

# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure THE WOMAN'S REALM

**LITTLE THINGS**  
When God makes a lovely thing, The fairest and completest, He makes it little, don't you know—  
For little things are sweetest. Little birds and little flowers, Little diamonds, little pearls, But the dearest things on earth Are the little boys and girls.

If there are no graduated measuring spoons in a household a half-spoonful should be measured lengthwise of a tea-or-tablespoon.

### ABOUT PEWTER

Pewter in early American households were about six years and then had to be replaced. Much of the replacement came through the itinerant pewterer who went around the countryside with moulds and melted down the old pewter and made new pieces. Much old pewter was also melted up during the American Revolution to be used for bullets.

### SEVEN SILHOUETTES IN NEW DACHE HATS

NEW YORK—Lilly Dache stressed seven silhouettes in her collection: the vamp which is a long bonnet trim named for the shoe vamp, the Bovary bonnet which is small and high, dainty and feminine, the temple composed of flowers massed over the temples and worn straight, sailors worn far on one side, the minoche which is a little pad of straw with tiny brim worn well over one eye with flowers or ribbon to balance it or build it up, the Venetian tricorn which has brim folded back in a rounded, flattering way, and the butterfly hat which is done with either crisp or drooping bows or with feathers.

The important point in most of these is that they were worn very far to the side, or straight on the head. Dache pushes her hats far over the forehead, sometimes halfway down, while most other milliners are content to pose sailors and brimmed hats at the hairline.

### FACULTY FACIALS WILL HARM SKIN

Regular facials are your best bet for keeping your skin unlined and your contours braced against the advance of years.  
Better, however, to have no facials at all than to use faulty methods of applications. To avoid the risk of stretching skin or upsetting contours, copy an expert's technique when you give yourself a facial.

When an expert gives you one, every motion has a meaning. To make her tricks your own, invest in at least one treatment. While you are luxuriating under the spell of deft fingers, palms, fragrant creams, a laughing mask, hot towels, cooling astringents and soothing eye pads, take mental notes of what goes on.  
If you discover that it is not going to be feasible to follow your operator's technique all the way through, ask her to suggest ways for you to improvise upon her methods at home.

She may, for example, as many operators do, suggest that when you stroke on your own creams, you lie down with your head dangling off the edge of the bed. This upside-down position gives your skin benefits comparable to those gained from an operator's up-pulling hands.  
If, for example, you ask your operator how you can make your own hands relieve nerve tensions she is apt to be as helpful by showing you how to sit up, straighten your spine, dig into cream and deink muscles and nerves by massaging the back of your neck with firmly-pressed fingers.

### PROTECTING WIRES

Homemakers are continually asking what to do to prevent disruption of their electric service, and here's one answer from an expert. You should keep tree limbs bushes and vines from growing in to your service wires between the meter pole and the house or other buildings.

Their presence is likely to cause the insulation on wires to wear through, causing a short circuit and disruption not only of your own power system, but also of other members along the line.

### PUFF AND POUT BANISH LINES

"What can I do about those so-called 'parenthesis' lines that are beginning to make a path between my nose and mouth?" Any woman can keep these lines under control with exercise.  
The best daily start for cheeks, according to a beauty specialist, is to puff them out. She suggests puffing, then blowing, as though you were chasing an imaginary feather.

Best time to do this, says our specialist, is while you are combing your face, at which time skin is supplied up for this exercise. Deeply grooved "parenthesis" lines will escape notice, if you'll wear as dark a shade of foundation as your skin tones will take.



## Dorothy Dix Says— Unhappy Divorcee

### Girl Regrets Hasty Decision in Breaking With Mate

DEAR MISS DIX: I have been divorced for a little more than a year and a half, after being married for only a short time. At the time I got married I was sort of at loose ends and didn't know what I wanted to do, so I went ahead and got married. Then I decided that I would rather be free. Now I have come to the conclusion that I made a mistake; that I love my ex-husband and want him back, and my life seems empty without him. I see him now and then on the street, but we never have spoken to one another, only exchanged smiles. I often have wanted to speak, but haven't had the nerve to do it. And I think he would like to say something to me too, but he also hesitates.  
Please advise me as to what I should do. I realize now that I did not give him a fair chance and I believe I could make up for it.



