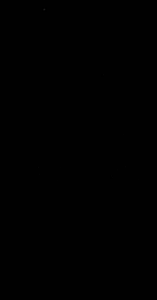
Woman's Realm / Social and Personal / Fashions / Literature

Sugarless BUT Sweet

MAGIC Honey Pound Cake

1½ c. seedless raisins	2½ tsp. Magic Baking Powder
½ c. shortening	½ tsp. salt
½ c. honey	½ tsp. vanilla extract
3 eggs, well beaten	½ tsp. lemon extract
2½ c. sifted all-purpose flour	

Rinse raisins; drain; dry on towel—cut fine with scissors. Work shortening with spoon until fluffy and creamy; gradually add honey, while continuing to work with a spoon. Add beaten eggs, and blend. Gradually stir in sifted dry ingredients; beat with spoon until smooth. Add extracts, raisins; stir to blend. Bake in greased, lightly floured 9" x 5" x 3" pan at 300°F. for 2 hours.



MADE IN CANADA

Household Scrapbook

By Roberta Lee

Cleaning Rubber

If a rubber article is soiled, clean it with a solution of household ammonia and warm water. This will not only clean the rubber, but will keep it soft and pliable.

Worn Stockings

Stockings that are mended so much that they become lumpy should not be worn. These darns cause blisters and corns on the feet of the wearer.

The Paring Knife

When buying a new paring knife, select the kind with a blade running through the center of the handle and held by rivets. It is the stronger kind.

How Can I !!

By Anne Ashley

Q. How can I remove old wall paper?

A. By using a heaping tablespoonful of saltpeter to a gallon of hot water and applying freely with a flat brush. Keep the water hot and the paper can be pulled off easily.

Q. What is a substitute for olive oil when making salad dressing?

A. A very good substitute is butter melted until it is the consistency of olive oil.

Q. How can I remove the rings left on garments after cleaning with gasoline?

A. Hold the spots over the steam of a tea kettle.

MODEL SCHOOL

Honor Roll of Model School for month of November.

The following pupils have received honor standing (alphabetical order).

Grade VIII—Francis Blanchard, June Carroll, Harold Warren.

Grade VI—Donna Bowness, Shirley Carroll, Lloyd Seaman.

Grade V—Betty Chorley, Bernice Fraser, Jane Praught.

Grade IV—Greta Hansen, Theresa Henessey, Glendon Sudsbury.

Grade III A—Jean McDonald, John Mustard, Alex Murchison.

Grade III B—Elizabeth Atkinson, Janet Spillett, Betty Lou Worth.

Grade II—Barbara Cameron, John Alan McKenzie, Paul Mustard.

Grade I—Nerine McLean, Ronald Storey, Gerald Burgoyne.

Decidedly Better!

RED ROSE COFFEE "is good coffee"

As good as RED ROSE TEA

Dorothy Dix Says—

Deserves Man's Perfidy

Married Woman Jilted By Mate Falls for Glid Talker

DEAR DOROTHY DIX: I am 19 years old and have twin boys, one-year-old. My husband is in the service and he has written me that he no longer loves me and doesn't ever want to see me again. At first I was heartbroken and kept writing to him faithfully, but after a while I became reconciled.

Now I have fallen deeply in love with a man who is considerably older than I am. I fully expected him to propose, but have just found out that he is married. He is going to South America in the near future and wants me to go with him. Should I do so, hoping something will turn up that will make his wife give him a divorce, which she refuses to do now? Neither he nor I can stand to be separated from each other.

PEGGY

HOPELESS CASE

ANSWER. If at 19 you have had two experiences of the perfidy of man and they have taught you nothing, your case is hopeless. You are evidently one of the women who are so optimistic they lend a listening ear to any philanderer and believe the lying promises of any glib talker.

You must be singularly lacking in even ordinary common sense and prudence if having your husband quit you cold, with twins left on your hands, didn't make you suspicious of the next man who handed you a little soft talk. But evidently, it didn't, for you fall for the next Casanova without even inquiring whether he already has a wife or not.

