

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Before Baby Comes

For Loss of Appetite Nervousness Exhaustion Retarded Convalescence Anemia Malnutrition Frictional Troubles

A rather critical time at the best. If the mother's strength is maintained, her nerves steady, her disposition cheerful, and her vitality high, the outlook is excellent.

FELLOWS' SYRUP

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



Choose any supple woolen for today's dress and you're sure of chic. It's a splendid dress for mid-season wardrobe, so lovely for travel and cool days in town or resort.

It's cut along slimming lines with its crossover bodice closure and vertical seaming at the front of the skirt, achieved through inset section.

Style No. 509 is designed for sizes 16, 18, 20 years, 26, 32, 40 and 42 inches bust.

For resort, make it sleeveless. Choose shantung, flat washable crepe silk, linen or men's shirt fabric.

Printed or plain crepe silk will make up lovely in this model. Size 36 requires 4 1/2 yards 23-inch, or 2 3/4 yards 54 inch.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred). Price of pattern 15 cents.

Form with fields for Name, Street Address, City, State, and No. 509.

For The Cook

CURRIED SOUP

Take three large onions, cut fine, one carrot, two slices of bacon or lean ham, fry in butter until brown, add one tablespoon curry powder and one tablespoon flour, add three quarts of any good stock, and boil together 15 or 20 minutes, strain and it is ready to serve.

It is nice to make a double quantity of this an afternoon day add one pint of canned tomatoes and strain before serving.

I'm sorry we are not allowed to use trade names, as so much depends on the kind of curry powder we use. Some kinds turn green, and, of course, the flavor is not at all nice. Any nice yellow-colored curry is the best.

Omelet with Shrimps 1 cup cooked shrimps, broken in pieces. 1-2 cup white sauce 1 teaspoon lemon juice Salt, pepper, paprika to season Plain omelet

Mix the shrimps with sauce and seasoning and heat until very hot. Make the omelet in the usual manner and spread with the shrimp mixture before folding. Turn out on a hot platter and surround with well seasoned thick, white sauce

Oyster Omelet 1 pint oysters 4 tablespoons butter 1-4 teaspoon paprika 4 tablespoons cold water 1 cup milk 2 1-2 tablespoons flour 1-4 teaspoon salt 4 eggs

Soak the oysters in their liquor and drain. Melt 2 tablespoons butter, add flour and then stir in milk slowly. Cook until thickened and smooth. Add salt, paprika and oysters. Cook slowly about 5 minutes. Melt the rest of the butter in a frying pan. Beat eggs slightly, add cold water and season with salt and pepper. Pour into frying pan and cook slowly until firm. Fold over and turn out on a hot platter. Surround with the oyster mixture, garnish with parsley and serve at once

Savory Rice Omelet 4 eggs 1-2 cup cold boiled rice 1-2 cup milk 2 tablespoons butter or bacon fat 1 teaspoon parsley 3 tablespoons chopped, fried bacon Salt and pepper to season Beat the egg yolks, add rice, and milk, parsley and bacon. Season with salt and pepper. Fold in the stiffly beaten egg whites. Melt the fat in a hot frying pan, add the egg mixture and cook slowly until brown on bottom and firm throughout. Fold over and turn out on a hot platter. Serve at once.

Corn Omelet 6 eggs 1-2 cup milk or water 1 teaspoon salt 1-8 teaspoon paprika 1 1-2 cups cooked corn, cut from the cob 3 tablespoons butter 1-2 green pepper cut fine Melt the butter and add the pepper. Cook slowly for two minutes. Beat the eggs slightly, add milk, salt, pepper and corn and put into the omelet pan with the butter and pepper. Cook slowly until firm, fold over and turn out on a hot plate. Serve with fried tomatoes.

