

Woman's Realm / Social and Personal / Fashions / Literature

Quick Thrifty Delicious

Beef Upside Down Pie

1 1/2 cups flour
1 tsp. salt
1/2 cup celery salt
1/2 cup white pepper
5 lbs. shortening

1/2 cup milk or half milk and half water
1/2 cup sliced onion
1 can condensed tomato soup
1/2 lb. ground raw beef

Sift together flour, baking powder, salt, celery salt and pepper; add 3 tablespoons shortening; mix in thoroughly with fork. Add milk and stir until blended. Mix remaining two tablespoons shortening in 9" frying pan, and cook onions until soft. Add tomato soup, remaining 1/2 teaspoon salt and ground meat; bring to boil. Spread baking powder mixture on top of meat mixture and bake at 475° for about 30 minutes. Turn out upside down on large plate. Serve 8.

MADE IN CANADA



Living & Leisure THE WOMAN'S REALM

Winter, ruler of the invested year crown thee king of intimate delights, enjoyments, home-born happiness. And all the comforts that the lowly roof Of undisturb'd retirement, and the hours Of long uninterrupted evening know.

—Cowper

SPECIAL STYLES FOR YOUNG FOLKS

LOS ANGELES.—Picture modes is probably one of the most colorful interpreters of the California mood in children's wear, with perky little dresses of chambray, organza and unbleached muslin—each named after a song or a story book. Key Lewis, who lovingly designs her own line, takes great pride in the stare she has in building morale through gay toggery. Little girls want to be as sweet as their dresses!

Other outstanding styles are on old-fashioned bertha neck on a simple dress of pale blue chambray with embroidered multi-colored band around the skirt, wide-shoulder ruffles and a heart shaped neck on a check gingham, deep ruffle across the bottom of a tiny checker taffeta—both quaint and demure, and a dramatic peasant blouse type of tea-length, most exciting with a fruit motif in brilliant tones, a plain faced-up-the-front bodice, and a "dicky."

In her dresses for those in-betweenish teen-agers, Miss Lewis uses a half-and-half idea in a two-toned jersey blouse with yarn buttons, she puts a deep eight inch ruffle around the hem and sleeves of a shadow-printed organza, and for sheer originality, she imports a hand-loomed Mexican mesh-like fabric which has Roman striped coloring. It boasts a full dirndl skirt, an off-the-shoulder peasant blouse. With it a young miss wears a straw sun-bonnet in matching stripes, which turns out to be also a carry-all for the dress when she travels to the beach.

Urdiluted glycerin destroys nine-tenths of bacteria present in three hours.

Some 6,000,000 refrigerators will be in demand immediately after the war; in 1941 the number built was approximately 3,700,000.

ELLEN'S DIARY

By An Island Farmer's Wife

It was my turn to go to the mailbox this morning, when Judy was at the breakfast. Not, alone, for I had padded ahead, as usual, to the short-cut at times, and then sniffling away to follow a trail left by the wind. There on the road, an indefinite trail that my eyes could never follow. I came more slowly, breaking with every footstep the crust of last night's thaw. Each weed and stubble and alder, was venged in a miracle of silver; this morning, I hoped, if we came to the bridge quietly, there might be a rattle of wings. But no black and white duck breast, water or left a rippling wake in the green, cold stream. A flock could have been swimming there, the open water reached down to the "public-bridge," unusual for the time of year and proof of the mildness—thus far—of our island winter.

I helped James with the milking. We left it till after breakfast today. I felt I needed "the cup that strengthens." There are not so many milking-cows now, but I have not visited to this stable. Not that there has been any dispensing but only "dried-off" cattle in anticipation of fuller milk-pails next summer. As I picked up my milking-stool, I said to myself, "As big as I was very shortly we would come to depend on a can-opener for our daily supply. Or indeed we might reach this state, the very thought of which, tends to bind me more closely to the farm: Buying it by the pint or quart."

