

Woman's Realm Social and Personal Fashions Literature

Lenten Meditations

Almighty God, who by Thy grace and providence hast brought my great and crying sins to light, I most humbly beseech Thee to continue Thy grace and mercy to me, that my conscience being now awakened, I may call my ways to remembrance, and confess, and bewail and abhor all the things which I have done against Thy will, and give me true repentance for them, even that repentance to which Thou hast promised mercy and pardon, that when the consequences of my wickedness may bring a blessing to me, and that in all I may find mercy and grace, through the merits and mediation of our Lord Jesus Christ. Amen. Bishop Thos. Wilson (1683-1755).

Thou hast called us to Thyself, most merciful Father, with love and with promises abundant, and we are witnesses that it is not in vain that we draw near to Thee. We bear witness to Thy faithfulness. Thy promises are Yea and Amen. Thy blessings are exceeding abundant more than we know or think. We thank Thee for the privilege of prayer, and for Thine answers to prayer; and we rejoice that Thou dost not answer according to our petitions. We thank Thee for the things which are not best for us, if Thou didst grant all our desires according to our requests, we should be ruined. In praying with our little children we give them, not the things which they ask for but the things which we judge to be best for them; and Thou, our Father, art by Thy providence overruling our ignorance and our headlong mistakes, and are doing for us, not so much the things that we request of Thee as the things that we should ask; and we are, day by day, saved from perdition and ruin by Thy faithful love and by Thy careful love. Amen.—Henry Ward Beecher.



The Crowning Achievement in Flavor
KING COLE
Tea and Coffee

A Morning Smile

Mr. Newlywed—Do you mean to say there is only one course for dinner tonight—just cheese?
Mrs. Newlywed—Yes, dear. When the chops caught fire and fell into the dessert, I had to use the soup to put it out.

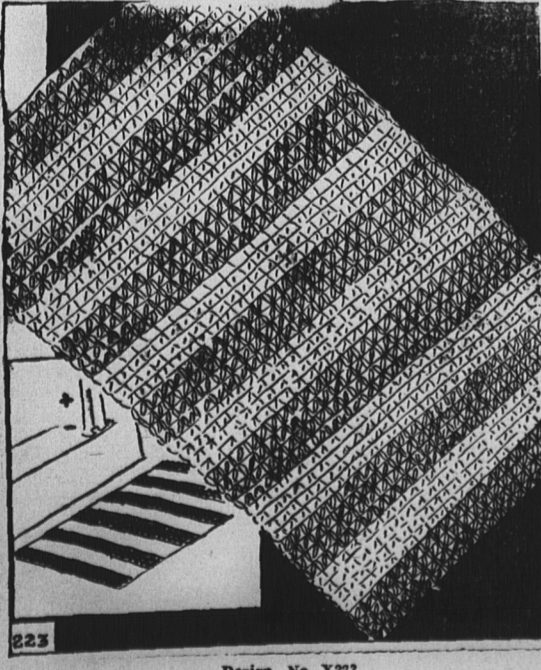
HARD TO LOCATE
The village teacher was having difficulty with some little vacancies. After several unsuccessful attempts, she asked little Tommy:
"Can you tell me where Noah lived?"
"I don't think he had a regular home," replied the boy. "I imagine he and his family belonged to the floating population."

