

# Woman's Realm Social and Personal Fashions Literature

## Happenings of The Week

Princess Elizabeth, Princess Margaret and Princess Alexandra of Kent will, it is understood, be bridesmaids to the Hon. Patricia Mountbatten at her wedding today, October 26 to Lord Brabourne at Romey Abbey, Hampshire. The King and Queen will be among the guests at the wedding of the daughter of Viscount and Lady Mountbatten. The Archbishop of Canterbury will perform the ceremony to which only about two hundred guests, nearly all members of the family or close personal friends, will be invited. The bride and bridegroom met while serving on the staff of Lord Mountbatten, then Supreme Commander Southeast Asia. The bride was a member of the Women's Royal Navy Service and the bridegroom was one of Lord Mountbatten's three aides.

Servicemen and women rating in the army, army and air force institute in Aberdeen, Scotland, scrambled to their feet Thursday, when the Queen and the Princesses Elizabeth and Margaret paid a surprise visit. All three spent some time chatting informally with the servicemen and women before returning to their train which was on route to London.

Hon. George D. DeBlais was receiving the happy congratulations of his friends last Monday, the occasion of his 59th birthday.

Mr. E.A. Crockett, assistant general manager of the Bank of Nova Scotia who has been vacationing here for a fortnight, leaves for Toronto this morning. He renewed old friendships while visiting his sister, Mrs. Watts and brother Vernon at the old homestead in York.

Mrs. J. P. Simmonds, Hillsboro Street, entertained informally at her home Wednesday afternoon and evening for her son's bride, Mrs. Percival Simmonds, who with her mother, Mrs. Ernest Wright, welcomed their visitors and received the congratulations and good wishes extended. At the pretty tea table gay with autumn flowers Mrs. Norman Nicholson poured and was attended by Mrs. John Simmonds, Mrs. Ivan Docherty, Mrs. Sydney E. Green. In the evening those assisting the hostess were Mrs. J. A. Simmonds who presided over the tea cups, Miss Shirley Stacey and Miss Joyce Nicholson.

Miss Sheila Morris has returned from a very pleasant holiday with friends in Montreal.

Mr. and Mrs. P. S. Wilkins are leaving next week to spend the winter months in Halifax with their daughter.

Miss Lilian Duchesne is hostess at the tea hour last Saturday entertaining most enjoyably at a social gathering of her friends.

Miss Jean Tait has returned from an enjoyable holiday in Boston.

Members of the family of Mrs. Harry C. Brown who came home to be with her in her sad bereavement are Mrs. Brown's sister, Mrs. Boyd E. Brownell of Wapole, Mass., two nieces, Mrs. J. Vantek and Mrs. Carl Linsen of Newport, R. I., Mr. Arthur Stevens of Truro, N. S., and Mr. Brown's sister, Mrs. W. J. Archibald of Toronto, all of whom are returning home over the weekend.

Mrs. Leith Wright has left for Toronto where she has accepted a position in connection with Christian Church activities.

Mr. and Mrs. Oswald Wright of Dibley, N. S., who spent a pleasant week with old friends while guests at the Charlottetown left Tuesday on return home.

For their "faithful witness" during the occupation, Queen Elizabeth is sending presents of religious vessels to Channel Islands' Church of England congregations.

Miss Ruth MacLean who has been spending a week with her brother, Mr. N. D. MacLean and Mrs. MacLean left yesterday on return to Toronto, having greatly enjoyed her brief holiday.

## DOROTHY DIX SAYS—

### Pre-Marital Secrets

#### How Much Should Couple Tell Each Other of Past?

No domestic topic is so controversial as to whether a married couple should tell each other about their past lives, and about their every move and thought in their present estate. Shall a husband and wife "tell everything," as the phrase goes, and let their mates be free to rummage through all of their experiences and emotions as if they were the contents of a shallow drawer? Or shall they lock their secrets in their own hearts and throw away the key?

Men and women differ greatly in their views on this subject, women having an almost pathological mania for talking things over, whereas men hold that silence is the one unbreakable alibi, and that the least said, the soonest mended.

