Tired and irritable?

TAKE

When you begin to lose your old pep and find yourself grabby most of the time, check up on your bodily habits. Sluggish elimination or constipation may be largely to blame. You can soon find out. Take a pinch or two of Kruschen Salts first thing each morning for the next few weeks. This simple plan has helped thousands of persons back to regularity: And with regularity there comes improved health and vigor—brighter disposition. So start taking Kruschen today and see for yourself why thousands of people, the world over, follow this simple health plan each morning. Kruschen is 25c and 75c at all drug stores.

Grandpa Kruschen says: "Start the day right — Get that Kruschen feeling!"

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We are all told to consider the Lilies of the Valley.

I am telling you all that, when you are installing Venetian Blinds, also to consider the mechanism of my blinds.

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2,796 LANGUAGES

The number of actual languages in use in the world has been computed by officers of the French Academy at 2,796.

APPRECIATION

The staff of the Polio Clinic sincerely thank the following whose co-operation made the children's Thursday morning trip to the Exhibition such a success: Ed Acorn's Taxi for providing transportation; the Rotarians for their generosity and assistance; Mr. Bill Lynch for free rides, candy and ice cream. The children had a very happy day.

In Memoriam

In memory of F8370 Stephen E. Saunders, who passed away Aug. 17th, 1945.

Peacefully sleeping, resting at last
His weary trials and troubles are past;
In silence he suffered, in patience he bore
Till God called him home to suffer no more.

Remembered by wife and family, Grace, Betty, and George.

**Ice cream and dance, Emerald Hall, Tuesday, August 19.

In Memoriam

In memory of Pte. Stephen E. Saunders, who died two years ago yesterday.

Loving and kind in all his ways,
Upright and just to the end of his days;
Sincere and kind in heart and mind,
What a beautiful memory he left behind.

Ever remembered by his father and sister Florence.

WINDBURN

Mentholatum soothes painful windburn, chapped skin, and promotes healing. Gives fast cooling relief to all skin irritations. Jars and tubes 30c.

MENTHOLATUM
Gives COMFORT Daily

QUICKIES By Ken Reynolds

"I see in the Guardian Want Ads that your wife wants to buy a dog house—what have you done now, Homer?"

CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word strictly payable in advance.

CRASWELL for Photographs.

JIMMIE'S TAXI. Phone 525.

DID YOU get your car book?

CONFEDERATION LIFE INSURANCE.

PHONE SAUNDERS 1806 for group and wedding pictures on location.

ENGAGEMENT — Mrs. John M. MacLeod wishes to announce the engagement of her daughter Laura Jean, to Donald Edgar MacLean, son of Mr. and Mrs. Roy E. MacLean, Summerside, P. E. I. Marriage to take place in September.

FIRST TICKETS ON ABEGWEIT—Mr. and Mrs Alex McLure of Peace River, Alberta, who have been visiting on the Island, their native home, crossed to the mainland on the first trip of the Abegweit last week, and were fortunate in buying the first two tickets sold on the boat.

RECEIVES APPOINTMENT—Mr. Jack Taylor who has been conducting a class in landscape painting at Keppoch leaves next Wednesday for Edmonton, where he has accepted an appointment as instructor in the Fine Arts Department of the University of Alberta. Mrs Taylor will visit her home in Elgin, Manitoba, before joining her husband in Edmonton. They plan spending a few days in Toronto enroute.

VISITING P. E. I. — Mrs. G. E. Huestis, of Mahone Bay is visiting her parents, Mr. and Mrs. R. S. MacCabe, 30 Broad Street. Rev. G. E. Huestis who is the pastor of the Baptist Church in Mahone Bay is having his annual vacation and is visiting his old home in Wilmot Valley P. E. I. He will shortly join his wife in Truro where he will also be the guest of Mr. and Mrs MacCabe. —Truro News.

Mr. Peter Paton of Halifax, arrived in the City Friday night to spend a few days with his parents, Colonel Roland Paton and Mrs. Paton, Charlottetown.

Mr. and Mrs. Dan Anderson and son John who have been visiting Miss Constance MacFarlane, leave today by motor on return to their home in Montreal.

THE KIRK PULPIT

The Rev. R.J. Berlis, B.A., B.D. minister of St. Andrew and St. Paul Presbyterian Church, Montreal, was in charge of the service at St. James Presbyterian Church yesterday and preached the sermon.

