

Woman's Realm :- Social and Personal :- Fashions :- Literature

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annehelle Worthington



3242
No need for the busy housewife to fear an unexpected ring of the door

bell when doing kitchen chores when garbed in this attractive new Princess tub frock.

It is just adorable in orchid and purple novel dot pattern in cotton broadcloth with a shiny finish. The pleated ruffling that trims the flaring hemline, neckline and outlines surplus closing of bodice and wrapped treatment of the skirt is of plain broadcloth in the orchid shade of the background.

It is seamed both front and back, creating panels which give it length and charming fitted line through the bodice and hips. It ties at left side normal waistline with bow. A pocket is placed at the opposite side which is useful and decorative.

Style No. 3234 can be had in sizes 16, 18 years, 36, 38, 40 and 42 inches bust.

It is very easily made and the saving is remarkable.

Wool challis prints, novelty rayon crepes, tub silks and linen ideal selections.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

No. 3242. Size
Street Address
Name
City State

Etiquette

By Roberts Lee

Q. Are long engagements now popular?

A. No. It is trying to everyone—the man, the girl, both families, and all friends.

Q. Are "sit-down" suppers, served continuously for two or three hours, given?

A. No. They have gone out of fashion.

Q. What is a subscription dance?
A. It is semi-public, and is held in a public ballroom.

Household Hints

By Roberts Lee

Old Lace
To remove yellow spots from old lace, either wet the lace and spread where it will freeze, or wet it and spread in a very hot sun. Milder method may require several days to bleach thoroughly, and it must be kept wet all the time.

Smooth Irons
Irons will remain smooth while using if a little kitchen cleanser is sprinkled on a cloth and rubbed on the iron while hot.

Fresh Bread
In cutting fresh bread, heat the knife and it will prevent crumbling.

A Disinfectant
A bucket of water standing in a room is a good disinfectant.

CORN Ached Four Weeks Removed in Three Days

He was mighty glad to get that sore corn off his big toe—four long weeks it ached and pained. Now his boot doesn't pinch a bit—he can run, jump and dance. It was Putnam's Corn Extract that dried up the corn, made it shrivel and drop off. Satisfaction is guaranteed if you use Putnam's—its painless, safe, sure. Refuse a substitute for Putnam's—It's the best.

ST. ANNE'S SCHOOL

Following is the standing of St. Anne's School for the month of January:

- Grade X.—1. Alyce Trainer; 2. Bertha Redmond; 3. Annie Trainer.
- Grade VIII.—1. Ferns Reid.
- Grade VII.—Edna Trainer; 2. Tom Reid; 3. Pius Trainer; 4. Mary Blanchard; 5. Rita Redmond; 6. James Blanchard.
- Grade III.—1. Rita Trainer; 2. Vernon Bolger; 3. Louis Reid.
- Grade I. (Sr.)—1. Justin Reid; 2. Marguerite Blanchard.
- Grade I. (Jr.)—1. Mary Melissa; 2. Pat Bolger.

OCEAN VIEW SCHOOL

The following is the standing of Ocean View School for the month of January, 1930:

- Grade X.—1. Florence Ross.
- Grade VII.—1. Edith Ross.
- Grade V.—1. Hanford MacKenzie; 2. Robert MacLean; 3. Miss MacLean.
- Grade III.—1. Murdoch MacPadden; 2. Leslie MacLean.
- Grade II.—1. Catherine MacPadden; 2. Margaret Ross.
- Grade I.—1. Charles MacLean.

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED

Facial Muscles Sag

Dear Miss Leeds—My cheeks are beginning to sag and this makes creases from nose down to the bottom of my chin. What can I do to make the flesh firm? MRS. A.D.

Answer—Give your face the following treatments daily: First, steam it lightly and then massage gently with the first and second fingers of each hand. Dip these fingers in food cream, such as cocoa butter or tissue cream, and then massage the cheeks with an upward, rotary motion. After



the massage wipe off the excess cream and cover the face with a mask of clean absorbent cotton saturated with a mild astringent lotion. Witch-hazel may be used for this. Lie down with eyes closed and cover your face with the wet cotton, leaving only lips and nostrils exposed. During this treatment lie with the head lower than the rest of the body and relax thoroughly. After about fifteen minutes remove the cotton. If the treatment is taken during the day apply powder base and powder afterward. If at night let the astringent dry and remain on.

