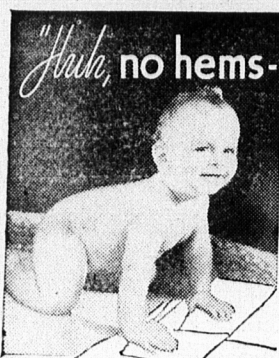


Woman's Realm Social and Personal Fashions Literature

Curity Living & Leisure The Woman's Realm

Layettecloth DIAPERS



now that's a sensible idea \$2.95 DOZEN

Moore & McCleod Limited

Charlottetown

UNEVEN CEILING EDGE CAUSES HEAT WASTAGE

Because escaping heat follows the lines of least resistance, the home builder must carefully eliminate weak spots in insulation continuity. Engineers point out weak spots in the insulation area serve as sleeves for heat, making the remaining insulation practically valueless, they report.

COURTESY
I am a little thing with a big meaning.
I am never idle or indifferent.
I help everybody.
I unlock doors, open hearts; dispel prejudices.
Everybody loves me.
I create friendship for you—good will for your business.
I inspire respect and admiration.
I am as infectious as laughter.
I violate no law.
I please those of high and low degree alike.
I am useful every moment of every day.
I bore nobody.
Many have praised, none have condemned me.
I cost nothing, save when you ignore me.
Then you lose friends, opportunity, wealth, and happiness.
I am that little trait called—**COURTESY!**
—Elizabeth J. Churchward

WASHABLE SHOWER PINS
The housewife who is fussy about details will revel in the new shower curtain pins which are made of colored plastics. They come in colors to match all sorts of bath room schemes and can be washed regularly with soap and water.

TO ACCOMPLISH HAVE A SYSTEM
One half of beauty is looking refreshed and relaxed. And at least half of looking refreshed is the ability to get the many things you have to do done without wearing yourself out or having everything overwhelm you. You'll find the key to solving this important beauty-aid problem by turning the calendar back to school days. Schedule. Remember the schedule? It got you where you had to be at the right time, allotted your time there and then bounced you right into your next appointment (which happened to be a class) in plenty of time. And you still managed to get everywhere without wearing yourself out. And, most important of all, you kept a complexion that was sufficiently radiant to be envied by all adults.

Prevent Worry
Well, even if you're no longer a school girl, a schedule is still a remarkably sensible and handy beauty aid. Suppose, for example, you're a working girl. Suppose, too, that you have some housekeeping problems that require your personal attention.
You can try to solve your housekeeping problems on weekdays—getting up the same time you always have, scurrying around your house or apartment, getting your job at home half done, then rushing to work, arriving late and, all in all, getting yourself nothing except a sallow complexion.
Then there's another way—the scheduled way. It involves either setting up earlier or doing your housework job week-ends. That gives you plenty of time to get both your home and office work done without fret and hurry. It leaves you fresh and untired—and that pays dividends which show up in beauty.

LEMON LEAVES
Plant the seeds from lemons and treat them just as you would herb plants. They will grow into attractive plants whose leaves may be used for delicate flavoring. A leaf in the bottom of the loaf cake batter will give a lovely flavor to the cake.

Dorothy Dix Says—

TRY BUSINESS METHODS IF MARRIAGE IS FAILING.

Don't Let Your Happiness Go Bankrupt Because Of Likes And Dislikes—Talk Things Over And Be Sensible

Dear Miss Dix—I am a man of 29. My wife died, leaving me with one child 2 years of age. Recently I married a girl who was a divorcee. For several years she had worked in an office and been independent of every one. We have only been married several months and we find we are different types of people, with different ideas about marriage. She cannot realize that now she has a home and a child to take care of, and she is very dissatisfied and unhappy, and we are always quarrelling in the presence of the child. She loves the child and tells me that if it wasn't for the baby she would not care to live with me. We are both very unhappy, and as time goes on she gets more and more discontented. What should I do in the matter?
P. H. F.

