


# Woman's Realm / Social and Personal / Fashions / Literature

**CANADA'S FASTEST-GROWING TEA**



At your grocer's in 7- and 12-oz. packages—also in improved FILTER tea balls.

Blended and packed in Canada

**TENDER LEAF TEA**  
Superior Quality

Good Grooming by Short-Cut Way



**Well-Turned Out Girl Gets Job**

"Where does she get the time to look so glamorous?" unsuccessful job-seekers grumble. "I don't stand a chance."

Yet, in all likelihood, the beautifully groomed girl doesn't "get the time." No one does today!

But if you know short-cut methods, in about 35 minutes a day you can not only care for grooming essentials—like bathing—but can care for the little extras that make all the difference.

For instance, you brush your hair of course, but dust will collect, giving a dingy look. To keep your hair clean and shining between shampoos, just rub off the dust with a towel—every few brush strokes. Then, if you apply face cream with both hands instead of one, you can cream face and neck in the time it may take now to cream just the face.

With the well-groomed girl, you know, a lovely complexion doesn't stop at the chin line!

To schedule your time for grooming, see our new 32-page booklet. It tells quick, efficient ways to care for skin, hair, nails, hands and feet. Also suggests time-saving grooming routines for business girls, home women.

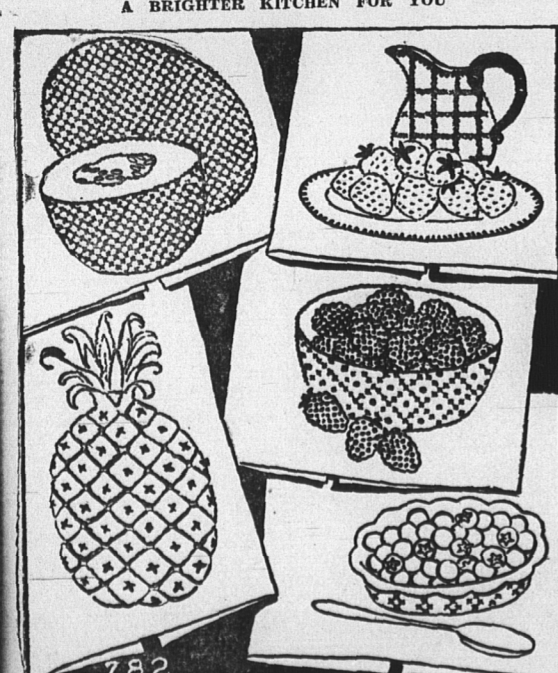
Send 20c in coins for your copy of "The Quick Way To Smart Grooming" to The Guardian Home Service. Be sure to write plainly your name, address and the name of booklet.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

**A BRIGHTER KITCHEN FOR YOU**



Colorful designs of fruits and berries for your kitchen towels. They may also be framed, making individual little pictures. Hot iron transfer pattern No. 782 contains 5 motifs measuring from 4 by 4 1/2 to 5 by 5 inches each and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department  
Design No. 782  
NAME \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## Living & Leisure

### The Woman's Realm

**UPHEAVAL**

Things that seemed so all-important—Personal joys—success or dear-disappointments and resentments—In the care-free yesterday. Now look childish and affected as a grimace tales unfold. And dear whims retreat to twilight As we brace to sterner mould.

Ways that seemed so all-important In the round of peace-time life Fade away as evening shadows. In the days of woe-widow sirtle, Things we once deemed so essential.

We relinquish with the need To assemble all our forces To defeat the heathen greed.—By Helen T. Carrington

**PRECIOUS RUBBER**

Keep rubber bands in a tightly closed box and they will retain their elasticity much longer than if exposed to air.

**RIGHT ATTITUDE**

Teach your children that the gifts presented to them are not nearly as important as the thought that is in back of the remembrance. Never let them value a person more because he gives them gifts than to them than some other person.

