

TRUSTWORTHY EVIDENCE

Thousands of Letters Like These Establish the Fact that Lydia E. Pinkham's Vegetable Compound Does Relieve the Suffering of Women



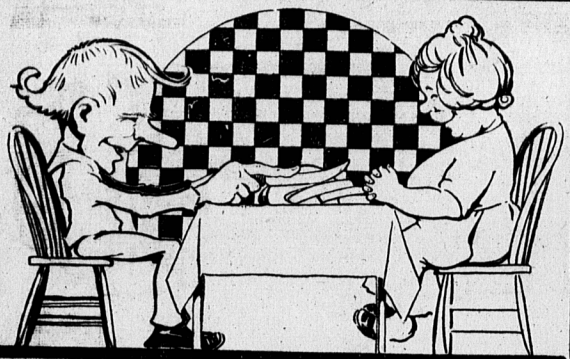
MRS. L. LAJEUNESSE
BOX 102, CONISTON, ONTARIO

Coniston, Ontario.—"After a severe operation and a three weeks stay in a hospital I returned home so weak that I was unable to move a chair. For four months I was almost frantic with pains and suffering until I thought sure there could not be any help for me. I had very severe pains in my left side and suffered agony every month. One day when I was not able to get up my mother begged me to try your medicine. My husband got me a bottle of Vegetable Compound at once and I took it. I started a second bottle, and to my

surprise and joy the pains in my side left me completely and I am able to do all my work without help. I am a farmer's wife, so you see I can't be idle long. In all, I have taken six bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of the Compound Tablets, two bottles of Lydia E. Pinkham's Blood Medicine, and have also used the Sanative Wash."—Mrs. L. LAJEUNESSE, Box 102, Coniston, Ontario.

Terrible Suffering Relieved
Minesing, Ontario.—"I am a practical nurse and I recommend Lydia E. Pinkham's Vegetable Compound to suffering women. For three months I was almost helpless and could not sit at the table long enough to drink a cup of tea. Many a time my husband carried me to bed, I would be so weak. Then he read in the paper of a woman suffering as I did who got better after taking the Vegetable Compound, so he went and got it for me. When I had taken three bottles I was just like a new woman and have had splendid health ever since. When I feel any bearing-down pains I always take it; sometimes a half bottle or whatever I need. It is my only medicine and I have told many one about it. Any one wanting to know more about Lydia E. Pinkham's Vegetable Compound, I will gladly write to her. I do all I can to recommend it for I feel I owe my life and strength to it."—Mrs. NEAL BOWSER, R. R. 1, Minesing, Ontario.

Mr. Meeker was pacing the floor in one of his tantrums. "Henrietta," he finally squawked, "I'm tired of carrying all these groceries home every day."



Jack Spratt could eat no fat
His wife could eat no lean,
And so between them both
They left the platter clean.
But now Jack's changed his diet,
His wife bakes home-made bread,
She uses Whole Wheat Cereal
And now Jack's better fed.
Their appetites have both improved,
They never know an ill
Their friends ask what brought about the change
They say Wholesome Whole Wheat Cereal.

ASK YOUR GROCER FOR WHOLESOME WHOLE WHEAT CEREAL.
If he does not have it Write—
CENTRAL BEDEQUE FLOUR MILLS

HARDIE TRACTION POWER SPRAYERS

Entirely Different With Porcelain lined 2 1-2 inch Cylinders. Suction Settling Chamber. Automatic Pressure Regulator. Special 16 Nozzle Spray Boom.