Your Individual HOROSCOPE By Frances Drake

For Wednesday, March 19th

MARCH 21 to APRIL 20 (Aries)—That buoyance and unctious that usually goes with you of this zodiacal period (if you are a true lively Aries) may be a bit "down" today and need a picking up. Give yourself a brisk pep talk, and then do something about what you say.
APRIL 21 to MAY 20 (Taurus)—No time to lose with unnecessary details or other trifles, this is a period for steady, sturdy work. And if you have no definite work to do, get yourself some. There is much good to be done, and especially in government, civic and charity matters.
MAY 21 to JUNE 21 (Gemini)—You will be tempted to be too quick in actions, probably to misjudge in important matters if you aren't on your guard this week, friend. You can gain ground or slip backwards—It is up to you!
JUNE 22 to JULY 21 (Cancer)—Money and personal business matters especially favored. But whatever your regular work and in whatever other urgent issues you have a hand, you can advance rapidly. Make it a record day in some particular way.
JULY 22 to AUGUST 21 (Leo)—"Fair"—and better as day advances (tomorrow carries special advantage personal and general indications.) Be careful to avoid misunderstandings and confusion.
AUGUST 22 to SEPTEMBER 21 (Virgo)—Protect personal money matters; don't tell your private affairs to outsiders. Be careful with whom you associate both in business and in social activities. Be prudent generally.
SEPTEMBER 22 to OCTOBER 21 (Libra)—Note advice to Virgo—heed it, especially regarding private money and other personal affairs. Investigate thoroughly all proposals you contemplate. Be a good listener.
OCTOBER 22 to NOVEMBER 21 (Scorpio)—Born before November 10th? Few restrictions if you put in and do your best on your biggest job. Let the minor or social matters wait. Born after November 9? May have more obstacles to achievement, but don't let that discourage you. Drive onward.
NOVEMBER 22 to DECEMBER 21 (Sagittarius)—Particular care advised in industrial, banking, legal, contract and budget matters. Be cautious making transfers of property, money, anything valuable. Act and think logically.
DECEMBER 22 to JANUARY 21 (Capricorn)—Here's where we check on our disposition and domestic harmony. There are a ways little ways in which we can improve daily; make this your inventory day for your personal habits and beliefs.
JANUARY 22 to FEBRUARY 21 (Aquarius)—On your guard against fakers, unscrupulous schemers out to get your money at any cost. You have a good head—use it. Protect your income. Government matters deserve your cooperation.
FEBRUARY 22 to MARCH 21 (Pisces)—Tact in business is as important as it is in other affairs. Honesty and going more than halfway to cooperate and bring about harmonious relations are "MUSTS". Pull this day out of the mediocre class.
A CHILD BORN ON THIS DAY Quietly persuasive, thoughtful, forceful, sane, conventional, idealistic, responsible, intelligent and generally complacent. Should develop more persistence of the right order, occasionally indulges a healthy outdoor exercise, and always place its trust in God's goodness.

CROCHETED RUG



This lovely rug, done in a herringbone design, may be crocheted to match the color scheme of the room in which it is to be used. A variety of color combinations may be used. Pattern No. X223 contains list of materials needed, illustration of the design and complete instructions. Design No. X223

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, P.E.I., or to Charlottetown Guardian Needlework Department

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Dorothy Dix Says

THERE ARE TWELVE REASONS WHY HUSBANDS FLEE WIVES
Average Man Marries With Idea Of "Staying Put." And If He Doesn't, You Don't Have To Look Far For The Cause

According to statistics, 17,500 husbands deserted their wives in 1940. Commenting on this, the dean of the Temple University Law School says that it is the women's fault and that if they would try as hard to please their husbands as the husbands do to please their wives, the husbands would never run away. Common observation does not bear out this theory of why husbands leave home for all of us know men, like Roark Bradford's "John Henry," were born with a itching foot and a wandering around in their wavy minds that no marriage bond, no matter how glued—could make stay bonded. We know other men, with changeable taste in ladies, who could not stay faithful to any one woman, even though she were as beautiful as movie star, as amiable as Patient Griselda and more of older men who swell the migratory husband list just because they want hard liquor (possibly) spend their money for hard liquor (possibly) for the baby, and who just don't like being tied down to a wife and kids anyway. However, these flitting now-you-see-em-and-now-you-don't husbands are in the minority.

When the average man marries he means to stand by his bargain. And makes her symptoms the chief topic of conversation. Second, Comes down to breakfast in a none-too-clean negligee, without combing her hair and with cold cream still on her face. Third, Saves up and retells a lot of the children's misdeeds and every unpleasant incident that has happened during the day. Fourth, Runs him in debt by trying to keep up with the Joneses, and complains because she can't have everything that rich women have. Fifth, Criticizes everything he does and doesn't do. Sixth, Shows no sense of humor. Makes tragedies of things she should laugh off.

THE COOK'S CORNER

SOUR MILK COFFEE CAKE
1-2 cups bread flour
1 cup brown sugar
1-2 teaspoon salt
1-2 cup butter or shortening
1 teaspoon baking powder
1-2 teaspoon soda
1-2 teaspoon cinnamon
1 egg
3-4 cup sour milk
Cinnamon
Method: Sift the flour, then measure and mix with brown sugar and salt. Add the butter or shortening and cut this in until the mixture is in coarse crumbs. Take out 3-4 cup of the mixture and reserve this for the top.
Mix together the baking powder, soda and cinnamon and add to the remainder of the crumb mixture. Beat the egg and add it; the sour milk, then blend this into the spiced crumb mixture. Beat briskly until the batter is smooth. Pour into a greased, shallow pan and sprinkle the reserved crumb mixture over the top. Sprinkle this in turn with a few chopped nuts and a dash of cinnamon. Bake in a moderate oven (375 deg. F.) for about 35 minutes, or until done.

