

The Charlottetown Guardian

President, Lieut.-Col. W. Chester McLure... Secretary Lieut. Col. D. A. Mackinnon, D. S. O.

The Sinking Fund Mystery

Still no explanation from the Liberal organ as to the whereabouts of that fifty thousand dollars, which on Dec. 31 last year was in the sinking funds to be applied to redeem the Conservative debt...

The public, apparently, is not to be given an explanation of why the unnecessary borrowing of fifty thousand dollars over and above the amount required in this case has been incurred.

Fifty thousand dollars may seem a small amount to our political dictators, but to our farmers and taxpayers generally it represents a very considerable sum; and as it is their money, they surely have a right to know what the Government has done, or purposes doing, with it.

This is one of the drawbacks of democracy to admirers of the Appius Claudius type of steamship. The public insists on knowing what is going on!

Honouring Auld Scotia

St. Andrew's Day—the anniversary of Scotland's patron saint—will be celebrated on Monday night next by the Caledonian Club with the customary banquet at the Canadian National Hotel.

Monday night's function, at which the President, Mr. NEILL McCONNELL, will officiate, should fully measure up to the high standard of St. Andrew's Day banquets in the past.

English Divorce Legislation

For the first time in the twenty-four years of agitation for reform of the English divorce laws, a bill making desertion and insanity grounds for divorce has passed second reading in the House of Commons.

The "Baby Derby"

Now that the Millar Baby will have been pronounced valid, all that remains—and it is a pretty comprehensive "all"—is to decide the lucky heirs. Naturally the decision brought joy to six of the seven mothers who claim leadership in the \$500,000 "stork derby", but it clouded the claim of the seventh mother, Mrs. Pauline Mac Clarke...

probably be thrust out at a subsequent hearing to determine who among the mothers is entitled to inherit. Justice Middleton said he interpreted the word "children" in the will to mean "legitimate children", but he added that Section 24 of the vital statistics act would have to be considered in the final determination.

Editorial Notes

Another Bargain Day. New Brunswick is making a praiseworthy effort to eclipse us as the centre of ranch raised foxes and pelts.

The German-Nippon pact is one more nail in Communism's coffin.

Considered one of Canada's ablest exponents of international affairs, Mr. Paul Martin, M.P. for East Essex, will tonight deliver a public address on the League of Nations which should prove of interest to all our citizens.

Mr. Benjamin Bremner called at the Guardian yesterday and left a contribution for the Saata Pals Fund, though the opening has not yet been announced.

Over in Kentville they have their traffic accident trouble even as here, only more so. For instance Magistrate Yould would like to get together with a "Solomon" who could solve this problem.

The Hon. Duncan Marshall is outstandingly the best platform farmer in Canada, and is never at a loss in finding an illustration of his theorizing. He told the Central Ontario Women's Institutes at their Royal York Hotel banquet that the Premier had recently drained some swampy land on his farm and had learned that the soil was suitable for onion-growing.

Dean Gauss of Princeton is thankful that serious youth is supplanting the collegian in the coonskin coat and untrussed socks who dominated the undergraduate mode after the war for many years.

Our Maritime peer, Lord Beaverbrook, paid a flying visit to New York this week arriving one morning and sailing the same evening. In the interval he was interviewed, of course. "I do not believe in war," said Lord Beaverbrook, "and no nation is ready to fight. There will be peace in Europe for years to come and there will be no war until one nation can be supremely confident of victory, which no nation can be at the present time."

Many will recall the case of Brigadier General White who was on duty with the South African forces at the time of the Jameson Raid, and who was recalled in a suspicion of disgrace, which ended his military career.

Three times as many motor cars are owned by families with incomes below \$1,000 a year as are owned by those whose incomes exceed \$3,000. Three-quarters of all car-owning families have incomes below \$2,000, while only 10 per cent. are owned by those whose incomes exceed \$3,000.

Notes by the Way

And yet if there is anything we should be quite sure of in the music of the twentieth century it is that when the twentieth century is ended and its full story comes to be written at last, the men and women who shall be having their names written in the world war, as we look back at the war against Napoleon, and as the people of the eighteenth century looked back at the Thirty Years War, and will say to each other: "It was terrible, but it had to be. It is well for us that it happened, since out of its throes this new world of ours was born that could not otherwise have been."

Marshal De Bono, who commanded the Italian forces in the early stages of the war upon Abyssinia, has written a book to explain why the war occurred. According to his story, Mussolini decided in 1933 upon the conquest of Ethiopia, and began plans to that end in January, 1935. De Bono was sent to Ethiopia to pick a quarrel with Haile Selassie. He reported that the emperor did not intend to attack the Italian territory, whereupon, Mussolini instructed him: "In case the Negus does not intend to attack, it will be we ourselves who will take the initiative."