No doubt advice to you is just wasted breath, but do at least try to wake up and face the realities of life. You must know that any married man who tries to induce you to go with him to a foreign country as his mistress bodes you no good. You must know that he has no intention whatever of marrying you, and that when he is tired of you he will throw you aside for some newer fancy. You must know that the end of your little romance will be disgrace and want and the gutter.

If you have no care for yourself, consider the twins. It is bad enough for them to have a renegade father without a loose-living mother.

DEAR DOROTHY DIX: My husband and I parted after we had been married only a few months. I went to California, but went back to him after he wrote me begging me to return. Lately he seems to have turned against me. He often goes to work without kissing me good-bye, and when he is at home he reads all the time. This hurts me so I can hardly stand it.

Another thing is that he doesn't treat my family right. They live only a short distance from us, but he hasn't taken me to see them in two solid months, although they like him and are just as sweet as they can be to him.

All of this makes me feel that there will be another separation and this will be final, as I think one time is enough to try anything. I simply worship my husband.

MRS. R. C.

ANSWER: Evidently you were cut out for an old maid and are not wife material, for any woman who would leave a good husband for the causes you mention certainly doesn't know how to handle men. To get along smoothly with a husband, a woman has to have common sense, tact, and be willing to make some effort to please him and make him happy, and apparently you have done none of these things. You make issues of trifles that should be ignored.

Suppose before you go back to California, or out to Reno, you overhaul your own technique in marriage and see if you can't improve it.

DEAR MISS DIX: Our class in high school is giving a dance. I would like very much to go and a boy I know has asked me to go with him, but the trouble is my girl friend likes him even better than I do and she is hoping that he will ask her. Will I be doing the right thing if I turn down this boy for my friend's sake and then accept another invitation from someone else?

BOBBY-SOCKS

ANSWER: It isn't up to you to provide escorts for your friend, and I think that the boy who has asked you to the dance will be very much offended if you pass him up for another date, because he won't know why you do it.

Ellen's Diary

By an Inland Farmer's Wife

James eyed the washing machine, which being only light, I had carried from the porch to the kitchen, with an unfavorable expression, when he came in to breakfast, and remarked with an edge of insinuation in his voice: "You're washing this morning, Ellen?" What else was there for me to do? The week was fast slipping away in ever-shortening days and besides the sun was bright, there was an inviting breeze and the air was pleasantly crisp. It was, however, the farm work that was uppermost in James' thoughts. What matter if a line of clean articles never danced in the sun and breeze so long as a certain number of sacks of potatoes might be ready to market at a set time?

• • •

But the grading was not taken up too soon. There were other equally insistent chores to be done first. From the lawn, I saw the men bring a load of hay to the buildings from a stack near the line-fence—a stack that was fashioned with care, to withstand winds and weather two Summers ago and hoarded against one of James' feared lean seasons. This state of affairs has not actually come to Alderlea but it fits into their scheme of things to use this rather than that stored in the barn mows. A sizable heap of it was left at a nearer stable door. "Can you do this?" Jamie called to me when after dinner and because of the increasing cold I came to the door to call him to the kitchen— he having arrived with Rob in the car. He had been turning sumetsaults in the soft heap and was enjoying the new exercise immensely. His cheeks were as red as his cap and I heard him laugh and chatter to James. Gran'daddy was much too busy to join him in the sport, for his help was gathering and he was hurrying with his choring so that presently every step about the premises might lead in the direction of the cellar.

