

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

A Fashion Hint



A YOUTHFUL CAPE

A slender sports type in flat silk crepe showing the tri-colors in caping tones, altogether youthful and flattering. It can be worn for street or resort. It's a sportive idea that is really practical. The neckline is snugly fitted. The box-plaits provide graceful swing to hem. It boasts of scarf neck-line too. Style No. 544 can be had in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. It is very effective with bodies made of red and white printed silk crepe with skirt and cape of white silk crepe, with belt in plain red. Navy blue georgette crepe is very serviceable for business woman. Printed silk crepe chic for all-around wear. Flowered chiffon is quite formal for tea or bridge. Printed voile, printed tulle, shantung and crepe de chine appropriate. Pattern price 15 cents in stamps or coin (coin is preferred). Wrap coin carefully. We suggest that when you send for this pattern, you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles and cute designs for the kiddies.

Etiquette

By Roberta Lee

Q. Should a social letter or note be dated at the top of the first page? A. No. The date should be written on the last page, at the left of the signature. Q. When performing an introduction should one use the expression, "my friend"? A. No; it is not good taste. Q. How is food served at a buffet supper? A. The dishes, silver and food are placed on tables and the guests wait on themselves.



Ask Your Neighbors

"I was all run-down, tired all the time and could not do my household work. My eyes were dull, my tongue was coated and I did not want to eat. A neighbor told mother about Lydia E. Pinkham's Vegetable Compound. I began taking it and now I am hungry all the time. I sleep well, my nerves are good and I have told lots of friends how the Vegetable Compound has helped me. I have also used Lydia E. Pinkham's Sanative Wash and I feel lots better. I will be glad to answer any letters." Mrs. H. E. Winter, Bay St. Willow St., Fairbault, Minnesota.

Lydia E. Pinkham's Vegetable Compound

Mildly Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED

Reducing the Hips

Dear Miss Leeds: (1) How can I reduce my hips? I eat plenty of food, especially sweet stuff. Is there any way I can keep myself from eating so much? (2) How can I develop my bust? (3) What is the cure for enlarged pores and blackheads?

MRS CHAS. M.

Answer—(1) A good hip-reducing exercise consists of standing erect, hands on hips, and kicking vigorously backward. Begin the kick with knee raised high in front, kick up as high as you can behind. Repeat with each leg until slightly tired. In addition to taking special reducing exercises you should make it a habit to walk outdoors four or five miles each day. You cannot hope to lose weight or have a good figure so long as you overeat. Instead of eating so much sweet food, which is so fattening, eat bulky foods like lettuce, spinach, cabbage and fresh fruits that satisfy the appetite without adding to excess weight. For breakfast you might eat an orange and a pint of milk. For lunch eat a large fruit salad and several cooked nonstarchy vegetables. For dinner eat some meat or protein food and some nonstarchy vegetables. Have the meat dinner twice a week and on the other days have a dinner consisting of a starchy vegetable (bread of cereal) and several nonstarchy vegetables and a dish of stewed figs. (2) Cultivate correct posture, with chest out and abdomen in. Swimming is a fine exercise for developing a well-formed bust. Deep-breathing and arm-flinging exercises are helpful. (3) Enlarged pores and blackheads require regular daily care. Wash your face with soap and warm water each night at bedtime. Lather and rinse twice. Then press out the blackheads without bruising the skin. Pat on an astringent. In the morning wash your face with cold water and take a cold or tepid sponge bath, followed by a hard rubdown with a dry towel. Your skin will improve when you have adopted a correct diet and take regular outdoor exercise. Avoid constipation. LOIS LEEDS.

Lines on the Neck

Dear Miss Leeds—I am 17 years old and have two lines that encircle my neck and almost meet behind. How can I remove them? My legs have a slight tendency to be bowed. Is there any exercise to correct this? Answer—These lines are called Venus' necklaces and used to be much admired in the days when plump necks were in vogue. I think that massage with a tissue cream every day will help. After cleansing the skin, pat on the cream and give a gentle pinching massage for several minutes. Now give an upward, rotary massage with the fingers held close together. Do a few neck-stretching exercises and then wipe off the cream and pat on an astringent lotion. In the morning wash your neck in cold water and rub it dry with a coarse towel. Apply powder base and powder. In regard to the bowed legs, another reader of this column wrote me that she had improved hers greatly by riding a bicycle. The exercise developed the muscles of the calves so that the legs look straight. LOIS LEEDS.