But it was good to be back to the work again. There on the warmth of the stable, a lowly place to gain inspiration—and on a farm, part of the life is in the work. Then again, considering history, an exalted shelter, "high and lifted up," is their custom, the cats were many colors, patches of this or that and I suspect smug in a day. The Tabby, in her coat of beautiful now in his black and white coat and as Aunt Kitty Mahoney used to say, "As big as a lion." Cats are such dependable creatures. Come well, like today when the war-news was "the best in months" and ours is still and shall be, a good way of life, or come woe, that has been in black days here and there, when I wondered if perhaps this democracy of ours was worth the many gallant and splendid young lives offered on its altar. "Come weal or come woe" can be certain our two cats will be there at milking-time, watchful and obedient, and I wonder, can be no complacency, only patience and hunger, the milking has been the "odd" cow. James milked her. There was no other volunteer. Hans and I can tire but never forget, familiar chores.

The flock of sheep—eight care-free ewes—were secure in their fold in the hay, and I think, when I visited them while James completed the milking. They regarded me from behind on only a minute, before returning to their nibbling at the clover-hay. Jack and spring at their feeding-rack. They are without doubt, the most contented and the most contented of all the animals on the farm. The good and the bad—not really bad, but only peculiarities so much as the peculiarities of the interesting individuals he created. There was a great "dick" on the surface at the side of the sheep, the surface at

(Continued on Page 3)

A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in the Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee, c/o War Time Prices and Trade Board.

Q. We live in a flat and the lady downstairs complains continually about our telephone calls. It is necessary for my husband to receive calls during the night which disturb the other tenants. Would it be possible for us to have our own telephone installed?

A. The installation of telephones does not come within the jurisdiction of the Price Board. And still another reason for saying NO is that the landlord is withholding a service which was agreed on at the time your rental arrangement was made.

Dorothy Dix Says—

LOVELESS MATCH DANGEROUS

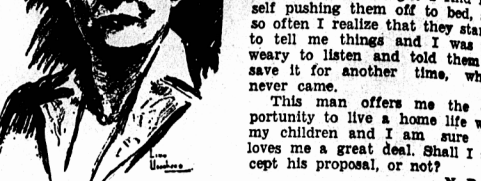
Marriage Just For A Living Is Unfair To Man — Is Destined To Fail

DEAR MISS DIX: I am a woman of 47. Divorced. Have two children. A man of 57, who is fine in every way, wants to marry me. He would be a good provider and I am sure would be very kind to my children. But he is exceptionally homely and is of foreign descent. My problem is: Shall I accept this man, who has all of the good qualities, with the hope that I will some day care for him because of his great goodness and kindness? Or will I find myself unhappy, because he may not be accepted by my friends? As things are now, I work so hard to support my children that I have no life even with them. I am always so tired at night I find myself pushing them off to bed, and so often I realize that they started to tell me things and I was too weary to listen and told them to save it for another time, which never came.

This man offers me the opportunity to live a home life with my children and I am sure he loves me a great deal. Shall I accept his proposal, or am I?

UNSATISFACTORY

N. R. K.



BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "What did you do that for?"

2. What is the correct pronunciation of "adult"?

3. Which one of these words is misspelled? Nucleus, nautilus, surplus.

4. What does the word "terraqueous" mean?

5. What is a word beginning with "ho" that means "wholesale destruction by fire"?

ANSWERS

1. Say, "Why did you do that?"

2. Accent on last syllable is preferred. 3. Nucleus. 4. Consisting of land and water. "The earth is a terraqueous globe." 5. Holocaust.

HOW CAN I!!!

By Anne Astley

Q. How can I renovate hat bands?

A. By brushing with a sponge or small brush, with a solution made by dissolving 1 1/2 oz. each of sulphur ether and water of ammonia. Rinse in clear rain water.

Q. How can I keep food warm if it is to be kept for the late-comer?

A. Place the pan containing the food in a large vessel containing boiling water. The gravy can be warmed just before the meat is to be served.

