

Women's Realm Social and Personal Fashions Literature

Helpful Hints For The Women Folk

Think truly and thy thought Shall the world's great famine feed. Speak truly and each word of thine Shall be a fruitful seed; Live truly and thy life shall be One grand and noble creed. —HORATIUS BONAR.

WAR DESOLATES HARLEY STREET

Harley St., in London, the home of Britain's "big shot" medics, is now a desolate place. The majority of doctors have joined the Army Medical Corps or transferred their services to hospitals in greater London and the country.

The few remaining physicians are having a lean time. Their consulting rooms are no longer filled with rich patients. With the outbreak of the war the ailing persons evacuated to the country.

FRIENDS

There are very few friends with whom you can be equally intimate on all subjects. Discover the range of your intimacy with each friend, and never go beyond it. —J. A. Spender.

TEMPTATIONS

The most powerful temptations

In life are to do nothing to acquiesce, to be still rather than speak, to be neutral when one should take sides.

OPPORTUNITY

Life today offers unlimited opportunities for some special effort unmeasured possibilities for the man of purpose.

TRUE WORK

All true work is sacred; in all true work where it but true hand labor, there is something of divinity. —Carlyle.

A RIGHT START

The man who can say "Good Morning" with a smile has the right start for a pleasant day. —E. W. Young.

TRANQUILITY

Nothing so effectively disconcerts the schemes of sinister people as the tranquility of great souls. —Mirabeau.

TRESCO ABBEY BURNED

ST. MARY'S, Fowland, (CP) — Tresco Abbey, residence of Major A. A. Dorrin Smith, Lord Proprietor of the Solihull Isles, was partially destroyed by fire recently. The island was leased to the major's grandfather in 1834.

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE) (Copyright, 1939, King Features Syndicate Inc.) Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Monday, February 12th

MARCH 21 to APRIL 20 (Aries) — Day may start slowly but gathers impetus with splendid vibrations as it advances. Plan your program carefully so that you will be able to carry it through easily. Think before you act.

APRIL 21 to MAY 20 (Taurus)

Your planet Venus in most favorable aspect of all the planets except Pluto. This is a good augury for gains through your artistic and capable efforts. Don't be daunted no matter how difficult the proposition or situation.

MAY 21 to JUNE 21 (Gemini)

Mercury sends friendly rays. No reason for you to hesitate on your way to accomplishment or balk at a few obstacles. Remember it DOES matter very much to your friends and society WHAT you do and HOW you do it. Each of us is an important integral in life.

JUNE 22 to JULY 23 (Cancer)

Industry, mechanics, domestic issues, office work, confidential matters study, research among today's especially sponsored endeavors. The artistic and romantic also favored.

JULY 24 to AUGUST 23 (Leo)

Gains likely if you attend to business and don't waste time on your waster! Aggressive tactics won't be as influential as gracious persuasiveness. Listen to others' views.

AUGUST 23 to SEPTEMBER 23 (Virgo)

Keep the emotions and all hindering and mischievous temptations far in the background. Not only fact but patience and continued enthusiasm are important to success today.

SEPTEMBER 24 to OCTOBER 23 (Libra)

Will require astute judgment and progressive manipulation in all consequential matters, especially in dealings involving money, signing agreements and

taking on added responsibilities.

Don't be glib with those who are obvious in praise.

OCTOBER 24 to NOVEMBER 23 (Scorpio)

Favorable for business and financial deals for you born after November 9. All of you should employ common sense in expenditures and attend strictly to your job. P.M. friendly to creation, music, sports, romance.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)

Fine indications for advancement in your particular line of work or hobby. You can mix business and social interests to the advantage of both this beneficent day.

DECEMBER 23 to JANUARY 21 (Capricorn)

More favorable for general matters and those issues dealing in public needs, government legislation and other important issues concerning the people than for making individual gains. However, don't neglect your duties.

JANUARY 22 to FEBRUARY 20 (Aquarius)

Strike a happy note and a sensible tempo. Today is generous in benefic rays for you capable folk. Enjoy the fun and relish the gains, no matter how small.

