal for political purposes was well summed up by Hon. Grote Stirling in the House of Commons. In the first place, the Minister knew that the official Opposition had indulged in no carping criticism of his defense expenditure, that on the contrary they had assisted him in face of criticism from a very considerable number of government supporters.

Mr. Sterling recalled the speech with which the Liberal leader opened his federal election campaign in 1935. Mr. King complained that "drill halls and armories" were being erected all over the country "at heavy cost."

That was the Liberal view at the beginning of the 1935 campaign. Yet within eighteen months Premier King and his Minister of Defense were preparing estimates for submission to Parliament which were \$10,000,000 more than those submitted previously.

Mr. Bennett and his followers in Ottawa have generously refrained from criticising the Liberal volte face on the armament question. They have thrown their weight behind the government's efforts, regardless of party considerations. This makes all the more inexcusable the Defense Minister's partisan appeal at Victoria, and the motives which inspired it.

Municipal Budgetary Problems

One of the most informative briefs so far submitted to the Rowell Commission was that of the Dominion Mortgage and Investments Association, the text of which covers municipal as well as federal and provincial debt and taxation problems.

"There is a popular conception that taxes imposed by municipalities are too high, that they cannot be increased, and that, on the other hand, they must be reduced. Coupled with this popular conception, there is in evidence a persistent demand on the part of the general public for more and better municipal and educational services, irrespective of ability to pay for them. Certain types of service have come to be looked upon as absolutely necessary, even when inability to provide them is in evidence. This disinclination on the part of the general public to do without or with lesser services so as to reduce expense to ability to pay, and in that way achieve a balanced budget within the measure of reasonable taxation, is a matter of grave consequence to Canada, its provinces and their municipalities.

There is need of a recognition of the fact that sustained services can be had only so long as ability to pay for them or sound credit are present, and that, in the last analysis, taxation of one kind or another is the only source of income with which to provide services. "Many municipalities have endeavoured to continue to provide services on the same scale as was permitted by higher income, notwithstanding that their main source of income, namely, taxation of real estate, was showing signs of having reached the point of diminishing return. They failed to recognize that if services are to be given they must be taxed for. While this has been the situation in many municipalities, there are many other municipalities who have cut their services drastically in line with their incomes and who have been able also to make some reduction in taxation. It is believed that it is not possible to generalize and that a proper appreciation of the situation of municipalities involves an appraisal of the position of each

municipality in relation to its individual problems. "In discussing the budgetary difficulties of municipalities, it is necessary to recognize that, to a very large extent, they are due to the large amounts municipalities are called upon to provide for relief. The control of such outlays is beyond action by the municipalities. There are, of course, individual cases where administration may be lax, and where relief granted may be in excess of provincial standards, but it is felt that, even if all abuses were corrected, provision for relief would still be a major source of municipal budgetary difficulties. It is necessary to recognize also that, apart from provincial "grants-in-aid" for relief or their equivalent, the municipalities have been given no additional source of revenue with which to meet this new and heavy expenditure."

Situation Still Hopeless

A souvenir in the shape of a compass has been presented to the Campbell Government. "Although of a good old age," says our contemporary, "it is in excellent condition."

We can imagine no more appropriate gift to an administration that is all at sea, and has drifted so far from the port of its election pledges. But of what use is a compass without skill and seamanship, and the wit to plug the leaks that have sprung "above and below the water line," as one of the crew so aptly said?

Editorial Notes

Mr. Dunning anticipates announcing a surplus of five million dollars when he brings down his budget next week.

Hon. H. H. Stevens told the House of Commons the other night that he blamed the rise to power of the Social Credit forces in Alberta upon the failure of Ottawa to give leadership in handling the nation's economic ills.

Mr. Lapointe told Parliament on Wednesday that the Government intends introducing amendments to the Criminal Code putting teeth in the sections affecting drunken driving. But what's the good when the law officers avoid the necessary chewing?

Rt. Hon. R. B. Bennett declared in Toronto the Mother Country was taxing herself white not only for herself but for us, and asked were we not ashamed of ourselves to let her do so. The worst of taxation is that it makes us callous, every prospective taxpayer being ready and eager "to let George do it."

Those quints are the best advertising mediums for their sponsors yet evolved. When interest in them was diminishing a demand is made for a change of guardians, and back the quints are on the front page. Just previously their business manager had disposed of quint syndicate rights to a New York organization, and this publicity came in very handy.