The choir was under the direction of Miss Lillian MacKenzie and the soloist was Mr. Barry Bugden, who rendered "The Publican" (Van der Water)

Rev Mr. Berlis took as the subject of his sermon "Islands of Quietude", from the text in Leviticus 23:42, "Ye shall dwell in booths seven days. All that are born in Israel shall dwell in booths."

When Moses, great leader and lawgiver that he was,—led his people through desert solitudes and trackless wastes, he saw in the hearts of his followers, the speaker said, certain simple moral values which he felt must be preserved. He foresaw the time when, settled in the new land of Canaan, flowing with milk and honey, they would become a strong and powerful nation. He knew the danger of that. Had he not lived in the courts of Egypt, the most powerful civilized community of his day? He didn't want Israel to be another Egypt, corrupt, decadent, anaemic. He craved for his people the simplicity, the sincerity, the unity, they had known in the wilderness when they gathered each day about a simple altar and poured out their prayer and praise to God. He wanted the virtues and strength of their pioneer days carried over into the new social order that was to be established. And so the command was given "O Israel,—you and all who shall be born into your homes, for seven days each year shall go back and live in booths. You shall leave your mansions on the avenue or your shacks in the byway, as the case may be, and learn once more to live where life is reduced to elemental needs. And all the people shall dwell together with only the sun and the stars above them."

We must not lose the spiritual value of this ancient, curious custom, the minister said. Today our possessions possess us and in seeking a saving simplicity in this bewilderingly complex 20th century society, in every soul there ought to be a frequent Feast of Booths where the spirit strips itself of all the cumbrous complications of external living and gives itself to the joys and comradeships and adventures of the inner life.

The Minister felt that we are a favoured and fortunate people and saw through our Canadian way of life glorious opportunities for rest, renewal and recreation.

"Some day," Rev. Mr. Berlis said, "I hope to preach a sermon on the holidays of Jesus. He loved the world and sought to save it, but he had his islands of quietude to which he escaped from the world's clang and clatter. How often we read that "Jesus departed into a mountain to pray". How often his disciples found him "in a desert place alone". It is a very striking fact that he loved men as no one has ever loved them so often is seen seeking to escape from the multitudes.

There is a second truth hidden in our text said the Minister. Our very advance in the realm of the intellect has obscured the reality for which we long. We know so much about truth, we sometimes miss it altogether. Surely, that is what Jesus meant when he said, "Except ye become as a little child ye cannot see the kingdom." ".

CUE JUNE CONTEST WINNERS

Mr. E. Webb, Portage La Prairie, Man.; Miss B. Murphy, Breadalbane, P.E.I.; Miss O. Speice, Fort Erie, Ont.; Miss B. Lazurea, Kayville, Sask.; Mrs. G. Arnold, Centreville, N.S.; Mr. R. Duval, St. Hyacinthe, P.Q.; Mrs. T. Smith, Fredericton, N.B.; Mrs. E. Seymour, Toronto, Ont.; Miss J. Mawle, Victoria, B.C.; Mrs. J. Pruder, Calgary, Alta.

Exhibition Prize List

CLASS 9 — HOLSTEINS

Sec. 1 — Junior Calf, male, born after Dec. 31, 1946.

1 — Walter Jones, Bunbury Farms.
2 — Lewis Bros., York.
3 — J. Walter Jones.
4 — C.J. Stewart
5 — Lewis Bros., York.
6 — Colby Lewis, Freetown.

Sec. 2 — Senior Calf, male, born July 1, 1946 to Dec. 31, 1946.

1 — Lewis Bros., York.
2 — Colby C. Lewis, Freetown.
3 — Robert Chappell and Sons, York.
4 — Lewis Bros., York.
5 — Roy C. Woodside & Sons, Malpeque.
6 — Colby C. Lewis, Freetown.

Sec. 3 — Junior Yearling, male, born Jan. 1, 1946 to June 30, 1946.

1 — George A. Godfrey & Sons, North Wiltshire.
2 — Robert Chappell & Son, York.
3 — Grant W. Willis, North River.
4 — Donald G. Ramsay, North River.
5 — Lewis Bros., York

Sec. 4 — Senior Yearling, male, born July 1, 1945 to Dec. 31, 1945.

1 — Lewis Bros., York
2 — Robert Chappell & Son, York.

Sec. 5 — Two Year old male, born July 1, 1945 to June 30, 1945.

1 — J. Walter Jones, Bunbury Farms.
2 — Lewis Bros., York
3 — Andrew Gallant, Hunter River.
4 — Roy Dickieson, New Glasgow.
5 — Colby C. Lewis, Freetown.

