

# Woman's Realm—Social and Personal—Fashions—Literature

## Living & Leisure

### THE WOMAN'S REALM

Where you the earth, dear Love, and I the skies,  
My love should shine on you like to the sun.  
And look upon you with ten thousand eyes.  
Till heaven wax'd blind, and till the world were done,  
—Joshua Sylvester.

#### TURNABOUT FAIR PLAY

Every wife ought to work for one week in her husband's office," says a wife who did just that, and was glad to get back to her job as full-time housewife. "If she did," the correspondent added, "she would ever afterwards meet him at the door in the evenings with a chair ready to carry him into the house."  
It is too bad that most wives have so little understanding of the demands the breadwinner's job makes on him in the course of a day.

Going downtown to an office sounds so simple to the woman who stays home.

She can't understand why he comes home at night tired out, and more in a mood for peace and quiet than for chatter. Or why he dislikes stepping out.

If she could work beside him for a week she would be more understanding.

#### Works Both Ways

But, of course, it works both ways. No man without spending a week running a house, managing one or more small fry, cooking the meals, washing the dishes and understanding why his wife gives him a dirty look when he comes home at night and asks innocently "What have you been doing all day?"

The reason why husbands and wives don't have more respect for each other's jobs is simply that they actually know so little about them.

#### DAILY STOVE JOBS

It is a good idea to give your gas stove a daily wipe with a soapy cloth, both inside and out. It is best to do this when the stove is completely cool. If you spill food while working at the stove, wipe it up immediately so that it will not harden and be more difficult to remove. If the stove is hot use a hot—not a cold—wet cloth.

#### BUTTONS ON HAIRPINS

Instead of throwing buttons helterskelter in a quart jar string them on long "invisible" hairpins. Twist the ends together so that they will stay put until you need them. Sort the buttons for size and color to make selection easier.

#### MODERN MANNERS

The most annoying habit of some card players, which should be avoided, is to snap a card down as played, bending a "trick" one has taken, or picking it up and moving it up and down the table.

#### RADIO GETS THIEF

LONDON, Ont. — (CP) — A blaring radio in a locked automobile led police to arrest a teenage driver here recently. The upshot: he drew 18 months in reformatory for car theft.

#### CREATE SCHOLARSHIPS

SAULT STE. MARIE, Ont. — (CP) — Algoma Ore Properties Ltd. have created a fund for four scholarships for the Sault Ste. Marie branch of the Michigan College of Mining and Technology. Algoma district students granted the award will receive \$660 a year for four years.

### Ellen's Diary

By an Island Farmer's Wife

Jamie scattered grain in the barnyard "for the Huns" today. And when his grandfather, there at the time on a mission asked: "And how do you know there are any around here? Did you ever see them?" Jamie replied: "Only over in the field—but you just come here, and I'll show you their tracks. I know they've been feeding here." "Perhaps they're sparrows' tracks," James suggested. "Ha!" Jamie laughed, "Just look there! Sparrows don't leave big tracks like those." "They're partridge tracks all right," James agreed, reading with Jamie the prints in the snow. And so Jamie now has a flock of these shy pretty creatures in his care. Sometimes on a quiet afternoon when, because of our farmers' absence, this place wears an air of desolation, those which haunt the sheltered neighborhood of the mill come to visit us at Alderlea. Quietly they enter one's view at a window, and reassured by the stillness prevailing, continue along the path to the barnyard, there to pick up the seeds and grains which lie scattered about.

A cat's sudden appearance or the chance opening of a door and immediately they are flying on startled wings back to the friendly shelter of the woody places below the mill dam. Jamie would gladly have the sparrows flutter down to eat of the grain, and indeed finds much entertainment in watching these brave winter felines. "Ours, I think are nicer than yours," he pointed out to me not long ago. "I mean they're tamer. Ours will come inside the pump house to eat bits of feed dropped there, but all of yours stay outside." We had stopped to watch a bevy of tweed-coated ones about the house-roof, some perched jauntily on the heights there, alert to our presence and even attentive—until Jamie clasped his hands and they flew off to land in.

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### Dorothy Dix Says—

#### Leap Year Is Girls' Chance

##### Maidens Should Know How To Convince Men They're Worth Marrying

A group of young women, who are determined to take advantage of their Leap Year privileges, ask me how they shall pop the question to their steadies and find out whether their attentions are with intention or not.



"It isn't that we are not attractive to men," they say. "We are. But our trouble is that we don't attract them to the altar. They take us to dances and shows and out to dinner and they tell us how beautiful and attractive we are, but they never say: "Will you be mine?" And we are tired of playing around and we desire some sure-fire method for getting our men."

Right you are, daughters, and I agree with you that there is no use in wasting your powder on men who are always dodging the main issue, which is matrimony. The foxiest thing that men ever have done was to put out the propaganda that it was un ladylike for a woman to take any part in a courtship, and that no matter how much she wanted a man she had to wait until he told her that he wanted her. That is the reason there are so many old maids.