Corn Tomato Omelet 4 eggs 1 cup corn 1 tablespoon flour 2 teaspoon salt 1-4 teaspoon pepper 1 tablespoon butter 2 tablespoons water or milk 2 tablespoons butter of margarine Heat the corn thickly with one tablespoon each butter and flour and season with salt and pepper. Beat the egg yolks, add water and corn. Beat egg whites until stiff fold in corn mixture and put into hot frying pan with two tablespoons melted butter. When firm fold, turn out on a hot platter and surround with slices of broiled tomato.



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Dr. Chase's Ointment For Children of All Ages

Why Some Women Don't Marry Dorothy Dix

Old Maids May be so as a Result of a Natural Disinclination for Marriage, a Lack of Opportunity, Selfish Parents, or Because They Were Either too Choosy or too Cowardly

A group of old maids were having a heart-to-heart talk about why they never married. "The reason I never married," said one of them, "is because I am celibate by nature. I was born an old maid and pre-



destined to spinsterhood from my cradle, and that kind of a woman neither attracts men nor is she attracted by them.

"This doesn't mean that I am a man-hater. Far from it. I like men, I enjoy their society and I have always had many good men friends, but I like my men at a distance, so to speak. I never imagined myself in love even when I was 16 and the very thought of marriage has always been repellant to me. I have never seen a wedding ring that looked as good to me as my watch, and when I think of giving up my freedom and my financial independence and my interesting job and putting it in some man's power to make me miserable, why, cold shivers just run up and down my back and I thank my heavenly stars that I am enjoying single blessedness, instead of having taken a chance on double wretchedness."

"The reason I am an old maid," said the second woman, "is because I never had a chance to marry. Oh, I was pretty and attractive as a girl and doubtless I should have married if I had had the opportunity. But I grew up in a small village in which there wasn't a single eligible male. Every manjack who was able bodied and husky and had any pep in him had left to make his living elsewhere and our little Main Street was an Adamless Eden so far as matrimony was concerned.

"Why, all of our parties were hen parties and we girls even had to dance with each other, and girls who grow up in that sort of an over-charged feminine atmosphere get sort of woman-minded, if you know what I mean. They become overfeminized. They prefer the society of women to men because they are accustomed to it and are more interested in the woman's point of view than the man's. They can't adjust themselves to men's ways.

"And they never learn how to handle men. They are always too eager or too indifferent, and so when I got out into the world where there were men I did not know the technique of attracting them. I did not know what sort of bait to use. To be an expert fisherman you have to learn the art while you are young."

"I never married because of my mother," said the third woman. "I had one of the monopolistic mothers who cannot endure the thought of their precious darlings ever growing up and getting married and leaving them. Of course, no mother really wants her daughter to be an old maid. She desires her to marry eventually, but she wants to put off the day as long as she can, until Mamma is 50 or 60 or until she is dead and won't know about it, and she forgets that marrying is a young business and that if a girl doesn't get to the altar in her early 20s she has a mighty slim chance of getting there at all.

"I wasn't so hard to look at when I was in my teens and the boys didn't shun me, but every time one would come to the house mother would treat him as if he was a burglar who had come to steal the spoons and he would never come back again. Many an eligible youth she drove out by sitting up in glum silence when he had the temerity to call, and when one ventured to have a date with me mother met us at the front door when we returned with a questionnaire of where we had been and what we had done that frightened the boldest away.

"She shooed all the marrying men off our premises into the back yards of the girls whose mothers lent them a helping hand in getting good husbands, instead of driving them away, and by the time she began to wonder why I was a spinster my chances of marrying had gone by."

"The reason I never married," said the fourth woman, "is because the men I wouldn't have on a bet. Of course, some women are not so choosy and when they can't get their preference they marry their possibility, but I have always felt that a husband was a luxury instead of a necessity, and if I couldn't have one who came up to my ideal and fired my fancy I would rather do without the darn thing."

