

Woman's Realm Social and Personal Fashions Literature

WHEN CHILDREN Catch Cold

It is usually because their resistance is lowered.

Build up their vital reserves of strength with the aid of Father John's Medicine. This body-building medicine has been used successfully for over 85 years both in the treatment of colds and to help rebuild strength and vitality. Free from alcohol and harmful drugs, it is absolutely safe for children and adults.



Made in Canada

Father John's Medicine

Dorothy Dix Says—

PATCHED UP MARRIAGES SURE TO SHOW PERMANENT CRACKS Youthful Ideals Trampled Into Mire When Husband, Wife Become Unfaithful

DEAR MISS DIX—I am a member of a profession in which a man needs to have peace of mind and heart. I was successful until a short time ago when my wife had a love affair with another man. I broke it up, but it broke me up, too, and I was so miserable, went to another woman for consolation. But I was not made for the double life and I became so disgusted with my own conduct that I repented and confessed everything to my wife. I expected forgiveness, but she became very bitter towards me and my life is very unhappy.



I have left the city I lived in and located in another place, but I have little heart for my work or interest in it. Do my wife and I have much chance for happiness together now? We have several children.

DISILLUSIONED.

CRACKS IN LOVE CANNOT BE OBLITERATED

ANSWER—After a husband and wife have been unfaithful to each other they naturally cannot have the same sort of married happiness that they had before when they trusted each other. They have been disillusioned, disappointed. Their ideals have been trampled into the mire. Their alabaster vase still there and the mended places show.

But, it seems to me, that it should be easier for two sinners to forgive each other than it would be if one had been faultless and the other a betrayer. It must be hard for saints to ever understand sinners, or for the sinner to sympathize with the weak, or for the full-fed to be able to excuse the starving for stealing bread.

The sinners' souls who have never felt any temptation cannot comprehend why everyone does not walk the straight and narrow path as emotions and impulses will lead to ever understand sinners, or for the sinner to sympathize with the weak, or for the full-fed to be able to excuse the starving for stealing bread.

So, this being the case and you and your wife both being weaklings who have fallen into the same pit, why cannot you forgive each other cause of your knowledge of your common frailty you may be drawn closer together.

You remember in Barrie's lovely little play "The Twelve Pound Look" how the wife who has left her smug husband to go and live among poor common people says: "And they say 'poor soul' to me and I say 'poor soul' to them, and we are happy together."

So my advice to you is to pull yourself together. Quit thinking about your nerves and whether you are happy or not and plunge into your work so you will not have too much time to think. And not only forgive your wife, but forget, and make a happy, cheerful home for your children.

DEAR MISS DIX—It is bad luck to keep old love letters? I have quite a collection and I wouldn't want to get rid of them because I love to read them over once in a while.

LOU.

OLD LOVE LETTERS WILL HOOODOO MARRIAGE

ANSWER—It is the worst possible luck to keep old love letters. They will hoodoo practically any marriage so take my advice and make a bonfire of them and every other sentimental trinket that you have, including all of your old beaux' photographs.

Of course, women like the mischief to do this, because their old love letters are a tie that binds them to their youth and when they get instead of fat, middle-aged women, and they are still young girls again bands are growing over the time to know that there was one once who earth and that he would give them the moon if they wanted it, and that they have the written words to prove it!

But all the same, the little packets of yellow old letters tied up in faded blue ribbon can wreck a home as surely as a dynamite bomb, sentimentalize over her old sweetheart and wish she begins to sentimentalize over her old sweetheart and wish she had married him.

And, anyway, it isn't fair to the men to keep their old love letters, for they have long ago forgotten that they were ever guilty of such foolishness as writing such words.

DEAR MISS DIX—My husband and I are in our late forties. We have reared our family and made a good job of it and they are all fine scattered about in different cities, and we are by ourselves and lonesome. Now we both want to have a little girl, I would like to have one who has no love letters and we would like to adopt a little girl, would like to have one who has no show in life and whom I could make into a good woman by God's help, and who would bring happiness to us.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in the Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Reader's Service who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. Where do I get my ration coupons for evaporated milk?
A. If you are eligible for evaporated milk coupons you may get them at your Local Ration Board office. To be eligible for coupons you must have a medical certificate or a consumer's application form signed by a practicing physician. However if you are not in the eligible group you may still get evaporated milk at your retailers. Part of his stock has been set aside specifically for babies and those who need evaporated milk. Any other stock is free stock and can be sold without coupons.

