

Woman's Realm / Social and Personal / Fashions / Needlecraft / Literature

Home Service

Your Dreams Give Clues to Your Suppressed Self



What's Behind Dream of Fall? Such a scary dream! Heten hopes to banish the frightening memory by turning on the light.

Wise, Heten, to give that dream another thought. You seemed to be standing at the top of a precipice, enjoying the view, when suddenly you fell—down, down!

A psychologist would say your dream was trying to give you a message. You've set your heart on marrying Bob against the advice of friends. But secretly you foresee trouble—a tumble from your bright hopes. Know yourself through your dreams, achieve a sound happiness.

Indeed, for all of us an understanding of dreams is important. For the unconscious mind symbolizes in dreams the secret conflicts, desires of our soul solves.

Do you dream of climbing a ladder? You are ambitious at heart, but perhaps you fritter away your time. Embarrassed by a dream of appearing in public without clothes? You're really modest, possibly too shy. Or do you dream of a snake? Of prison?

Find the meanings of many such dreams in our 22-page booklet, "The Meaning of Dreams," a famous psychologist tells you how to read the messages in dream images and symbols, get light on four vital problems.

Send 20c in coins for your copy of "The Meaning of Dreams" to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address, and the name of booklet.

Name _____ Street Address _____ City _____ Province _____

Living & Leisure The Woman's Realm

PRAYER FOR A PILOT

Lord of Sea and Earth and Air, Listen to the Pilot's Prayer— Send him a wind that's steady and Grant that his engine sings the song Of flawless tone, by which he knows He shall not fall him where he goes; Landing, gliding, in curve, half-roll, Grant him, O Lord, a full control, That he may learn in heights of Heaven the rapture altitude has given. Who shall know the joy they feel Who ride Thy realm on birds of steel. —Cecil Roberts.

AMUSING HEADDRESS

Pearls in multi-strands go with everything and everywhere. Such pace-setters as Mainbocher and Fira Benenson use them with practically every costume. Also with many costumes you will see shown a small amusing headdress. Change-about accessories are liked, in particular the skirt-screen of Clapham fabric that transforms a short, slim dinner dress into a full-length evening gown.

To clean zinc, wet a cloth with kerosene and wipe it off. This removes all the grease and spots.

MATCH BOOK SEWING KIT

Match books can be converted into handy sewing kits that will fit into the smallest purse and mend many an ailing stocking. First use up most of the matches in the normal way and then cut off the heads from the rest. Wind thread on each match and secure the loose ends in a slit at the top. A needle and pin cushion is provided by lining the book with flannel or thin felt. If you want to be really fancy, or give them away for gifts, cover the outside with cloth. The real trick is in faithfully "dally dipping" stockings in suds to remove damaging perspiration and restore elasticity, and so avoid necessity for much mending.

Housewives are again reminded that there will be a shortage of glass jars and glass and tin containers during the coming season opens June first, and are urged to save every type of glass jar for use at that time. It has been assured by the Ration Administration that sugar will be available to preserve all surplus summer crops. Saving of wax is also urged and the careful preservation of the precious rubber rings which are also likely to be very scarce.

When it is necessary to dry clothes in a small space indoors best results can be obtained by putting up parallel lines about two feet apart, pinning each garment on both lines. For example one shoulder of a shirt is pinned on one line, and the other on the opposite one.

For a different flavor, drop a teaspoon of honey in the centre of cooled apples when getting them ready to bake.

CLEAN WAFFLE IRON WITH STIFF BRUSH NO SOAP OR WATER

Every waffle iron needs to be cleaned from time to time so that it will continue to make good waffles. For this reason Consumer Information Service suggests the following three cleaning steps be remembered.

(1) Brush the baking surface of the waffle iron with a very stiff brush.

(2) Never use soap or water, but grease the baking surface with unsalted fat.

(3) Heat the waffle iron to baking temperature. Allow it to cool, and then wipe off excess grease.

CLIPS FOR BABIES APPEAR IN BRITAIN LIKE MUSHROOMS

With fathers in the army and mothers working in munition plants filling shells and doing other essential jobs, thousands of British babies are being boarded out in day nurseries. In Canada also day nurseries are being found in various parts of the country.