The Windsor Star is quoted by some other newspapers as saying that "the North is beckoning to young men today." The Windsor Star has its signs mixed. The North today is beckoning to capital, but is not in need of young men, or old.

Production of creamery butter in Canada during October amounted to 29,095,256 pounds, compared with 21,276,533 in the same month last year, a gain of 8.1 per cent. All provinces, with the exception of New Brunswick and Quebec, showed increases.

The Non-intervention Committee is regarded as having fulfilled one task well, though poorly. The committee has given the European diplomats a chance to open up steam, and has, therefore, proved a safety valve militating against more serious clashes.

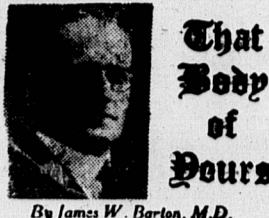
The pathetic race for security goes on, and after each lap, the competing powers are in the same relative position as before, with the one difference that all of them feel less secure than ever. Press campaigns in one country are answered by press campaigns in another; parades are set against parades; demonstration against demonstration; and at the end of it all fear and hatred of one people are met by fear and hatred of another.—Manchester Guardian.

Italy and France have joined Britain, United States, and Japan in "humanizing" submarine warfare by undertaking that before an enemy merchant ship is sunk, its crew, passengers and papers must be put in a place of safety, and open boats are to be so regarded unless near a shore or a rescue ship. Unfortunately these arrangements do not seem to stand up under actual test.—Ex.

The United States in the last six years has spent more than any other country for arms—\$3,975,000,000. And in 1935 when Europe's arms race was hitting a new stride, American expenditures on arms still were well in excess of those of any other nation.—Christian Science Monitor.

Father Coughlin complains that only 10 per cent of those who pledged themselves to support the Union for Social Justice actually voted that way. That's one thing about elections. Voting day often reveals how many liars there are in the community.—St. Thomas Times-Journal.

Callander, Ont., neither a mining nor an industrial centre, as the Montreal Gazette points out, is assuming the proportions of a boom town.



By James W. Barton, M.D.

Should You Eat More Food Every Day

Careful and controlled tests have shown that the sluggishness, which so often affects indoor workers in the early and late afternoon is due to the eating of heavy lunches and can be materially lessened by eating a light dairy lunch or some ready to eat cereal such as cornflakes with top milk and a gelatine, custard or fresh fruit dessert.

I am quoting Dr. Donald Laird, Colgate University, in Journal of American Dietetic Association. "Do you frequently feel 'that tired feeling' late in the morning and again late in the afternoon are you touchy and irritable or likely to make mistakes in your work? If so, it will surprise you to learn that in all probability you are not tired, that it would not 'buck you up' if you did rest; but you are just plain starved. What you need is food."

I am quoting from Albert Edward Wiggam's review of the book "Diet and Physical Efficiency" by Drs. Howard W. Haggard and Leon A. Greenberg. Yale University who ascribe "tiredness" to lack of food; they suggest that "larger" lunches should be eaten.

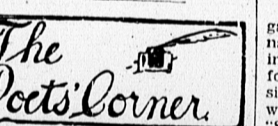
At first sight it is hard to reconcile Dr. Laird's statement that sluggishness is caused by heavy lunches with the statement of Drs. Haggard and Greenberg that lack of food is responsible for the tired feeling at this time.

As a matter of fact Dr. Laird is dealing with mental sluggishness or tiredness and Drs. Haggard and Greenberg with physical tiredness. Dr. Laird has students in mind when he says a large meal at noon causes sluggishness and Drs. Haggard and Greenberg are dealing with factory workers.

No office executive, director of a sales organization, speaker or other "mental" worker would think of filling himself with food just before any important meeting or address. He knows that a large meal brings a "sluggish" feeling and that he is not as alert as he would like to be. These executives will tell you that if they eat a large lunch they are "sunk" for a couple of hours after lunch.

But what about a big meal before engaging in hard physical work or exercise? A wrestler, boxer, football, tennis or other athlete does not want his stomach "filled" with food when he engages in a bout or game. He wants the floor of his chest to be able to go well down and enable him to breathe deeply, something that a full stomach would prevent to a great extent. A factory worker does not usually do hard physical work; machines do that.

The point then is that for mental workers and for physical workers it might be well to eat often but not as much food at each meal. Not, more food but more meals in which to eat our food, might be wise.



The Poets' Corner

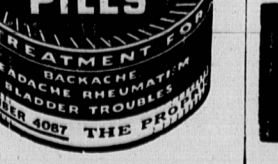
How large that tarrah looks on the bare mountain-tops! A swarm of such, three little months ago, Had hidden in one leaves and let none know Save by the outburst of their minstrelsy.

A white flake here and there—a snowflake of last night's frost—our naked flower-beds held; And for a rose-flower on the darkling mould The hungry redbreast gleams. No bloom, no bee.