• • •

It was a cozy place to forgather this afternoon, heated and lit as it was by lamps and lanterns. There was no cause for anyone to feel the least bit chilly unless it might be Jamie who occupied a vantage point on the top of a turnip bin. There, nibbling an apple he was an interested onlooker to the work below. Mine was an inconsequential place at the grader and yet it seemed that each one of us in his or her "corner" was most necessary to the activity at hand. It required alert minds as well as trained and willing hands and feet. If my thoughts strayed for only a minute to Jamie or my neglected kitchen duties, at once I was advised: "Ellen, that basket beside you is running over!" or "fetch a sack, quick-oh dear, not that one, that has a hole in it" and with a surprised air that I, a farmer's wife had been caught in so obvious an omission: "Didn't you notice that?" I found the work rather strenuous and I secretly blessed Jamie when because he wearied of the place, I was granted a leave and together we returned to the quiet and comfort of the kitchen.

• • •

Each season in its turn, brings a repetition of the last year's work, sometimes even to a day. We were at the potatoes this date some few years ago when Jock was absent, having gone away with "that old pal of yesterday." We were not at the grading, but that day the mild weather had changed bringing a frost which menaced the safety of a car load of potatoes, that awaiting transportation had been stored in a convenient but colder part of the basement. When the work at the stables had been completed, James set himself to move them to a warmer area, which action was well justified considering the value of that cash crop. "I moved every sack of them" I heard him tell Jeanie this afternoon and he has good cause to remember the trying occasion. It was on a Saturday evening and I recall that lunch time came early Sunday morning. The weariness of the folks concerned and the relaxation that comes from having a harvest out of danger, were large factors in sweetening our fare.

• • •

Jock went away that afternoon resplendent in his best—mostly new for the event and including a hat, gloves, shoes and spats, all ready to give his support to his friend at an important ceremony, which was to take place at the home of the Minister, some miles distant. It was a dark damp day with soft flakes falling at intervals, when they set off in a fine car. I remember now that James was worried at the time because I had detained them at the last minute to secure an interesting snap. "Ellen" he said regarding the sky and wind "mark my words, this will work into a storm." I made light of his prediction, at the time, but as usual it came true. I was relieved later when we came in from doing the chores in the storm, to the haven of the heated house. I suppose a storm does not mean so much so long as a wedding party reaches the Ministers! It was on the return trip, the road became impassible for cars and they were obliged to take refuge in the nearest farmhouse. Here they were hospitably entertained by the kind farmer and his wife. When we went in" Jock told me "she was reading a letter from her son overseas." Re-reading it more likely, in the loneliness of the approaching Sabbath, while the wind piled the snow against the windows. Lads are home now—wars ended. The years in their turning bring much that is good. And those newly-weds—how are they? From that stormy and I suspect unforgettable beginning, came an extremely happy married life in a comfortable farmhouse and a nice pigeon's pair of a family. However, there is apt to be an unhappy or at the least a distressing incident between two much longer married folk in this community, if I continue to disregard James' pleading looks. "Quit that writing" he begs me, drawing a chair near his "and come over and sit beside me, Ellen."

Until tomorrow—Diary — Goodnight.

Living & Leisure

THE WOMAN'S REALM

And to those who never listened
To the message of Thy birth
Who have winter, but no Christmas
Bringing them Thy peace on earth,
Send to these the joyful tidings
By all people in each home,
Be there heard the Christmas anthem;
Praise to God, the Christ has has come!

G. S. Rowe

OLD DINING CUSTOM

Children had to stand at the table while eating according to a dining custom of colonial times. In some families, the had to take their places behind their parents and food was passed back to them.

CAN FIND TIME FOR RELAXING

Crowsfeet fanning out around the eyes, and gaunt lines running beside the nose and mouth, are the alarm signals of an overstrained nervous system. Too busy to relax? That's just the trouble—the busiest woman should set aside a few minutes for relaxation each morning and afternoon.

An office worker sitting most of the time should get up and walk around the room or step to the window and gulp a few deep breath of fresh air. A salesgirl, on her feet a good deal, will be more rested if she slips to the employees' lounge and stretches out for a few minutes.