FEBRUARY 21 to MARCH 20 (Pisces)

Your sound reasoning and keen penetration and insight can put you in the winner's class this day. Do start right because to-day's layout will affect whole week's results. Evening especially favors entertainment, heart interests, hobbies.

A CHILD BORN ON THIS DAY

will be noted for its mental quickness, good logic and fine memory. Will be of an inward nervous temperament and will appear changeable and unreliable at times. Should be given religious and educational training. Religion will be a stabilizing force in all its activities. Success its birthright.

WELCOME THE TRAVELLER

(By ARTHUR HARDY)

MORE LUCK FOR THE BERRYS

Robert Berry was so fit that he needed little special training for his second fight as a professional, whilst Dan Shelton, after his long preparation for Jack Richards, needed on a regular exercise and boxing practice to keep him from slipping backwards.

On Friday of that week Robert, having been told to wait at the Tansworth Bank, motored to London with Daniel and Dan, where they signed the necessary agreements with the promoter and Daniel engaged the services of all the old sparring partners of the Wood Cottage camp, and that evening a real boxing exercise was launched upon the sporting world.

Not for a long time had a British Empire Champion shown such willpower, they never feel called upon to mention it. The record books showed Mike McGinty to be a tougher proposition than Richards had been. McGinty was a real logical contender for the title the next time Ben Brannocks stepped into the ring to defend his title.

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Meanwhile Tansworth was set alight by the news that young Robert Berry had turned professional and given up tilling the soil to go to give up tilling the soil to go to give up tilling the soil of the ring instead.

The newspapers began to dig up tales of Waterloo Berry and Tom Shelton and Jack Randall, and they did not forget the "Wegcome The Traveller" inn.

Up at Wood Farm, John Robert Berry, father of the new professional, a glove sinner, stared unbelievably at the big post, each morning spread out before him, and the fresh orders for farm produce that poured in from all parts of the county. He began to figure on a profit for the first time since the boom years.

When Robert visited the town he found it hard work to get about, so many people were coming to see him and his hand grew cramped and his pen ran dry through signing autographs for the boys.

His father and mother had gone down to the village to see to it that their John and his wife, Robert lit off the receiver and found Nora at the other end of the line.

"Hello, Bob!" Her voice shook with excitement. "Oh, I'm so glad to get you. You know I told you when you called to see me last Friday that I have been to the theatre every day with Jessie, and taking my place with the other girls who were being shown the steps of a new dance; well, today I had an opportunity insisted on it. Mr. Nesbit, the manager, was there; and several of the theatre syndicates. I sang a couple of songs and they were very pleased about the moonlight and the lovely girl. I also did some of my impersonations and played an imaginary scene. And they engaged me for the show."

"What! Do you mean to say that you are playing in the revue, Nora?" "No, not yet, I am waiting for Jessie, and Fay Selby. But when the revue needs some new scenes a part is to be written in for me; and so I am staying on at Jessie's."

"So glad. At last you will be earning money, Nora."

"But I miss the farm. I never see any of you, Bob, although I am happy here with Jessie. I confess it, but I am homesick. But I am coming home on Sunday, with Jessie. She is going to drive me to Tansworth, and we are going to stay until late on Monday afternoon."

"I'm more than glad, Nora. The voice faded. Robert resumed his armchair and turned again to his paper. How marvelous, for Nora. How sweet of Jess. Surely the luck had turned when he had found Waterloo Berry?"

CHAPTER XV A STAR IS BORN With the arrival of Billy Chipman, Fred Thornton, Freddy Devens and Andy Sagar at Wood Cottage as sparring partners, Robert and Dan began their training in earnest.

Daniel Shelton watched the work of Robert and Dan with keen appraising eyes.

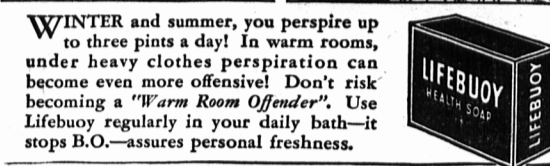
Daniel was not only elated at having at last made Robert Berry take the plunge into big money boxing, but he saw with delight a daily improvement in Dan as a result of these two boxing together regularly. Dan began to carry his left hand higher than he used to do, he kept a better guard because he had to, he moved around the ring at great speed and he began to snap home his punches with the same certainty

(Continued on page 5, Col 8)

Beware of Winter B.O. (Body Odour)!