All over Britain in the large industrial centres particularly, nurseries have been opened where mothers, who in war work can leave their children in the morning, and then collect them as they make way home in the evening.

These clubs for babies are busily at work. They are run by mothers from one to five can send the day sleeping, playing games, eating nutritious well-balanced meals, and generally having fun.

The children receive medical care, and a health staff is prepared for each one of them. In many cases it has been found that babies from home areas with the children. Those who are temperamental and difficult to handle become easier to manage, and the delicate children become more robust.

TIP OFF DRY CLEANERS

It's a good idea when having dry cleaning done to pin a note to each garment identifying them, whether a food, vegetable, medicine, etc. A quality dry cleaner will know immediately what spotting agent to use without wasted time in testing, and everyone's time is precious these days.

CATCHING COLD?



When you feel those first symptoms—a scratchy throat or that stuffed-up "grumpy" feeling, there are two good reasons why you should take Alka-Seltzer. It helps to alkalize your system and to counteract the effects of excess acid. And secondly, it contains agents which help to bring welcome relief from the misery of a cold.

Sparkling... Refreshing

Drop one or two Alka-Seltzer tablets in a glass of water. Drink when it stops effervescing. Write for free sample. Address Miles Laboratories Limited, Dept. 2-10 167 Dufferin St., Toronto, Ont.

THE COOK'S CORNER

SAUSAGE TURNOVERS

Have you forgotten these old favorites? One cup each sausage meat, chopped ham and boiled rice, 1 egg, 1 teaspoon Worcestershire sauce, just enough milk to mix, plain pie pastry—your best. Fry the sausage meat slowly for 10 minutes, stirring constantly. Drain off the fat. Add ham, rice and sauce, mixing well. Beat egg thoroughly and add to mixture. Roll pie paste thin and cut in 4-inch squares. Place 2 table-spoons meat mixture in centre of each square. Moisten edges with water and fold into triangles. Close edges with a fork. Prick tops and bake at 400 degrees. Fahr. for about 15 minutes.

Dorothy Dix Says—

MOST GRINDING TYRANTS SHOW TRUE COLORS AFTER MARRIAGE

Man Lucky When Female Hitler Reveals Fell Purpose Before Knot Is Tied

DEAR MISS DIX—I am engaged to a girl and we plan to be married in the near future, but although I love her very much, I hesitate because of the conditions she imposes upon me. She is of the dominant type and she has made it plain to me that I must ask her for every cent that I need, which she figures should not be over \$2 a week. Being a fellow who is used to having money to spend, I feel that I wouldn't enjoy having to ask my wife for the price of a package of cigarettes and have her refuse because she had already given me my day's supply.

Besides handling all the money, she wants to pick out my clothes, tell me what I can do and what I can't do, select my friends and amusements, and supervise my diet, and otherwise treat me as if I were a small child and not very bright at that.

Now I love this girl and I would do almost anything in the world for her, but I think she is asking too much when she expects me to give up all my personal freedom when I marry. If I should marry under her terms, I would feel that the statement "I am a man no longer" would fit me to a tee, and I know I couldn't be happy as a mouse. What about it, Miss Dix?

WOMAN AT WORK: BY-PASS ALTAR

ANSWER—If ever a man's Guardian Angel was shrieking warnings to him to side-sleep the altar, you are it, and female Hitler before you signed a life contract with her to be her stooge, astute enough to keep their fell purpose of enslaving their husbands hidden until after the knot is tied. Before marriage they are as meek and and it is only after their marriage that they show up in their true colors as grinding tyrants.

One of the most pitiful creatures on earth is the henpecked husband whose wife always walks in front of him, and tells him where to sit in any public place, who buys his clothes and answers for him when he is spoken to, and who would not more dare to make any suggestion in his own home than he would to commit any other act of lese-majesty. No by a rule-or-ruin woman. So watch your step, and when Angelina be telling you what she is going to make you do after marriage, flee for your life and liberty.