A good way to rest muscles tensed from prolonged typing, or nerves jangled by the children's clamor is to sit down, knees apart and feet flat on the floor. Eyes closed and hands relaxed in the lap, slowly raise your left arm to an overhead vertical position. Then let it drop like a dead weight to your side. Do this several times with one arm and then the other.

The origin of turnip is not definitely known. It was grown during the Bronze Age in Sweden and among the early Romans was an important cultivated plant. It was brought to North America at an early date. Cartier sowed turnip seed in 1540 during his voyage of exploration, and in 1779 General Sullivan in his invasion of the Indian territory destroyed the turnips in the Indian fields (new Geneva, New York.)

INSPECT ELECTRICAL TOYS

Never give babies toy animals and dolls with button eyes which can be pulled out and swallowed. Best bet for "small fry" say safety experts, are washable playthings colored with vegetable or other non-poisonous dyes.

Electrical toys which have been in use for some time are also cause for anxiety. Inspect them regularly for frayed cords or any defect which may cause shock. Children should be reminded never to play with electrical equipment when their hands or clothing are damp.

And storage of play equipment is just as important as selection of safe toys. Serious falls are often caused by playthings left on steps or walks. Providing a toy chest or shelves, and teaching your child the habit of putting things away when he is through with them, will not only save him many bruises but will give him a sense of orderliness which will be helpful the rest of his life.

RESORT WEART IS BRIGHT AND GAY

NEW YORK—Resort wear with its intriguing hints of lightness and gaiety is again in the offing. Clothes for the leisure hours of all their bright colors and cheery ways are being shown—not in the shops as yet—but in vast quantity in the wholesale markets. Their significance to the consumer at the moment lies in their forecasting of style changes, trends and the introduction of new fabric styles as much as anything else.

For while resort wear marks a transitional stage from winter to spring fashions, it also serves as a lively indicator for changes in fashion mood and tempo. These changes are of marked interest to the woman who makes a study of clothes and is as particular about her investments in clothes as she is in the handling of her financial affairs.

After all, clothes definitely signify a financial investments — particularly in these days of soaring prices—and it behooves us all to see that our purchases give us a proper return in style and wearability.

THE SAILOR'S HAMMOCK

A hammock is pleasant for a a summer afternoon's snooze in the garden, but for a sailor it is often his bed all the year round. It swings free between decks and can be easily stowed away.

Sailors first obtained the idea from the Indians of America 460 years ago. The sailors of Christopher Columbus found that the natives of the West Indies used a suspended net made of fibre for sleeping in and called it a hamaca. Hamacas soon became popular.

SUPER-VACUUM FLASK

When American bomber crews fly long distances to their targets they can enjoy hot meals on the way. The meals are pre-cooked and carried in special containers. The container, which is called technically a B-2 carries a full meal for six men and operates on the bomber's electricity.

DYED TRESSES NOW INCREASE

ATLANTA, — (AP) There are nearly twice as many blondes in Atlanta nowadays as there was six months ago.

Beauticians say the use of hair tints and dyes has increased almost 50 per cent., with blondes setting the pace, and redheads close behind. Dark tresses are trailing.

This season its "gotta be this or that"—they don't want those in between shades."

Mrs. Jesse L. Henderson, greying and undyed herself who presides over one of Atlanta's largest beauty salons, says the increase in hair dyes and tints comes from younger trade than formerly.

Older women have dyed—"but don't tell a soul"—to conceal age —but younger women are changing the color of their hair to reveal their "blonde natures"; because they're "tired of mousy hair" or just for a change."

And its quite an expensive change.

Modern Etiquette

By Roberta Lee

Q. Should the man or the woman speak first when meeting on the street?

A. The woman should speak first. Of course, among intimate friends it makes no difference which one speaks first.

Q. If a woman is invited to a dinner, what should she wear if she doesn't own a dinner gown?

A. Wear an evening gown.

Q. Is it proper to make an afternoon call between one and two P. M.?

A. No; an afternoon call should not be made before three o'clock.

Morning Smile

TELL-TALE

Mr. Smith opened an account for his wife at the bank. A few weeks later the cashier asked Smith to inform her that she had overdrawn.