Household Hints

By Roberta Lee

A Needlebook The oiled paper found on the inside of a cracker box makes an excellent needlebook. The needles will not rust. Corns To loosen a corn, bind a small piece of lemon around it and change daily for three or four days. Then soak the foot in warm water and the corn can be easily removed. To Whiten Potatoes If, when the potatoes are pared, they are placed in cold water before boiling it will whiten them.

How to Be a Good Mother-in-Law Dorothy Dix Urges Courtesy and Good Will

Any Woman Who Preserves the Same Kindly Relations That Exist Between Hostess and Guest in Her Dealings With Her Daughter-in-Law Will Insure Her Own Peace and Popularity

A woman writes to me: "My son, who is my only child, is going to be married and it is necessary that I should live with him. I want to get on harmoniously with his wife and not be a disturbing factor in his household. Can you give me any points about how to be a good mother-in-law?"



Well, the main factor in being a good mother-in-law consists in taking the right attitude toward it. The reason that most women fall as mothers-in-law is because they are so surcharged with jealousy that it colors all their actions toward their sons' wives. They look through green spectacles at the poor little brides their sons have brought home and take a billous and distorted view of everything they do.

It is a funny thing that women want their daughters to marry and that they welcome their sons-in-law with open arms, but it is nearly always the bitterness of death to them to have their sons marry, and they hate, sight unseen, the scheming minxes who, they feel, have literally robbed them of their guileless little boys. There is never any difficulty in telling which is the bride's mother and which is the bridegroom's mother at a wedding. The smiling, triumphant lady who has the air of one who has just pulled off a good thing is the bride's mother. The poor, tear-sodden creature, who looks as if life was a total loss, is the groom's mother.

Begin, then by taking a sane and safe outlook on the situation. Don't pity yourself and feel that fate has dealt you a sinister blow because your son is getting married. Don't talk about its being hard to have to give him up. Don't walk out that it tears your heart in two for him to put another woman above yourself and love her better than he does you.

Recognize that it is perfectly natural for him to marry and found a family and that he will be a better and a more useful man for doing so and that it is the thing that you should want him to do. Realize that his marriage won't separate you from him unless you quarrel with his wife. In fact, men nearly always appreciate their mothers more after marriage than they did before, because marriage gives them a more poignant understanding of what wifehood and motherhood really cost a woman. Don't resent his love for his wife, because the affection that a man has for his wife and his mother don't clash. They are two entirely different brands of love, as any woman knows who has been married herself.

So begin by giving your new daughter-in-law the glad hand. Make her feel that you regard her as an agreeable addition to the family and not as an interloper, and then set yourself assiduously to work to vamp her. Use every art and wile and blandishment in your repertoire to win her heart, for on you making friends with her depends whether you keep your son or have him alienated from you.

Take the initiative in doing this because you are older and more worldly-wise than your daughter-in-law and you should have, at least, more self-control and tact in meeting difficult situations than she has. Also because it is far more important to you for her to love you than it is to her for you to love her. She could get along very well without you, but life would mean nothing to you if she put a barrier between you and your son. So study her weaknesses and learn to play up to them instead of knocking them. Learn to dodge her angles and respect her "Keep-Off-the-Grass" signs. Jolly her along and "sell" yourself to her as if she were a million-dollar prospect.

If your daughter-in-law has to live in your house, regard her as an honored guest. If you go to live in her house, never forget that you are a guest and that you must adopt yourself to the ways of your hostess and refrain from interfering in the management of her household.

You must remember how cocksure you were of your judgment on every point when you were a bride, what stress you put on trifles and how jealous you were of your authority. Every young married woman feels the same way, and the chief reason she hates having mother-in-law around is because not one woman in a million can see another woman making a pie without putting her finger in it.

Treat your daughter-in-law as if she were your daughter. If you had a daughter you would want her to have all the pretty things her husband could possibly give her. You would want her to have all the pleasures that came her way. Then show your daughter-in-law that you are pleased when she gets a new frock instead of looking sour and making a few caustic remarks about wives who waste their husband's money in extravagance. Urge her to go to places of merriment and to keep up with her clubs and her bridge and suggest to her husband that he take her out at nights now and then instead of grumbling about wives who gad too much every time you see her put on her hat.

