

LINSEED OIL CAKE

FINE GROUND OR NUTTED "MADE-IN-CANADA"

The food that contains more protein than any other is LINSEED OIL CAKE. Protein (the nitrogenous matter) is the most valuable and necessary element in all animal foods. It builds up the flesh and keeps it in general healthy condition. Great Britain could never have attained its eminence in beef and dairy products without Linseed Oil Cake.

Prof. Frank T. Shutt, M.A., Chemist of the Dominion Experiment Station, Ottawa, submitted a table showing the comparative fattening and health-producing qualities of the following feeding substances in general use.

FEEDING STUFFS	Gain (Pounds)	Feed (Pounds)	Gain per Pound of Feed
Linseed Cake (ground)	32.9	7.9	4.16
Linseed Cake (nutted)	10.3	2.2	4.68
Wheat	11.8	5.0	2.36
Barley	12.4	1.9	6.53
Straw	14.4	4.3	3.35
Hay	15.8	4.8	3.29
Midgals	15.8	4.8	3.29
Wheat	23.1	2.2	10.50

Write today for our free booklet "Facts to Feeders".

CANADA LINSEED OIL MILLS LIMITED MONTREAL TORONTO

FRIENDS THOUGHT HE WOULD DIE

"FRUIT-A-TIVES" Conquered Dyspepsia and Restored His Health.



MR. ROBERT NEWTON.

Little Mrs. d'Or, C. B. was a terrible sufferer from *Dyspepsia and Constipation* for years. I had pain after eating, belching gas, constant headaches, and did not sleep well at night. I lost so much weight—going from 185 pounds to 146 pounds—that I became alarmed and saw several doctors who, however, did me no good. Finally, a friend told me to try "Fruit-a-tives".

In a week, there was improvement. The constipation was corrected; and soon I was free of pain, headaches and that miserable feeling that accompanies *Dyspepsia*. I continued to take this splendid fruit medicine and now I am well, strong and vigorous". ROBERT NEWTON.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Famous Wash Heals Skin

D. D. D. the greatest of skin remedies will remove those skin afflictions that make your life a burden. That intolerable itching burning and discomfort will disappear under the magic of this remedy. It has cured many cases. We guarantee the first bottle will bring you relief.

E. A. Foster, Central Drugstore, Charlottetown.

D. D. D.

HOSPITALS, HOMES AND ORPHANAGES

are daily looking for nurses. The demand is great, but the supply inadequate. Here is your opportunity to enter a profession which will give you from \$15 to \$30 weekly.

Avail yourself of our home study course of nursing. Full information upon receipt of request.

Royal College of Science 709N2 Spadina Avenue Toronto.

Are You Nervous? Are You Tired Out?

If your Recuperative Power Seems to Have Left You. You Need

PHOSPHONOL

To-day and not to-morrow, is the day to put a stop to that gradual slide you are taking down a long hill of ill health.

Out of tune with everything? Mentally and physically depressed? Lack the desire to perform your duties? Feel that you need to be bolstered up, but can't tell what is the matter?

You need a quick, nerve-building tonic—one that checks, declines—steadies your nerves—one that puts you on your feet again.

To-day you should get a box (same price everywhere), of Phosphonol.

The Scobell Drug Co., St. Catharines, Ont. Price, \$3.00 box; 2 for \$5.00.

A Cure for Bad Breath

"Bad breath is a sign of decayed teeth, foul stomach or unclean bowels." If your teeth are good, look to your digestive organs at once. Get Selig's Carative Syrup at druggists. 15 to 30 drops after meals, clean up your food passage and stop the bad breath odor. 50c. and \$1.00 Bottles. Do not buy substitutes. Get the genuine.

THURSDAY INDUSTRIAL PROMOTION.—The next meeting of the Citizen's Industrial Promotion Committee will be held on Tuesday evening next in the Board of Trade rooms when it is understood some interesting reports will be submitted.

SUPREME COURT.—The case of Frederick and Louis Yrston of Picton, vs. R. J. McNally, Tyne Valley was still before the Court yesterday. The plaintiffs are the owners of the slip at Picton. The defendant took to that slip to be repaired, the schooner "Glyndon" which had been wrecked outside of Picton harbour. The plaintiffs claim \$1400 as due them for repairs. The defendant's contention is that these repairs were not satisfactory; that the schooner while on her way to Charlottetown was leaking so badly that the pumps had to be kept going all the time. Johnston, K. C. is Counsel for the plaintiffs. Bentley, K. C., and Saunders, K. C. for the defendant.