ANSWER—If you saw your business going on the rocks and realized that it would end in bankruptcy if you did not devise some better way of handling it, wouldn't you sit down with your partner and try to work out some more intelligent plan of managing it? Well, why don't you use the same common-sense tactics nowhere by blaming each other and calling names and fighting like a cat and dog.

OFF TO A BAD START
You have gotten off to a bad start in marriage, but it is not too late to retrieve your error. Don't let your first husband and wife to adjust themselves to each other and swallow their own human beings instead of angels.

Married people have to cultivate a taste for each other's little peculiarities and learn to like each other after they have ceased to be lovers, and it is a trick that you don't acquire in a day. You have one great asset in your favor. You both love the baby, and however poor a wife she may be to you, she is a good mother to your child, and believe me, that is a lot. Being a tender and loving stepmother to your child atones for a lot of bad housekeeping.

The trouble you are having with your wife calls attention to the fact that going into business does unfit a large number of women for domestic life. Not every woman is a born housewife, any more than every man is a born carpenter or lawyer.

LIKES AND DISLIKES
There are women to whom the rattle of pots and pans is the music of the spheres, and there are other women to whom it is the crack of doom. There are women to whom their own earth is a paradise on earth. There are other women to whom their homes are nothing but jails in which they have to serve out life sentences at hard labor.

And if he finds, as you have done, that he has acquired a wife with the business complex instead of the domestic one, the best thing he can do is to let her go back to her job and hire a good cook to substitute for her in the kitchen. That may not be the husband's idea, but it is a better one than divorce. Suppose you try it.

DON'T BE A MARTYR
Dear Miss Dix—My mother is a widow and has been for 23 years. Three of us children are home, and we work and turn our wages over to her, and she gives us what money we have. She has always had her way about everything, and we have always obeyed her. Now my problem is this: I am 27 years old and am in love with a man who wants to marry me. He is a fine man, my mother permitted me to correspond with him when he was away from home; but now that he has come back she orders me to give him up, and says that if I marry him she will kill me or herself. I doubt that she will do that; but I know I'll marry against her wishes she will never forgive me. I don't want to be an old maid. I do want to marry the man I love. I want some happiness, yet I don't want to make my mother angry. What shall I do?
UNDECIDED DAUGHTER.

ANSWER—Unless you are utterly spineless, take happiness while you have a chance at it. Go on and marry your man. Don't discuss the matter any further with your mother, for she will say things to you that you will find it hard to forget, and that your fiancé will never forgive. Just step around to the parson's some day and have the knot tied, and by the time you get back from your bridal trip your mother will have accepted the inevitable, her wrath will have evaporated, and before the year is over, she will be bragging about her married daughter and thinking she made the match.

Don't lose any sleep worrying about your mother committing suicide. She hasn't the faintest idea of doing so.

As long as parents are reasonable in their demands upon their children, it is the children's duty to accede to them; but when the parents' sacrifices that are prompted by nothing but selfishness and tyranny, the children are weaklings and idiots not to assert their right to their own lives and choices.
DOROTHY DIX.

Needlecrafts For The Home

Are you looking for an apron that will cover you up completely, yet be as pretty and attractive as it is practical? Two of them are included in this useful pattern, and we think you'll want to make them both up. The first features a figure-flattering waistband and dainty applied bands around the hem. The second has a snug basque bodice and gay ric-rac trimming. They'll both cover your dresses safely as you go about your morning chores.

Style No. 3479 is designed for sizes small, medium and large. Medium size requires 2 1-8 yards of 39-inch fabric, 1 1/2 yard 35-inch contrasting for apron with applied bands; 2 1-8 yards 39-inch fabric, 6 1-4 yards of ric-rac for basque bodice apron.

A Morning Smile

"This suit is very shabby, George. Shall I send it to the jumble sale?"
"No dear. That's the one I wear when I go to protest against my income-tax assessment."