**SUNSHINE FOR BREAKFAST**

When the dining room is unusually large it is nice to have breakfast served at a smaller table by the sunniest window in the room. The touch of bright sunshine just seems to start the day right, somewhat.

**MAKING BREAD**

Someone wrote asking if homemade breads were difficult to make. The answer to that is No. The few rules can easily be memorized and two or three practices will soon give you that very necessary personal experience. When yeast is being used, everything must be well warmed. The dough should be warmed, as well as the flour and water.

The dough must be set in a warm place to rise, and covered with a clean cloth. Let me give the whole method, which is very easy to follow.

These quantities will make a quarter loaf of household bread—2 1/2 lbs. of flour, 3 1/2 teaspoons salt, 1 1/2 pints tepid water, 1 oz yeast.

Sieve the flour and salt into a warm basin and place it near the fire to heat slightly. Cream the yeast and add the tepid water. Make a well in the centre of the flour and strain in the yeast and water. Sprinkle a little of the flour over the liquid. Cover the basin with a cloth and set it to rise in a warm place for twenty minutes until the surface will be covered with tiny bubbles. This is what we call "setting the sponge."

Work in all the flour with the hand, adding more tepid water if necessary to make a firm elastic dough. Knead very thoroughly. Cover again with a cloth and set again to rise for 1 1/2 to 2 hours till well risen. Knead the dough lightly on a floured board and form into loaves. The bread thus should be warm and lightly floured before the dough is put to them. Place in a warm spot to "prove" for 15 minutes. Bake in a hot oven for 40 minutes to one hour according to the size of the loaves. When ready, the bread should feel light and be well risen. It should have a crust and sound quite hollow when tapped underneath in the centre.—Exc.

### OVER-THE-SHOULDER BAG IS SMART FOR SPRING

One of the smartest of the new handbags seen this spring is an over-the-shoulder bag, generously proportioned, trimmed at ends and a wide shoulder strap with polished nail-heads. Bags are shown in colors for spring, of course, as well as black and brown.

Used as a dye, henna pigment comes from the Asiatic henna shrub.

The right kind of pruning saw is a narrow blade, lightening in the frame by means of a thumb screw or turn-buckle. Otherwise, a kind of butcher's saw.

**UNJUST PUNISHMENT**

If you have scolded or punished your child and find you were wrong be big enough to tell her so and apologize. It will clear the home atmosphere and your youngster will be much more willing to say she is sorry the next time she is in the wrong. If she is set such a good example.

### FACE LIFTS FOR FUTURE

If your polished furniture is looking tired, you can easily restore its beauty.

First of all wash the piece of furniture with warm water.

Wipe away the surplus moisture with a soft cloth, finishing with a rub with a soft chamois leather.

When it is quite dry, paint it over with a brush dipped in raw linseed oil. This has been used for years and has been found to be the best.

Leave the oil to dry, after which the furniture is ready to be treated with French polish.

Begin with the part of the work, rub your hands with cold cream to fill the pores of the skin and slip on a pair of housemaid's gloves. Make a pad of cotton wool wrapped in two thicknesses of an old handkerchief.

Sprinkle the cotton wool with the polish and rub the pad over the surface in a circular or figure eight movement.

Finish by rubbing it vigorously with a velvet pad.

Hot-iron marks on polished furniture can be removed by rubbing them with white oil, which you can buy from a hardware shop or decorating firm.

A dented or bruised surface can be treated by covering it with a damp woolen pad of three or four thicknesses and putting a hot iron on it.

Painting whitewash furniture is a simple job, but it is essential that the wood must be perfectly clean before the work is started. For a new piece of furniture, rub thoroughly all over with No. 0 sandpaper. Make a pad of cotton wool, fill any cracks or level uneven surface with plastic wood.

