

Woman's Realm Social and Personal Fashions Literature

"I'm Saving Clothes in Wartime"

THE NEW OXYDOL WAY!

I wash White without bleaching ... Clean without hard rubbing!

You Too Can Get A Glorious White Wash And Make Your Clothes Last Much Longer

Think of it! Glistening white—so safely your clothes last much longer.

With today's New OXYDOL... you can avoid the harsh bleaching that so easily weakens fabrics and fades colors. You can avoid the hard rubbing that causes so much washday wear and tear!

Your clothes come dazzling white. New Oxydol with livelier "Hustle-Bubble" suds is now much richer in washing power. Every ounce gets more dirt for you without extra washer-running time.

What's more, you'll find New Oxydol goes after that stubborn grime, that gradual yellowing so many women notice with other soaps.

What a difference! Except for stains, of course, or unusual pieces, your wash comes gloriously white without bleaching.

So switch to this modern soap that's so kind to your clothes... so safe for your colored washables and dainty washable rayons! Get OXYDOL! Make your clothes last longer in wartime!

Made in Canada

THE COOK'S CORNER

RHUBARB FOAM
2 cups sliced rhubarb,

1-3 cup water
1 tbsp. cornstarch
1-3 to 1.2 cup sugar
1 teaspoon vanilla
2 egg whites, stiffly beaten

Cook the rhubarb in water until tender and then add the sugar and corn starch which have been blended. Cook this until there is no taste of raw starch. Allow to cool. Fold in stiffly beaten egg whites and vanilla. Chill and serve with a custard sauce made

KITCHEN ACCESSORIES ARE INEXPENSIVE GIFTS

1012

DESIGN NO. 1012

This pot holder is created in the popular popcorn stitch. The flower dish cloth is crocheted and is very unusual. They are quickly made. Pattern No. 1012 contains list of materials needed, illustration of stitches and complete instructions for making both items.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, To Charlottetown Guardian, Needlework Department.

Design No. 1012

NAME _____

STREET ADDRESS _____

CITY _____ PROVINCE _____

Dorothy Dix Says—

GIRL WANTS TO BE TAUGHT HOW TO WRITE LOVE LETTERS

Many An Enamored Woman Wishes She Had Never Learned To Write

A young girl asks me whether I will tell her how to write a love letter. Good Heavens, no! A thousand times no! I would just as soon teach her how to commit hara-kiri or aid and abet her in perpetrating any other crime as to furnish her with a recipe for smearing her heart on paper.

For of all the follies that girls ever commit, of all the things they do that get themselves into, their old love letters lead the rest. Many and many a woman has wished that she never had learned to write, and envied the flirtatious heroine in one of Rhoda Broughton's novels who boasted that whatever she may have said to men not one of them had a line of her handwriting.



Would that all girls followed this noble example of prudence and did their spooning by word of mouth, or over the telephone, or by telegraph or radio, which do not encourage gushing sentimentalities as does sheet of white paper nor leave a permanent record of how idiotic a girl can be.

For some unknown reason letter-writing is a peculiarly feminine vice. Ink goes to a woman's head like strong drink, and when she sits down before a desk and takes pen in hand she becomes just as irresponsible as any drunkard for what she does and says.

The younger she is, the more intoxicated she gets. She throws caution and truth to the wind and lets herself go on a sentimental jag. She writes boys whom she scarcely knows and for whom she does not care a rap, and sleeps with them and that life is a howling wilderness without them. She entreats them to return and save her from perishing of a broken heart, though she doesn't care whether she ever sees them again. She is even besotted enough to repeat what she considered romantic details of petting parties and she signs herself "Your loving Jane" or "Your World Without End Devoted Sally," or "Your blue-eyed Susan."

NOT GENUINE AFFECTION

Now these letters would be bad enough, goodness knows, if they were the genuine outpourings of affection from a girl who was in the grip of a great passion, but nine times out of ten they are no such thing. They are the vapourings of a sentimental school girl who is imagining she is her favorite movie actress and is repeating some of the sizzling avowals of love that Great Garbo or Myrna Loy made in their great scenes.

And the poor little nitwit who is sending this impassioned document off to some boy she has never even seen, or perhaps to her screen idol, doesn't realize the portent of what she is doing or how cheap she is making herself.

Nor does she stop to consider what becomes of those love letters she writes so blithely. Perhaps she imagines that the boy regards them as a sacred treasure and for whom she does not care a rap, and sleeps with them under his pillow. If she does, she knows little of boy or masculine nature. If he is a cad, he shows them around to prove what a devil he is among the girls.