JUST CURIOUS
A man returning home in the early hours saw a notice on a factory door. It read: "Please ring the bell for the caretaker."
He gave the bell a terrific pull, nearly dragging it from its socket. Shortly a sleepy face appeared.

"Are you the caretaker?" asked the man.
"Yes," came the reply. "What do you want?"

"I just want to know why the dickens you can't ring the bell yourself."

China's gifts to the western world include soy beans, tung oil, gardenias, camellias, wistaria and silk.

Within another year garages made of canvas may be on the market. They will cost much less than wooden garages and may be assembled completely within a few hours.



3479 SMALL MEDIUM LARGE



Send twenty cents (20) coin preference pattern. We will plainly your Name, Address and style number. Be sure to state size you wish.
Style No. 3479 Size

Name _____
Street Address _____

Robin Hood Oats Offer QUICK, LASTING FOOD ENERGY FOR YOUR WHOLE FAMILY!

Give your family the kind of food energy that lasts right through till noon—the kind of food energy they'll get in every serving of Robin Hood Oats—the super-delicious breakfast cereal milled by Robin Hood Flour Mills.

Skilfully-processed from choice, sun-ripened grain, famous Robin Hood Oats are rich in food-energy-giving carbohydrates. They give you 65 units of Vitamin B₁ (Thiamin) per ounce and essential minerals and proteins too.

There's a lovely piece of distinctively-patterned genuine English Chinaware in every Robin Hood Oats Premium package. Start your set now. Ask your grocer today for Robin Hood Pan-Dried Oats in the "Chinaware" package.

Robin Hood Flour Mills Limited

THE COOK'S CORNER

EGGS IN GLORY
1 can mushroom soup, prepared for serving
4 eggs
Grated cheese

Fun to Reduce on Low-Calorie Diet



300 CALS
BAKED BEANS

290 CALS
HAM AND PINEAPPLE AND STRING BEANS AND POTATO

Fewer Calories — More Food
If you could only see yourself as you'll look after a low-calorie diet! Slim as a willow and years younger.

It would be worth it even if you had to go hungry a while, but you can lose two pounds a week without skipping a meal, a course or a vitamin!

You just avoid dishes that are dynamic in calories. A good serving of pork and beans has 400! But a whole lunch may have less—pork loaf (100), buttered string beans (65), baked potato (100), fresh pineapple (25). Only 290 calories in all!

You may even have desserts. A chocolate fudge sundae (450) is out, but lemon ice has only 100.

It's easy to keep your good resolutions as you see your new slim figure emerging. Also your properly-planned diet has the vitamins foods that make you prettier each day—carrots (20 each), egg (70).

Our 32-page booklet has 42 low-calorie menus, tasty and scientifically planned. Includes a calorie chart—a three-day liquid diet to start with.

Send 20c in coins for your copy of "The New Way To a Youthful Figure" to the Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

New under-arm Cream Deodorant safely Stops Perspiration

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure, white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

ARRID is the LARGEST SELLING DEODORANT. Try a jar today!

ARRID

At all stores selling toilet goods (also in 15¢ and 5¢ jars)

4 slices buttered toast
Method: Ready-to-serve mushroom soup is merely poured into a pan and heated. However, if condensed soup is to be used, this should be prepared and diluted, according to the directions on the can.

PINEAPPLE OMELETTE
1 No. 2 can crushed pineapple
1 lemon juice and grated rind
4 eggs
1-2 teaspoon salt
2 tablespoons butter
Grated cheese
Method: Drain 1-4 cup of the juice from the contents of the can of crushed pineapple and reserve this for use in the omelette.
Simmer the pulp and remaining juice with the grated rind and juice of the lemon for 10 minutes.
Add the salt to the eggs, along with the 1-4 cup pineapple juice and beat until thick and lemon colored. Heat the butter in a pan and pour in the egg mixture. As it cooks, lift the edges with a spatula, allowing the uncooked portion to run underneath. When all of the omelette is of a creamy consistency, allow it to brown slightly on the underside, then spread part of the hot pineapple mixture on the half of the omelette. Fold over the omelette and turn onto a hot platter. Pour the remaining pineapple mixture around the omelette and sprinkle with grated cheese.
Set under the broiler for a few minutes, until the cheese begins to melt.