Smith told his wife the news, and the following morning she handed her husband a letter to deliver to the cashier.

The cashier opened the letter, grimaced, and handed it back to the wondering husband, on which was written in block letters, the one word "sneak!"

A TOSS UP

Pat was engaged putting a water main into the poorhouse. Saturday came and the boss saw Pat dolefully examining his pay packet. "Mistake in your wages, Pat?" he asked.

"Oh, no," said Pat 'but I was just wondering whether me or the water would be in the poorhouse first."

Blessed relief from TIRED EYES

Next time eyes are overtired or smarting put two drops of Murine in each eye. Right away it starts to soothe, comfort and cleanse. Make this two-drop test . . . enjoy the relief that Murine brings. Murine was originated by an eye physician. Use it to cleanse, relax and refresh your eyes.

MURINE FOR YOUR EYES

SOOTHES · CLEANSES · REFRESHES

Cook's Corner

CHRISTMAS CAKE

1½ pounds raisins
1 pound currants
½ pound chopped mixed peel
½ pound cherries
½ pound chopped nuts
2½ cups sifted cake or pastry flour
2 teaspoons baking powder
½ teaspoon soda
1 teaspoon salt
1 cup butter
¾ cup sugar
4 eggs
½ cup honey or maple syrup
½ cup grape juice
1 teaspoon vanilla
1 teaspoon almond flavoring

Method: Wash the currants thoroughly in several changes of water to remove all traces of grit. Wash the raisins well. Cover the raisins and currants with hot water and allow to stand for a few minutes, then drain and dry well between towels. Cut larger pieces of peel, if found, into smaller pieces. Cut glazed cherries in half. If glazed cherries are not available, you might use marashino cherries (1 cup, that have been well drained and dried. Chop the nuts coarsely. Mix the fruits and nuts together well.

Sift the flour and then measure it and sift again with the baking powder, soda and salt.

Cream the butter until light and then gradually cream in the sugar. Add the eggs, one at a time, and beat until light and fluffy after each addition. Add the honey or the maple syrup.

Now add the sifted dry ingredients to the creamed mixture, alternately with the fruit juice to which the flavorings have been added. Stir the batter just until well blended after each addition.

The fruit mixture is added last—about 2 cups at a time. Stir until these are well distributed throughout the batter, after each addition.

Place the butter in a pan that has been lined with two thicknesses of heavy brown paper, with the inner layer well greased that is the layer that will be next to the cake. Bake in a slow oven (275 deg. F.) When baked in the size of pan we mentioned earlier ,that is 8 by 8 by 3½ inches, this will take about 4 to 4¾ hours' baking time.

Test the cake well before removing from the oven. Remove from the pan when done and invert it on a rack until it is thoroughly cooled. Do not remove the paper from the cake. When cool, wrap the cake well in several thiknesses of wax paper and store in a tightly-covered container until it is to be used.

GRANDMOTHER'S MINCEMEAT

2 pounds lean beef, 1 pound suet, 4 pounds tart apples (pared and cored), 3 pounds seedless raisins, 1 pound currants, 1 cup candied peel (chopped), ½ pound citron (chopped) 1 tablespoon salt, 1 tablespoon all-spice 1 teaspoon cloves, 2 cups granulated sugar, 2 cups brown sugar, 1 cup molasses, 3 tablespoons lemon juice, 1 pint cider or grape juice.

Cut the meat in pieces, cover with boiling water and simmer until tender; remove the meat and measure one and one-half cups of the water in which it cooked. Put the meat, suet and apples through the food chopper and place in a large kettle. And the water that has been measured, raisins, currants, candied peel, citron, salt, allspice cloves, sugar and molasses. Simmer about one and one-half hours, stirring occasionally. Cool slightly, and add lemon juice and cider. Place in a covered crock in a cool place, or seal in sterile jars.