See Us Before You Buy

R. T. HOLMAN LTD.
Summerside
JOHN H. GILL
Charlottetown

THE WESTERN GUARDIAN

—I WILL be loading live hogs at Kensington, Tuesday, May 24th. Alden Moose. 5575 5 17 61

—DISCONTINUED lines in men's felt hats. Your choice \$1.50 each at Sinclair's. 5575 5 17 21

—ODD LINES in women's ox-fords and slippers clearing at half price at Sinclair's. 5575 5 17 2

—MEN'S FINE RIBBED wool hose, black and fancy colors, only 49c a pair at Sinclair's. 5575 5 17 21

—DON'T FORGET the Star Car demonstration at Jas. A. MacNeil & Sons, show rooms at Summerside, Wednesday, May 18th. G. C. Green Agent, Borden. 5597 5 17 21

—BRADALBANE NOTES.— Messrs. Leslie Reeves and Wilbert Drummond of Freetown, were week end visitors to Bradalbane the guests of the former's sister Mrs. Wm. Graham.—Mr. Frank Stevenson's many friends are glad to see him back at his old job on this section of the C. N. R. as Frank has always a cheery smile for his workmen.—The many friends of Mrs. Wm. Graham are glad to see her able to move out again after her long illness of pleuro pneumonia.—Also the many friends of Miss Euphemia Matheson are glad to see her around again after an attack of pneumonia.—Miss Elva Reeves spent the week end at her home in Freetown, the guest of Mr. and Mrs. Robert Reeves.

—FREETOWN NOTES.— The friends of Rev. S. B. Profit were glad to hear him speak in Rev. D. K. Ross part of the field on Sunday.—Mrs. Ruben Barrett and daughter, Mrs. Jack Colville of Kingston spent the week end visiting her cousin Mrs. Robert Reeves.—Messrs. Leslie Reeves and Wilbert Drummond were week end visitors to Bradalbane, the guests of the former's sister Mrs. Wm. Graham.—Mrs. Kenzie Matheson and little daughter Verna spent the week end at her old home, the guests of Mr. and Mrs. Calvin Reeves.—Mr. Robert Reeves was a passenger on the train on Tuesday to Bradalbane the guest of his daughter Mrs. Wm. Graham.—The C. G. I. T. group here are having splendid meetings with a large number of members present.—Mrs. Kenzie Matheson of Bradalbane is spending a few days at her old home in Freetown.—The many friends of Mrs. Len. Todd are glad to see her out again after a serious illness.—Miss Elva Reeves spent the week end at her home in Freetown the guests of Mr. and Mrs. Robert Reeves.—The many friends of Miss Hazel Kennedy are sorry to hear of her suffering from a sore hand.

—Cheapest of all Oils.—Considering the qualities of Dr. Thomas' Electric Oil it is the cheapest of all preparations offered to the public. It is to be found in every drug store in Canada from coast to coast and in country merchants keep it for sale. So being easily procurable and extremely moderate, no one should be without a bottle of it.

Eastern Guardian
BEDDING AT PRICES that meets all competition. Poole & Thompson Ltd. 5544-5-16,31

—EASTERN AGENT — Mr. J. W. Murdoch is now Guardian agent in Montague and will be pleased to receive news items, advertising, new and renewal subscriptions.

—EXCELLENT PROGRAMME of vocal music, readings, step dancing and dialogues by the best talent of Montague at the Oddfellows' Hall, Friday, May 20th. 5601

Tired, No Appetite Vinol Helped Her
"I was weak and always tired when I began taking Vinol. Had no appetite. Now, I feel like a new woman."—Lucy Stovall. The very FIRST you take Vinol you begin to feel stronger, eat and sleep better. Vinol is a simple, strengthening iron and cod liver compound is used for over 25 years for weak, tired women, over-worked men, and sticky children. Hughes Drug Co., Ltd.

CORNS
Quick relief from painful corns, tender toes and pressure of tight shoes.
Dr. Scholl's Zino-pads
As they are shoe corns everywhere.

--LIME--

Now Landing:

400 Casks, St. John Lime
"PURITY" & "SNOW FLAKE" BRANDS
L. M. POOLE & CO.
PAOL'S WHARVES

—MEN'S WORK SHIRTS, regular \$1.50 to \$1.75 selling for \$1.25 each at Sinclair's. 5575 5 17 21

—ROBIN HOOD FLOUR — All sizes wholesale and retail. Holman's, Summerside. 4-21-dft.