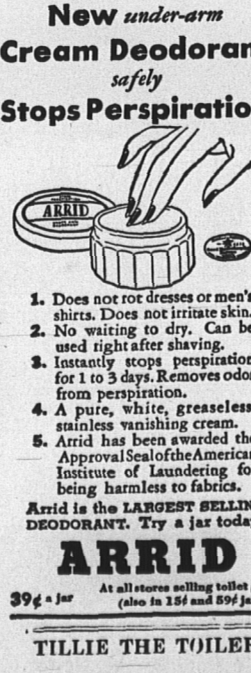
**HELENA RUBINSTEIN'S NEW Charm Box**

Contains three of the most famous Helena Rubinstein preparations . . . three essentials of skin care that will work like a charm for your beauty. Get your charm Box and begin this transformation at once.

**JAMIESON'S DRUG STORE**

**New under-arm Cream Deodorant**

**Stops Perspiration**



1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure, white, greaseless, stainless vanishing cream.
5. Ardid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

**ARRID**  
At all stores selling toilet goods (also in 15¢ and 5¢ jars)

## Dorothy Dix Says—

### DON'T FORCE BOY INTO MARRIAGE IF YOU WANT FUTURE HAPPINESS

#### There Is No Reconciliation For Women Who Indulges In Intimate Relationship With Lover

**DEAR DOROTHY DIX**—I am a girl of 20, engaged to a boy of the same age. We had almost set the date for an early marriage, but that if I insist upon it he will marry me. I do insist on an early marriage, but if I force him into one that he is loath to go through with I am afraid that he will feel that he has been hooked into it and that his family will hate me for doing it.

Shall I force him to marry me now, or wait for the inevitable day when he will want me as a wife without benefit of clergy, and I shall have to give in or stop seeing him, even though it will ruin both our lives, because I know we are made for each other and will be better off in the long run if I better to insist on an early marriage and take the chance of his hating me for it, or is it better to lose him the other way? Please help me.

**GIRL IN LOVE**

**ANSWER**—If you force a boy to marry you against his will, you will lose out, because he will never forgive you for using strong-armed methods to drive him to the altar. Such a marriage is foredoomed to failure and will bring you nothing but misery, for your unwilling bridegroom does not love you, does not desire you, and he does not want to give up his playthings and assume the burdens and responsibilities for which he really is not yet fitted.

A boy husband, with no trade or profession by which he can support a family, crumpled by upon him, is one of the most pitiable creatures in the world. And you may be very sure that he will think of a marriage you are considering making.

**THE WOMAN ALWAYS HOLDS THE BAG**

On the other hand, if you become this boy's mistress, you are also bound to lose out, because when he tells you that he does not want to marry you he serves notice on you that he is keeping himself free to leave you when he is tired of you. If he meant to be faithful to you, he would marry you, however unwise it was to do so at your age and in your circumstances, and take the consequences rather than put a stigma forever on your name and run the risk of bringing illegitimate children into the world. In every liaison it is always the woman who is left with the bag to hold.

So as between the choice of forcing the boy to marry you, or becoming his light-love, or breaking with him, I strongly advise you to take the latter course. In any case you lose out. But if you refuse to accede to the boy's demands you keep your integrity, your self-respect and the respect of all who know you and, believe me, that is a grand consolation prize.

**DEAR DOROTHY DIX**—I have been married for eighteen years to a man whom I love very much and who has been an exceptionally devoted husband. A few months ago I went to the store of which he is manager and accidentally ran into him as he was walking up the stairs and he whispered to her: "I just said: 'Boo!' and asked if I could use the telephone, and he looked chagrined, but laughed as if it were a big joke."

If the clerk had been an ordinary girl, I doubt if I would have noticed it, but she is a man-chaser, especially of married men, and three homes with children (not ours) have been badly hurt on account of her attentions to the husbands and fathers.

I have made no issue about this girl with my husband, but he knows how I have been hurt and has redoubled his attentions to me. He tells me that he loves me and spends all of his evenings at home with his family. I don't go to the store any more because I don't want my husband to know that I am watching him, but something has gone out of our relationship that makes it strained instead of free as it used to be. I don't know what to do about it.