And particularly be wary if Sweetmeats announces that she is going to be the family banker. That automatically establishes her as the head of the house will be HER house, and you will be lucky if you have one hook in a bus when she wants to use it. They will be HER children, and you won't be permitted to have a word to say about their bringing up.

Of course, in the end the wife does handle practically all the money a man makes, but he keeps some semblance of authority as long as he is permitted to have a word to say about their bringing up. Every man who looks at a henpecked husband thinks this couldn't happen to me, but it can, and that is why a wise man keeps a weather eye out for signs of the dictator complex in a girl before she asks the fatal question.

DEAR DOROTHY DIX—I have been engaged to a young man whom I love very much but, although I was as true as steel to him and gave him my word of honor, he has been making me miserable by his jealousy. The other day, only about three months before the date set for our marriage, I told him I was through with him, and that it was on account of his continual jealousy, and that if I were married to him that I would be a miserable slave to him for the rest of my life.

And that was how Mrs. Maturin found her. Sitting there, just staring into the fire—her dear, faithful, sweet-tempered Grace! Oh, Grace, whatever is it? Mrs. Maturin's face was flushed because she had just said good-bye to Dr. Warner. She had discussed the question of evacuees from end to end and decided against them. Dr. Warner and another plan that she was going to divulge to Grace. "Oh, Grace," she said and groaned with anguish. Below her a quick glance she took in the un-drawn curtains and ran to them. And then she switched on the light. "I ought to have gone to the drawing room," Grace got up. Her soft round face was troubled and she dug her nails into her forehead.

"I tell me why you look so miserable," Mrs. Maturin had a soft, quick way of speaking. "Come into the drawing room and tell me. I have something to tell you, too. Something to consult you about. I know what it is. It's about evacuees. I can't stay if you have evacuees. At least I can't, but I'll break my heart." Mrs. Maturin said, flung her apron over her head and wrenching her hand out of her mistress's grasp, "I know I'm selfish, but they'll mess up my lovely kitchen and I can't stand it."

"Grace, dear, listen," Mrs. Maturin was trying not to laugh. "Grace, dear, I can tell you now that it isn't evacuees. Come along, you darling old thing, and I'll tell you there."

"Let me wash up the tea this first," said Grace briskly, wiping her eyes, she sniffed and sat up. "You go back, ma'am, and I'll come in a minute or two."

As Mrs. Maturin walked back into the drawing room she reflected that she was really frightfully selfish—her one thought in the matter was to get her own little battle carriage—that nothing, nothing must be allowed to interrupt her leisurely comfortable daily life. At least nothing must be allowed to disturb the comings and goings of Dr. Warner which really filled her life to the exclusion of everything else except her son.

But now, here was Grace. Mrs. Maturin turned and smiled, self-satisfied over to the fire and sit down. "Thank you, mum."

"Now then, Grace," Mrs. Maturin began. "While Grace listened with her nice old face intent. "What do you think of the idea, Grace?" Mrs. Maturin asked the question after a little pause.

"Well, mum," Grace lifted trust-

Needlecraft For The Home

FOR A CHERRY GOOD MORNING

Make This Pretty Home Dress Wake up in the morning and slip quickly into this gay house dress and as a result you will be singing in your kitchen all day. No one else that if you look pretty and gay, you will feel the same way. You can make this dress in a cheerful check and trim it with contrasting braid and you're all set for the morning's work.

Style No. 2033 is designed for sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 3 1/2 yards 38-inch fabric with 3 1/2 yards ric rac.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish. Style No. 2033

Name _____ Street Address _____ City _____ Province _____

Victory For Love

By PAMELA WYNNE

CHAPTER II While Dr. Warner and Mrs. Maturin talked in the drawing room, Grace sat in the kitchen having her tea and feeling miserable. Something was on her foot. She could tell it from her mistress's expression. A lot of dirty evacuees, that's what it was. Mrs. Mills had them and couldn't say anything bad enough about them. The next thing would be that Pole Star House would be full of them. "I won't stay," Grace over her tea. "I won't stay, even for the mistress I won't stay and clear up after a lot of dirty monkeys such as they are."