**GIRLS' MOST IMPORTANT RIGHT**  
Curiously enough, although women have gotten every other right in the world, they have never gotten the right to pick out their mates and pop the question, which is the most important right of all. But, inasmuch as they have this privilege only once in every four years, it is not strange that they are awkward and confused about how to go about it. They don't know whether to be bold and forward, or timid and deprecating, or determined, or weepy.

Different men require different methods, of course. Undoubtedly there are thousands of men who really never get up the spunk to propose to the girls they would like to marry. They choke on their Adam's apples when they try to tell a girl they love her. The undercurrent matter is settled and begin every sentence with "when we are married," and sure enough they will be married before he knows it.

If you are in love with a practical businessman, sell yourself to him by telling him what a good cook you are, and what clever bargains you drive, and how you make your own dresses and trim your own hats and how you can save him money by marrying you. If you can produce a pie that you say you made with your own hands, he will say "yes" every time.

If you have set your affections on a vain man and want him for keeps, don't be sparing with flattery. Tell him how handsome and clever and wonderful he is. Make his perfections your theme song that you play upon as upon a harp with a thousand strings, and he is yours for the taking.

If the man of your desires seems a little lukewarm, your best move is to burst into tears after you have told him how you adore him and how he is breaking your heart with his coldness. If you can manage to sob on his shoulder, you've got him. Few men have the nerve to say "no" to the woman who cry for them.

These are only a few of the many proposals by which a girl can get her man. Try 'em, and if one fails, don't be discouraged. The latest statistics show that there are 7,200,000 marriageable men against 6,400,000 women, which leaves a good working margin for the sweeties who want husbands.

#### Household Scrapbook

By Roberta Leo

**Ribbons and Laces**  
Shave some pure white soap into a glass jar, or use white soap flakes to make a rich suds. Have the mixture warm, put the lace or ribbon into this, screw on the lid, and allow to soak for a few minutes. Then shake vigorously and rinse in the same manner.

**Silver Polish**  
For polishing silver, mix equal parts of whiting, ammonia, and alcohol. Apply with a flannel, allow it to dry, and then polish with tissue paper.

**The Refrigerator**  
All food should be cool before it is placed in the refrigerator. Warm food causes the ice to melt faster and also destroys the keeping qualities of the food.

**The Stars Say—**  
By Genevieve Kambie

For Friday, February 6

AN exceptionally productive and brilliant state of affairs, with the energies keyed to splendid initiative and concentrated performance and with the mentality spurring the energies and faculties to very aggressive and direct action. Under such concentrated and constructive urgings, projects of unusual scope and significance may be executed with skill and ingenuity. In the midst of this culmination an overweening ambition may spur to speculative of high-powered action in which the element of chance has power to destabilize going programs or to turn the tide into channels of loss, disaster and regrets. Strange undercurrents could disrupt solid and well-laid plans. Keep alert to snares.

**If It Is Your Birthday**  
Those whose birthday it is may start out with very direct and concrete endeavors to put over exceptionally brilliant and ambitious projects, under the spur of quickened initiative, fine ideas, dynamic enterprise and attack. Large projects of long-term and productive scope seem to flourish with spectacular force, when a subtle twist, a curious "hunch" or exalted aspiration, in which novelty, skill and ingenuity combine to make desired objectives secure. But then an undercurrent of the crafty, subtle and even sinister seems destined to knock the props from under the best-laid and cleverly executed plans. Such may be traced to high places, and may be circumvented by alerted suspicions and soundly established procedures.

A child born on this day is endowed with exceptional skill, ingenuity, faculties and energies, but its dynamic course may be nullified by sinister events.

### That Body Of Yours

By James W. Barton, M. D.

#### PHYSIOTHERAPY FOR ARTHRITIS

In the United States and Canada we have so many cases of arthritis that city after city is now organizing arthritis clinics in general hospitals. In some cities, hospitals for arthritis cases only are being established.

Just why Great Britain has more arthritis cases in proportion to the population than North America is unknown, though the damp climate and not enough dentists is thought to be the most common cause.

Because arthritis and rheumatoid arthritis are so common in Britain, the treatment by physiotherapy (heat, electricity, baths) has reached a high state of development there. In the "Journal of the Physiotherapy Society," G. E. Heskehl, Burton Road Hospital, Lincoln, England, discusses the causes, effect upon tissues, symptoms and treatment of rheumatoid arthritis by physiotherapy.

The changes in the tissues caused by arthritis begin in the coverings of the joints in the fingers, then the ligaments, and finally the ends of (Continued on Page 7)

#### Amazing New Ingredient Added To Soap

A new secret ingredient called "Solum" has now been added to Rinsos, a soap product of Lever Brothers Limited, it was announced yesterday by Mr. J. L. Dampier, Director of Lever Brothers Limited.

It was stated by Mr. Dampier that the new ingredient will wash white clothes whiter and colours brighter than new.