Sec. 6 — Male born before July 1, 1944.

1 — Geo. A. Godfrey & Son.
2. — C.J. Stewart & Son.

Sec. 7 — Junior Champion, male born after June 30, 1945 and Reserve.

Lewis Bros.
Colby C. Lewis, Reserve.

Sec. 8 — Senior Champion, male, born before July 1, 1945, and Reserve.

George A. Godfrey & Sons.
J. Walter Jones, Reserve.

Sec. 10 — Junior Calf, Female, born after Dec. 31, 1946.

1 — Keith Donald, Malpeque
2 — Lewis Bros., York
3 — J. Walter Jones.
4 — Robert Chappell & Son.
5 — Colby C. Lewis, Freetown.
6 — Roy C. Woodside, Malpeque.

Sec. 11 — Senior Calf, female, born July 1, 1946 to Dec. 31, 1946.

1 — J. Walter Jones.
2 — Colby C. Lewis.
3 — Lewis Bros.
4 — J. Walter Jones.
5 — Lewis Bros.
6 — Colby C. Lewis.

Sec. 12 — Junior Yearling, female, born Jan. 1, 1946 to June 30, 1946.

1 — J. Walter Jones.
2 — Lewis Bros.
3 — C.J. Stewart & Son.
4 — R.L. Burge, St. Peter's Bay.
5 — Lewis Bros.
6. — Oswald J. Newson, Clyde River.

Sec. 13 — Senior Yearling, female, born July 1, 1945 to Dec. 31, 1945.

1 — Lewis Bros.
2 — Robert Chappel & Son.
3 — J. Walter Jones.
4 — Colby C Lewis.
5. — J. Walter Jones.
6 — Oswald J. Newson

Sec. 14 — Two Year old female, dry, born June 1, 1944 to June 30, 1945.

1 — Lewis Bros.
2 — C.J. Stewart & Son.
3. — Lewis Bros.
4 — J. Walter Jones.
5 — Robert Chappell & Son.
6 — Colby C. Lewis.

Sec. 15 — Female in milk born July 1, 1944 to June 30, 1945.

1 — George A. Godfrey & Sons.
2 — Robert Chappell.
3 — J. Walter Jones.
4 — Oswald J. Newson.
5 — Lewis Bros.
6 — C.J. Stewart & Son

Sec. 16 — Female, dry, born July 1, 1943 to June 30, 1944.

1 — C.J. Stewart.
2 — Lewis Bros.
3 — Colby C Lewis.
4 — J Walter Jones.
5 — Cecil J. Stewart.
6 — Cecil J Stewart.

Sec. 17 — Female, in milk, born July 1, 1943 to June 30, 1944.

1 — Lewis Bros.
2 — Robert Chappell & Son.
3 — Keith Donald.
4 — Colby C. Lewis.
5 — J. Walter Jones.
6 — C.J. Stewart.

Sec. 18 — Female, dry, born before July 1, 1943.

1 — Colby C. Lewis.
2 — J. Walter Jones.
3 — C.J. Stewart.
4 — Lewis Bros.
5 — Robert Chappell & Sons.
6 — Colby C. Lewis.

Sec. 19 — Female, in milk, born before July 1, 1943.

1—J. Walter Jones.
2 — J. Walter Jones.
3 — Lewis Bros.
4. R.L. Burge.
5 — Colby C. Lewis.
6 — Lewis Bros.

Sec. 20 — Junior Champion, Female, born after June 30, 1945 and Reserve.

J. Walter Jones.
Lewis Bros., Reserve.

Sec. 21 — Senior Champion, Female, born July 1, 1945 and Reserve.

J. Walter Jones.
J. Walter Jones, Reserve.

Sec. 22 — Grand Champion, Female and Reserve.

J. Walter Jones.
J. Walter Jones, Reserve.

Sec. 23 — Junior Get of Sire, Three animals by one sire.

1 — J Walter Jones.
2 — Robert Chappell & Son.
3 — Lewis Bros.
4 — Colby C. Lewis.
5 — Roy Woodside & Son.
6 — Oswald J. Newson

Sec. 24 — Senior Get of Sire — 3 animals by one sire.

1 — Colby C. Lewis.
2 — J. Walter Jones.
3 — George A. Godfrey & Sons.
4 — Lewis Bros.
5 — C.J. Stewart.

Junior Herd, one male and three females.