### STUDY NUTRITION URGES HOUSEWIFE

Drowsing members of the House of Commons at Ottawa snapped to attention as the crisp tones of an incensed Canadian housewife cut into the dragging debate.  
"I wish," said an accusing voice, "that you gentlemen would learn the nutritional facts of life."  
The lady was Mrs. Gladys Strum, C.C.F. member for Qu'Appelle, and only woman member of the House of Commons. She said she was tired of listening to statistics. She thought the men who decide the nation's food budgets should trade their sheets of figures for a market basket and do the family shopping for a week. She urged the Government to act and to investigate with an eye to uncovering abuses, if abuses exist.

### How Can I!!! By Anne Ashley

Q. How can I prepare baked bananas, and how are they best served?  
A. After the bananas are peeled, place in a buttered dish, season slightly, then sprinkle paprika and butter over the top. Baked bananas are delicious when served with pork chops or ham.

Q. How can I remove grease spots from a silk dress?  
A. Sprinkle a little fuller's earth on the spots and let it remain overnight. Oftentimes no further treatment is necessary.

Q. How can I make the fringe on an article fluffy when ironing?  
A. Loosen the fringe by slapping it against the ironing board before pressing with the iron.

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and will apply rouge high on the cheeks. What you want to avoid is a light shade of make-up that accentuates lines and any placement of rouge that highlights these unwanted implications of age.

**A DIVORCEE**  
ANSWER: Experimenting with marriage is one of the cruelest and most dangerous games that any woman can play, but thousands of them do it. They are women who are purposeless in life, who are restless and dissatisfied, and so they get married with the underlying thought that if they don't like it they will quit it. They will get a divorce.  
Then, when they find out that they are just as bored with being a grass-widow as they were when they were wives, they begin to idealize the husband they have discarded and want to get him back. They think they are in love and, at any rate, a husband is a handy thing to have around the house—especially when the bills are coming in.

### EX-HUSBAND PROBABLY CARES

Inasmuch as your husband has not remarried after his short and bitter experience with matrimony, it would seem to indicate that he really cared for you and is willing to give you a second trial. As you were the aggressor in the first instance, you should hold out the flag of surrender to him. I think the best way would be for you to write him a letter telling him frankly how you feel about him and that you would like to kiss and make up.

DEAR DOROTHY DIX: I am 23. Have been married six years and have two little girls. Have just found out that my husband has been going with a girl for about a year and that they have a baby girl who is younger than my 10-month-old baby. This has nearly broken my heart, but he says he loves me and when he is with me he doesn't want anybody else. But he also feels the same way about this other girl.

He says he doesn't want a divorce and that if we part maybe he will marry her and maybe he won't, and that if he does he may be able to forget us. But, on the other hand, he doesn't know if he can break with the other girl and forget her.  
If we part, I will have to put my children in a home and I can't bear to think of doing that. Also, I have made a very attractive home and I would have to sell my furniture and go to work. I am at my wits' end trying to figure the right way out. What should I do?  
B. M. E.

ANSWER: Your case is certainly a poser, for your husband appears to be one of the universal lovers who can transfer his affections from one woman to another and be equally happy with either. It isn't in a man of that type to be faithful to any woman, and what you do must depend on whether you would rather have half a loaf than no bread.  
Under the circumstances, it seems to me that the half loaf is the best bet. For it will insure you a settled home even if you have an unsetting husband, a good support, and prevent you from having to part from your little girls.

DEAR DOROTHY DIX: My fiancée and I are having a hot  
(Continued on Page 7)

### Ellen's Diary By an Island Farmer's Wife

An excursion to the woodlands on this farm was disappointing to our farmers today. Not that there were no trees to be found there in the maple groves waiting to be cut into fuel-wood but there's so much snow, Ellen James explained when he returned earlier than usual to the house "we can't very well get at the cutting. Guess we'll have to wait for a thaw to clear some of it away. We did manage to cut a load or two—but dear me!" and he mopped his brow and came then to rest listlessly in his old armchair while I hurried the supper. There is, I find, nothing like a cup of tea and a meal composed of favorite victuals, to revive one's interest, restore energy and give one a healthy and stimulating perspective. Thin slices of ham were already frying in the oven; I broke a pair of eggs for him in beside—a white and a brown for good luck, then quickly assembled the rest of the food and dishes and almost before we knew it we were seated at the table. There but plenty of bread and biscuits from a pan of them mixed and put in the oven this morning and withdrawn a few minutes before grand-daughter out for her airing called. She took the one I