Q. Recently the Board announced an increase in the ration of honey and syrups. Does this mean that I can now get more than a half pound of sugar with my "D" coupons?
A. No. The half pound of sugar per "D" coupons remains unchanged.

Q. I see that evaporated milk is now partially rationed in this country. Can you tell me if it is also rationed in the United Kingdom?
A. Yes. Evaporated milk is strictly rationed there under the points system, the allowance being four points per tin.

Q. I have left the city I lived in and located in another place, but I have little heart for my work or interest in it. Do my wife and I have much chance for happiness together now? We have several children.

DISILLUSIONED.

CRACKS IN LOVE CANNOT BE OBLITERATED

ANSWER—After a husband and wife have been unfaithful to each other they naturally cannot have the same sort of married happiness that they had before when they trusted each other. They have been disillusioned, disappointed. Their ideals have been trampled into the mire. Their alabaster vase still there and the mended places show.

But, it seems to me, that it should be easier for two sinners to forgive each other than it would be if one had been faultless and the other a betrayer. It must be hard for saints to ever understand sinners, or for the sinner to sympathize with the weak, or for the full-fed to be able to excuse the starving for stealing bread.

So, this being the case and you and your wife both being weaklings who have fallen into the same pit, why cannot you forgive each other cause of your knowledge of your common frailty you may be drawn closer together.

You remember in Barrie's lovely little play "The Twelve Pound Look" how the wife who has left her smug husband to go and live among poor common people says: "And they say 'poor soul' to me and I say 'poor soul' to them, and we are happy together."

So my advice to you is to pull yourself together. Quit thinking about your nerves and whether you are happy or not and plunge into your work so you will not have too much time to think. And not only forgive your wife, but forget, and make a happy, cheerful home for your children.

DEAR MISS DIX—It is bad luck to keep old love letters? I have quite a collection and I wouldn't want to get rid of them because I love to read them over once in a while.

LOU.

OLD LOVE LETTERS WILL HOOODOO MARRIAGE

ANSWER—It is the worst possible luck to keep old love letters. They will hoodoo practically any marriage so take my advice and make a bonfire of them and every other sentimental trinket that you have, including all of your old beaux' photographs.

Of course, women like the mischief to do this, because their old love letters are a tie that binds them to their youth and when they get instead of fat, middle-aged women, and they are still young girls again bands are growing over the time to know that there was one once who earth and that he would give them the moon if they wanted it, and that they have the written words to prove it!

But all the same, the little packets of yellow old letters tied up in faded blue ribbon can wreck a home as surely as a dynamite bomb, sentimentalize over her old sweetheart and wish she begins to sentimentalize over her old sweetheart and wish she had married him.

And, anyway, it isn't fair to the men to keep their old love letters, for they have long ago forgotten that they were ever guilty of such foolishness as writing such words.

DEAR MISS DIX—My husband and I are in our late forties. We have reared our family and made a good job of it and they are all fine scattered about in different cities, and we are by ourselves and lonesome. Now we both want to have a little girl, I would like to have one who has no love letters and we would like to adopt a little girl, would like to have one who has no show in life and whom I could make into a good woman by God's help, and who would bring happiness to us.

Home Service

These Poems Are Beloved and Read by All



MEMORY POEMS

"And the little toy soldier is red with rust,
And his musket moulds in his hands.
Time was when the little toy dog was new
And the soldier was passing fair,
And that was the time when our little Boy Blue
Kissed them and put them there."
—Poignant words from the well-known poem "Little Boy Blue," by Eugene Field.

Our 32-page booklet is full of poems that have been read over and over again by lovers of good poetry—songs that are ageless because they have appealed to many generations.

They are beloved because they speak in simple language of the things that move us most deeply—love, religion, nature, children, hope and courage. Some you know already; a few have been heard as songs.

Among them you will find words to cheer you on the way—
"I am the master of my fate;
"I am the captain of my soul."
—Strong words from William Ernest Henley's "Invictus."