—VISITING OLD HOME.— After an absence of four years, Mrs. W. E. Leonard, of Delta, Ohio, and Mrs. W. C. Wood of Gowanda, N. Y., are visiting their Island home. They came home on account of the illness of their sister, Mrs. Capt. Allen MacLean, of Stanchel, King's County. While at home they have visited their mother, Mrs. Charles Palmer, of Freeland, who is in failing health; also their brother, Mr. S. E. Cannon of Summerside, and sisters, Mrs. Albert Gay of Hebron and Mrs. Hiram Hierlihy, of Cascompec.

—BRADALBANE NOTES.— Messrs. Leslie Reeves and Wilbert Drummond of Freetown, were week end visitors to Bradalbane the guests of the former's sister Mrs. Wm. Graham.—Mr. Frank Stevenson's many friends are glad to see him back at his old job on this section of the C. N. R. as Frank has always a cheery smile for his workmen.—The many friends of Mrs. Wm. Graham are glad to see her able to move out again after her long illness of pleuro pneumonia.—Also the many friends of Miss Euphemia Matheson are glad to see her around again after an attack of pneumonia.—Miss Elva Reeves spent the week end at her home in Freetown, the guest of Mr. and Mrs. Robert Reeves.

Optional Subjects Wanted for Prince Of Wales College

Commenting on the decision of the Provincial Government to provide a course in Practical Agriculture for students of Prince of Wales College. The College Times remarks: "It will no doubt occur to many that the government should go further in the step which they propose to take. An examination of the Prince of Wales curriculum will reveal to the enquirer that there is a wide variety of subjects at the disposal of the student; but what is often considered an irregularity is the fact that none of these subjects are optional, no matter what the inclination of the student may be. The farmer's son, who purposes to return to the farm, is obliged to take a course in many subjects which will be of absolutely no use to him. Likewise, the student who has a professional life in view is obliged to undergo examination in Agriculture Botany and other subjects, which serves only to hamper his progress under the system now current. The First Year student takes fifteen subjects during the year and the Second Year student twelve."

The College Times suggests "a complete differentiation in the course provided for the student who desires a practical education and for the one who aims at a professional life." Coming from the student—those who are most of all interested in life in this world and for whom the College and its studies are provided,—this suggestion is the more worthy of consideration by the Board of Education and the College Professors. It is understood, of course, that the College is not maintained for the purpose only of supplying information, but to promote mental growth and ability—to fit the intellect of the students to deal intelligently and practically with the problems and difficulties, they will encounter and have to overcome, and the duties they will necessarily perform. To this end there are various departments of study in which youthful minds may be nourished. But as "many" men have many minds, so there are differences in the minds of the student body which under one department of study more promotive of growth and ability than the other. It seems to be reasonable, therefore, to conclude that the proposal of The College Times should be considered and, if possible, adopted.

Stock Quotations

HALIFAX, May 17.—Quotations furnished by Johnston and Ward Members Montreal Stock Exchange New York Exchange

At. Top. and Santa Fe Ry.	180%
American Can. Co.	47%
Am. Car and Fdy. Co.	105 1/2%
Atlantic Refinery Co.	29
Am. Locomotive Co.	114 1/2%
Am. Smelt and Refng. Co.	150
Am. Bosch Mag. Co.	14 1/2%
Anaconda Cop. Min. Co.	45 1/2%
Can. Pacific Co.	178 1/2%
N.Y. Cen. and Hud. Riv. R.R.	149 1/2%
Cuba Cane Sugar Co. Pfd.	42 1/2%
Con. Gas Co. (N.Y.)	103
Hudson Motor Car Co.	84 1/2%
International Paper Co.	41
International Petroleum	29 1/2%
Standard Oil of New Jersey	36 1/2%
Mis. Kan. and Tex. Ry.	250
Reading Co.	117 1/2%
Southern Pacific Co.	112 1/2%
Union Pacific Ry.	176
U. S. Industrial Alcohol Co.	76 1/2%
Westinghouse Electric	75 1/2%
United States Steel	170