HOME FROM ENGLAND.—Lieut. Leighton Stewart, R. C. E., and Mrs. Stewart, arrived in Summerside Monday evening. Lieut. Stewart arrived in St. John on the Scottish last week in charge of a Contingent of men, whom he took to Halifax, where they were discharged. He enlisted in New York last April in the Canadian Engineers. Lieut. and Mrs. Stewart are visiting the former's parents, Mr. and Mrs. William Stewart, Central Street. After Lieut. Stewart receives his discharge he will again take up his business in New York.

Lieut. Ernest H. Strong, M. C., arrived at his home in Summerside on Saturday night from France. He is direct from Bonn, Germany, where he had gone with his regiment, the 36th Battalion which was part of the Army of occupation. He has seen thirteen months continuous service in the field in France and was fortunate in never having been wounded or had a day's sickness during that period. He won the Military Cross and later was also recommended for the Bar. He enlisted Dec. 25, 1915, with the 105th Battalion and served in Canada, England and France. At the time of his enlistment he was practising Barrister in Summerside, and is a son of Mr. and Mrs. C. Edward Strong.

Her many friends will regret to learn of the death of Mrs. Nelson Caruthers which sad event took place at Rumford Maine, on December 31st, after a brief illness of influenza followed by pneumonia. The deceased was of a very bright and cheerful disposition and was a general favorite with all who knew her. She was formerly Miss Mary Hunter, daughter of Mr. and Mrs. Allan Hunter, of Bloomfield. Her remains were accompanied home by her husband and laterment took place at Bloomfield on Jan. 3rd. Rev. Robert Murray officiating. She was 26 years of age and leaves to mourn a sorrowing husband, a little daughter, Geraldine, her parents, two brothers, Hugh of South Framingham, Mass., and Robert, of Bloomfield, and one sister Miss Amy, at home, besides a large circle of friends and relations.

Mr. W. K. Rogers arrived home on Tuesday night from his trip to Montreal, Toronto, New York and Boston. In New York he attended the regular monthly dinner of the New York Rotary Club held on the twelfth floor of the Hotel McAlpin on January 7th. There were between 800 and 700 Rotarians present, including the members of the New York Rotary Club, besides numerous visitors, almost every state in the union being represented, and also a number from Canada.

Among those in attendance were several men of international reputation, including a member of the Italian Embassy at Washington, and Captain Gallahad an Englishman, who was taken prisoner during the early part of the war and whose mission to America is to inform the public clearly as to the treatment that our prisoners have received at the hands of their captors.

It is a very pleasing custom of the New York Rotary Club to present to the first member of any other Rotary Club visiting them, with a beautiful silk flag and this custom was followed out in the case of Mr. Rogers, he being the first member of the Charlottetown Rotary Club to visit the New York Club. This flag will be formally presented by Mr. Rogers at the meeting of the Charlottetown Rotary Club today.

out as was evidenced by the fact that when the Doctor modestly intimated his intention of cutting his remarks short the audience refused to allow him to stop speaking.

Among the other distinguished visitors at this meeting were Sir Arthur Pearson, Sir Herbert Ames and Lieut. Pearson.

Mr. Rogers' visit to New York had to do with the marketing of silver black fox pelts and he is glad to report that the outlook is very promising indeed. The cable reports from London, Mr. Rogers says seem to indicate that the January auction sales will be satisfactory.

The weather was remarkably fine in New York and Boston when Mr. Rogers was there being more like that of October than January there being no more snow than in summer.

While most of the leading men are interested in after-the-war problems and reconstruction Mr. Rogers seemed to find nowhere any doubt but that the return to normal conditions would be accomplished without any serious disturbance.

97 Piece Dinner Set and lovely Silverware Given To You

YOU can secure without a penny of cost this magnificent complete 97-piece English Dinner Service and a lovely set of half-dozen Wm. A. Rogers teaspoons.

Each dinner service is guaranteed full size for family use, its 97 pieces comprising 12 cups and 12 saucers, 12 tea plates, 12 dinner plates, 12 bread and butter plates, 12 soup plates, 12 sauce dishes, 2 platters, 2 oval covered vegetable dishes, a cream tin, covered sugar bowl, a gravy boat, pickle dish, and a salad bowl. It is handily decorated in rich floral design and will surely delight the most fastidious housekeeper. The beautiful set of Teaspoons are in the famous Wm. A. Rogers French Curve.



We pay all delivery charges on these Grand Premiums.



Read our Wonderful Offer

We are determined to establish a national reputation for Dr. Edson's Famous Life Building Blood Tonic and Nerve Pills and are seeking no expense to secure ready to their friends and neighbors. That is why we offer to give away these magnificent premiums.