HEAVIER CLOTHES AND STUFFY HEATED ROOMS CERTAINLY MAKE "B.O." MORE NOTICEABLE IN THE WINTERTIME. WHY RISK OFFENDING? SMART PEOPLE PLAY SAFE!

NOW, MORE THAN EVER, I REFUSE TO MISS MY DAILY LIFEBOUY BATH. SO, I BUY THREE CAKES AT A TIME AND ALWAYS HAVE PLENTY ON HAND!

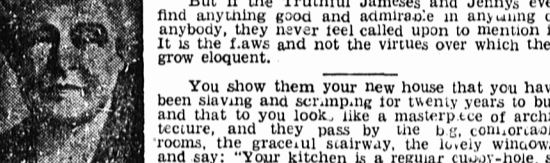


LIFEBOUY IN YOUR DAILY BATH Stops "B.O."

Dorothy Dix

Truths That Soothe and Make for Happiness Are Far Better Than Those That Hurt, so if You Cannot Make People Happy, At Least Don't Wound Them

Why is it that people who pride themselves upon always speaking the truth never mention anything but unpleasant truths? Taking the world and people in general, there is just as much beauty and goodness in them as there is ugliness and evil. There is just as much sunshine as rain, just as many flowers as weeds, and every sinner has a streak of saintliness in him.



But if the Truthful Jameses and Jennys ever find anything good and admirable in anything or person, it is the laws and not the virtues over which they grow eloquent.

You show them your new house that you have been slaving and scrambling for twenty years to buy and that to you look like a masterpiece of architecture, and they pass by the big, comfortable rooms, the big, airy hallways, the lovely windows, and say: "Your kitchen is a regular club-house, so little and dark." They view your children with a cold and appraising eye, and remark that that little Sally is so like your Aunt Germaine, who was always considered the homeliest woman in the community, and they ask if your frail little Johnny, who always makes your own heart turn sick with fear when you look at him, isn't tubercular.

They never fail to tell you that you are putting on fleh, or that your hair is beginning to turn gray, or that your new hat is ten years too young for you, or that your Papa frock makes you look sallow. Wild horses couldn't make them say that your new house is well built and beautifully located. Or that if little Sally has Aunt Germaine's nose, she also has Aunt Germaine's sweetness and charm. Or that your delicate little Johnny is by way of being a mechanical genius. Or that a little less is becoming to you and that you are better looking as a plump, middle-aged woman than you were as a skinny girl. Or that your new clothes just simply scream Paris at the beholder.

Yet the praise would have been as true as the knock and one would have sent us on our way with a little thrill of pleasure, vanity brightening our day, while the other leaves us as flat as a punctured balloon, with all our ambitions and hopes deflated and the taste of life bitter in our mouths. Maybe that is why we prefer the society of cheerful liars to those who justify their rudeness by saying that they always speak the truth.

If, however, veracity is no aid to popularity abroad, it is in the family circle that it nets in a deadly work and does more to alienate husbands and wives, promote divorce and scatter children over the face of the earth than all other causes combined.

There is nothing so devastating as the crude candor of a near relation, and the thing that oftenest sets husbands roaming and sends wives to Reno and that makes children get away as soon as they can from their fathers and mothers, sisters and brothers, is having to listen, day after day to the litany of their faults and shortcomings, recited by those who feel it their duty to speak the truth, and nothing but the truth. So common and so disastrous is this domestic custom that it has given rise to a phrase and when we want to describe one person telling another something that he would rather die than hear we say he told him "home truths." Now I hold no brief for liars. I hate and despise those whose word cannot be trusted. I love truth and honor it, but I think it should be used with discretion and with kindness. It should not be made the alibi, as it is so often, for mean and envious people to vent their spite upon some one whom they wish to humiliate.