**BEST TO KEEP ON SAYING "BOO"**

**ANSWER**—Well, I think you had just better continue to say "boo" to it as you did in the first place, and let it go at that. It is better to laugh off an episode like that than it is to ask for an explanation, or an apology, or a promise not to let it happen again. It is not your husband's fault that I am watching him, but your ever-loving wife to find that her husband is giggling even an inch off of the straight and narrow path, but probably there isn't one man in a million who doesn't succumb to a little flirtation now and then, and the wise wife is the one who shuts her eyes to what she does not want to see.

Anyway, your husband's action doesn't call for hysterics and was no doubt his best impulse of a playful moment. Remember that men and women who work together, day after day are on much more familiar terms with each other than those who only meet formally occasionally, when they have on their best clothes and conventional manners.

Go back to your husband's store just as you are in the habit of doing and tease him about the drive that he can get back to normal. Don't take it seriously if you don't want him to.

**THE FAMILY CAR**

**DEAR DOROTHY DIX**—How often do you think a wife is entitled to use the family car? I help save the money to buy ours and I am a good driver and would rather drive than eat, but my husband never lets me have the car, even to go to church on a Sunday morning. I loved him once, but he is so selfish and unreasonable that my love is slowly dying and I am very UNHAPPY.

**ANSWER**—I think a husband is very mean and stingy if he won't let his wife use the car whenever he can spare it from his business. I am sure that I am watching him, but something has gone out of our relationship that makes it strained instead of free as it used to be. I don't know what to do about it.

But there is no use in getting all hot and bothered about it now because few of us will be using automobiles for the next few years.

**BRADDALE VILLAGE W. I.**

The new correspondence was read and material from the Red Cross Society was distributed. Place of next meeting to be decided later.

Roll call to be answered by each member giving a four sack. Meeting closed by singing "God Save the King."

After which a tree contest was put on by Mrs. Allan Hickox and a quiz by Miss Georgia Cumfrow.

The Secretary reported \$5 for victory cards were completed also \$230 collected for the Jewel Spindle Fund. It was decided that we have a quilting party at the home of Mrs. Penroy Murray. Five members donated four sacks for lining the quilt. Report of committees followed. It was decided to purchase toilet paper and soap for the school. Following are the new committees: Sick, Mrs. Robert McLeod, Mrs. Harry Bernard, Mrs. Cuyler Matheson and Mrs. Penroy Murray. Lunch, Mrs. William Graham and Mrs. Harry Bernard.

**TILLIE THE TOILER— FAIR LADY WITH A FAINT HEART.**

## THE COOK'S CORNER

### GINGER CHEESE LOAF

3 cups cake flour  
2 teaspoons baking powder  
1-4 teaspoon soda  
1-2 teaspoon ginger  
1-2 teaspoon salt  
3-4 cup grated cheese  
1 egg, beaten  
1-2 cup milk  
1-2 cup molasses  
1-4 cup melted butter

Method: Sift the flour, baking powder, soda, ginger and salt together. Add the grated cheese. Combine the beaten egg with the milk, molasses and the melted butter. Pour this mixture into the dry ingredients and stir only until the mixtures are well blended. Do not beat.

Four baster into a greased loaf pan and bake in a moderate oven (350 deg. F.) for about 1 hour, until done.

### MARYLAND CHICKEN

4 1-2 to 5-pound chicken  
1-2 teaspoons salt  
1-8 teaspoon pepper  
1 1-2 cups dry crumbs  
1 egg  
1-2 cup milk  
1-2 cup boiling water

Method: Singe the chicken and cut into pieces. Wash thoroughly. Add the salt and pepper to fine dry bread crumbs, or to finely crushed cracker crumbs. Beat the egg thoroughly and add the milk to this. Dip the chicken in the egg and milk mixture and then in the crumbs. Repeat until the chicken is coated with bread in about 1-2 hours, then brown it in fat.