Q. How can I give a better taste to vegetable soup?

A. The flavor of vegetable soup will be greatly improved if an apple is added to it while cooking.

handful of soot, which he scattered over the drawingroom carpet. He then shoveled some ash from the grate and sprinkled the carpet with it, adding a shovelful of soil from the garden. Then he smiled and rubbed his hands.

"Now I'll show you what this electric switch" the woman, "switch? Ee, we've nobbut gas."

Sandy McTavish and his wife paused thoughtfully in front of the restaurant, bearing a sign: "Dinner Here From 12 to 3—50c."

"Coom, Annie," Sandy said approvingly, "Three hours eatin' for 50 cents is verra reasonable."

MORNING SMILE

FOILED

The salesman was eloquent about the merits of the vacuum cleaner, but the old Yorkshire woman did not seem impressed. She told him to talk less and show her what the thing could do.

He took off his coat, fitted up the cleaner, thrust his arm up the chimney and brought down several

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Homemade Paste

More satisfactory than either flour or cornstarch paste is one made with potato finely grated. Add boiling water enough to make it clear and then boil for five minutes.

Adhesive Tape

After cementing any china or glass that has been broken, apply adhesive tape to hold all of the parts in place until the cement is thoroughly dry.

The Hands

A few drops of vinegar put into the rinsing water on washday will prevent the hands from becoming rough.

HINTS ON ETIQUETTE

Never sign a letter "Mrs. Jones" or "Mr. Jones" "Mary Jones" or "Robert Jones" is correct.

Don't Mix His Drinks

That new Christmas fountain pen, or any other fountain pen for that matter, will give best writing service if you stick to one kind of ink that suits it. However, if you have a desire to change the color or brand, it can be one without causing any harm if you are careful to wash out the pen before putting in the new ink. Inks are often incompatible and mixing causes the ingredients to precipitate in the pen and clog it up. Use cold water and fill and empty the pen several times, then empty completely, wipe off the point and it is ready to fill.

Dressing Up

The next time that there is some dressing left over when preparing poultry or dressed tenderloin you might consider the following delicious way to use it up. Spread it on bacon strips, roll up, fasten with toothpicks and cook in oven till crisp.

Ab, ha . . .

So that's the way to soften that pound of brown sugar that got into a hard cake in the bag! Just put it, bag and all, into the crisp, dry of your refrigerator for several days and it will come out usable again, and looking like the good coppor-worth that it is. If you are lacking a refrigerator pop the bag into the bread box . . . the sugar will soften down after a while. And, to save this trouble again, remember that the bread box is the best storage place for a bag of brown sugar. It will stay soft if put there as soon as it comes from the store.

WOMEN WHO SUFFER SIMPLE ANEMIA

Lydia Pinkham's Tablets

If lack of blood-iron makes you pale, weak, "dragged out"—try Lydia Pinkham's TABLETS—one of the best home ways to help build up red blood to get more strength and energy—in such cases. Follow label directions.

Lydia Pinkham's Tablets

Never wash eggs except just before using. There's a protective film on the shell that helps keep it fresh. Wipe eggs with a damp cloth if necessary. Wrap cracked eggs individually in wax paper, twist the ends together tightly so the eggs can be cooked without the innards seeping outwards. In slicing hard cooked eggs dip your knife in cold water and

Romance Complexion

You Can Have One Too!



Paulette Goddard

Star of Paramount's "Standing Room Only"

LUX TOILET SOAP

Make Your skin softer, lovelier with Paulette's Whipped Cream lather facials!

Any girl is more popular with a romance complexion—and you can have one so easily with Lux Toilet Soap Whipped Cream Lather facials. Never neglect them. Use lovely Paulette's beauty care!

Adorable You...

Pretty attentions show you that this skin care really works! A lovely complexion is magic with a man—magic in winning your heart's desire. Start today to have a Romance Complexion!

out of 10 of Hollywood's Famous Screen Stars Use Lux Toilet Soap

MODERN ETIQUETTE

By Roberta Lee

Q. What attentions should the relatives of a young man pay his fiancée?

A. As soon as they are informed of the engagement they should call on the bride-to-be. If no public announcement has been made, the parents of the young man should entertain his fiancée with an informal lunch or dinner. When the engagement is publicly announced, the fiancée's relatives usually give a dinner, tea, or dance in the girl's honor.