ECONOMY SCRAMBLED EGGS
1 cup milk
1 teaspoon salt
4 eggs, well beaten
4 teaspoons butter

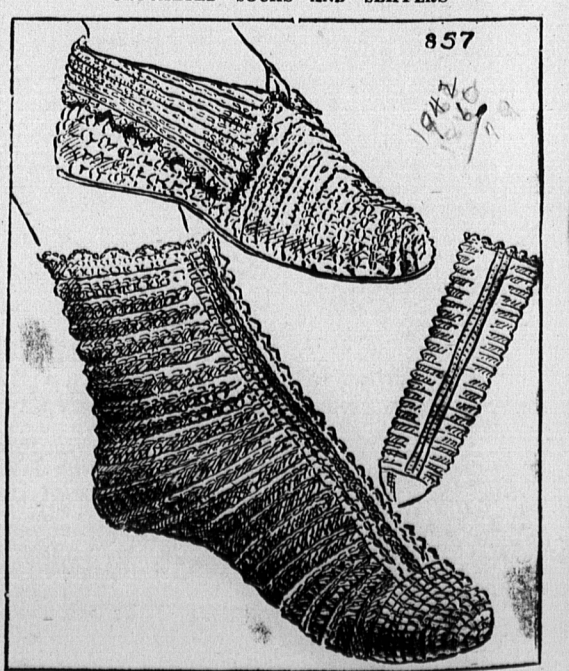
Method: Beat the eggs thoroughly then add the milk and salt and beat well again. Melt the butter in the top part of a double boiler, over boiling water. Add the egg mixture and cook over very low heat for 20 minutes without stirring.
If more eggs are used, it will require a longer cooking time. These are nice served heaped up on a platter and surrounded with a border of buttered vegetables. This will yield 6 servings.

IT'S "FATHER'S DAY" OFTEN NOW—EVERY TIME I SERVE PREM



Make "Father's day" come often to your home, too. Serve delightfully different Prem, the sugar-cured, ready-to-eat meat with the he-man flavour that will satisfy the whole family. Serve hot or cold. Prem is ideal for buffet lunches, breakfast, dinners, sandwiches AND the unexpected guest! Keep several tins of Prem on hand. Get it in the easy-to-open round red tin today. A product of Swift Canadian Co., Limited.
BUY MORE WAR SAVINGS CERTIFICATES

CROCHETED SOCKS AND SLIPPERS



DESIGN NO. 857

These crocheted slippers are quick and simple to make. Anyone may attempt with success. Pattern No. 857 contains list of materials needed, illustration of stitches and complete instructions for making socks and slippers.

To order pattern: write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, To Charlottetown Guardian Needlework Department Design No. 857

NAME _____
STREET ADDRESS _____
PROVINCE _____ CITY _____

Merle Oberon explains her Beauty Care to You!



Here's How this Clever Star Cherishes Her Thrilling Complexion

MERLE OBERON'S exotic beauty has thrilled thousands. This wise star says that Lux Toilet Soap is a wonderful aid in keeping skin smooth. She explains her daily facial cleansing. "Gently pat the lather into your skin. Rinse first with warm water, then with cool. Now dry with light quick pats. Your skin feels smoother, looks fresher!" You can follow this simple beauty care at home. Lux Toilet Soap's Whipped Cream Lather does a thorough job... carries away every trace of dust, dirt and stale cosmetics.

To make sure of skin that's sweet... of appealing daintiness... use Lux Toilet Soap for your bath, too. Its refreshing Whipped Cream Lather has an exquisite, delicate perfume... leaves a subtle clinging fragrance on your skin.



9 out of 10 Screen Stars use Lux Toilet Soap

A LEVER PRODUCT