Mr. Tim Buck has returned from Russia, his political fatherland, with glowing reports of the success of the Soviet administration. It would be incorrect to say that he would come back with a different story if he had been as active in combating Dictator Stalin as he has been in attacking the political system in Canada. Mr. Buck wouldn't have any story to tell in that case, nor the opportunity of going anywhere to tell it if he had. He would speedily have found himself facing the execution squad.

The Hon. Dr. Manion's stock as prospective Conservative leader is steadily rising. It is admitted that unless some surprising dark horse appears at the last moment, as Mr. Mackenzie King did at the famous Liberal convention at Quebec years ago, Dr. Manion is head and shoulders above all competitors. Senator Meighen gave a luncheon to leading Conservatives and business executives at the Albany Club, Toronto, on Wednesday when Dr. Manion was freely spoken of as the coming leader.

The following thanksgiving Ode was written for a New York junior high school magazine by a German boy of sixteen who came to that city two years ago:

"One day in the year should be reserved for prayers of thanksgiving in which we give thanks for something that has been granted us; for having been saved from some great destruction caused by nature or by man.

"I am thankful that I have been given an opportunity to be educated in the United States of America.

"I am thankful that I live in a land where every one may salute the same flag.

"I am thankful that I live in a land where, regardless of race, every one may take part in national ceremonies.

"I am thankful that I live in a land where a person may sing the national anthem without having some one tell him that he may not because of his race.

"I am thankful that I live in a country governed by democracy rather than by force.

"I am thankful that I live in a land where one is not persecuted.

"I am thankful that I live in a land where there are people who have real sympathy for refugees from European countries who have gone through horrible experiences.

"I am thankful that I have been given the opportunity to enjoy the many privileges that are unheard of in European countries.

"I am thankful that I shall be able to realize my ambitions, which would have been impossible had I remained in my native land.

"I am thankful that I live in a land where the future seems bright and hopeful, rather than dark and hopeless.

"I am thankful that I live in a land where the youth of all races have a tomorrow, rather than in my native land where the youth of a race is without a tomorrow.

"I am thankful that I, an immigrant, am permitted to tell you of the troubles in European lands in order that you may develop a real sympathy for the oppressed of the earth.

"I am thankful that I am happy and free."

NOTES BY THE WAY

A United States commerce department expert, upsetting popular notions, asserted to-day that 150,000,000 Chinese seldom eat rice. The reason, said Ruth Spicer, is that rice is too costly for large portions of the population north of the Yangtze valley and is eaten only on festive occasions. Millet is the staple food of these people, she said.

He was a highly nervous man. But it never got him. "See here," I said to him one night at dinner; "you got me the very best green under such tough conditions. What is it—exercise, diet, or thought control?" "Oh, none of those things," he laughed. "It's just plain ordinary, every day relaxation." Years before he'd had a nervous breakdown. An old German doctor on the sanitarium staff had given him some advice. "Every night when the day's work is done, said the wise old physician, 'go home, undress, take a leisurely hot bath. Put on your pajamas and get into bed for twenty minutes. Don't sleep. Just relax.' "So that's what you do?" I asked. "Yes, sir. I've followed that advice for ten years. It's worked like a charm. During that time when I was 'e' than perfect mentally and physically."

There is a large difference in the volume of blood in a person's body during the winter and the summer months. Dr. Henry C. Bazett, Professor of Physiology at the University of Pennsylvania Medical School, told the members of the American Congress of Physical Therapy at the Mount Sinai Hospital recently. Dr. Bazett said that his work was the elaboration of work done some years ago by Joseph Barcroft, of Cambridge, England. Sir Joseph discovered the change in the volume of blood in the tropics, while Dr. Bazett's experiments show that the change of blood-volume also exists in the eastern seaboard area of North America. "An increase in volume of ten per cent (one liter or more) of blood may be obtained by exposing a person to heat, within five days," Dr. Bazett said. "This increase in volume is accompanied by an increase of a normal serum protein concentration, and the red cells are also increased, though more slowly." Discussing the possible application of these principles to the practice of physical therapy, Dr. Bazett said that the danger from the loss of fluid through the fever treatment could be lessened if the patient was subjected to a milder heat in advance. This would allow his body to build up a large blood volume, and the smaller change in temperature would decrease the amount of water lost by sweating.