You can brown the chicken in deep fat that has been heated to 375 deg. F. (or until a day-old cube of bread will brown in about 1-2 to 2 hours, bake it in moderate oven (350 deg. F.) However, if you don't wish the chicken to be done for about 3 hours, you will bake it in a slow oven (275 deg. F.)

The sweet potatoes may be placed in the oven about 1 hour before the chicken is to be ready if you are baking it at 350 deg. F. If you are using the slower oven, the potatoes should be put in about 1 1/2 hours before the chicken is to be ready.

**PREPARE BRASS BEDS FOR ENAMELLING JOB**

To apply enamel to brass beds, the brass must first be prepared or the paint will "crawl" and not adhere well. Clean the metal thoroughly with a non-scray household cleaner and give it a final wiping over with denatured alcohol. There are various enameled in modern days go for especially for metal surfaces. These may be applied directly to the brass without using any undercoat.

A daily lunch was served by the hostess, assisted by Mrs. E. W. McDonald and Mr. Allan Hickox.

**TONIGHT—dip your undies in—LUX**

Some girls are charming only at a distance. People don't like to be near them because... well, frankly, because undie odor isn't pleasant.

Undie odor is the result of wearing undies too long. Popular girl say undies must be changed every day—and dipped in Lux every night, soon as you take them off.

A dip in Lux prevents odor—keeps undies fresh as daisies. Protects your daintiness, too! So start dipping your undies tonight!

**Needlecraft For The Home**

More bicycles are being sold these days than in the Gay Nineties! Only instead of the big, lagoon-like bloomers grandmothers used to wear, modern girls go for a more becoming garb. This clever version of the cutesie size features convenient pockets and an angel collar.

Style No. 3325 is designed for sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 3 1/4 yards 39-inch fabric.

**A Morning Smile**

The mouth organ was claimed by three soldiers and the sergeant decided to arbitrate. "I'll play a tune on it," he said. "You tell me what the tune is, and the one who's right gets the mouth organ."

A weird melody of sounds followed, and the guesses were made.

"I think Al's won," said the sergeant. "He was nearest with 'Roll Out the Barrel.' What I was playing was 'As Paris the Heart for Coolin' Streams!'"

Maud was talking to Mabel. "Did you see the bright George got on his wedding day?"

"Yes, I was there. I saw her."

**"MIDDLE-AGE" WOMEN (38-52) NEED THIS ADVICE!!**

If you're cross, restless, NERVOUS—suffer hot flashes, dizziness—caused by this period in a woman's life—try Lydia E. Pinkham's Vegetable Compound. Made especially for women. Hundreds of thousands remarkably helped. Follow label directions. Made in Canada.

**3325 SIZES 14-48**

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlecraft Department  
Style No. 3325 Size \_\_\_\_\_  
Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

**BETTY'S COMING—WHAT CAN I TELL DON'T TELL HER—THERAPY? SAY WE ARE WHERE BILLY'S IDEA—ALL RECRUITS GONE—MUST HAVE A PHYSICAL EXAMINATION**

**BILL WAS TO CALL ME UP LAST NIGHT—WHERE IS HE?**

**HE'S GONE TO SEE A DOCTOR**

**OH, HE'S BUYING HIS CAR—MERCY, SOME THINGS CAN USE BEFORE HE CAN USE IT**

**I JUST SAW BILL AND I MIGHT BUY HIS CAR—MERCY, SOME THINGS CAN USE BEFORE HE CAN USE IT**

**SHE'S PAINTED**

**THAT'S RICH—IT'S BECAUSE SHE'S DOING SOMETHING WRONG WITH BILL HE CAN'T SEE THE CAR FOR A LONG TIME**

colorful designs of fruits and berries for your kitchen towels. They may also be framed, making individual little pictures. Hot iron transfer pattern No. 782 contains 5 motifs measuring from 4 by 4 1/2 to 5 by 5 inches each and complete instructions.

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