Probably more wives cut their own throats with their tongues than commit suicide in any other way, for leaving aside nagging and curtain leavering, which are always short cuts to the divorce court, more marriages are wrecked by the wife continually reminding her husband of her faults and shortcomings than in any other way. For what a man knows about his wife is really just what she tells him. He takes her at her own valuation. If she is always boasting about what a great manager she is, and what bargains she picks up, and how her cakes simply melt in the mouth, he is convinced that he is a lucky guy who was a grand picker and has gotten a treasure.

#### AND CONVERSELY

But, on the contrary, if she is one of the wives who calls her husband's attention to her pie when it falls flat instead of chucking it into the garbage can and say nothing about it, and if she weeps over the bills because they are so big and lays them on her own bad management instead of blaming the high cost of living, and if she calls on her husband to spank the children instead of doing it herself, why, the pitiful himself for having been gipped in marriage and gotten a no-account wife.

Undoubtedly in the ordinary affairs of life husbands and wives talk too much, and they are well-advised when they only tell each other the things that will make them happy, but in silence golden, or lead, in the tragic cases when a shadow hangs over the past of either the man or the woman? Should they speak, especially before marriage, or forever hold their peace?

This is a problem to which no mere mortal knows the answer. But it seems to me that if it is a matter of some hereditary taint that might be passed on to innocent children, or of some crime that has been committed that would blight the life of a blameless man or woman, they should not marry without giving the party of the other part a chance to take them, or leave them.

But in the cases where there has been some folly or some wrongdoing, deeply repented and atoned for, why should the skeleton be dragged out of its closet and invited to the marriage feast? It can add nothing to the happiness of any husband or wife to know that their idol has feet of clay. It only furnishes them with food for suspicious and jealousies and with insults to be hurled at each other in every family quarrel.

Wise and kind are the couples who do not seek to ease their consciences by making confessions that lay the burden of their wrongdoings on their mates' shoulders. Only God Himself can answer the question of how much a husband or wife should tell each other of their past, and He will not tell until the Judgment Day.

## Living & Leisure

### —THE WOMAN'S REALM—

#### THE POET'S SIMPLE FAITH

You say, "Where goes that?" I cannot tell. And still go on. If but the way be straight I cannot go amiss; before me lies Dawn and the day; the night behind me: that Suffices me: I break the bounds: I see. And nothing more; believe and nothing less. My future is not one of my concerns. —Victor Hugo.

#### Small Sister (busy at homework)

What is harder than a diamond? Big Brother—Paying for it.

#### Ever try eggplant griddle cakes?

Pare eggplant and slice thin. Dip in beaten egg and then in cracker crumbs to make a thick coating. Pan-fry until golden brown and tender. Serve hot with syrup.

#### A wise homemaker remembers

That fresh meat is a perishable food. Buy only what you are able to use in a short time and store in the coldest part of the refrigerator, either unwrapped or wrapped loosely in wax paper.

#### Never force a slide fastener

Open and close carefully, using the tab. Before laundering or ironing, close fastener completely, otherwise iron may hit and force teeth out of alignment.

#### Marie brought a mite box

on the missionary meeting. "Why is it called a mite box?" asked another. "Because you might put money into it and you might not," she said.—Church Magazine.

#### FLAT IN CASTLE

The Duke and Duchess of Northumberland, who have returned from their honeymoon in Ireland, are hoping to take up residence in Alnwick Castle during October. They are fitting out a flat in one wing of the castle, and lack of two commodities is holding up progress. They are finding it difficult to get a cooker and a service elevator. Meanwhile the couple live in Lesbury House, three miles from the castle. Alnwick Castle has not been occupied by the Duke of Northumberland since 1939. During the war it housed an evacuated girls' school. Today it is used as a training school for emergency teachers. Nigel Parry, and his staff occupy the old ducal quarters.

#### MANY WOMEN LACK PROPER MANNERS

With all the effort women have made to be "just as good as men" in one field of endeavour after another it seems they have overlooked one bet, says a woman commentator. They haven't even tried to compete with men in the matter of public good manners.

They make more noise in public than do men.

They cause more commotion in restaurants, taking longer to decide what they will eat, then ordering and then waiting for their orders etc. And for this extra trouble, they leave smaller tips than do men.