A writer in the Montreal Star will be open and shipping again in the near future. The Montreal full swing, yet quite a good number of ships cooks who have been "on the beach" for the past two or three seasons are likely to spend another season for the simple reason that as of yore the women are monopolizing the jobs again, and more so since the wages have increased. "I'm not a cook," says a woman (and the union). Women who have never set foot on a lake boat before, who have not the faintest idea of the meaning of the word "sailing" and who do their damndest to get jobs as cooks and strange to say are being accepted whilst hundreds of experienced men are being refused. "I'm not a cook," says a woman (and the union). Women who have never set foot on a lake boat before, who have not the faintest idea of the meaning of the word "sailing" and who do their damndest to get jobs as cooks and strange to say are being accepted whilst hundreds of experienced men are being refused. "I'm not a cook," says a woman (and the union). Women who have never set foot on a lake boat before, who have not the faintest idea of the meaning of the word "sailing" and who do their damndest to get jobs as cooks and strange to say are being accepted whilst hundreds of experienced men are being refused.

"The note that comes from a live lobster on being plunged into boiling water isn't caused by the shellfish suffering from a sea-food expert, "but by air bubbles ejected from the crevices in its shell, due to expansion by the heat. Just the same, we'd bet he doesn't like it!"—Windsor Star.

The Consul-General of Argentine at Ottawa has announced that he is inviting tenders from Canadian contractors for the construction of a grain elevator at Concepcion del Uruguay which is to rest approximately 810,000 bushels. It is to be 100 feet high, about 6, 27-100 bushels. Like Canada, Argentine is in the wheat trade on a large scale, and continues to branch out.—Sydney Post-Record.

The old rail maxim, "Only the rich can afford fat travel," felt further into disregard the other day when a light aircraft Diesel-electric streamliner left Chicago's Dearborn Station and streaked west on its inaugural run to Los Angeles. The plane was a good deal less than the legal 2-cent-a-mile dry-coach maximum.—New York Times.

One of the most unusual specimens of the handwork of nature is on display in Kentville, Nova Scotia. It is a perfectly preserved specimen of a loon, frozen in a block of ice that was found in Lake George near here. Apparently the bird had become caught in the ice and as more ice formed, it was frozen solid.

Mr. Grenville Kleiser might have been writing of some modern day get-rich-quick scheme when he says: "It can't be done. Get-rich-quick - without - effort delusions have captivated men and women to their loss and disillusionment. The get-rich-quick craze is a craze is simply self-imposition. It's a false idea and an unwarranted expectation. It can't be successfully done. The principle of the get-rich-quick craze is an investment of time, ability or money. Economic prosperity is based upon constructive labor."—From the Victoria Colonist.

Hiller and his lieutenants are not the victims of false modesty. They are fond of using super-natural words about their own work. The former himself rhapsodized on the subject at some length the other day. He asked, in the classic manner, who would have thought a few years ago that Germany would be where she is today. He goes on to answer his own question by say-

That Body of Yours By James W. Barton, M.D.

NATURE'S METHOD OF PREVENTING CONSTIPATION

There is a large number of the population who think of the large bowel—colon—as always full of waste matter which must be removed immediately or the poisons in the wastes will be absorbed into the blood and cause many symptoms—laziness, drowsiness, pains in joints, depressed spirits and others. As a matter of fact, it is true that a "full" colon will cause the above symptoms partly because of poisons being absorbed into the blood, and also, as Dr. Walter Alvarez, Mayo Clinic, has pointed out, because the very weight of this waste in colon may cause symptoms by pulling on the nerves in colon and its supporting structures. However, Nature never meant that these wastes should be vigorously pushed or flushed out by purgative medicines, because a work on the outer abdominal constant flushing out cannot remain a healthy bowel. The bowel was not meant to be completely empty. The healthy bowel is able to absorb wastes downward and out of the body by means of its muscles.

Muscle tissue can only be kept strong by exercise and if there are no wastes, nothing for the muscles to work against, the muscle tissue will become flabby, just as unused muscles elsewhere in the body become flabby from lack of exercise. Nature gave man two methods of keeping the wastes moving down the large intestine—exercise and rough or fibrous parts of the food. Thus all the bending exercises, with knees kept straight, exercise the muscles of the large intestine, which in turn massage the muscles of the large bowel and stimulate action. In addition, the exercise squeezes the liver which causes an extra flow of bile into intestine, and bile is Nature's purgative. The fibrous foods which not only rub against the nerve endings of large bowel and stimulate bowel action, also have something in them, aside from the roughness, which stimulates the bowel. Thus the easily digested foods—meat, eggs, fat, sugar, and starches—do not leave enough rough or fibrous waste to stimulate bowel action so that foods with hard or fibrous waste in them—fruits, vegetables, and cereals—must be eaten to prevent constipation.