My protest is not against truth telling, but against telling unnecessary truths that wound. Let us have more truths that soothe and help and make for happiness. So shall we make the truth teller one whom we admire and like instead of one whom we dread and fear.

(Continued on page 5, Col 7)

BEMA BARBADOS MOLASSES advertisement. Includes text: 'Helps you BAKE BETTER', 'The pure, appetizing flavor of BEMA Extra Fancy Table Molasses makes it of supreme value in home baking. Use it in making muffins, cakes, gingerbread, cookies, etc.', and 'THE ORIGINAL PRODUCT - NOT A BLEND'.

Lenten Meditation

By Rev. James Henry Larson

CHURCH

The fellowship of believers in Christ make up the ROYAL FAMILY, who are ever ready to look after the needs of their fellow men as the first duty of citizenship, and who form a BROTHERHOOD of those who have been called of God to follow Christ—this is the CHURCH. It was born at Pentecost while Peter was preaching fifty days after the resurrection. At this meeting 3,000 were converted. This group formed the first church, and daily others were added to this group. Day by day the Lord added to their number those whom he was saving.

One day Jesus asked his disciples, "What is the world saying about Me?" Peter answered, "Some think that you are one of the old prophets resurrected; others believe you are John the Baptist; and still others say you are Jeremiah, or Elijah." Then Jesus said, "Peter whom do you say I am?" Peter answered, "Thou art the Christ, the Son of the living GOD." Jesus said to the disciples, "The gates of hell will not prevail against it." Jesus is the head of this ROYAL FAMILY, and those who do the WILL OF GOD are his Mother, Sister and Brother. This FAMILY must worship God in spirit, love one another, become the salt of the earth and shine as a light in the world, and believe that all their requests made to God, in the name of Jesus, will be ANSWERED. To conquer this world for CHRIST—this is the mission of the ROYAL FAMILY, which numbers today 700,000,000. Why not join this FAMILY TODAY?

FAMOUS FATHER'S SON

BEVERLY, England — (CP) — Randolph Churchill, recently-married son of the First Lord of the Admiralty was fined in this Yorkshire village for leaving his car in a public road without lights. He pleaded battery trouble.

RemoJel Your Figure the Way You Want It



Concern over a tiny wrinkle—but none for the out-size hips which are the chief cause of a matronly appearance!

A pity to let large hips and thighs add years to your looks, when they can easily be slimmed with right exercises.

But what if you already lead an active life, what can exercises do for you? A woman can be busy from dawn to dusk and still not use the muscles on the outside of the thigh, around the joints.

Give those muscles a workout reduce bulges, by doing this simple exercise a few minutes a day.

1—Sitting, place hands on floor behind hips. 2—Pull first one knee then the other, back to the abdomen as shown in our sketch. Then let legs fall forward on floor. Do 14 times. Rest. Repeat 28 to 36 times.

Or do you have a thick waistline, a drooping bust? Easy, safe exercises for these, other figure faults are given in our 32-page booklet. Has exercises for slimming waist, hips and legs, for improving shoulders, arms, bust and posture, for relieving foot troubles, constipation, nervous tension. Includes a bracing routine for whole body.

Send 20c in coins for your copy of Best Exercises For Health And Beauty to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

Here's why FELLOWS' SYRUP has been a Family Tonic since 1864

Fellows' Syrup is a scientific compound of body and nerve-building essentials, including:—

- 1 Calcium — important in promoting strong teeth and bones.
2 Sodium — important to the nerves and blood.
3 Iron — a tonic and guard against anaemia.
4 Phosphorus—required by the bones, muscles and nerves.
5 Potassium—a muscle builder, especially useful in relieving fatigue.
6 Manganese—another element required by the bones.



FELLOWS' is easily absorbed by the body; it stimulates the appetite; it aids digestion and it helps to ensure the greatest benefit from the food you eat. Try Fellows' Compound Syrup of Hypophosphites today. Ask your druggist for a family size bottle. Accept no substitute—insist on the genuine Fellows'.