"I have always had a clear picture of my Prince Charming in my mind's eye; somebody tall and slim and strong and noble and intelligent and who would love me for myself alone, and I have met two or three men who filled the part and whom I could have loved and would have been glad to marry. But every one of them passed me by without giving me a second glance, while I have had a fatal attraction for little, short, fat men and fussy men who didn't know their own minds and lame ducks who needed some old hen to mother them, and no poor widower with a house full of little children can come within my radius without thinking how useful my money would be in taking care of his children and popping the question to me."

"I never married because I was a coward," said the fifth woman. "My mother and father were bitterly unhappy and I grew up in a home of strife and to think of marriage as an earthly purgatory in which a man and a woman tormented each other. Later on I knew, of course, that this need not be true and that there are many happy marriages, but my early impression was too strong to be eradicated and I never had the courage to risk my own happiness. I played safe and stayed single."

"Well," said the first woman "we old maids have missed a lot, and that goes any way you take it." DOROTHY DIX.

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WORTH YOUR PREFERENCE

"You'll Like the Flavor."

Etiquette

Q. Are suppers formal or informal affairs? A. Always informal. Q. What employees always expect tips? A. The lesser ones, such as porters, waiters and chambermaids. Q. What characteristics are usually possessed by a good mixer? A. He has the delightful manner of saying nice things about others, and of never looking for faults, nor speaking ill of anyone.

When making buttonholes, first overcast the edges, then work closely in the usual way. A button-hole worked so will never frse.

The League of Nations has been asked by the head of the International Union for the Protection of Young Girls to abolish all beauty shows and contests on the ground of immorality.

FOR Diarrhoea THERE'S NOTHING TO EQUAL



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Fashions In Jewelry

(By K. D'Orsay) Little best like caps, pulled out to the head and folded at the back under little jeweled wings are among the first fall bonnets to make their appearance on Paris streets. They are made of soft knitted fabrics, jerseys and angora or materials to match frocks and coats.

Off the head these little hats look like nothing at all - soft bundles of fabric that may be crumpled up into a ball no bigger than a woman's fist. They are almost shapeless, yet when pulled about and folded in certain ways they manage to look different on each person.

The smartest of the winged pins are those in diamonds but others with semi precious settings are much in evidence. The wings are on hinges and are equipped to move about to fit the shape of the wearer's head.

NO MORE ANGLE

After a surfeit of angles, jewelers are going back to the circle for inspiration. Round brooches and creole ear-rings of pearls are now being worn by the smartest women in London. Designs set with turquoise and onyx are particularly fashionable at the moment. With brown toilette ensembles turquoise cabochon rings and necklaces are being shown in London by the leading Bond Street dress houses.

NEW ENGAGEMENT RINGS

(By D'Orsay) Mayfair is agog just now with weddings and rumors of weddings and engagement rings are being discussed in every Bond Street jewellers shop. Modernist single stone rings divide the honors with an early Georgian style which is seeing a big London revival this year. The older style consists of a row of baton cut rubies, sapphires or emeralds, surrounded by small brilliant cut diamonds. Cabochon sapphires, square cut emeralds or large diamonds set in platinum engraved in a floral design are popular for the single stone rings.

Style Chats

WITH ALMA ARCHER

As I told you before, I don't like slickum on the hair bell-bottomed trousers, or people who pat-a-cake their hands when someone happens to make a good put, and now, as I live and breathe, I want it to be known that I'm not going to like the way a lot of hams are interpreting the Eugenic - Victorian - so - and - so fashions. Feminine yes, but not absurd. It's not a question of ostrich, but how much ostrich! Yesterday I saw a white gal with a rich Oriental. Although it was mid-afternoon, she was decked out like a new barroom in a near evening dress of velvet, and her hat had a feather from some unsuspecting White Leghorn which wound around her throat four times. Now don't go gaga and forget the sturdiness with which our forebearers endowed us. Let's remember that gillie oxtords are still smart, that oxtords of Norwegian oak traveling incognito as a two-buckle step-in fitted high above the instep are grand, and that more than half our wardrobe as well be woolen this fall, and women with a decent sense of putting clothes together are buying alligator shoes.

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