Nervous, high strung individuals, with a tendency to "march" or "te" in the ulcer, must, of course, avoid these rough foods, and, if unable to exercise, may need a laxative as prescribed by their physician.

RELIEF IN 20 MINUTES FROM ASTHMA

MAC'S BLOOD FOOD FOR PALE AND THIN PEOPLE

MAC'S PILE OINTMENT

THE 2 MACS

PUBLIC FORUM

BUTTER AND LIVESTOCK MARKETING

Sir,—In the Patriot of today's issue the following appears: "Eud-den and sharp slump in butter prices" (Canadian Press Despatch) —Toronto, April 26—Sudden and sharp slump in the price of butter, general throughout Canada, were believed due today to seasonal increase in production and market-overhang of large quantities of the New Zealand and Australian product. It was said 1,750,000 pounds of New Zealand and Australian butter were available and that this was a factor in the swift recession.

This will be sad news to the dairymen of this province, who will remember that only a few years ago the Rt. Hon. R. B. Bennett, after coming into power had protected the dairy industry that had been ruined under Liberal administration. And by their present tinkering with tariffs the farmers of P. E. Island will have the opportunity of again looking at their milk cheques, from the importation of New Zealand butter.

I am also enclosing a clipping from the press with reference to the activities of the Livestock Marketing Board as follows: "The co-operative Livestock Marketing Board of this province shipped 13 cars of hogs, totalling approximately 900 animals, last 30 hour period between Monday morning and last evening this week it was announced by Mr. J. A. Gillies, secretary of the Marketing Board, last night. The shipment was expected to net farmers approximately \$18,000.00. Previously shipments had averaged in the vicinity of \$21.00 per hog, it was said. This week's shipment was loaded at various branch clubs throughout the province and were sold to a packing house in Montreal. The hogs are sold on a rail grade basis."

The writer will have to admit, and as is expressed by many throughout this province, that the management and its secretary, Mr. J. A. Gillies deserve much credit for the progress this Co-operative Marketing Board has made in the past few years. The Marketing Board should always remember the motto: "Give credit where credit is due," and not lose sight of the one who got them the bacon market, which is none other than the Rt. Hon. R. B. Bennett.

I am, Sir, etc. HAMPSHIRE.

The Poet's Corner

FROM "THE STOLEN CHILD"

Where dips the rocky highland Of Sleuth Wood in the lake, There lies a leafy island Where flapping herons wade, The drowsy water-rats; There we've hid our fairy vats Full of berries, And of reddest stolen cherries. Come away, O human child! To the woods and waters wild, With a fairy hand in hand, For the world's more full of weeping than you can understand.

Away with us he goes, The solemn-eyed, He'll hear no more the lowing Of the calves on the warm hillside, Or the kettle on the hob Sing peace into his breast, Or see the brown mice bob Round and round the oatmeal chest. For he comes, the human child, To the woods and waters wild, With a fairy hand in hand, For the world's more full of weeping than you can understand.

—W. B. Yeats.

WINNIFRED OLIVE MANZER

WEYMOUTH, April 25.—The death of Winnifred Olive Manzer, youngest daughter of Mrs. Flossie Manzer and the late Fred Manzer of Ashmore, occurred at her home here Saturday, April 9, following an illness of two weeks. She was four years and five months of age, but the affectionate little girl played a great part in making the life of the home from which she was so suddenly taken, and will be greatly missed. She is survived by her mother; seven brothers, Rev. Byron Manzer, North River, P. E. I., Kenneth, Wolfville, Donald, Parker, Bernard, Scott and Fred, all at home; also two sisters, Doris, North River, P. E. I., Alia and Evelyn at home. The funeral was conducted at her home Monday afternoon with Rev. I. D. Little officiating. She was laid to rest beside her father, at the Riverside Baptist cemetery.

Minard's Hniment removes stains.

COFFEE

Mr. Tea Pott Says: For a Delicious Cup of Full Flavoured Tea Use BRAHMIN Orange Pekoe Tea

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