Send No Money—Just send your name and address to-day and we will send every purchaser of a box a beautiful gift of the silverware from us free. This return our money, only \$1.00, and we will promptly send you, all delivery charges paid, the beautiful set of spoons, and the handsome dinner set you can also use for gifts and getting out of them to sell or give away. We pay all delivery charges right to your door. We trust you will take them back and give your beautiful premiums or pay your 85¢ cash commission on the quantity you wish. Write to-day if you wish to take advantage of this liberal offer. It gives you the opportunity of its time. Address: The International Mfg. Co., Dept. D 20 Toronto, Ont.

War to Peace

One Employment Agency for All Canada

THE Dominion and Provincial Governments are co-operating to distribute employment quickly and fairly. Employment Offices are being set up throughout Canada—a single, complete chain from East to West.

In all, some 60 Employment Offices are being established. They will be located in all centres of 10,000 people and over—and wherever the need for them exists. One-third are already in operation.

Through these Government Employment Offices, all persons in need of employment, both male and female, will secure such positions as are available.

Through this same source an employer's particular needs will be promptly filled.

Indeed, the service rendered by these Government Employment Offices will be such as to warrant the heartiest co-operation and support on the part of employers of labor.

They will endeavor to supply only such help as an employer can confidently take on—the right man for the right position.

Thus, to the small employer of labor, they will take the place of the Employment manager. To the large employer of labor they will be of appreciable assistance.

The service of the Employment Offices will be given both to employers and to those who seek employment entirely without charge.

How They Work. A superintendent is in charge of each local Employment Office.

Inside the office he has interviewers, to confer with those seeking employment and to direct them to positions. In the larger cities he also has canvassers or salesmen to call on the employers and show them the value of the services rendered by the Employment Office.

In this way the work-seeker and the work-giver are quickly brought together. Every effort is made to secure up-to-date, business-like offices, conveniently located.

For the Soldier. The same Employment Offices are used to provide positions for returned soldiers as well as for every other person in need of employment.

In each employment office there is a representative of the Department of

Soldiers' Civil Re-Establishment—a man who has served overseas. He introduces the returned soldier to the regular officials and gives him every assistance, both as to employment and other matters.

The Organization. The local offices in each province are linked together by a provincial clearing house in the capital city.

They are directly supervised by a general superintendent who receives daily wired reports from each office. These reports state how many have sought work, how many have been placed in positions, how many and what classes need work, how many positions vacant. The general superintendent has each day a complete picture of the employment situation in the province under his care.

With the same idea in view, the Dominion Government has three national clearing-houses established at Halifax, Ottawa, and Winnipeg. Those who plan to move from one locality to another can thus go "with their eyes open," because these clearing-houses show from their daily reports just what the employment prospects are—everywhere.

National Advantages. With the completion of this single chain of Employment Offices the Government will be exactly informed on employment conditions. Expert field agents will call on the lumbering, mining, shipbuilding and other industries to secure information as to anticipated requirements for labor. Weekly reports sent in by trade unions provide additional information. Finally, every concern with 25 or more employees will mail each week a post-card showing (a) the pay-roll of the previous week; (b) changes in staff and the nature of the occupations.

Advisory Councils. Each local superintendent in the larger cities will be assisted by an advisory body composed of employers and employees. Each province will have a similar advisory body. There will also be a Dominion body—the Employment Service Council of Canada—to co-operate with the Department of Labor. This council will be composed of representatives from all those classes interested. In addition to the above, the Government is co-operating with those who provide employment—so that as far as possible every willing worker will have work to do.



The Repatriation Committee

Director of Repatriation

OTTAWA

A Stubborn Cough Loosens Right Up

This home-made remedy is a wonder for quick results. Easily and cheaply made.

Here is a home-made syrup which millions of people have found to be the most dependable means of breaking up stubborn coughs. It is cheap and simple, but very prompt in action. Under its healing, soothing influence, chest soreness goes, phlegm loosens, breathing becomes easier, tickling in throat stops and you get a good night's restful sleep. The usual throat and chest colds are conquered by it in 24 hours or less. Nothing better for bronchitis, hoarseness, croup, whooping cough, bronchial asthma or winter coughs.

To make this splendid cough syrup, pour 2½ ounces of Pinex (50 cents worth), into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup and shake thoroughly. If you prefer, use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, you get 16 ounces—a family supply—of much better cough syrup than you could buy ready-made for \$2.50. Keeps perfectly and children love its pleasant taste.

Pinex is a special and highly concentrated compound of genuine Norway pine extract, known the world over for its prompt healing effect upon the membrane.

To avoid disappointment ask your druggist for "2½ ounces of Pinex" with full directions, and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

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CURATIVE TREATMENT by the month in advance Victoria Hotel, Charlottetown, P. E. I., Canada.
HOURS, 12 to 3 daily. NOW 2520-11-21Monsopd.

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