Tortured By SINUS PAIN

You can get quick relief from painful distress with a few drops of Vicks Va-tro-nol. It works right where misery is! VICKS VA-TRO-NOL

DUTCH GIRL DOLL

DESIGN NO. 881

A cute 14 inch rag doll is easy to make from odd pieces in the scrap basket. Pattern No. 881 contains complete instructions for making the body of the doll and clothes.

To order Pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needework Bureau Charottetown Guardian.

Design No. 881

Name

Street Address

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Better English

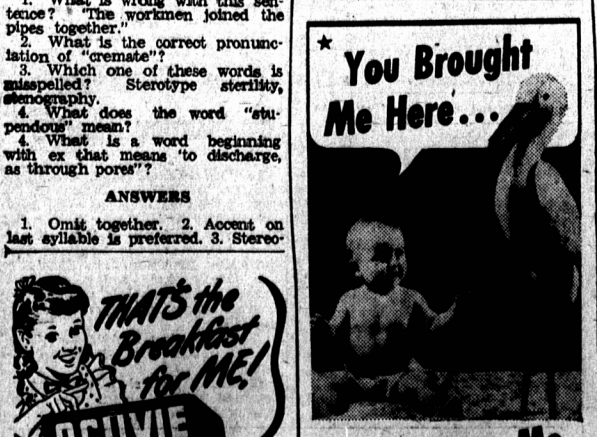
D. C. Williams

1. What is wrong with this sentence? "The workmen joined the pipes together."
2. What is the correct pronunciation of "cremate"?
3. Which one of these words is misspelled? Sterotype sterility, stenography.
4. What does the word "stupendous" mean?
5. What is a word beginning with ex that means "to discharge, as through pores"?

ANSWERS

1. Omit together. 2. Accent on last syllable is preferred. 3. Stereotype. 4. Astonishing; wonderful; amazing. "All are but parts of one stupendous whole." — Pope. 5. Exude.

LONDON — (C P) — Pamela Phillips, 17, a pupil at the Mary Datchelor School, has been installed as mayoress of Camberwell north London.



Now Bring Me Buckley's STAINLESS WHITE RUB

To Give MOM DAD and ME Quick Relief from COLDS

30c AND 50c

THAT'S the Breakfast for ME!

OGILVIE MINUTE Oats QUICK-COOKING

They Taste Better They ARE Better

Get Splendid Cough Syrup By Mixing It at Home

Quick Relief. Big Saving. So Easy! No Cooking.

To get quick relief from coughs due to colds, you should really try mixing your own cough syrup at home. It's no trouble at all, and you know it's pure and good. It needs no cooking, and it's so easy to make that anyone can do it.

From your druggist, get 2½ ounces of Pinex. Pour this into a 16 oz. bottle, and add enough plain syrup to fill up the 16 oz. bottle. To make syrup, stir two cups of granulated sugar and one cup of water a few moments, until dissolved. Or you can use corn syrup or liquid honey, if desired. The 16 ounces thus made should last a family a long time, and gives you about four times as much for your money. It never spoils, and children love its taste.

And for quick results, you'll say it's really fine. It seems to take hold instantly, loosening the phlegm, soothing the irritated membranes, and helping to clear the air passages.

Pinex is a special compound of proven ingredients, in concentrated form, well known for quick action on throat and bronchial irritations. Just try it, and if not pleased, your money will be refunded.

Needlecrafts FOR THE HOME

MIRACLE OF CUT

Would you believe that a dress as enchanting as this one could be cut from a pattern in just three pieces? Then look at the diagram, and see how easy it is to seam up this frock with the finest midriff and gathers perfectly placed. Applique included in pattern.

No. 2956 is cut in 10, 12, 14, 16, 18 and 20. Size 16 requires 2⅞ yards 39-inch.

Send 20 cents for Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

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SPAHRS

Fashion Horoscope by Colette