"Solum" was developed in Lever Brothers Laboratories after many years of research and its value lies in the way it prevents the yellowing which occurs in white clothes after repeated laundering. Yellowing, it was explained, is caused by the reflection of the fabric of more and more of the yellow portion of invisible light. The addition of "Solum" to Rinsos eliminates yellowing by adding sufficient light derived from the invisible and previously unused light to make white fabrics whiter and colours brighter.

The more often that "Solum" is used, the greater the amount of invisible light that is converted into visible light.

It was also stated that "Solum" has absolutely no harmful effect of any kind on either clothes or the skin.

According to report No. 83,377 of the United States Testing Co. Inc., fabrics washed in Rinsos with "Solum" had a greater degree of whiteness and brightness of color than the same fabrics washed in three other leading brands of granulated soap.

The composition of "Solum" was not revealed.

**DIONNE QUIN'S**  
relieves coughs and cures of  
**CHEST COLDS**  
BY RUBBING ON  
**MUSTEROLE**

#### Morning Smile

TIDY

Mother: "You were a very tidy boy not to throw your orange peel on the floor of the bus. Where did you put it?"  
Johnny: "In the pocket of the man next to me."

#### IN CASE

An ambitious young man was being instructed at his own request by a professor of elocution in the art of public speaking. The Professor knew that his vanity far exceeded his ability, so he gave him one last piece of advice. "When you've finished your lecture, bow gracefully and leave the platform on tip-toe." "Why on tip-toe?" queried the would-be orator. "So as not to wake the audience," was the quiet reply.

#### How Can I!!!

By Anne Ashley

Q. How can I make olive oil palatable for one who must take a wineglass of it daily?  
A. Many people who will not take olive oil on account of its not being palatable have found that if a pinch of salt is added to a wine-glass of oil, this is overcome.

Q. How can I clean cauliflower before cooking?  
A. Cauliflower should be stood for a few minutes, head down, in a salt or vinegar solution. Insects will get into the head of a cauliflower.

Q. How can I remove the shine from a coat collar?  
A. Moisten a cloth in either vinegar or ammonia and rub the collar thoroughly.



#### Good Eating for the Lunch Boxes!

and so easy to mix!

**ALL-BRAN RAISIN BREAD**  
1 egg  
1/4 cup sugar  
1/4 cup molasses  
1 cup sour milk or buttermilk  
2 tablespoons melted shortening  
1 cup Kellogg's All-Bran  
2 1/2 cups sifted flour  
2 teaspoons baking powder  
1 1/2 teaspoons salt  
1/2 teaspoon soda  
1/2 cup chopped raisins

Beat egg well. Add sugar, molasses, milk, shortening (melted and cooled) and All-Bran; mix well, let stand until most of moisture is taken up. Sift flour, baking powder, salt and soda together; add to first mixture with raisins; stir only until flour disappears. Bake in greased loaf pan lined with waxed paper in moderate oven (350°F.) about 1 hour.

Extra good and so different! This rich brown loaf has that delicious nut-like flavour only Kellogg's All-Bran can give... and that marvelously soft, light All-Bran texture. Perfect for the lunch boxes because it's packed with nourishment and keeps fresh. Clip the recipe now.

**KEEP "REGULAR" NATURALLY**  
TWO SIZES  
Keeney's ALL-BRAN

#### Better English

D. C. Williams

1. What is wrong with this sentence? "I have been to a banquet."
2. What is the correct pronunciation of "restlessness"?
3. Which one of these words is misspelled? Octopus, oleomargarine, optometrist.
4. What does the word "salutary" mean?
5. What is a word beginning with "r" that means "belief"?

#### ANSWERS

1. Say, "I have been at a banquet."
2. Pronounce re-sill-i-enz, first e as in me, both i's as in it, accent second syllable.
3. Oleomargarine. 4. Promoting health; curative. "Laughter is an external expression of joy; it is the most salutary of all bodily movements." — Huxford.
5. Credence.

#### Cook's Corner

#### CRUNCHY PEANUT COOKIES

1/2 cup shortening  
1 cup brown sugar  
1/4 teaspoon salt  
1 egg  
1/2 teaspoon vanilla  
1 cup sifted all-purpose flour or 1 cup plus 2 tablespoons sifted pastry flour  
1/2 teaspoon baking soda  
1/2 teaspoon baking powder  
1/2 cup cornflakes  
1 cup quick-cooking rolled oats  
1/2 cup peanuts (skins left on)

Cream shortening, sugar and salt. Add egg and vanilla, and beat until creamy. Sift together the flour, soda and baking powder. Add cornflakes and rolled oats. Add dry ingredients to first mixture. Lastly add the peanuts. Drop by spoonfuls on a greased cookie sheet. Bake at 350 degrees F. for 15 minutes. Yield: 3 dozen cookies.

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To Relieve Many  
**VICKS**  
Rub on Tested  
VAPOR

**HEY, LADY!**  
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CLEANS LINOLEUM SHINING BRIGHT WITH HALF THE WORK!  
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