Q. When giving an afternoon tea, should the servant remain in the room after bringing in the tea?

A. Books and flowers.

COOK'S CORNER

BISCUIT DOUGH

2 cups sifted all-purpose flour
4 teaspoons baking powder
1/2 teaspoon salt
1 teaspoon paprika
1 teaspoon celery salt
2 tablespoons mild-flavored fat
1 cup milk

Mix dry ingredients, cut in fat, add milk. Mix quickly and spread over meat.

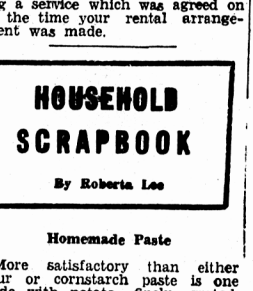
Short Ribs in Barbecue Sauce

3 lbs. short ribs of beef
1 tablespoon fat
1 medium onion, chopped
2 tablespoons vinegar
2 tablespoons brown sugar
1 cup tomato ketchup
1 teaspoon salt
1 cup water
2 tablespoons Worcestershire sauce

Melt fat, add onion and brown. Add remaining ingredients to make sauce and simmer 3 minutes. Meanwhile, brown meat in a heavy pan or Dutch oven in a little fat, turning to brown on all sides. Add sauce, cover tightly and cook in a slow oven, 300 degrees F., about 2 hours or until tender. Baste every half hour. Six servings.

CROCHETED DOLL'S OUTFIT

DESIGN NO. 818



This gay doll's outfit, designed to fit any 18 inch doll, will make a lovely gift for a little girl. The blouse, pants, suspender skirt, hat, bag and shoes are easy to crochet. Pattern No. 818 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

Design No. 818

Name _____
Street Address _____
City _____ Province _____

Splendid Cough Syrup Easily Mixed at Home

It's So Easy! Makes a Big Saving. No Cooking.

To get quick relief from a distressing cough, mix this recipe in your own kitchen. Once tried, you'll say it's your favorite cough medicine, and it's so simple and easy.

First, make a syrup by stirring 2 cups granulated sugar and one cup of water a few moments, until dissolved. Anyone can do it. No cooking needed. (Or you can use corn syrup or liquid honey, instead of sugar syrup.)

Then get 2 1/2 ounces of Pinex from any drugstore. This is a special concentrated form, well known for its prompt action on throat membranes. Put the Pinex into a 16 ounce bottle, and add your syrup. Thus you make 16 ounces of very efficient medicine, and you get four times as much for your money. It tastes fine and never spoils.

And for quick, satisfying relief, it's splendid. You can feel it penetrating the air passages and taking hold of the cough. It loosens the phlegm, soothes the irritated membranes, and eases the throat. Thus it makes breathing easy, and lets you get restful sleep. Just try it, and if not pleased, your money will be refunded.

Needlecraft FOR THE HOME

SCALLOPED APRON

Even your apron stresses that new broad shouldered look and whitened waist! Bright color binding for an attractive contrast. No. 3473 is cut in Small, Medium and Large sizes. Medium size requires 1 1/2 yards, 35-inch fabric with 6 1/2 yards binding.

Send 20 cents for PATTERN, which includes complete sewing guide, Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department The Charlottetown Guardian.

Name _____
Street Address _____
City _____ Province _____

NOW MILDLY MEDICATED TALKUM POWDER

AMAZINGLY SUCCESSFUL FOR BATH, CHAFED SKIN, BABY, TIRED FEET!

Here's a Talkum unlike any other you've ever tried. Fragrant, new All-Purpose Coty's Talkum! Use after shower, to end body odor (even on feet, chafed skin, minor rashes, after shaving—soothe, promptly Apply before bedtime. Buy new Coty's Talkum today!

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