(Continued on Page 3)

### The Stars Say— By Genevieve Kemble

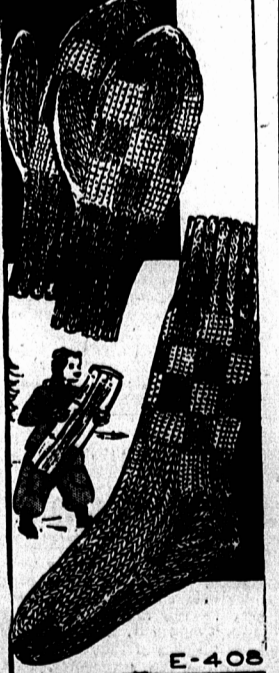
For Saturday, February 21

SATURDAY'S horoscope holds particular encouragement for all sorts of sociability, visiting, trips and romantic adventures in which it is possible for dreams and ideals to be made into reality as long as the feet are kept on the ground while head and heart reach for the skies. Serious thought and constructive plans could be crystallized into stability and security on enduring foundations.  
Those whose birthday it is have a year of splendid auguries for success, prosperity and happiness, with fulfillment of high ambitions and realization of dreams and ideals, provided that sound and workable plans and policies be established on firm bases, by industry, lasting agreements, sound logic. This, although there are strong tendencies toward the romantic, social and idealistic. The latter may culminate in change, trips, strange contacts or revised plans of surprising scope and enterprise, even against opposition, obstacle or delays.  
A child born on this day is endowed with much talent and aspiration, of a realistic as well as most advanced outlook. Innovation and ingenuity may be materialized by industry and determination.

JUST THE GROUND  
A Londoner visiting St. Andrews for the first time determined to try a round of golf. Furnishing himself with the usual implements and a caddy, he went out before breakfast.  
It seemed easy, and his first drive was a terrific swipe. When the turf had ceased to descend, he turned somewhat dazed, to the caddy and asked: "What did I hit just now, my lad?"  
"Scotland, sir."

BLACKHEADS  
Don't squeeze blackheads—dissolve them. Get two ounces of peroxide powder from any drug store and apply gently with wet, hot cloth over the blackheads. They simply dissolve and disappear by this safe simple method.

### SOCKS AND MITTENS



DESIGN NO. E-408

Knitted checkerboard socks and matching mittens for children from 8 to 14. Easy to make. Pattern No. E-408 contains complete instructions. Needlework Book 20 cents.

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**BUTTERNUT BREAD**

**Modern Etiquette**  
By Roberta Lee

**Household Scrapbook**  
By Roberta Lee

Q. Is it good form for one to say to a person, "I have forgotten your name?"  
A. No; this is usually very unflattering. It is better to carry on with the conversation as well as you can, avoiding the use of names.  
Q. Is it all right for a dinner guest to rest one hand on the table while talking?  
A. While it isn't exactly "bad form," still the best place for the hands at the table, when not in use, is in the lap.  
Q. Is it all right for an employer to reprove a servant in the presence of others?  
A. No; this is extremely ill-bred. Any such criticism should be given privately.

### Morning Smile

SMART FELLOW  
The salesman had sold the young lawyer everything he could think of for the new office—desk, chairs, files, typewriter, stationery and many odds and ends. He raked his brain to think of something else.  
"Oh, yes," he finally exclaimed: "I nearly forgot. You'll need a doorman!"  
"Not a new one," rejoined the young lawyer. "I'll get that at a secondhand store. A worn one will make a better impression on my prospective clients."

Testing Eggs  
Hold an egg up to the light, and if it appears clear it is good. A stale egg will present a thick appearance. If it shows a black spot, take it carefully out in the yard and bury it.  
Ink Stains  
After doing home-work children usually have ink on their fingers. To remove these stains rub with a cloth moistened with household ammonia, and rinse in clear water.  
Book Bindings  
The leather bindings of books will be kept in better condition if the doors of the bookcase are left open and the air allowed to reach them once in a while.