They sit in waiting rooms, hotel lobbies, and all such public places and stare with hard, appraising eyes at every other woman who passes.

They repeat gossip and discuss intimate family affairs in voices shrill enough to be overheard.

They haven't men's knack for being friendly and at the same time impersonal with strangers. Instead they either appear aloof and standoffish or entirely too quick to become confidential on short acquaintances.

All too often they accept men's courtesies without thanks, apparently assuming that having doors held open for them is their natural right.

It just hasn't seemed to occur to women that when it comes to public politeness men are "way ahead of them, and that here would be a fine place to start showing the world they are "just as good as men."

#### REDUCE SLOWLY

You do not want to reduce too quickly. By going on a fruit or milk diet for three or four days you can take off from four to five pounds. After that, an average of two pounds a week is a safe and sane way to take off weight.

#### MORNING SMILE

##### THE TRUTH

A young boy in the witness box was so much at ease and answered the questions put to him so fluently that the judge was suspicious.

"Did any one tell you what to say in court before you came here?" he asked.

"Oh, yes sir," replied the boy.

"What did they tell you?"

"My father, sir," answered the boy. "He said that lawyers would try to get me all tangled up, but I stuck to the truth. I would be quite all right."

She (ending a quarrel): "I see now why a woman is often called a bird."

He (smiling): "Yes, because they are always on the look out for crumbs."

She (quietly): "No, because of the worms they pick up."

She: "Here's a story of a man out west who bartered his wife for a horse. You wouldn't swap me for a horse, would you, darling?"

He: "Of course not (pause), but I'd hate to have anyone tempt me with a good motor car."

## First Six Weeks of Garden Beauty is Due to Bulbs

In selecting fall bulbs to plant in the home garden, the flowering known, since their value depends much on their earliness.

The tiny white snowdrop flowers would hardly be noticed in a June garden, but when they peep through the melting snow, the very first blooms of spring, they give us a thrill which the most gorgeous peonies can hardly equal later in the season.

Snowdrops blossom when the ground first thaws in spring. A small group visible from a window will richly reward you. After blooming, they soon disappear, and if the bulbs are not disturbed they will bloom for many years without attention.

Next after the snowdrops, how long depending upon the weather, scillas (blue squills) and the glory of the snow (chionodoxas) appear, both blue, and flowering so freely they carpet the ground with color. Scillas spread by self-seeding. Weeks earlier than violets, they are far superior for gardens, because their foliage quickly disappears after they flower, and their tiny bulbs offer no competition to companion plants. These early bulbs are often planted in locations which later in the season would be shaded but because trees and shrubs are not yet in leaf, are in sunshine when they bloom.

Crocuses blossom after the scillas, and of all the early bulbs are the most difficult to keep with you. All bulbs are harmed if their leaves are cut before they turn yellow, which is a sign that new bulbs have been matured for the following season. When crocuses are planted in grass, which is cut before the leaves have yellowed, the bulbs seldom live until another year. So plant them in a bed of border, where they can ripen undisturbed, and be sure to chop the grass.

Even under the best conditions you will probably have to plant some new bulbs annually in order to maintain a display. They come in...



Scillas Blossom Before the Violets

white, blue and purple, and a mixture gives a pleasing effect.

From the time snowdrops appear until the crocuses blossom, a period of three to six weeks, depending on the weather; they are called "minor" bulbs because their flowers are small; but they are precious because they are early.

Soon after the crocuses come the daffodils, first "major" flowers of spring, and with them as a rule the earliest wild flowers begin to bloom, and some garden perennials.

Before the daffodils have faded, early tulips begin to flower, bring to the garden for the first time a complete rainbow range of colors. They are followed in order by the Darwin tulip hybrids of the Triumph and Mendel classes, and finally the bulb season reaches its climax in the flowering of the tall late tulips of the Darwin, Cottage and Breeder types, which bring to the garden a color display that will not be surpassed in variety by any to follow.

