Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern By Annebelle Worthington

How? By ordering a copy of our new Fall and Winter Fashions. It gives the answer to the often asked question, "How does she do it?" For it shows how to dress up to the minute at little expense. You can save on every dress and save on the children's clothes too. That means more and better frocks for you and yours. Order your copy now. Just enclose 10 cents in stamps or coin and mail with your name and address to Fashion Department.

No. 2678. Size .....

Name

Street Address

City State

For tiny folks of pre-school or kindergarten age, there is nothing so smart and practical as bloomer frocks.

Take a length of material and cut out the front and back of the dress and you are ready to start. Stitch the tucks and cut from neck at center-front for opening and bind edges. Sew the applied front band flat to the dress. Sew sleeves into armholes and collar to neck and it is finished. Seam bloomers and insert elastic.

Style No. 2678 is designed for sizes 2, 4 and 6 years.

Sprigged dimity, dotted cotton broadcloth, linen, printed bastiste and gingham checks are fashionable materials.

Size 4 requires 1½ yards of 35-inch material with ⅝ yard of 35 inch contrasting and 2 yards of binding.

Pattern price 15 cents in stamps or coin (coin preferred.) Be sure to fill in size of pattern. Address Pattern Department. Spend 10c to save $10.

Rheumatism 23 Yrs Discovers Way to Banish all Pain

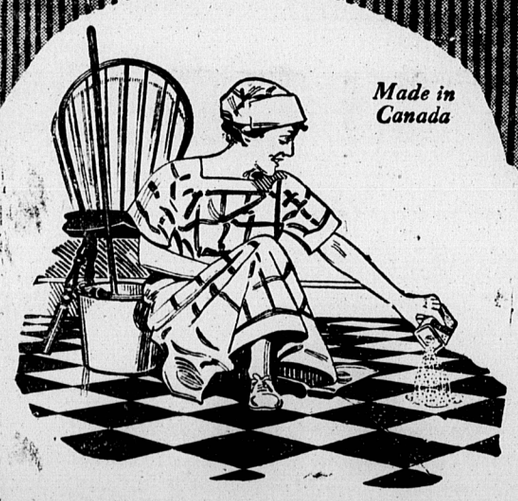
Nothing Helped Till She Took "FRUIT-A-TIVES"

"Had rheumatism for 23 years. Hospitals couldn't help me. Was in bed when I took 'Fruit-a-tives.' They have done wonders. Can do my work and no more pain." — Mrs. A. N. Field, Wynyard, Sask.

Just one of thousands who say rheumatism, neuralgia, neuritis fly away quick with "Fruit-a-tives." Chronic constipation and liver troubles end overnight. Bad stomach, biliousness, indigestion, heartburn, gas vanish like magic. Kidney and bladder ills, pain in back go in hurry. Nerves quiet, sound sleep at once.

Ten of nature's greatest remedies combined in handy little tablet. Marvelous discovery of famous Canadian doctor. Speedy results.

Get "Fruit-a-tives" from druggist today. Sleep fine, wake up great.



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Bon Ami never injures the surface it cleans. It *does not scratch or scour off* the dirt and grime, but *blots it up*. Never reddens or roughens the hands.

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Powder and Cake — every home needs both

"Hasn't Scratched Yet"

Bon Ami

Dorothy Dix

Can Wives Be Courteous To Their Husbands? Decides It is Perfectly Possible

"Because Marriage Isn't All One's Fondest Fancy Painted It, Why Throw Up One's Hands and Quit?—Why not make The Best of It, as We do of Any Other Enterprise"

A woman who signs herself "A Mere Wife" writes me that she considers my theory that husbands and wives should carry the amenities of courtship into marriage and make as great an effort to be pleasant and agreeable to each other after marriage as they were before marriage, to be all blah, as the intelligentsia say.

She declares that the thing can't be done. At any rate not by wives.

"In the first place," she says, "the girl was not annoyed by a man who rose at 4 o'clock in the morning and hammered and sawed around the house and woke everybody up. She got undisturbed, refreshing sleep, and didn't start the day on a nervous strain.

"At the time she yes-yesed him before marriage he wasn't planning anything more important than a picnic, or which theatre to go to, so it was easy enough to fall in with his plans, but it is a different story when a husband is determined on fixing up a home to suit himself regardless of her taste, or when he is going into debt beyond seeing his way out. And how can an intelligent wife always agree with her husband when she enjoys high-class entertainment and he likes nothing but a silly comedy?

"And how can a wife continually compliment and flatter her husband's business ability when he can make money for those he works for, but brings very little home.

"It is easy enough for a girl to be pleasant and amiable before marriage, because then she has nothing to worry about, but it is a different story when she has several little children who keep her on the jump all day and far into the night.

"Before marriage when her date suggested taking the girl to an entertainment, he was spending his own money so she could well be amenable to his plans and go wherever he took her. But when she has worked as hard for the money that is paid out for amusement as he has, she has a right to choose where they go.