LOIS LEEDS.

Superfluous Hair

Dear Miss Leeds—Some time ago I used one of the well-known depilatories to remove the hairs on my face. It left my skin red and sort of drawn and wrinkled. Tell me, is there anything that will peel off this top skin or remove this appearance? L. D.

Answer—Removing the top skin would not help you any, but would only delay the return to a normal condition. Until your skin is improved use cold cream for cleansing rather than warm water and soap. Also, spread a thin film of cold cream over your face before applying powder. At night after cleansing the face apply the following lotion and leave it on over night: To six tablespoonfuls of olive oil, add one tablespoonful of almond oil and one teaspoonful of tincture of benzoin.

LOIS LEEDS.

Shiny Red Nose

Dear Miss Leeds—(1) What can be done about a shiny red nose? The rest of my face seems to be fairly normal and dry, but my nose is oily, shiny and inclined to be rather pink.

(2) Also, when using a lotion that cleans the face and closes the pores, it is necessary to use an astringent before powdering? Please, if it is possible, answer this in your column because I read it every day and find it very interesting. G. C. W.

Answer—(1) Any one troubled with an oily skin should avoid an excess of fatty foods. Taking a glass of orange juice or lemon juice in water before breakfast is a good practice for any one with this type of skin. The following lotion may be applied to your nose every night: Elderflower water, four ounces; boric acid, one teaspoonful; sulphate of zinc, one dram; rosewater, four ounces. Dissolve the boric acid in the rosewater, add the sulphate of zinc to the elderflower, mix both together. Shake well before using each time. Wash the lotion off in the morning.

(2) If the lotion closes the pores it is not necessary to use any other astringent. Apply a foundation cream before powdering. If vanishing cream seems too oily for your skin try the following astringent lotion, to be applied after cleansing your face and also before applying powder: Two ounces elderflower water; two ounces rosewater; one dram glycerin; one dram spirits of camphor; one dram precipitated sulphur. I am very glad you find my beauty column interesting.

LOIS LEEDS.

Old Maid Versus Bachelor Girl

Dorothy Dix

Finds a Liability Has Become an Asset

The Old Maid, as a Species, is Almost as Extinct as the Dodo—Her Place Has Been Taken by the Bachelor Girl, Who Finds the Lure of Modern Business Far More Absorbing Than Marriage

A young woman asks: "What is the difference between an Old Maid and a Bachelor Girl?" It is psychological. It is a state of mind. It is the difference between I cannot and I will not. It is the difference between taking your choice and being balked. It is the difference between being envied and being pitied. The Old Maid, as a species, is almost as extinct as the dodo. She survives only in provincial communities where she is regarded as a freak of nature and looked down upon by her married sisters, even by such as acquired drunkards, roués and ne'er-do-wells in the matrimonial lottery.

The Old Maid is a left-over from the days when marriage was the only respectable gainful occupation open to women and when a husband was not only a woman's meal ticket but her card of admission to society and her emancipation proclamation. Then a woman had no way of making an honest living for herself. She was forced to be the fringe on some family that did not want her and she was supposed to need a chaperon up to her 50th birthday.

Such being the case, it was obvious that the chief aim and object of every woman's life was to secure a husband as soon as possible, and when one failed to marry the inference was that she was so lacking in attractions that no man would have her. Thus did the term "Old Maid" become a stigma that was even as the brand of Cain on a woman, and the Old Maid came to be looked upon with mingled pity and contempt.

The Old Maid was a product of the past. The Bachelor Girl is the output of this sophisticated modern age. It is significant that the appellation "Old Maid" has become practically obsolete and one rarely hears it used except in rural communities. Neither is she tagged as a Girl Bachelor. Her marital state is so unimportant it is not even mentioned.

The Old Maid, then, was a woman who wanted to marry but couldn't. The Bachelor Girl is a woman who for good and sufficient reasons of her own does not desire to marry. Perhaps she is a woman who is celibate by nature. Perhaps Mr. Right has not come along and she will not take any makeshift husband just for the sake of being married. Perhaps she prefers to espouse a career to a husband and would rather make a name for herself than to take any man's. Perhaps making money appeals to her more than romance.

At any rate she doesn't have to marry either for support or for something to fill her life with interest and give a purpose to it. Every door of opportunity is open to her and her success is limited only by her own ability. She is free to go and come as she pleases and to set up her own home without fear of scandal, and because everybody knows that she could either take marriage or leave it, the fact that she remains unmarried is no reflection on her charms.