Send 15c in coins for your copy of World's Best-Loved Poems to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
City _____ Province _____

NEWSPAPERMAN 65 YEARS WARRINGTON, (CP)—George Archer, sports editor of the Warrington Guardian, received a pre-announced recently to mark 65 years' service with that newspaper.

For STRAINS, SPRAINS and SORE MUSCLES

OLYMPENE

THE ANTISEPTIC LINIMENT

Living & Leisure The Woman's Realm

Some has meat and canna eat,
And some would eat that want it;
But we hae meat, and we can eat,
See ye, the Lord be thankit.
—Robert Burns.

COLOURFUL AND NEAT

When furnishing the new kitchen, don't haphazardly pick out different sized bowls just because they are "so pretty." Nests of bowls come in lovely soft shades and also in the carnival shades and take just one spot on the pantry shelves where all those odd bowls must have a place of their own.

DON'T MAKE SOAP AT HOME

Home soap-making is an indirect blow at our armies in the field, for they are utterly dependent upon the steady flow of munitions which, in turn, depends upon the production of glycerine from salvaged waste fats, according to Roger Charbonneau, provincial supervisor of salvage.

Few persons realize that a shortage of fats might well be as disastrous to our war effort as a series of major defeats. However vast our manufacture of armaments, whatever all-time records of war production we achieve, all will be useless, unless we have enough fats to make the munitions for our weapons. Fats are the source of most glycerine, and glycerine is a basic essential in the manufacture of munitions.

Home soap-making operates against our cause in two evil ways. It is a waste of fats directly out of the Government's fat salvage campaign, and it also decreases the manufacture of commercial soap, which is the largest single source of major defects. However vast our manufacture of armaments, whatever all-time records of war production we achieve, all will be useless, unless we have enough fats to make the munitions for our weapons. Fats are the source of most glycerine, and glycerine is a basic essential in the manufacture of munitions.

Commercial soap is inexpensive and generally excellent in quality. Home-made soap is false economy. It is likely to contain free lye, highly damaging to skin and fabrics. Thus it is in reality far from being an economical product. The sprays and rinses of a few pennies is likely to be more than offset by the damage done to skin and clothing.

THE COOK'S CORNER

SPECIAL PEAR COBBLER

5 pears, sliced
1-2 cup sugar
1-8 teaspoon salt
1-2 teaspoon cinnamon.
2 tablespoons butter

Method: Peel and core the pears and slice into fairly thin slices. Arrange these in the bottom of a shallow baking pan. Mix the sugar, salt and cinnamon together and sprinkle over the apples and dot with butter.

Bake in a moderate oven (350 deg. F.) for about 30 minutes, or until the pears are almost tender. Meanwhile prepare the following topping.

TOPPING
1-4 cup shortening
1-4 cup sugar
1 egg, separated
1-4 cup milk
1-4 teaspoon salt
16 Graham wafers, crushed
1 teaspoon baking powder

Method: Cream the shortening and gradually crean in the sugar, then add the egg yolk, and salt and beat well. Crush the graham wafers finely and mix with the baking powder, then stir into the first mixture with the vanilla.

Lastly, fold in the stiffly beaten egg white and pour over the partially cooked pears.

Bake in a moderate oven (375 deg. F.) for about 30 minutes, or may be served hot or chilled—with cream or without any trimmings at all. This will serve 6 very well.

TO STORE COOKER

In storing a pressure cooker be sure it is clean and dry. Put the lid in a paper bag and turn it right side up on a shelf. Wadded newspapers in the kettle absorb excess moisture and prevent corrosion.

REMOVING SPOTS

Here are some rules on removing spots from clothes so as to lengthen their life:
Spots caused by chemicals should be treated before the garment is submerged in soap and water. When using a solvent, it's advisable to work from the outer edge toward the centre. Hems make good "guinea pigs"—try solvent on their undersides before applying it to the soiled surfaces.

Renew your sponge pads frequently and be sure to work in a strong, clear light. To simplify the removal of spots, it is suggested that a cupboard be equipped with small china bowls, bone spoons, a small glass rod, one or two clean pads of material, a fountain pen, blotting paper and some of the simpler agents for removing spots.

HINTS ON ETIQUETTE

Do not hold your cup of tea or coffee with both hands and with fingers planted on the table. It is bad manners.