### Better English

D. C. Williams  
1. What is wrong with this sentence: "We continued on for about ten minutes."  
2. What is the correct pronunciation of "Monongahela"?  
3. Which one of these words is misspelled? Plebeian, plenipotentiary, pleurisy.  
4. What does the word "satellite" mean?  
5. What is a word beginning with exo that means "going beyond established limits"?

**I WAS CRUSHED BY THAT DREADFUL WHISPER**

"LET'S SHOP ALONE TOMORROW"

1 "I'LL NEVER FORGET that whisper. It was sickening to realize that two of my best friends were not only accusing me of 'B.O.' but didn't want to be around me because of it. I tried to hide my humiliation and left them just as quickly as I could."

2 "IN TEARS AT HOME I told my sister. She blamed herself for not warning me about 'B.O.' She urged me to try Lifebuoy for all-over protection."

3 "HOW GLAD I was to find Lifebuoy's rich lather rid me of 'B.O.' Now I'm welcomed by all my friends."



**Its fresh, clean scent is your guarantee of protection**

The clean scent of Lifebuoy's thick rich lather is your guarantee of protection. It banishes "B.O." (body odor) and gives you all-over freshness for hours afterward. You'll notice Lifebuoy acts immediately. In a few seconds, Lifebuoy's clean scent has disappeared and so has every trace of "B.O."

Tests prove that you can build up your protection against "B.O." by bathing with Lifebuoy every day. Try it for just seven days. Your skin will feel so fresh and gently caressed from the abundance of lather Lifebuoy always gives.

And, with Lifebuoy's longer-lasting, all-over protection, you're completely free of "B.O." worries.

USE IT DAILY  
**FROM HEAD TO TOE . . . LIFEBOUY STOPS "B.O."**

**That Body Of Yours**  
By James W. Barton, M. D.  
LIVING, LIVING FULLY UNTIL WE DIE

I have mentioned before the story of a workman in a Pittsburgh coal yard who, after 50 years of service, was called into the office. He was presented with a gold watch suitably engraved, a cash gift of \$500, and told that his life would be sent him while he lived but that he need not report for work from that day onward. He replied he was pleased to accept the watch and the money, but he would report for work the following morning as usual.  
This workman knew that work itself and working and meeting with fellow workers and others who visited the yard, was his very life, that to be without it would not only make him feel old but actually would make him old. There would not be the regular habits as to work, food, and rest if he could get up when he liked and retire when he liked. And most of all he would miss the companionship of others. He would get lonely at home.  
Dr. George Lawton, in "Hygiene," the health magazine, states that "older people who often complain of their loneliness fall to see that one cause of it is their actual preference for dwelling in the past. They choose to spend most of their time with their own youth rather than with real young people."  
Now, while it does no harm for old people to remember their past and their ups and downs occasionally, the attitude of the old should be one of looking forward to the future and doing those things they know they can do to make their lives useful to themselves and to others.  
The older person should rearrange his activities to escape boredom, and he needs to straighten out his inner conflicts and fears. He should arrange an active daily program that will include moderate meals and some outdoor exercise to invite sleep. He should remember that, as he is not as active as formerly, he needs less sleep at night, and getting up early is only natural. Should he feel that he is not getting enough sleep, a short nap during the day will give him all the rest necessary.  
Now that the life span has been raised to 66 years, meaning many more old men and women than ever before, growing old "usefully" should be their aim.

**MODERN MANNERS**  
Most people dislike to write a letter of sympathy for a bereavement, and often side-step the writing. It is not so difficult if you write at once. Just say you feel great sympathy for the family (or your particular friend therein) and ask them to call upon you for anything that you or your family could do to help.

**SERVE Van Camps**  
PORK and BEANS

**Needlecraft FOR THE HOME**

SWEET LITTLE DRESS  
A dress of sweet simplicity that suits this tender age. Embroidery motif that comes in the pattern adds a touch of individuality to the intrinsic charm of the style. Opens out flat for easy ironing.  
No. 2360 is cut in sizes 6 mos., 1 and 2. Size 2 dress, 1 1/2 yards 36-inch; panties 1/2 yard 36-inch.  
Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address, and Size Number plainly. Be sure to state size you want. Include postal unit or some number in your address.  
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