But the mistress said that Grace knew she would stay, and was sitting there wondering how she would be able to bear it. Months and months of it, perhaps years—because no one knew how long this war would last.

And then in front of the bright little fire they began to talk. The little lamp shed a rosy glow over everything while over in the gathering darkness a flight of ducks winged its way to a near-by lake.

"Never have so many owed so much to me," Mrs. Maturin's words leapt into Mrs. Maturin's mind as she heard the roar above. She shut her eyes and thought of the great war that was going on. The new thing was to interest Grace in the great war that was going on.

"What have you come to see me for so early?" asked Nettie. "I could tell by your voice on the phone that you were bursting with something."

"Well, it's this. To begin with I can tell you that Grace is first. I know you'll ask me 'What's his first name?'"

"Then proceed," Nettie's clever face was lit up. "Lying a cigarette she blew out a cloud of smoke and composed herself to be really interested."

"What would you suggest?" Nettie picked up The Times from a chair. "Turning to the back page she read her finger down a column of military objectives, a small private hotel has accommodation for four evacuees. Mrs. Maturin asked the question after a little pause."

"Well, mum," Grace lifted trust-

How to Make a Splendid Cough Syrup at Home

A Big Saving, and It's So Easy! No Cooking! Cough medicines usually contain a large quantity of plain syrup—a good ingredient, but one which you can easily make in your own kitchen. Take 2 cups of granulated sugar and 1 cup of water and stir a few moments until dissolved. No cooking! No trouble! Or you can use corn syrup or liquid honey, instead of sugar syrup. Then get from your drugstore 2 1/2 ounces of Pinex, pour it into a 16 ounce bottle, and add your syrup. This gives you 16 ounces of really splendid medicine for bad winter coughs. It makes a real saving for you, because it gives you four times as much cough syrup for your money. It lasts a long time, never spoils, and children love it. This is a very effective and dependable quick-acting cough medicine for the whole family. Quickly, you feel the penetrating effect in the throat, the irritates the phlegm, soothes the irritated membranes and makes breathing easy. You will be delighted to find its effect in clearing up coughs. Pinex is a special compound of proven ingredients, in concentrated form it is well known reliable coughing agent for winter coughs. Money refunded if it doesn't please you in every way.

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LUX TOILET SOAP

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been received from housewives in the region. The answers are prepared by the Board. Readers who have intelligent questions to ask or want to see their questions printed in writing to the Women's Price Advisory Committee c/o the Chappell Building, Charlottetown.

Q. May a person send some of the butter received on his ration card to civilian friends in Great Britain? A. Yes.

Q. How are we to obtain butter if No. 9 coupon is still attached to No. 1 ration book when we hand it in to obtain a new ration book? A. When you apply for your new ration book, the old book will be handed back to you along with the new one because the old book contains coupons which may still be used after the new book has been issued.

Q. For a family of three adults, how much butter is allowed on coupons 7 and 8 due Feb. 1st to Feb. 28? A. Brown share "C" butter coupons 7 and 8 will buy one pound for three adults, three pounds would be allowed.

A Morning Smile

"What made you become a night watchman?" John asked his uncle. "Well, said uncle, 'with a wife and eight kids I never could get near the fire at home!'"

Sandy McTavish and his wife paused thoughtfully in front of the restaurant bearing a sign: "Dinner Here From 12 to 3-30c."

"Come, Annie," Sandy said approvingly. "Three hours' wait for fifty cents is verily reasonable."

Painful, Chapped Lips Avoided

Soreness Instantly Relieved. Sore, chapped lips make life miserable in cold weather. Painful and unsightly cracked, rough surfaces are easily infected. Don't run this risk! Prevent chapping with Lypsil. Its wonderful emollient action protects the delicate membrane, keeps the lips always becoming dried out by cold, biting winds so that lips stay smooth and soft in all weather. When lips are already chapped, Lypsil gives quick relief, seals the wounded membrane against dangerous germs, hastens natural healing. Get Lypsil today and use it regularly. Sold everywhere in handy stick form.

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