The current shudders to its ice-bound sedge; Nipped in their bath, the stark reeds one by one Flash each its clinging diamond in the sun.

Shaft winds which for this Winter's sovereign pledge Shall curb great king-masts to the ocean's edge And leave memorial forest-kings o'erthrown. —D. G. Rossetti.

I will never have it that God created man to be a blank, and to do nothing. He made you for an end. Find out what that end is, find out your niche and fill it. —Spurgeon.



PUBLIC FORUM

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

"GROG SHOP AT YOUR DOOR"

Sir.—Emblazoned in heavy type the Patriot, in 1927, asked electors if they wanted a "grog shop" at their door? Mr. Thane Campbell, organizing the Prohibition campaign in Summerside, impressed this question very effectively upon the people.

The electors, until now the admitted arbiters of public policy, gave the overwhelming answer.—We do not want intoxicants in any form to be sold or used as a beverage.

Both Mr. Campbell (now Premier &c.) and the Patriot should be able to remember that emphatic decision from those who had the right to speak. But memory fails when the floodlights are turned on.

A year later (1928), in plebiscite the question was again asked, by the same enquirers, and the voters declared again.—We don't want rum or booze, or gambling, drivers, or mutilated and dead bodies, or impoverished homes in any shape or form. And yet memory still fails.

In 1925, only last year the question was asked, in an amended form.—Do you want a 100 per cent enforcement of the Prohibition Act? and the ballots gave a 100 per cent answer and mandate to thirty candidates, to enforce Prohibition to the utmost.

In less than two months the will of the people was set at defiance, the Prohibition Act practically repealed, and the grog shop, or shops, not only at the front door, but at the back door, on the roadsides, in marts and public places, luring our young men, and sadly too, even young girls, to their ruin. These travelling bootleg grog vendors, ply their infamy without apparent restraint from the year of our Lord, or from the year of our Lord's organ silent and numb. To its credit one of the organs, the Pioneer, is not always muzzled, and on law breaking has spoken out in fearless protest.

Is this giving the people what they asked for, and what was promised to them? Do they think that all who voted for them are so hide-bound to party that they will submit to any form of persecution and indignity? Are they not men of highest honor in the ranks of Liberals who will not muster in revolt against this flagrant perjury? Have the people no longer the right to rule, are they going to play the craven to autocracy and a self-appointed dictatorship?

Prohibition or Free Rum do you say? It is free rum in all its hideousness, fostered by government, to curse the people, probably the easiest government control province in Canada, it is better than in our so-called prohibition province. I am not for government sale. I have opposed it all my life and would do so while I live. But I worked and voted for prohibition here and I won out at the polls, only to have foisted upon us the worst and most shameful government system ever foisted upon an unwilling people.

I spent a Sunday in the City of Quebec, and saw less of drunks and disorder, travelling around, than I could see in one day in the small town of Summerside, or on a single street in the city.

It is time for the people to organize in self defence. Let indignation meetings be called demanding the government to either enforce the law as promised, or resign and hand over to the same who will. Let cease the day when—"Still like a spreading ulcer, which leech-craft cannot cure, When your foul usance eat away the substance of the poor. Still let your sins of torment be noisome as of yore. No fire when Thier freezes; no air in dog star heat. And stores of rods for free-born backs, and holes for free-born feet."

I am, Sir, etc. UNMUZZLED SPEECH

The Potato Quota

(New Glasgow Evening News) Highly praised when it was consummated, the reciprocity treaty between United States and Canada has been the recipient of any amount of praise since, especially in Liberal quarters; and occasionally in sources closely connected with the Conservative party.

It has been hailed by some of its most enthusiastic followers as the solution to Canada's economic ills. That it has played a definite part in promoting the increase in Canadian business, there is no doubt but that it cannot be said that, having accomplished this, we can afford to sit back on our laurels.

A news story in The Charlottetown Guardian explains that the reciprocity treaty was a help but not a solution. The Charlottetown story was simply that the potato quota, which governed the quantity of potatoes that could be shipped from Canada to United States, has been almost filled and that when it is filled, the old tariff of 75 cents a bushel automatically goes back on further shipments.

Reports received at Washington showed that 92 per cent of the quota had been filled but as not all ports of entries had sent in their figures, it was expected that the shipping margin was even smaller. And, here is the significant part of it, there still remain in Prince

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Where Did The Millions Go? (Exchange) Alberta's default of its bond maturity obligation amounting to \$1,250,000 on Nov. 1st, inevitably brings the question to mind what the administration has done with the money saved on interest reductions, compulsorily imposed on bondholders since June. From June to November, reduction in interest on provincial bonds from an average of 4.89% to 2.5%, has resulted in a saving of nearly a million dollars, which, together with about \$350,000 in sinking fund, should have amply met current maturity.

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