FELLOWS' SYRUP

The ORIGINAL Syrup of Hypophosphites A Family Tonic Since 1864

THE COOK'S CORNER

STRAWBERRY MOUSSE

1 cup strawberries, well-drained
3-4 cup sugar
1-4 cup water
1-2 teaspoon making powder
1-4 teaspoon salt
2 egg whites, beaten stiff
1-2 pint heavy cream, whipped
Method: Drain the strawberries well, and cut in pieces if they are whole. Combine the sugar, water, baking powder, and salt in a saucepan. Cook until it spins a fine thread about 230 deg. F. Pour the mixture slowly over stiffly beaten egg whites and cream. Fold in the prepared strawberries and the whipped cream. Pour into

A Morning Smile

Poet: "Why do you think I can't sell anything? Don't I put enough fire into my verses?" Friend: "Excuse me, but frankly I think you don't put enough verses into your fire."

Scotchman (at riding academy): "I wish to rent a horse." Groom: "How long?" The Scotchman: "The longest you've got, laddies. There be five of us goin'!" —Utah armer.

the freezing tray of your refrigerator and freeze to the desired consistency. This is enough to serve 6. Serve it in sherbet glasses.

Smartest Fashions And Winter Styles

Smart size goes into the kitchen and accompanies you at your daily tasks. Peg-top pockets are handy as well as extremely chic additions to this yoke-top house frock. Fullness over the bust is becoming. The button-front closing has its advantages for slipping your dress on quickly. When your family comes to the breakfast table they will love to see you in this crisp, flowered cotton, with gay rick-rack trim. Either the quaint square neckline or the neat, tailored collar makes a dress that you will enjoy wearing for many months to come.

Style No. 3155 is designed for sizes 14, 18, 36, 40, 42 44 and 46. Size 36 requires 3 3-4 yard of 39-inch material with 1 1-2 yards of braid for short sleeved dress.

Send fifteen (15c) coin is preferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 3153 Size \_\_\_\_\_

Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

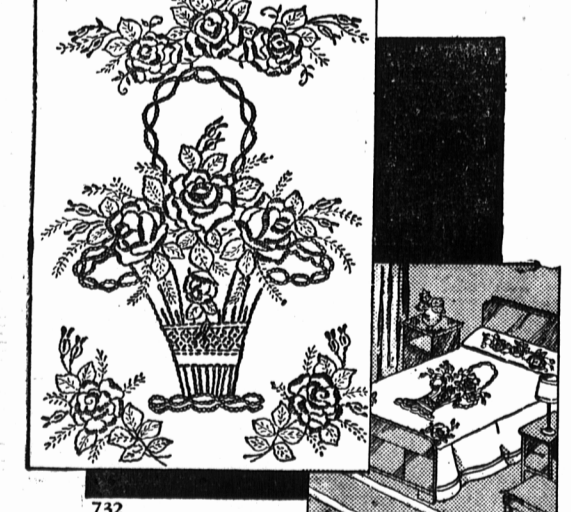
WORRIED FARMERS OF DEE C. N. R. EARNINGS

MONTREAL, Que. Feb. 2 — The gross revenue of the all inclusive Canadian National Railway system for the 10 day period ending Jan. 31 1940 were \$6,427,070 as compared with \$4,446,669 for the corresponding period of 1939. An increase of \$1,980,401.



By Westr

To-Day's Popular Design By Carol Aimes



EMBROIDERED SPREAD DESIGN NO. 732 "A basket of old-fashioned roses" has had its praises sung for generations by poet and songsters so, not to be outdone, we have it here in a lovely embroidered design for your very best bedroom. If you want a truly luxurious spread, work it in natural colors on pastel satin, but if you are more practical minded, you might make a very attractive cover of factory cotton embroidered in bolt-proof cotton. Either way, this is indeed a design that will give you more than ordinary satisfaction. It is worked in the simplest of stitches and is very quickly finished.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian. To Charlottetown Guardian Needlework Department. Design No. 732

NAME \_\_\_\_\_ STREET \_\_\_\_\_ CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

TILLIE THE TOILER — SILENT PARTNERS?