SOME USED FOR BLACKMAIL

If he is merely careless, as most men are, he leaves them around in bureau drawers and coat pockets for his mother and sisters and house maids to read and ggle over. Worse still, if he is unprincipled, he uses them for blackmail, and many and many a father buys back at a high price the silly love letters his indiscreet daughter wrote to some sound-reed to whom she wasn't even engaged.

Some girls have the letter writing complex so badly that they not only write to a boy first, but if he doesn't answer their letters they write again and again. This is the worst possible technique to use in keeping his interest in them alive. It makes the girls seem too eager, for one thing, and, it bores him to tears to be snowed under with letters that he doesn't want.

Few men are afflicted with pen paralysis, and if one wants to hear from a girl he takes the initiative in a correspondence. Furthermore, it is the letter he looks for but never comes the weather. I implore them and makes him want to find out what's happened to Sally.

So for these and a thousand other reasons I urge girls to be chary and choosy about writing letters. And, above all, never write to a boy anything more personal than a discussion of the weather. I implore them when they are tempted to write love letters to sit on their hands until the impulse has passed.

from the egg yolks. This will serve 4 to 6.

CHOCOLATE SPANISH CREAM

Follow recipe for Spanish Cream. Melt 1-2 cups unsweetened chocolate in milk when making custard mixture. Beat with rotary egg beater. Then add egg yolks and sa.

OFFEE SPANISH CREAM

Follow recipe for Spanish Cream, using 1-2 cups coffee and 1-2 cups milk as liquid.

CARROT PUDDING

1-1-2 cups flour, 1 cup brown sugar, 1 cup beef suet, 1 cup stoned raisins, 1 cup currants, 1 cup grated raw potatoes, 1 cup grated raw carrots, 1 teaspoon soda. Steam or boil 3 hours.

WANTED TOO MUCH

TENDRING, England — (CP) — Because willard's expedient roast beef and chicken every day the local council of this Essex village has abandoned a scheme to provide hot midday meals for rural workers.

Hold Your Partner

Hold your partner! Protect yourself against odour and dampness by using Odo-ro-do Cream. Non-gritty. Harmless to fabrics.

STOPS PERSPIRATION

1 to 3 DAYS

He Never Took Her Out Until...

He was a fine husband in most ways—but for months now she hadn't been able to stir him out of his chair in the evening. They never went any place—they were leaving their friends. All the fun and comradeship was going out of their marriage. His excuse was always that he was "too tired"—until she got sick of hearing it. One day when talking to her druggist about George, he suggested Dr. Williams' Pink Pills. George said he'd try them but didn't believe they would help him. To his surprise and her delight, he began to notice that his work did not tire him as it had... he slept more soundly—he felt better and his nerves felt calmer. You'd never know George today—he's going ahead in his business—he comes home full of vigor and in high good humor; is always ready for an evening's fun.

Many men like George can blame his feeling of weakness—of nervous exhaustion on a run-down condition of the blood. Don't wait—try Dr. Williams' Pink Pills. They are identified with Vitamin B₁. They are wonderfully effective in building rich, red blood so necessary to vigor and strength and have helped thousands to get back "in the pink"—your druggist today for Dr. Williams' Pink Pills.

Change Nerves to Charm, Vitality

Nervous Energy Misdirected

Embarrassing the way Mary and John get on each other's nerves, blow up in public! No wonder they can't keep friends.

Yet they'd be charming—happy together—if they'd use their nervous energies constructively.

Instead, Mary frets over every trifle—John overbids his hand, the laundry's late. The least thing upsets her emotionally.

What Mary needs is an absorbing interest in her life. If she'd take over the leadership of the girls' club in her neighborhood she'd soon forget petty annoyances—become cheerful, vital, a pleasant companion.

"Speed-up" is John's middle name. It's rush to work, rush through lunch—no wonder he fumes and fusses, blowing up at the least provocation.

Learn to let down a little, John. Get enough sleep. Take time to enjoy your meals.

You'll do a better job, be a better "pal" if you and Mary would get out in the air, play games and take walks!

In our 32-page booklet a famous physician tells ways to control "nerves" to achieve serenity and vitality. Explains psychological causes of "nerves" also how to diet and exercise to gain radiant health.