RICH COFFEE RING

2 cups sifted flour
2 tablespoons sugar
3 teaspoons baking powder
1-2 teaspoon salt
1-2 cup shortening
2-3 cup milk
1-4 cup currants
1-4 cup brown sugar
1-4 cup finely chopped apple
1-4 cup chopped blended almonds
1-2 teaspoon cinnamon
Method: Sift the flour and then measure it and sift again with the sugar, baking powder, and salt. Add the shortening and cut in with two knives or a pastry blender until the mixture is in fine crumbs. Add milk enough to make a soft dough. Knead lightly on a lightly floured board and roll to about 1-4-inch thickness in a rectangular shape. Spread with a filling made by mixing the currants, brown sugar, chopped apple, almonds and cinnamon. Roll up like a jelly roll, bring the ends around to meet in the form of a circle. Cut gashes one inch apart, with scissors around the outside of the ring. Brush the top with melted butter and sprinkle with brown sugar and cinnamon. Bake in a moderate oven (375 deg. F.) for about 35 to 40 minutes.

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GET SOME TO-DAY

South From Mayfair

By Pearl Bellairs

CHAPTER XXV
SUMMER OF HEARTACHES

"I think your father is seriously worried about your staying away so long, though he respects your independence enough not to say so," wrote Miss Morris from England in June.
Lorna was still selfish, Lorna wondered, in staying in New Zealand if it distressed him? She had learned so much in six months about being a useful, normal individual. But much of her purpose in staying had faded. Her fancy that she had wanted the blue sky and the wide open spaces of New Zealand was only an empty dream. A symbol of something she could never have. Better go back where she was needed.
She left her job with the doctor's family and went to Wellington, where she admitted her presence to some people she had met when she was with her father, and went to stay with them while she took her passage to London.
A taste of the old social life again. She went to a big private dance and met Flight-Lieut. Westry. But she found it all terribly tasteless; and Flight-Lieut. Westry was very polished and pleasant, as well as extremely attentive, but she had no wish to flirt with him whatever it could never go back to this again, she thought.
Her friends said to one another: "She obviously hasn't got over that frightful accident to Captain Berthel Westry. Look at her. Even anyone so terribly changed?"
But one girl said: "I think she's improved! She's so less and now, even if she isn't so bright!"

Her passage was booked for the end of June when she met Benning, sitting in his car's van, drawn up on Lambton Quay.
"You're a long way from home!" Lorna said cheerfully.
"I brought down a load of furniture for a fellow in the Post Office that was shifting down here," Benning explained. He looked a bit gloomy. "We're in a bad way at home! The wife has got a clot of blood in her leg thrombosis, the doctor says she's got to lie up, and there we are, children and all, with one to serve the meals in the tea room. It's worrying her that much! She's making half-past seven. There's no getting a bit of help in the town, either!"
Lorna spoke with ready warmth: "Why, Mr. Benning, I'll come up and help her!"
"You will?" said Benning.
"I'm not working," Lorna said, but she could see the van was hooked out back. I could stay for a week or ten days."
"But I'm going back in half an hour," objected Benning. "I can't conceal his wife's name as he added: "My word, it's good of you to offer, Miss Marry!"

"Two fried eggs on chips and one coffee, please!"
In the small tea room attached to Mrs. Benning's shop, a regular crowd of van drivers took their lunch and tea at three small tables. The shop was poky and shabby, the kitchen behind was hot. Eva, the girl who usually did the serving, cooked the meals while Lorna served and washed up.
Her red-haired loveliness drew many curious looks, in spite of her plain woolen frock and apron. But she had learned the aloof friendliness of manner which gains the respect of the roughest man.
The drivers of the Auckland service-car came in there; too one for lunch, and another for tea. Remembering Hawkford, Lorna looked at them with a faint, wild expectation. Suppose one should be he? But neither was.

Outside it was winter, a cold, wet wind blew in the telegraph wires above the ugly, tin-roofed street. Her one New Zealand summer was definitely in the past. Buried forever. In a fortnight she would be gone from the country; that chapter of her life was finally closed.
But at least she had learned something from it.
"You're a real angel!" Mrs. Benning told her. "That's what you are!"
It was good to hear that, at any rate, and to see the relief and con-