Montreal Stock Exchange

Laurentide Pulp	93
Montreal Power	85
National Breweries	69 1/2%
Steel Co. Can. Com.	130 1/2%
Winnipeg Electric	66 1/2%
Asbestos Pfd. New	85 1/2%
Brompton	32
Brazilian Traction	138

—The Markets
OTTAWA, Ont., May 17.—There is no further change reported from Canadian egg markets today.
—Toronto—This market is steady with dealers quoting country shippers extras 40, firsts 28, seconds 25 delivered. A car has been offered from Manitoba at extras 31, firsts 29 f.o.b. Cars of seconds have been offered from the west at 25 f.o.b. Saskatoon and 25 1/2 f.o.b. Winnipeg but no sales are reported.
—Montreal—There is an easier tone in this market with somewhat heavier receipts. Dealers are quoting country shippers extras 31 to 33, firsts 29 to 30, seconds 26 to 28.
—Calgary—Receipts here have been held up somewhat by bad roads. Dealers are quoting country shippers extras 25, firsts 23, seconds 18. Broilers are arriving more plentifully and prices have declined with dealers quoting 20c for live birds.
—Vancouver—This market has not settled at the recent advance and with the exception of a few dealers who are buying eggs f.o.b. farm at the current levels the prices to producers are extras 26, firsts 24, delivered.

CAN ONE VARNISH BE USED FOR EVERY PURPOSE?

COVER THE EARTH

Stop mistakes in painting by using

SHERWIN-WILLIAMS PAINTS VARNISHES LACQUERS

FOR SALE AT PAINT HEADQUARTERS BY

Poole & Thompson **F. W. Strong & Co**
Montague Summerside --

porters generally reported business dull. There were no new features in the local cash grain market. Prices being firm, but the demand was limited and the volume of business small. The inquiry for spring and winter wheat grades of flour showed no improvement, but the undertone was steady.
A fair trade was done in all lines of milled and values were firm. The market for standard grades of rolled oats was inactive, but values were unchanged. Prices for all grades of eggs were well maintained under a good demand. The receipts were 4,583 cases. The strength which has characterized the potato market of late was more pronounced today and prices scored a further advance of ten cents per bushel. Sales of odd cars of Quebec B. grade were made at \$2.00 to \$2.10 per bag of ninety pounds bulk ex-track. An easier feeling developed in the butter market owing to the small demand and prices were reduced and 22c per pound. Eastern townships No. 1 pasteurized was quoted at 34 1/2c to 35c per pound. The receipts were 674 packages. The cheese trade continued quiet but firm. Western grades were offered at 17 1/2 to 17 3/4c per pound. The receipts 2458 boxes.

Cap your Home with lasting Beauty!

BIRD'S "ART-BLENDE" Twin Shingles

If you want your home to have a roof of real beauty—a roof that Nature herself might well have fashioned—make it a roof of Bird's Asphalt "Art-Blende" Twin Shingles.

The charm of an "Art-Blende" Roof will give your home individuality. The years will not dim the never-fading colors of these durable, fire-resistant shingles. Adaptable to practically any type of roof, they provide "the crowning glory" of the home and, with it, the greatest possible measure of weather-proof, fire-safe protection.

There is a Bird dealer near you—ready to supply your needs. If you do not know his name, write us.

Free Roofing Booklet
"A Roof the Owner is Proud of" is the title of a booklet of roofing information which will be mailed to you free on request. Write for it today.

BIRD & SON
DIVISION
BUILDING PRODUCTS LIMITED
Hamilton Toronto Montreal

BIRD'S Roofs

Last a Life-time

For Sale in Charlottetown By
Stanley, Shaw & Peardon, Ltd. **Bethune Hardware Co., Ltd.**