Send 20c in coins for your copy of "Overcoming Nerves" and Every-Day Health Problems" to The Guardian Home Service. Be sure to write plainly your name, address and the name of booklet.

Name _____

Street Address _____

City _____ Province _____

Design No. 1012

NAME _____

STREET ADDRESS _____

CITY _____ PROVINCE _____

Living & Lingerie The Woman's Realm

HOME

God bless this home. The more so in these days when it is dearer still in countless ways. From threatening danger Keep it safe from harm And steadfast in the midst of war's alarm. Shield all its loved ones. Wherever they be, By day and night, In land, in air or sea, And keep it ever For all friends who roam What it has ever been — A happy home. —P. W. L.

OILS FOR BABY CHICKS

Baby chicks and not humans babies consume most of the cod liver oil and other vitamin fish oils.

BAKING SAVES FUEL

Baking is approved as a method of cooking vegetables. When plants are overcooked, sets oven-cooked vegetables, not only to preserve their nutritive qualities, but to save fuel.

TO SAVE GARMENTS

Always close slide fasteners on garment before laundering. This keeps them in good order and saves them from tearing or other damage.

FLAG DON'TS

Don't sew the flag into a soft pillow. Don't use it as a silk handkerchief. Don't twist it into fantastic designs, or use it in decorating. For decorative purposes bunting should always be used. Don't drape the flag below the seats of a platform. Don't use the flag as a tablecloth. Don't let anything except the Bible rest upon the flag. Don't use it in any way of advertising. Don't let it drag in the dust in handling, even at unveilings.

TAKES UMBRELLA IF VERY CAUTIOUS

When a naturally cautious woman sets forth for anywhere, she always takes her waterproof and wears her rubber shoes. She thinks perhaps the ground may be damp, and if it should rain, why she would need that waterproof. If very cautious, she takes an umbrella, and thus equipped may defy the elements. We have noticed one good result from the use of water-proofs and umbrellas. It seldom rains when you have them. It is a very rare thing that you need them if you have them with you. If you go out with your best hat or your French kid boots on there will be a shower, of course, and no umbrellas within a mile of you and no rain. It is a coincidence of your route of whom you can borrow one.

HOUSEKEEPER'S TIP

If a refrigerator sets into the wall, be sure to allow several inches of space between the refrigerator and the wall. It should be at least a foot of space on top for good circulation of air around all sides of it.

FEATHERS IN THE EARS

Yankee Doodle stuck a feather in his cap when he wanted to look dandy. Nowadays you tuck the feathers in your ears. It is Claudette Colbert, who wears tiny quills of burnished gold clipped to her ears. Fastened to the shoulder of the black stung frock is a curled quill clip designed to hold a single real flower.

ALL THE TIME

"I don't suppose you've heard any more about the purse of your wife's that you lost?" Henpeck was asked.

"Yes, I have," he admitted sadly. "I've heard about it morning, noon and night ever since."

HOW TO STAY AWAKE

Dean Herbert E. Hawkes, of Columbia college, has perfected the Hawkes System for Staying Alert During Boring Speeches. As the speaker starts to begin listening for a word which begins with the letter "a". As soon as you have it, you listen for "b" and so on until you take each letter of the alphabet in its proper order, and it comes at the wrong place simply

He Never Took Her Out Until...

By the following morning, she had decided what steps to take next. She did not mean to let her scheme fall through just because of an initial failure.

When she had breakfast, she phoned Springbrook and asked for Sidney.

When he answered, she said, "Sidney, you know that Governor Dainier's drop desk that you once tried to sell me? Do you still want to sell it?"

"Sure," he said quickly.

"Well, I'm ready to make you an offer. If you can come over after breakfast, perhaps we can agree on a price."

"I'll be over right away," he said.

When Anne left the phone, she went into the office, opened the safe and swung the door wide. Then, she went into the dining room for breakfast.

She was lingering over her second cup of coffee when Sidney arrived. One glance at him told her that he had been drinking, even this early in the morning. Well, so much the better. In his present condition, he was more likely to do what she hoped he would do.

"Sit down, Sidney," she invited, and had a cup of coffee.

He sank into a chair, fumbled for a cigarette and lit it.

"About that desk," said Anne. "I can offer you seventy-five dollars."

Sidney's face fell. "Oh, look here, I'd be giving it away at that price. After all, it's an heirloom!"

"I'm sorry—that's all I can afford to pay. If you'd rather wait and try to get more for it, we'll just forget about it."