The Old Maid was often sour and disgruntled, one in whom all the milk of human kindness had turned to clabber, and she was filled with a bitterness toward the man who had passed her over. Also, she revenged herself on a society that made her a jeering and a hissing by stabbing it in the back with a malicious tongue that cut sharper and deeper than a two-edged sword. Hence the Old Maid was feared and disliked and about as popular as a pot of poison.

Far otherwise is it with the Bachelor Girl. She has chosen the role in life she preferred and is happy and content with her lot. She cherishes no grudge against men, and while she does not want to marry any one of them, she values and enjoys their comradeship and is a man-lover rather than a man-hater.

Having her own money, she dresses well. Having her own lalchkey, she goes about to lectures and concerts and to see the new plays and has a thousand different subjects. You will find no woman more alert, more entertaining, jollier or more agreeable than the Bachelor Girl and none who are more sought after by hostesses for dinner parties.

The Old Maid was a firebrand in every community. She ran a gossip-mongering factory. She was the self-appointed mentor of morals. She made mountains out of mole hills, and widened the rift between friends into an unbridgeable gulf. Having no business of her own, she made everybody's business her affair. Having no interests of her own, she listened at every keyhole and poked her nose into every one's secrets.

The Bachelor Girl is too much occupied living her own life to have leisure to regulate any one else's. She is so busy going somewhere herself she hasn't time to watch the step of her neighbors. She isn't half so concerned about how the Thompsons get along together as about how she can get along with a crochety boss. She isn't worrying over whether the widow Jones will catch the new preacher. What she is lying awake at night thinking about is about how she will sell a bill of goods. Nor does she consider the Smith girl an abandoned creature because she kissed the Blank boy good night and feel that she should broadcast such goings on. She has seen such a lot of foolish girls do foolish things and then turn out to be wise, good women.

The Old Maid was regarded as a total loss to her family. It was because Mary would be a millstone around the necks of the family as long as she lived if she didn't marry that made families rush a girl into the arms of the first man who looked willing. Every married brother and sister looked forward with dread to the time when father and mother would die and they would have an old maid sister wished upon them.

The Bachelor Girl is not looked upon as a liability but as an asset, for not only does she refuse to go to live with her married brothers and sisters but she is an ever-present refuge in times of trouble, and it is to her that they appeal when they are behind with the rent and the baby needs new shoes and the grocer is getting ugly. And it is the Aunt Sallies and Cousin Sues with no husband or children of their own who are putting a lot of ambitious boys through college and buying party frocks for pretty girls.

And lastly but not least, the difference between the Old Maid and the Bachelor Girl is that girls used to marry men that they didn't love to keep from being Old Maids and now a lot of girls are turning down men they do like because they prefer to be Bachelor Girls.

DOROTHY DIX.

An Oil without Alcohol—Some oils and many medicines have alcohol as a prominent ingredient. A judicious mingling of six essential oils compose Dr. Thomas' Electric Oil, and there is no alcohol in it, so that its effects are lasting.

Health every day . . . with FRY'S

TAKE a cup of FRY'S at eleven each morning—or at four in the afternoon—or in the evening, for a real health habit. This delicious food beverage is absorbed almost immediately into the system. It will give you new strength and refresh your tired nerves.

Famous for purity and flavour since 1728.



Write for Free Recipe Book

J. S. FRY & SONS (Canada) Limited, Montreal, Que.

For The Cook

MINCEMEAT DELIC

Four lemons, 2 apples, 1 pound currants, 1/2 cup raisins, 1/2 cup chopped nuts, 1/2 cup melted butter, 2 cups sugar, 1 teaspoon salt, 1 teaspoon ground cinnamon, 1 teaspoon ground nutmeg, 1 teaspoon ground cloves, 1 teaspoon ground ginger, 1 teaspoon ground allspice. Squeeze juice from lemons and cook peel until soft. Put through meat-chopper and then rub through a sieve. Add chopped apples and remaining ingredients, mix well and store in jars. Use as a filling for turnovers and pies.