"Before marriage the wife could make the most of her good looks by patronizing the beauty parlor and dolling herself up, but after marriage the money has to go for food and rent and baby specialists and to keep husband making a good appearance, and there is precious little left for the wife.

"And before marriage the girl could be sweet and optimistic because she didn't have a lot of people-in-law trying to boss her.

"Before marriage a girl is eager and enthusiastic because she thinks the man she is going to marry is a fairy prince, and that her marriage is going to be a little bit of heaven on earth, and after marriage she is disillusioned and discouraged and tired, and she has found out that her husband is just a plain, ordinary man, who has to be handled like a spoiled child, and that marriage is nothing but cooking and sewing and baby-tending, and anxiety about where the rent money is coming from.

"And that's why a lot of us wives don't apply the technique of courtship to marriage. Conditions have changed. The men have changed. We have changed. Courtship is one thing, and marriage is something else yet again, Mawruss."

But so is everything else in the world. There is disillusionment in everything. Nothing in life ever comes up to the flamboyant pictures our imaginations paint when we are young. We are all like the child who went to the circus and wept to be taken out so that he could look at the posters that were hanging on the outside, and that were so much more thrilling and exciting and hair-raising than the actuality on the inside.

And that's why it always seems to me that women are poor sports when they howl to heaven because they discover that marriage is not a gay romance, but just a daily grind of keeping house and taking care of children and putting up with the faults and foibles of a man who has ceased to be a lover and just become papa who pays the bills.

No one will deny the hardships of such a fate. No one will claim that such a lot is full of excitement and thrills, but neither is any other human destiny a sinecure. There is no way a woman can stop the hands of the clock and remain always sweet-and-twenty, with the carefree heart of a girl. In one way or another she is bound to meet the responsibilities of life.

Of course, courtship and marriage are different. Of course, marriage does bring with it burdens and responsibilities. Of course, the money that used to go for luxuries now goes for necessities. Of course, the man says it with pork chops instead of orchids. Of course, no man and woman on earth can think alike on every subject and have the same tastes and desires.

But because marriage isn't all one's fondest fancy painted it, why throw up one's hand and quit? Why not make the best of it as we do of any other enterprise into which we have gone? Why not use the same tact, the same suavity, the same flatteries, the same consideration in dealing with our husbands and wives that we used in dealing with our sweethearts?

We know the bait that caught our poor fish. Why not continue to use it?

DOROTHY DIX

"Tomorrow has always been for me a more fascinating day than yesterday or the day before that."—Sir Thomas Lipton.

"Getting married, like getting hanged, is probably a great deal less dreadful than it has been made out.—Henry L. Mencken.

Purity Flour Cakes Keep Fresh

A cake shown at Toronto Exhibition made from this Recipe kept fresh for five days in the heat and air without protection. Make it today—with Purity.

1 cup of white sugar, ½ cup butter, cream together, add 2 beaten egg yolks, ½ cup milk and water (lukewarm), mix 3 teaspoons baking powder in 1½ cups of PURITY FLOUR, pinch salt, 1 teaspoon vanilla, beat egg white stiff and stir in mixture. Bake in moderate oven (375°) for 20 minutes.

Purity is a strong, rich Flour made from Western hard wheat—gives you that "better flavor" baking you want. "Still the best for bread."

Send 30c for Purity Flour Cook Book.

Western Canada Flour Mills Co. Limited Toronto 308

PURITY FLOUR

Look for our Company's name on the Purity Flour sack. It is your guarantee of quality from a responsible milling concern.

How To Pack A Suitcase

There are two expert ways of packing a suitcase. One is to fold everything flat and lay the things in piles, fitted neatly together. The other is to roll the garments and fit the cylindrical bundles into the case. In each instance, whether tissue paper should be put in such places as will prevent frocks from getting creased.

The tissue paper is needed to stuff into sleeves at the arm sizes when garments are folded, and to lay between folds of the goods. When dresses are rolled, the paper and frock are rolled up together. This brings the paper next to the goods.

As in all packing in which paper is put with the things, it must not be laid flat, but be crushed, and so form a soft padding. Only so will it be of value. The garments should not be rolled or folded too tightly but they should not be too loosely packed. Nothing is more sure to make creases in garments than to have them shift about in a suit case, trunk, or any luggage. It must be remembered that the luggage is not always right side up. It must be so packed that the articles will remain in the places they are put however much the containers are banged about.

Hats that are felt or crushable straw are the things to take when travelling, for they offer no difficulties in packing. If a stiff straw must go, the entire packing of a small container, such as a suit case, has to be adapted to it. Fill the crown with handkerchiefs, stockings and any articles that can be stowed in without altering the shape of the crown. Make a nest of lingerie, stockings or anything that can be coiled and fit the crown into it, having the brim uppermost. Gently force the articles against the crown so that it is firm. It will not give because of the things inside it. Lay the folded or rolled articles in the remaining space. There may be room above the hat to lay some things in a suit case. If the hat has a brim, pack under it so the shape is not bent.