Don't give your daughter-in-law an overdose of your society. Don't be an old woman of the sea who is always hanging around the necks of her son and his wife. Every young couple who love each other want to be by themselves sometimes. They have things to say to each other that they don't want even their mother to hear.

So don't always sit with them at an evening. Go off to your own room and read a book or go visiting or go to the movies with a croun. Don't always fill up the back seat when they take a ride. If you possibly can, go off somewhere now and then on a visit or to some pleasure resort. There is nothing like judicious spaces of absence to make the heart grow fonder of an in-law.

Don't criticize your daughter-in-law. Her ways may not be your ways, but such as they are she has a right to them. Possibly they are a modern improvement that are better than your own. If she makes mistakes let her find out her error for herself. Don't tell her of her faults. None of us loves the bearer of ill-news or enjoys having our vanity stabbed.

Bite your tongue off rather than make suggestions. No human being is more aggravating to live with than the chronic adviser, and don't always be telling your daughter-in-law how you used to do everything, from making coffee to bossing a husband. There are an entirely new set of rules for the game now.

In a word, be kindly. Be human. Be affectionate and sympathetic. Keep your hands off and you will be a good mother-in-law. DOROTHY DIX

- NORTH CARLETON SCHOOL man MacFarlane. Grade III-1 Sandy Muttart, 2 Wilbert Muttart. Grade II-1 Edna Gould and Hazen Lowther, 2 Frank Muttart. Perfect Attendance—Dorothy MacFarlane, Lloyd Lowther, Wanda Grade IV-1 Rita Gould, 2 Wanda Lowther, Rita Gould, Hazen Lowther, 3 Teresa Muttart, and Nor-

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Daily Arguments

AUNT HET BY CLAUDE CALLAN



"Pa wants to deed what little property we've got to the children right now, but it's lots easier to be kind to old folks if you're expectin' somethin'."

A Morning Smile

Wife (with newspaper)—"Just think of it! A couple got married a few days after a courtship which lasted fifty years." Husband—"I suppose the poor old man was too feeble to hold out any longer."

Strike Ties Up Builders

CHICAGO, June 4—Building projects involving \$200,000,000 were tied up in Chicago today by a strike of the Bridge and Structural Iron Workers Union. The union demanded an increase of from \$12 a day to \$13 and the contractors worked to compromise by offering the workers \$12.50. This offer was not acceptable and officials began calling men off their jobs when they reported for work today.

Buildings on which operations were halted included the merchandise mart, the world's largest building; the new home of the Chicago Civic Opera on the river front, and the new Board of Trade Buildings.

Baldwin Government Has Resigned

LONDON, June 4—At conference with his colleagues of his cabinet this afternoon Rt. Hon. Stanley Baldwin Premier of Great Britain and head of the Conservative govern-

For The Cook

PINEAPPLE SPONGE

Heat one pint of grated or crushed pineapple over hot water. Sprinkle into it one-half cup fine tapioca (a quick-cooking kind), mixed with two-third cup sugar and one-half teaspoon salt. When the tapioca is transparent, add the juice of one lemon, and fold in the whites of two eggs which have been beaten stiff and dry. Serve with cream and sugar.

Germany To Settle War Currency

PARIS, June 4—Germany gave a solemn pledge to Belgium today that she would settle the war currency question between them before the Owen Deuyong Reparations plan goes into effect September 1.

The pledge appeared to have removed the last barrier from signing the general reparations agreement reached by the experts of seven nations on Saturday after near four months delay. The pledge was contained in a note from the German government to Dr. Hjalmar Schacht, chief German delegate. Schacht delivered the note to Young, who in turn handed it to the Belgium delegation.

Belgium had refused to sign the reparations agreement until she was assured of satisfaction for the wrecking of her currency during the German occupation when Belgium francs were confiscated and replaced by German marks.

Birthday Honors

LONDON, June 4—Roy Bridges, poet laureate, and John Galsworthy, noted writer, and playwright, are recipients of the order of merit in the list of birthday honors. Sir Stanley Hewitt, surgeon to the King, receives the order of knight companion of the bath, and a knighthood is conferred on Dr. Robert Woods, specialist in ultra-violet ray treatments, both of whom assisted in the treatment of the King in his recent serious illness.

ment which had guided the nation since October 1924, decided to tender the resignation of his ministry to the King. Mr. J. Ramsay MacDonald, Premier of the first Labor Government in history of England, is now considered certain to assume control of His Majesty's government.



Here they are, Mother!

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