Tina Takes a Tip



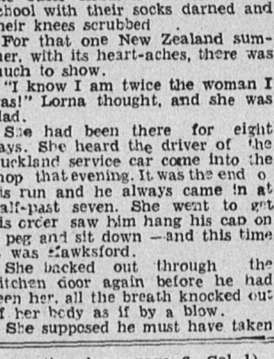
WHERE'D I GET THIS GRAY SHIRT?
OH, HENRY THAT'S NOT A GRAY SHIRT—IT'S ONE OF YOUR WHITE ONES!
WELL YOU'VE GOT TO DO SOMETHING ABOUT IT. I CAN'T WEAR THESE DINGY SHIRTS.
THIS SHIRT IS MARVELOUSLY WHITE NOW—HOW'D YOU DO IT HONEY?
USE SUNLIGHT IT'S THE ALL-PURE SOAP THAT GETS THINGS NATURALLY WHITE BY GETTING THEM REALLY CLEAN...
SO NOW I JUST DON'T KNOW WHAT TO DO...
WITH SUNLIGHT! AND IT'S SUNLIGHT FOR ME FROM NOW ON!... KEEPS COLORS NATURALLY BRIGHT, TOO!

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New Curtains to Welcome Soft Breezes of Spring



"Cornice" Style Easy to Make
Spring is curtain-making time! You can easily make these enchanting ones of crisp dotted Swiss—even if you never made curtains before.
The smart "cornice" is just a 4-inch band of crinoline covered with the Swiss. Fold a strip 12 inches wide three times around the crinoline, as the diagram shows, and stitch rickrack along the edges. Then stretch band across top of window casing and tack at sides, concealing the tacks with rickrack flowers.
The curtains are two straight pieces from the "cornice" to about 12 inches from the floor. To sew on the lowest ruffle, you split the bottom hem of the curtain, insert the ruffle and stitch.
The other ruffles are stitched on upside down and allowed to fall over.
That's all! And you can as quickly make other attractive curtains for your entire house! Our 32-page booklet tells in detail how to make drapery curtains, formal draperies, glass curtains, swags, valances.
Send 20c in coins for your copy of New Ideas in Making Curtains and Draperies to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

Living & Leisure - The Woman's Realm

HELPING
Granny's knitting socks for soldiers. Mummy's knitting caps! Sister Sue is knitting mittens, Cook, warm woolly wraps!
And Jane is teaching me to knit. It's very hard, you know. Cook says my fingers are all thumbs. And that's why I'm so slow.
Push in the pin, wrap round the wool.
Now pull the new stitch through; Slip it off—Oh! Oh! I've dropped.
Now what must I do?
I'd love to knit a scarf for Daddy, I want to do my share of help, If I am only three.
Sue laughs and says I'm much too small.
But Gran says, "Never mind. If you can't knit, you're so useful. When there's any wool to wind."
—The Kiddies' Magazine.

BREAKFAST CEREAL
If you are tired of your breakfast cereal routine, try mixing two or three of the ready-to-eat cereals. Add fresh fruit, light cream and sugar.

ONLY A LITTLE GLUE
Don't let the chair become broken and weakened just because one riving has become loose. Mend it yourself by reattaching furniture glue, tie securely and do not use the chair for several days. It will be as good as new.

CARE FOR THE GREASY SKIN
The greasy skin is the skin that you can cleanse with water. But however and whenever you clean it you must always use a strong astringent afterwards. Greasy skins make for open pores and blackheads, more than any other type, and the way to avoid these troubles is by closing the pores. Never grudge the money spent on an astringent—it is the latchkey to the perfect complexion. Save on everything else but not that. This is honest advice.
Avoid greasy foods and its constipation increases the oiliness, and it is a good thing to drink a pint of warm water every night, and to take a saline in the morning.
For day treatment, cleanse with a lotion, use your astringent, and then put on a light powder. Powder over this, brushing it in with a soft "baby" brush, and don't hurry the process. It takes time to make up well.
For capes are in and they are growing stronger every day.
Oysters excellently in cream of mushroom soup make a dish of ultra-meatiness.
Always try fat with a piece of bread before putting in croquettes. When bread browns fat is sufficiently hot to fry croquettes.
Do not rest your asparagus. As soon as you can, plow the path as shallow as possible and rake out the grass roots, remembering that each inch of root left will start again. You won't then lose your cut for a year or two, as you would if asparagus were rest.

Needlecraft - For The Home



Here is a jacket dress that you can wear right now as well as all through the Spring months. Its boxy jacket is figure flattering, especially for the more mature woman. Flat pleats in the skirt make it slim but give you plenty of room for walking. Choose your fabric wisely for complete all around wearability. Sheer wool makes a smart suit dress and heavy crepe is lovely too. A striped blouse is pictured but you may prefer a solid pastel or a flower print, both of which are smart and suitable.
Style No. 2773 is designed for sizes 14, 16, 36, 38, 40, 42 44 and 46. Size 36 requires 4-1/4 yards of 39-40 inch fabric for jacket and skirt; 11-5/8 yards for waist.
Send Twenty (20c) coin in preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.
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