BASKET OF TULIPS QUILT DESIGN



DESIGN NO. 888

Tulips, in delicate colors, in gray colored baskets make a beautiful quilt. Scraps may be used effectively. Pattern No. 888 contains complete instructions.

To order pattern: Write, or send above picture with your name and stamps to Needlework Bureau, Charlottetown Guardian.

Design No. 888

NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

WAKE UP VITALITY WITH THIS HOT BREAKFAST

Nature stored more of the great growth and vitality element—protein—in whole grain oatmeal—than in any other natural cereal you can serve your family! Today, with less meat protein available, your family needs this extra vitality protection of Quaker Oats more than ever! Quaker Oats is so outstanding that it contains nine out of eleven food elements short in many present day diets. Serve delicious Quaker Oats daily. Children simply love Quaker Oats. It's so smart to protect your family's health and vitality by serving the one best cereal when so many other foods are rationed.



QUAKER OATS

A Morning Smile

WRONG GUESS

In a bus was a dimmed man carrying a pair of women's shoes. He had evidently collected them from the repair shop, and was taking them home to his wife. But he had forgotten to supply his own packing material.

A man opposite was interested.

finally he leaned over, tapped the dimmed one on the knee, and said with a knowing wink: "Not letting you get away, eh, guv'nor?"

HONEST

The traveller put up for the night at a little country town, but his shoes outside the door to be shined but found them unshined the next morning. "I left my shoes outside and they weren't taken away and he began to say next morning. 'You might have left your watch there, too,'" interrupted the landlady. "we're all honest people here."

IN TEA & COFFEE

RED ROSE

MEANS QUALITY

Needlecraft For The Home

JAUNTY LITTLE SUSPENDER DRESS

For A Schoolgirl
A youngster always needs skirts and blouses as they are the most comfortable and practical thing for her to wear. A suspender skirt is a particularly good idea for an active child as it keeps her blouse in place and stays put itself—and the gored skirt of this suspender skirt is cut with a nice swing.

Style No. 3433 is designed for sizes 4 to 14. Size 8 requires 1 1/4 yds. 35-in. fabric for the jumper and 1 3/8 yds. 35 in. fabric for the blouse. Pattern is hand-cut to United States Standard Measurements and includes chart with step by step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name _____

Street Address _____

City _____ Province _____



3433
SIZES 4-14

Chest Colds To Relieve Misery Rub on Testud

VICKS VAPORUB

SEEK WORK IN U.S.
WASHINGTON (CP)—By mid-summer this year more than 57,000 workers from Mexico, Jamaica and the Bahamas Islands had come to the United States for agricultural employment.

Your Guarantee of Quality

FOR generations, the familiar "Chocolate Girl" trade mark has appeared on every Baker's Cocoa label. It is your assurance of quality cocoa, unvarying in strength and flavor.

For real satisfaction, always buy the famous cocoa which carries this distinctive trade mark. Prepare it according to the recipe on the package.

BAKER'S COCOA

A Product of General Foods

More and more women

SWITCH TO NEW IMPROVED LUX FOR WARTIME WARDROBES

—to make precious clothes last
—keep them lovely for the duration

Now when it's so important to make the clothes we have left, yet stay lovely, women are finding the answer in new, improved Lux! It's the mildest, safest Lux ever made. No more strong soaps or ordinary washday methods for them! To add months to the life of your nice things, join the Lux Daily Dippers and start giving all the personal things in your wash this extra-life, gentle Lux care. NOW MORE LUX FOR YOUR MONEY, AND REMEMBER, THE LARGE SIZE IS AN EVEN BETTER BUY!

The mildest, safest LUX ever made! Dissolves twice as fast. Richer, longer-lasting suds that do more work. New, bigger package—more for your money!

THRIFT TIPS
Stockings : : Buy stockings that are large enough and the right length. When dipping them in Lux, remove finger rings that may catch threads. Dry thoroughly. Keep seams straight when wearing.

Wool fabrics : : Dip wool fabrics regularly in Lux. Never dry in hot or cold air. Sudden changes of temperature tend to shrink wool.

Sweaters : : Dip sweaters in Lux to remove damaging perspiration—keep them soft and smart. Ease into shape, following drawn outline, and dry flat away from heat.