Sidney hesitated, drummed nervously on the table with his fingers.

"Well, all right," he said finally.

"Good! I'll pay you right now—by check. Would you mind stepping into the office and bringing me my checkbook?" It's on the desk, and there's a fountain pen beside it.

"Sure," Sidney lurched to his feet and left the room.

Remembered April

By STEWART VAN der VEER

CHAPTER XIV

Anne tiptoed to the side of the sleeping judge, gently shook his shoulder. He awoke at once and sat up.

"Listen!" she whispered. "Some one's at the office window."

"Again, came the sound of a screen slowly being forced up. The judge rose and, gripping Anne's hand, started stealthily toward the office.

Then, suddenly, a guinea roosting in a tree split the night air with its weird cry. Bruce, shut up in the barn, set up a frenzied barking. With that, the whole flock of roosting guineas began screaming.

When the uproar had died down, there was utter silence. Anne and Judge Dainierfeld stood motionless, waiting, but no further sound came from the direction of the office.

"Confound it!" muttered the judge. "Those guineas and Bruce have scared him away!"

Anne strode into the office, with Anne following. Taking a flashlight from his pocket, he switched it on and examined the back window.

"There's somebody has been at the screen all right," he said. "It's been raised a couple of inches. Come on—let's take a look outside."

Outside, in the yard, he played the light on the ground beneath the window. There were foot tracks in the dust. He followed them for a short distance, found that they led in the direction of Springbrook.

"I guess you were right," he said to Anne. "It must have been Sidney. Right now, he's probably hitchhiking it back home across the pasture. Well, better luck next time!"

"There'll be a next time," Anne said determinedly. "Now that I know what Sidney will do, I'll make a next time—and then he won't escape so easily."

From an upstairs window, Aunt Sue's voice called down into the yard. "Annel! What in heaven's name are you two doing out there?"

The judge chuckled. "Snipe hunting, Sue."

"Well, it's high time you went to bed!"

The judge glanced at Anne. "I guess that's good advice. There's no more we can do tonight."

"Nothing—tonight," she agreed.

Needlecrafts For The Home

Household tasks seem easier when you do them in a booming frock. This bulky frock of morels is easy to make, easy to launder.

Style No. 2523 is designed for sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48. Size 36 requires 3-4 yards 35-inch fabric with 1-2 yards binding.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian, The Charlottetown Guardian Needlecraft Department. Style No. 2523 Size _____

Name _____

Street Address _____

City _____ Province _____

BABY'S CONSTIPATION SERIOUS IF NEGLECTED

BABY'S daily movements are something of which absolutely accurate record must be kept. When the mass something must be done at once. Constipation is serious for baby.

Mr. John T. Reil of Hespeler, Ont., has this to say: "I have had seven children and having used Baby's Own Tablets for all seven, can say they are the best and gentlest medicine for children—safe and effective for the tiniest infant. I give them up to 10 years of age. During teething Baby's Own Tablets were a boon to me as they cleared up at once any digestive disturbance or fretfulness."

Equally effective for simple fever, diarrhoea, upset stomach, colic, mild cholera and other minor ailments of babyhood.

Quick and sure in their action. Easy to take. Harmless and safe. Do not contain opiates or drastic drugs. Each package contains analyst's certificate. Get a box today. Sixteen analysts strike in the night, 25 cents. Money back if not satisfied.

2523
SIZES
14-48

No Coupons Needed for Postum

TEA and coffee rationing does not apply to Postum. No coupons are needed to buy this grand mealtime beverage.

Conserve tea and coffee in your home by drinking Postum. You'll be surprised and delighted to learn how satisfying Postum is.

A delicious beverage with a robust, inviting flavor. Postum is quick and easy to make, and economical to use. SAFE for the whole family—contains no caffeine or tannin, nothing to upset nerves or stomach.

SLEPT LIKE A BABY AGAIN, JANE. THAT CERTAINLY PROVES THAT CAFFEIN AND TANNIN WERE BOTHERING MY NERVES...

YES—SINCE I SWITCHED TO POSTUM, I'VE LOST MY GRUMPINESS. I FEEL BETTER AND WORK BETTER—IT'S A GRAND MEALTIME BEVERAGE THAT LETS YOU RELAX.

YOU'RE WEARING A SMILE, TOO.

Instant POSTUM

Made Instantly in the cup. 4 oz. also makes 30 cups—8 oz. also makes 100.

There's a Reason

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