Shoes are so awkward to pack that women who take several pairs sometimes take separate holders for them. If the shoes are packed in the luggage, put them along the sides. Fill the toes with soft pieces or with crushed tissue-paper, to keep the shoes in shape. If articles are put in, the room is used advantageously. It is possible to so deftly pack the inside of shoes and stow things about, that little room is wasted. By putting the shoes along the sides of luggage, the entire centre space is left for garments.

Wonder of Women

Intimate lives of other people are always interesting when accurately portrayed. When, added to this interest, one has gripping drama, poignant heart interest and a talented cast, one has the ingredients of a truly great picture.

Such is "Wonder of Women," Metro-Goldwyn-Mayer's vivid drama of the life and loves of a German composer, now playing at the Capitol Theatre, with talking sequences and sound synchronization. The genius of Hermann Sudermann went into it, for it was adapted from his novel, "The Wife of Stephen Tromholt."

The story is an intimate tale of German life, dealing with the life and loves of a German composer and the wife to whom he always returns as his one great love. Lewis Stone plays the husband, "Tromholt," in a splendidly balanced performance, and Peggy Wood, famous stage star, makes a living, breathing reality of the wife. Leila Hyams is a beautiful charmer as "Karen," the opera singer.

Sarah Padden as the family servant, Harry Myers as the cynical music critic, George Fawcett as the old doctor, and others of note are in the cast.

Brown's deft human touches in the intimate home scenes and in Peggy Wood's dramatic encounter with the thief of her husband's love, are cleverly handler, and the settings, including an entire replica of a German town, railroad stations, trains, and a huge Berlin opera house, are specially realistic.

Etiquette

By Roberta Lee

Q. What might be called "the very height of discourtesy in conversasation?

A. To break constantly into the speech of other persons.

Q. Where should high heeled shoes never be seen?

A. On the golf links, in the business office, and on the country road.

Q. If an automobile party stops for refreshments, should the chauffeur be included?

A. Yes; but at a separate table.

The evening mode often centres its interest in the back, as is shown in the decolletages in the Vogue sket at the left above. On the right is the photograph of a smart evening gown showing the famous T-back feat ed by Patou. The material is black velvet.—Sketch by Vogue.

A Morning Smile

A colored woman went to her husband's physician and said: "Doctah, ah's come to see if you' am gwine to ordah Rastus one of dem mustard plasters again today?"

"I think Mandy, perhaps he'd better have one more."

"Well, he says to ax yo' kin he have a slice of ham wif it, 'cause it's mighty pow'ful to take alone."

::Miller's Worm Powders will purge the stomach and intestine of worms so effectively and so easily and painlessly that the most delicate stomach will not feel any inconvenience from their action. They recommend themselves to mothers as a preparation that will restore strength and vigor to their children and protect them from the debilitating effects high result from the depredations of worms.

"Men make gods and women worship them."—Dean Inge.

"International ownership is a guarantee of peace."—Lord Beaverbrook.

MARITIME DINNER TO BE HELD IN HAMILTON, ONTARIO ON MONDAY, OCT. 27TH

The Hamilton Chamber of Commerce in co-operation with the Maritime Provinces Trade Commission will hold a Maritime dinner in the Royal Connaught Hotel on Monday, October 27th at 6.15.

The menu will consist entirely of products of the Maritime Provinces and the speaker of the evening will be Mr. E. D. MacPhee, President of the Maritime Provinces Association of Toronto.

The thought behind this dinner is to give the citizens of Hamilton a definite idea of the assortment, variety and quality of the products of the farms and rivers of Nova Scotia, New Brunswick and Prince Edward Island.

Mr. R. W. E. Burnaby, Maritime Provinces Trade Commissioner is assisting the Chamber of Commerce. It is expected that there will be a large attendance of Hamilton manufacturers and other business men present.

Make dresses bright as new!

DIAMOND DYES are easy to use; go on smoothly and evenly; NEW. Never a trace of that re-dyed look when Diamond Dyes are used. Just true, even, new colors that hold their own through the hardest wear and washing.

Diamond Dyes owe their superiority to the abundance of pure anilines they contain. Cost more to make. Surely. But you pay no more for them. All drug stores—15c.

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Canada for years led the world in aerial surveying, and during 192 consolidated that leadership by applying for the first time in any country aerial methods to geodetic recon naissance and transportation.

"It feels as soft as silk"

"CEETEE"

UNSHRINKABLE UNDERWEAR

At all good dealers in weights, styles and sizes for everybody. Always insist on Underwear bearing the "Ceetee" Sheep trademark, the sign of quality.

There are people who imagine they cannot wear wool. People who associate woolen underwear with clumsiness and skin-irritation. To these people "Ceetee" Pure Wool Underwear proves a revelation. Soft as silk, soothing to the skin; light yet healthfully warm, perfectly fashioned to fit easily and unconditionally guaranteed against shrinking, "Ceetee" meets the most fastidious requirements. Ask your dealer for Canada's Finest Underwear.

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