1 — Lewis Bros.
2 — J Walter Jones.
3 — Colby C. Lewis.
4 — George Godfrey & Sons.
5 — C.J. Stewart.
6 — Robert Chappell & Son.

Sec. 27 — Senior Herd, one male and four females.

1 — J. Walter Jones.
2 — Lewis Bros.
3 — Colby C. Lewis.
4 — George A. Godfrey & Sons.
5 — Robert Chappell & Son.
6 — C.J. Stewart.

Sec. 27 — Senior Progeny of Dam-two animals, 3 years or over.

1 — George A. Godfrey & Sons.
2 — C.J. Stewart.
3 — Lewis Bros.
4 — J. Walter Jones.
5 — J Walter ones.
6 — Colby C. Lewis.

Sec. 28 — Junior Progeny of Dam, two animals under 2 years.

1 — Robert Chappell & Son.
2 — Lewis Bros.
3 — J. Walter Jones.
4 — George A. Godfrey & Sons.
5 — J Walter Jones.
6 — C.J. Stewart.

Sec. 29 — Four Females qualified in R.O.P. two years and over.

1 — J. Walter Jones.
2 — Lewis Bros.
3 — Colby C. Lewis.

CLASS 8—AYRSHIRES

Sec. 1—Junior Calf, male, born after Dec. 31, 1946.

1—Ings & Son, Charlottetown, RR5.
2—A. MacRae & Sons, Charlottetown, RR7.
3—Est. Geo. L. Boswall, Charlottetown RR3.
4—A. MacRae & Sons, Charlottetown, RR7.

2—Senior Calf, (male, born July 1, 1946 to Dec. 31, 1946.

1—Keith Boswall & Sons, Victoria.
2—Ings & Son, Charlottetown, RR5.
3—Keith Boswall & Sons, Victoria.

3—Junior Yearling, male, born Jan. 1, 1946 to June 30, 1946.

1—A. MacRae & Sons.
2—Ings & Sons.
3—Ings & Son.
4—Keith Boswall & Sons.
5—Wm A. White & Sons. Rollo Bay West.

4—Senior Yearling, male, born July 1, 1945 to Dec. 31, 1945.

1—Ings & Son.

5—Two Year old, male, born July 1, 1944 to June 30, 1945.

1—Ings & Son.

6—Male born before July 1, 1944

1—A. MacRae & Son.
2—A. MacRae & Son.

(Continued on Page 6)

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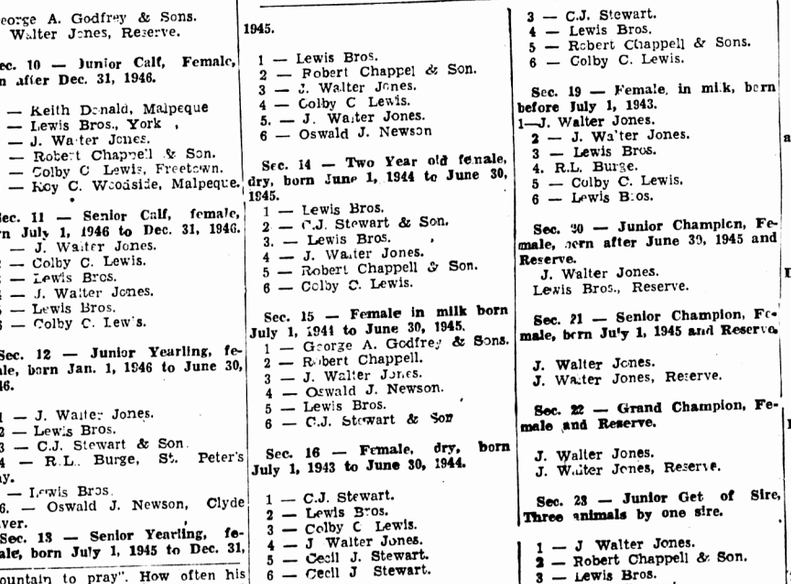

Front Row (left to right): Mervyn Saunders, Stanley Jackson, Wallace Jackson, Douglas Newell, Joan Bernard, Greta Proud, Francis Ranahan, Joyce Bernard.
Centre Row (left to right): Roland Livingston, Jackie Harris, Shirley Prowse, Velda Proud, Grace Newell, Thelma Newson. Back Row (left to right): Betty Rodd, Vera Newson, Vince Newson, Gail Prowse and Lucy Carver, Teacher.

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