ANNUAL MEETING OF NORTH WILTSHIRE CREAMERY COY

This meeting held in the hall at North Wiltshire, Jan. 13th, 1930, with the president Mr. Edwin Edwards in the chair. After the reading and adoption of minutes and financial statement by its secretary Mr. Roland Easter, also the auditors report by Mr. E. N. Easter, the president delivered an excellent review of the company's financial good record and the high quality of butter produced by its butter makers Messrs Noye and Lane. They could not receive all the glory as one had to take into consideration the high quality of cream supplied by its loyal patrons. There was one thing above all he regretted very much that was to have the resignation of Mr. James Murray read at this meeting on account of ill health it being the first break among the board of directors since North Wiltshire creamery began to manufacture butter.

Mr. Fred Dollar moved that the secretary Mr. Easter send Mr. Murray a letter expressing his many words of sympathy that was expressed at this meeting when it was learned of his illness. In seconding this motion Mr. Donald MacPherson said he could not add anything more to Mr. Dollar's remarks and at this time the company would find it hard to get a man to fill the vacancy caused by Mr. Murray's resignation. This motion was supported by Messrs. Younker, Easter, Craswell and Mr. Angus MacPhee, M. L. A. who referred to Mr. Murray's good work in his district. Motion carried by standing vote.

Mr. J. A. MacDonald, dairy superintendent, was then called on. He took as his subject the dairy cow. He warned those present not to lose sight of the dairy cow by going after easier money, that without the dairy cow we could only look for higher doctors and hospital bills, that pure milk was the life of the present and coming generation. A hearty vote of thanks was then tendered Mr. MacDonald.

Mr. MacNeill gave a most interesting and intelligent review on dairy feeds and said those feeds

could be bought from P. J. Noyes, Hunter River.

The following prices were paid monthly per lb butter fat: December 44 cts., January 44c; Feb. 44c; March 46c; April 49c; May 38c; June 40c; July 39c; August 40c; Sept. 44c; October 44c; November 45c.

In addition to the prices paid monthly a rebate of 1-2 cent per lb butter fat will be paid all shareholders, making thus the prices quoted each month one half cent higher. Patrons will please keep in mind this one-half cent per lb fat does not appear on the yearly report. Butter manufactured 204,105.75 lbs.

Value of butter fat \$79,242.77. Average price per lb fat 42.2 cts. The highest paid patrons for the year ending Nov. 1929 are:

- Mr. Walter Clark\$1,269.23
- Mr. Edgar Easter1,084.54
- William Molyneux 742.01
- Henderson Bros. 717.12
- F. C. Dollar 691.71
- William Clark Jr., 664.06
- Edwin Edwards 627.37

The following are the board of directors for 1930: Edwin Edwards, President; Donald MacPherson, F. C. Dollar, Bertram Younker, Edgar Easter, James MacCloskey, Benjamin Craswell, Roland Easter, Secretary; E. N. Easter, Auditor. The purchasing of machinery to manufacture ice cream was left to be dealt with by the board of directors. All cream testing special except a very small percentage testing No. 1.

A Morning Smile

Visitor—Who is that man you spoke to, so politely? I saw several people take off their hats to him.

Resident—That man? Why, he's one of our early settlers.

Visitor—Early settler? Why, he can't be more than forty years old.

Resident—That's true, but he pays his bills promptly the first of the month.

man Craswell, Roland Easter, Secretary; E. N. Easter, Auditor. The purchasing of machinery to manufacture ice cream was left to be dealt with by the board of directors. All cream testing special except a very small percentage testing No. 1.

50% of Canada's Leading Hospitals now use the same absorbent of which Kotex is made

KOTEX absorbent has replaced surgical cotton in 50% of Canada's great hospitals! In these institutions, where every precaution known to science surrounds a patient, many thousands of pounds of Cellucotton absorbent wadding (Kotex filler) were used last year—the equivalent of millions of sanitary pads!

Kotex, the new and improved sanitary napkin, is made of many thin layers of soft, super-absorbent tissue. These many air-circulating layers make Kotex not only safe, but lighter, cooler to wear. They also permit adjustment of the filler according to individual needs. Kotex takes up 16 times its own weight in moisture and distributes that moisture evenly, not concentrated all in one place.

Surely, if the medical profession finds Kotex absorbent best—even in the most critical operations—it cannot fail to be best for constant use. No embarrassment when buying. Just say Kotex at any drug, dry goods or department store. Regular size, 60c; for box of dozen, Super-size, 75c. Directions in every package.

MADE IN CANADA
KOTEX
Sanitary Napkins