## Cook's Corner

### RAISIN NUT LOAF

1 egg  
1/2 cup sugar  
2 tablespoons fat  
1/3 cup light molasses  
1/2 cup white flour  
1/2 teaspoon salt  
1/2 teaspoon soda  
1/2 teaspoon baking powder  
3/4 cup wholewheat flour  
1/2 cup chopped raisins  
1/2 cup chopped nuts

METHOD: Beat the egg and beat in the sugar. Melt the fat and add to the egg-sugar mixture along with the molasses and the sour milk. Mix well. Sift the white flour with the salt, soda and baking powder and add to the first mixture, then add the wholewheat flour. Mix until smooth. Blend in the raisins and the chopped nuts. Bake in a greased loaf pan in a moderate oven (350 deg. F.) for from 50 to 60 minutes. This may be cooled in the pan.

In the next orange juice is used in the next usual milk, and honey in place of sugar. The ready-to-serve cereal is used along with the flour. This makes a very delicious-tasting loaf—one that is well liked wherever it goes.

### ORANGE HONEY BRAN BREAD

2 tablespoons shortening  
1 cup honey  
1 egg  
2 cups flour  
3 teaspoons baking powder  
1/2 cup ready-to-serve bran cereal  
1 cup orange juice  
Grated rind 1 orange

METHOD: Cream the shorten-

## Better English

D. C. Williams

1. What is wrong with this sentence? "That country is nothing like as beautiful as this."
2. What is the correct pronunciation of "legedemahn?"
3. Which one of these words is misspelled? Conscience, impudence, experience, credence.
4. What does the word "apprehension" mean?
5. What is a word beginning with ter that means "conclusion"?

### ANSWERS

1. Say, "is not nearly so beautiful as this." 2. Pronounce le-jer-de-mahn. 3. Which one of these words is misspelled? Conscience, impudence, experience, credence. 4. What does the word "apprehension" mean? 5. What is a word beginning with ter that means "conclusion"?
- ing and blend the honey. Beat the egg, then add to the honey mixture and continue beating until the mixture is creamy. Sift together the flour, baking powder and salt, then add the bran and mix well. Add the grated orange rind to the orange juice. Add the sifted dry ingredients and the liquid mixture alternately to the first mixture, stirring just enough to blend after each addition.
- Four into a greased loaf pan and bake in a moderate oven (350 deg. F.) for about 1 1/2 hours. Turn out onto a cake rack to cool, then wrap in wax paper and store in a tightly covered container for at least a day before cutting. Any of these loaves will cut to a better advantage if left to stand for a while after they are made.

## Modern Etiquette

By Roberta Lee

Q. If you are a girl who lives alone in an apartment, and you have been to a dance with a young man returning at two or three in the morning, should you invite him in for a cigarette?

A. No.

Q. Is it all right to make a social call during the morning?

A. Not unless the other person is a very intimate friend, and even then it is sometimes undesirable.

Q. How should the card of a doctor or a surgeon read?

A. Charles M. Matthews, M. D., or, Dr. Charles M. Matthews.

## Household Scrapbook

By Roberta Lee

**Blonde Hair**

To bring out all the lights in blonde hair without injuring the hair, place as much borax as can be held on a quarter-of-a-dollar coin, add to a gallon of water, and use as a rinse.

**Rice Pudding**

When making rice pudding with raisins, cook the raisins separately, as they frequently curdle the pudding. Drain off the water and add to the pudding when the rice is done.

**White Stockings**

Place a few drops of turpentine in the water when washing white stockings and they will not turn yellow.



BUTTERFLIES ARE A FAVORITE

### How Can I!!

By Anne Ashley

Q. What is the proper way to wash electric light bulbs?

A. Care should be taken to wet only the glass part, as any water left on the metal section might cause a short circuit.

Q. How can I remove fruit and tea stains from linen?

A. Cover the spots with glycerine, allow it to remain for two or three hours, then wash in warm soapy water.

Q. How can I give an added flavor to molasses or ginger cookies?

A. By using cold coffee instead of water.



Command performance before the King and Queen will be given Nov. 4 by the three Room Theatre, London. The girls are Vickie, Daisie and Betsy Rose.

## Needlecrafts FOR THE HOME

### YORK BUTTONS IN

Unexpected contrast in a dark dress with a lighter button-on yoke and full sleeves. (Or you may reverse the contrast.) What a wonderful scheme for saving cleaning and laundry bills!

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